	COLLEGE OF HEALTH SCIENCES
	ATR5090/6090 - Clinical Internship I
	(3-units)
	Course Information
	Tuesday
	8:00am - 10:00am
Fall 2024	

INSTRUCTOR INFORMATION

Instructor: Amanda Gonzalez, ATC, EMT-P

Email: agonzalez@pointloma.edu

Office Hours: By appointment only

Download Course Syllabus Here

PLNU MISSION

To Teach ~ To Shape ~ To Send

Point Loma Nazarene University exists to provide higher education in a vital Christian community where minds are engaged and challenged, character is modeled and formed, and service is an expression of faith. Being of Wesleyan heritage, we strive to be a learning community where grace is foundational, truth is pursued, and holiness is a way of life.

COURSE DESCRIPTION

This is the first of five sequential clinical education courses. The aim of this course is to equip students who are pursuing a career in Athletic Training with the basic knowledge and skills required to care for the physical and mental needs of the physically active. In the process, students will develop an emerging mastery of the Educational Standards established by the Commission on Accreditation of Athletic Training Education (CAATE). In addition, there will be instruction and supervision in an off-campus clinical setting by a Clinical Preceptor. This course places an emphasis on emergency response.

PROGRAM LEARNING OUTCOMES

The Point Loma Nazarene University MS-AT graduate will be able to:

1. Demonstrate the knowledge and skills required to become a certified athletic trainer.

2. Critically evaluate and integrate the best available evidence for clinical decision-making.

3. Deliver new evidence that is intended to change clinical practice in various healthcare communities through scholarly research presentations and symposiums.

4. Describe the importance of collaborating with multiple healthcare professionals and diverse patient populations to improve patient care.

5. Demonstrate preparedness for their vocation and calling.

COURSE LEARNING OUTCOMES

In this course, you will learn how to:

1. Standard 59 - Communicate effectively and appropriately with clients/patients, family members, coaches, administrators, other health care professionals, consumers, payors, policy makers, and others.

2. Standard 61 - Practice in collaboration with other health care and wellness professionals.

3. Standard 65 - Practice in a manner that is congruent with the ethical standards of the profession.

4. Standard 66 - Demonstrate the ability to practice health care in a manner that is compliant with the BOC Standards of Professional Practice and applicable institutional/organizational, local, state, and federal laws, regulations, rules, and guidelines. Applicable laws and regulations include (but are not limited to) the following:

1. requirements for physician direction and collaboration

2. mandatory reporting obligations

3. Health Insurance Portability and Accountability Act (HIPAA)

4. Family Education Rights and Privacy Act (FERPA)

5. universal precautions/OSHA Bloodborne Pathogen Standards

6. regulations pertaining to over-the-counter and prescription medications

5. Standard 67 - Evaluate professional competence and create professional development plans according to personal and professional goals and requirements.

6. Standard 70 - Evaluate and manage patients with acute conditions, including triaging conditions that are life threatening or otherwise emergent. These include (but are not limited to) the following conditions:

1. cardiac compromise (including emergency cardiac care, supplemental oxygen, suction, adjunct airways, nitroglycerine, and low-dose aspirin)

2. respiratory compromise (including use of pulse oximetry, adjunct airways, supplemental oxygen, spirometry, metered-dose inhalers, nebulizers, and bronchodilators)

3. conditions related to the environment: lightning, cold, heat (including use of rectal thermometry)

4. cervical spine compromise, traumatic brain injury, Internal and external hemorrhage (including use of a tourniquet and hemostatic agents)

5. fractures and dislocations (including reduction of dislocation)

6. anaphylaxis (including administering epinephrine using automated injection device)

7. exertional sickling, rhabdomyolysis, and hyponatremia

8. diabetes (including use of glucometer, administering glucagon, insulin)

9. drug overdose (including administration of rescue medications such as naloxone)

10. Wounds (including care and closure)

11. testicular injury

12. other musculoskeletal injuries

7. Standard 76 - Evaluate and treat a patient who has sustained a concussion or other brain injury, with consideration of established guidelines:

1. performance of a comprehensive examination designed to recognize concussion or other brain injury including (but not limited to) neurocognitive evaluation, assessment of the vestibular and vision systems, cervical spine involvement, mental health status, sleep assessment, exertional testing, nutritional status, and clinical interview

2. re-examination of the patient on an ongoing basis

3. recognition of an atypical response to brain injury

4. implementation of a plan of care (addressing vestibular and oculomotor disturbance, cervical spine pain, headache, vision, psychological needs, nutrition, sleep disturbance, exercise, academic and behavioral accommodations, and risk reduction)

5. return of the patient to activity/participation

6. referral to the appropriate provider when indicated.

8. Standard 78 - Select, fabricate, and/or customize prophylactic, assistive, and restrictive devices, materials, and techniques for incorporation into the plan of care, including the following:

1. durable medical equipment

2. orthotic devices

3. taping,splinting, protective padding, and casting

9. Standard 85 - Monitor and evaluate environmental conditions to make appropriate recommendations to start, stop, or modify activity in order to prevent environmental illness or injury.

10. Standard 86 - Select, fit, and remove protective equipment to minimize the risk of injury or re-injury.

11. Standard 92 - Develop, implement, and revise policies that pertain to prevention, preparedness, and response to medical emergencies and other critical incidents.

COURSE CREDIT HOUR INFORMATION

In the interest of providing sufficient time to accomplish the stated Course Learning Outcomes, this class meets the PLNU credit hour policy for a 3-unit clinical course delivered over 15 weeks. Specific details about how the class meets the credit hour requirement can be provided upon request.

CLINICAL COURSE CREDIT HOUR POLICY

Each clinical course within the athletic training program is worth 3 units of credit. See below for course credit hour and clinical hour expectations:

1 course credit hour = 75 - 149 hours of clinical experience

2 course credit hours = 150 - 224 hours of clinical experience

3 course credit hours = 225 - 435 hours of clinical experience

In addition to completing clinical hours, students are required to attend the regularly scheduled instruction sessions for the clinical course.

CLINICAL ROTATION REQUIREMENTS

To fulfill the clinical rotation requirements of this course, students must participate in a hands-on learning experience lasting at least 15 weeks in one or more of the following clinical settings: high schools, colleges, professional sports organizations, physician practices, or occupational medicine facilities. All clinical rotations will be supervised by a credentialed healthcare professional. Rotation start dates are up to the discretion of the clinical site and may begin anytime between July 1, 2024 and September 3, 2024.

In addition to the requirements listed above, students must also complete at least one clinical day at the Sweetwater Union High School District Injury Clinic.

Transportation to the clinical site is the responsibility of the individual student as stipulated in the university catalog and the MS-AT student handbook. Consider organizing carpools. Transportation problems will not be seen as a reason for excused absences from clinical rotations.

All other policies and procedures relating to clinical rotations can be found in EXXAT and the MS-AT student handbook.

Clinical Hour Grading – 200 points

Clinical Hours	Points
225-249 hours	160
250-274	180
274-435	200

ASSESSMENT AND GRADING

Course Assignment Distribution	Grade Scale	
- Monthly Reflections: 75 pts - Clinical Hour Checks: 100 pts - Weekly Journals: 110 pts - Patient Logs: 200 pts - Clinical Hours: 200 pts - CSA Packet: 250 pts - Emergency Response Assignments: 350 pts	A = 93-100 A- = 92-90 B+ = 87-89 B = 83-86 B- = 80-82 C+ = 77-79	C = 73-76 C- = 70-72 D+ = 67-69 D = 63-66 D- = 60-62 F = 0-59

Students must complete the required program hours in the major (program) from Point Loma Nazarene University with a minimum grade of "C" in each course and an overall 3.00 grade point average.

Incompletes and Late Assignments

All assignments must be submitted by the specified due dates in Canvas. Incompletes will be granted only under exceptionally unusual circumstances.

PLNU SPIRITUAL CARE

PLNU strives to be a place where you grow as whole persons. To this end we provide resources for our graduate students to encounter God and grow in their Christian faith. At the Balboa campus we have an onsite chaplain, Rev. Kevin Portillo who is available during class break times across the week. If you have questions, desire to meet with Rev. Portillo or prayer requests you can contact him directly at KevinPortillo@pointloma.edu

STATE AUTHORIZATION

State authorization is a formal determination by a state that Point Loma Nazarene University is approved to conduct activities regulated by that state. In certain states outside California, Point Loma Nazarene University is not authorized to enroll online (distance education) students. If a student moves to another state after admission to the program and/or enrollment in an online course, continuation within the program and/or course will depend on whether Point Loma Nazarene University is authorized to offer distance education courses in that state. It is the student's responsibility to notify the institution of any change in his or her physical location. Refer to the map on State Authorization to view which states allow online (distance education) outside of California.

PLNU COPYRIGHT POLICY

Point Loma Nazarene University, as a non-profit educational institution, is entitled by law to use materials protected by the US Copyright Act for classroom education. Any use of those materials outside the class may violate the law.

PLNU RECORDING NOTIFICATION

In order to enhance the learning experience, please be advised that this course may be recorded by the professor for educational purposes, and access to these recordings will be limited to enrolled students and authorized personnel.

Note that all recordings are subject to copyright protection. Any unauthorized distribution or publication of these recordings without written approval from the University (refer to the Dean) is strictly prohibited.

PLNU ACADEMIC HONESTY

Students should demonstrate academic honesty by doing original work and by giving appropriate credit to the ideas of others. Academic dishonesty is the act of presenting information, ideas, and/or concepts as one's own when in reality they are the results of another person's creativity and effort. A faculty member who believes a situation involving academic dishonesty has been detected may assign a failing grade for that assignment or examination, or, depending on the seriousness of the offense, for the course. For all student appeals, faculty and students should follow the procedures outlined in the University Catalog. See Graduate Academic and General Policies for definitions of kinds of academic dishonesty and for further policy information.

ARTIFICIAL INTELLIGENCE (AI) POLICY

You are allowed to use Artificial Intelligence (AI) tools (e.g., ChatGPT, Gemini Pro 1.5, GrammarlyGo, Perplexity, etc) to generate ideas, but you are not allowed to use AI tools to generate content (text, video, audio, images) that will end up in any work submitted to be graded for this course. If you have any doubts about using AI, please gain permission from the instructor.

PLNU ACADEMIC ACCOMMODATIONS POLICY

PLNU is committed to providing equal opportunity for participation in all its programs, services, and activities in accordance with the Americans with Disabilities Act (ADA). Students with disabilities may request course-related accommodations by contacting the Educational Access Center (EAC),

located in the Bond Academic Center (EAC@pointloma.edu or 619-849-2486). Once a student's eligibility for an accommodation has been determined, the EAC will work with the student to create an Accommodation Plan (AP) that outlines allowed accommodations. The EAC makes accommodations available to professors at the student's request.

PLNU highly recommends that students speak with their professors during the first two weeks of each semester/term about the implementation of their AP in that particular course. Accommodations are not retroactive so clarifying with the professor at the outset is one of the best ways to promote positive academic outcomes.

Students who need accommodations for a disability should contact the EAC as early as possible (i.e., ideally before the beginning of the semester) to assure appropriate accommodations can be provided. It is the student's responsibility to make the first contact with the EAC. Students cannot assume that because they had accommodations in the past, their eligibility at PLNU is automatic. All determinations at PLNU must go through the EAC process. This is to protect the privacy of students with disabilities who may not want to disclose this information and are not asking for any special accommodations.

LANGUAGE & BELONGING

Point Loma Nazarene University faculty are committed to helping create a safe and hospitable learning environment for all students. As Christian scholars we are keenly aware of the power of language and believe in treating others with dignity. As such, it is important that our language be equitable, inclusive, and prejudice free. Inclusive/Bias-free language is the standard outlined by all major academic style guides, including MLA, APA, and Chicago, and it is the expected norm in university-level work. Good writing and speaking do not use unsubstantiated or irrelevant generalizations about personal qualities such as age, disability, economic class, ethnicity, marital status, parentage, political or religious beliefs, race, gender, sex, or sexual orientation. Inclusive language also avoids using stereotypes or terminology that demeans persons or groups based on age, disability, class, ethnicity, gender, race, language, or national origin. Respectful use of language is particularly important when referring to those outside of the religious and lifestyle commitments of those in the PLNU community. By working toward precision and clarity of language, we mark ourselves as serious and respectful scholars, and we model the Christ-like quality of hospitality.

If you (or someone you know) have experienced other forms of discrimination or bias, you can find more information on reporting and resources at www.pointloma.edu/bias.

SEXUAL MISCONDUCT & DISCRIMINATION

In support of a safe learning environment, if you (or someone you know) have experienced any form of sexual discrimination or misconduct, including sexual assault, dating or domestic violence, or stalking, know that accommodations and resources are available through the Title IX Office at pointloma.edu/Title-IX. Please be aware that under Title IX of the Education Amendments of 1972, faculty and staff are required to disclose information about such misconduct to the Title IX Office.

If you wish to speak to a confidential employee who does not have this reporting responsibility, you can contact Counseling Services at counselingservices@pointloma.edu or find a list of campus pastors at pointloma.edu/title-ix or as shown in the PLNU Spiritual Care section of this syllabus.

If you (or someone you know) have experienced other forms of discrimination or bias, you can find more information on reporting and resources at www.pointloma.edu/bias

PLNU ATTENDANCE AND PARTICIPATION POLICY

Regular and punctual attendance at all class sessions is considered essential to optimum academic achievement. Therefore, regular attendance and participation in each course are minimal requirements.

If the student is absent for more than 10 percent of class sessions, the faculty member will issue a written warning of de-enrollment. If the absences exceed 20 percent, the student may be de-enrolled without notice until the university withdrawal date or, after that date, receive an "F" grade.

Students who anticipate being absent for an entire week of a course should contact the instructor in advance for approval and make arrangements to complete the required coursework and/or alternative assignments assigned at the discretion of the instructor. Acceptance of late work is at the discretion of the instructor and does not waive attendance requirements.

Refer to Academic Policies for additional detail.

PLNU Course Modality Definitions

1. Online Courses: These are courses with class meetings where all instruction and interaction is fully online.

1. Synchronous Courses: At least one class meeting takes place at a designated time.

2. Asynchronous Courses: All class meetings are asynchronous.

2. Hybrid Courses: These are courses with class meetings that take place both in the classroom and online synchronously and/or asynchronously.

3. In-Person Courses: These are courses that meet in person with the instructor and students in a physical classroom setting. With approval by the area dean, this may include up to 25% of qualified class interactions through a Learning Management System (such as Canvas).

Synchronous Attendance/Participation Definition

For synchronous courses that have specific scheduled meeting times (including in-person, hybrid, and synchronous online courses), absences are counted from the first official meeting of the class regardless of the date of the student's enrollment. For courses with specific attendance requirements, those requirements are outlined in the course syllabus.

Online Asynchronous Attendance/Participation Definition

Students taking online courses with no specific scheduled meeting times are expected to actively engage throughout each week of the course. Attendance is defined as participating in an academic activity within the online classroom which includes, but is not limited to:

- Engaging in an online discussion

- Submitting an assignment

- Taking an exam

- Participating in online labs

- Initiating contact with faculty member within the learning management system to discuss course content

Note: Logging into the course does not qualify as participation and will not be counted as meeting the attendance requirement.

USE OF TECHNOLOGY

In order to be successful in the online or hybrid environment, you'll need to meet the minimum technology and system requirements; please refer to the Technology and System Requirements information. Additionally, students are required to have headphone speakers, microphone, or webcams compatible with their computer available to use. Please note that any course with online proctored exams requires a computer with a camera (tablets are not compatible) to complete exams online. Problems with technology do not relieve you of the responsibility of participating, turning in your assignments, or completing your class work.

GPS ACADEMIC RESOURCES

PLNU offers the following free academic resources virtually for Graduate Professional Studies (GPS) Students. Visit myPLNU through the links below for more information.

The GPS Writing Center offers:

- Zoom Writers Workshops offered each quad on a variety of helpful topics

- One-to-one appointments with the Writing Coach

- Microlearning YouTube Video Library for helpful tips anytime

- Research Help Guide to help you start your research

- The physical office is located on the third floor of the Mission Valley Regional Center off the student lounge

- Academic Writing Resources Course: Found on your Canvas Dashboard, this course is non-credit with 24/7 access, no time limits, and self-paced content. Watch a quick video run-through and take time now to explore!

- Grammarly: Students have unlimited FREE access to Grammarly for Education, a trusted tool designed to help enhance writing skills by providing real-time feedback, identifying

areas for improvement, and providing suggestions. Grammarly's Generative AI is NOT available with our student accounts.

- Tutoring: Students have access to 24/7 live or scheduled subject tutoring through Tutor.com, including a Paper Drop-Off Service with feedback within 12 hours.

We are here to support you! Contact us anytime: GPSWritingCenter@pointloma.edu