## Course Syllabus





# PSY6097:

## Supervised Practicum III

Dates: May 6 - August 25, 2024

Meeting Day/Time: Tuesdays 5:30-7:30pm

**Location:** Mission Valley

Instructor: Dr. Rebecca Kenyon

Email: <u>rkenyon@pointloma.edu (mailto:rkenyon@pointloma.edu)</u>

**Credit Hours: 2** 

#### **COURSE DESCRIPTION**

Supervised therapy experience in applied psychotherapeutic techniques at an external agency. This course provides support, supervision, and consultation for students' training at their practicum site. A total of 700 hours, 300 of which are face-to-face direct service, must be accrued throughout the practicum course sequence. Students must be training at an approved site to be enrolled in this course. Credit/No Credit.

#### **GROUND RULES OF THE COURSE**

Together we will create a dynamic learning environment where:

- 1. Learning is challenging but safe
- 2. Learning is experiential and active
- 3. Communication is open . . . opposing viewpoints are welcomed
- 4. All are learners and all are teachers . . . we will learn from each other
- 5. Mistakes are okay . . . this is a no-guilt, no-blame zone
- 6. The point is to learn and grow ... grades are a by-product and not the goal
- 7. Integrity and honesty are expected

Please jot down some of your expectations for this course.

**PLNU MISSION** 



Point Loma Nazarene University exists to provide higher education in a vital Christian community where minds are engaged and challenged, character is modeled and formed, and service becomes an expression of faith. Being of Wesleyan heritage, we aspire to be a learning community where grace is foundational, truth is pursued, and holiness is a way of life.

## PROGRAM LEARNING OUTCOMES (PLO)

The educational goals of Point Loma Nazarene University's *Masters program in Clinical Counseling (MACC)* are to develop graduate students and psychotherapists who are:

- competent clinicians and professionals that practice from a wide-range of clinically valuable and research-based approaches, particularly depending on attachment-based models of human functioning (minds);
- 2. able to evaluate and apply personal and professional values and ethics to the practice of psychotherapy (character); and,
- 3. providing services that are respectful of individuals and families as well as the cultural contexts that shape them, particularly focusing on those who are underserved (service).
- SLO 1: Demonstrate competent application of theoretical models and research based clinical interventions to therapeutic work with individuals, couples, groups and/or families (minds).
- SLO 2: Demonstrate competent application of personal and professional values into an ethical practice of psychotherapy (character).
- SLO 3: Demonstrate competence in working with clients from diverse backgrounds, particularly in settings where sociocultural factors influence treatment and there is limited access to care (service).

## **COURSE LEARNING OUTCOMES:**

After completing PSY6097 course, the student should be able to competently:

- 1. Present a clinical case including assessment, treatment and use of theory in both verbal and written form. (SLO 1)
- 2. Provide evidence of research done related clinical care. (SLO 1)
- 3. Describe ethical and legal factors related to the presented clinical case including self of therapist issues. (SLO 2)
- 4. Identify cultural factors that might be operating in the presented clinical case, including how these factors influence their professional work. (SLO 3)

#### REQUIRED TEXTS AND RECOMMENDED RESOURCES

There are no required textbooks for this course.

#### ADDITIONAL READINGS

American Psychological Association. (2020). *Publication manual of the American Psychological Association* (7<sup>th</sup> ed.). American Psychological Association.



#### COURSE REQUIREMENTS

Besides attendance, the capstone project for this class will be a *Clinical Portfolio* at the end of the class.

## 1. Attendance and Participation

We will conduct regular supervision and meet during the assigned two-hour time frame. Regular and punctual attendance at all classes is considered essential to your growth and development as a therapist. This class is designed to support you in your external training, provide important supervision of cases, and punctuate your various classroom learning experiences through a cumulative clinical portfolio. Please do your best to attend each meeting.

Class participation is necessary to demonstrate your clinical competence and the ability to transfer theory into practice. The following criteria will be used to evaluate participation:

- Participation in discussions
- Appropriateness of comments
- o Comments useful for clarification or meaningful contribution to the class
- Willingness to participate in exercises and simulations
- Sensitivity to participation of others in the class; avoid dominating discussions
- Class participation demonstrates understanding of learned theory

## 2. Video Presentations

Students will be required to show two video recordings of a session during the term. The videos should include a demonstration of an intervention that is informed by a theoretical orientation. Note: Students may use the 12-min case summary in their presentation of the clip if they wish. If the formal 12-min case summary write-up was not completed in PSY6096, it can be done this term.

#### 3. Clinical Portfolio

As a part of the Supervised Clinical Practicum sequence (PSY 6095-6097) and with the Student Learning Outcomes in mind, students will present a written CLINICAL PORTFOLIO that will be built throughout the MACC program. The Clinical Portfolio will include:

TITLE PAGE

TABLE OF CONTENTS

INFORMED CONSENT from PSY6011 and/or 6095

INTEGRATION PAPER from PSY6001 and/or PSY6096

SELF OF THE THERAPIST PAPER from PSY 6095

CASE CONCEPTUALIZATION AND TREATMENT PLAN from PSY6050



#### CASE STUDY AND APPLICATION OF THEORY from PSY6026

12-MINUTE WRITTEN CASE SUMMARY OF FINAL CASE PRESENTATION from PSY6096

RESEARCH PROPOSAL from PSY6090

CREATIVE REFLECTION ON YOUR GROWTH DURING THE PROGRAM (e.g., can be picture, song, poem, narrative)

### 4. Comprehensive Exam

Students will complete an online comprehensive exam during Session 12. For all the specifics on the exam, please refer to the <a href="https://mail.org/handbook.ne">https://mail.org/handbook.ne</a>

(https://drive.google.com/drive/u/0/folders/1cTlsHpfDWASCagJawRt5qAKINqVFyC0r).

## 5. Training Paperwork

Students will submit final training paperwork, including Hours Logs, Verification of Experience, Supervisor Evaluation of Student, and Student Evaluation of Site. *All paperwork must be completed and submitted on Tevera to receive a CR. This is very important!* 

## **APA Papers**

<u>All</u> papers written in the Graduate Counseling program should be in APA style. Here are some helpful websites to help you write and format your paper:

- <u>APA 7th Edition Help File (https://canvas.pointloma.edu/courses/75547/pages/apa-7th-edition-help-file)</u>
- The OWL at Purdue: APA Style → (https://owl.english.purdue.edu/owl/section/2/10/)

All papers should include the following sections unless indicated otherwise:

- 1. Title page
- 2. Abstract
- 3. Main body with headings
- 4. Reference page

Please check the APA Manual or the websites for further formatting helps.

This course meets PLNU and WASC credit hour policy requirements for contact hours as evidenced by the table below (2 credit units):

#### **Distribution of Course Hours**

ASSIGNMENTS	HOURS
Face-to-face Class Sessions Attendance	30
Participation	50
Presentations	10



ASSIGNMENTS	HOURS	
Clinical Portfolio	10	
TOTAL HOURS	100	

#### ASSESSMENT AND GRADING

Grading is on a CR/NC basis. To pass the class, you must attend and participate. Note the point breakdown for the course. Simply showing up will not earn you full points. You must be engaged, participate in discussion, complete any assigned readings, and be ready to give feedback and support to your classmates.

## **Assignments with Point Values**

Assignments	Points	
Attendance and Participation	300 (150 each)	
Training Paperwork	Must be received for CR	
Presentation	100	
Clinical Portfolio	100	
Comprehensive Final Examination	100	
Total	600	

NOTE: It is your responsibility to maintain your class schedule. Should the need arise to drop this course (personal emergencies, poor performance, etc.); you have the responsibility to first contact the professor. Then if no accommodations can be made, you are responsible to follow through (provided the drop date meets the stated calendar deadline established by the University).

#### **Grade Scale**

Standard Grade Scale Based on Percentage of Points Earned					
Α	В	С	D	F	
A 93-100	B+ 87-89	C+ 77-79	D+ 67-69	F ≤ 59	
A- 90-92	B 83-86	C 73-76	D 63-66		
	B- 80-82	C- 70-72	D- 60-62		

Students must achieve a minimum grade of B- to pass this class.



Assignments submitted up to 24 hours past the due date will be deducted 25% of the grade. Assignments submitted up to 48 hours past the due date will be deducted 50% of the grade. Any assignment turned in after 48 hours past the due date will receive no credit. Students are encouraged to alert the professor if an assignment is anticipated to be late. Professors can extend these late penalties if arrangements are made in advance.

#### **COURSE POLICIES**

Point Loma Nazarene University, as a non-profit educational institution, is entitled by law to use materials protected by the US Copyright Act for classroom education. Any use of those materials outside the class may violate the law.

- 1. Copy Right Policy- Point Loma Nazarene University, as a non-profit educational institution, is entitled by law to use materials protected by the US Copyright Act for classroom education.

  Any use of those materials outside the class may violate the law.
- 2. Academic Honesty- Students should demonstrate academic honesty by doing original work and by giving appropriate credit to the ideas of others. Academic dishonesty is the act of presenting information, ideas, and/or concepts as one's own when in reality they are the results of another person's creativity and effort. A faculty member who believes a situation involving academic dishonesty has been detected may assign a failing grade for that assignment or examination, or, depending on the seriousness of the offense, for the course. Faculty should follow and students may appeal using the procedure in the university Catalog. See <a href="Graduate Academic and General Policies">Graduate Academic and General Policies</a> <a href="https://pointloma-public.courseleaf.com/grad-catalog/academic-general-policies/#text">https://pointloma-public.courseleaf.com/grad-catalog/academic-general-policies/#text</a>) for definitions of kinds of academic dishonesty and for further policy information.

#### 3. Academic Accommodations-

PLNU is committed to providing equal opportunity for participation in all its programs, services, and activities. Students with disabilities may request course-related accommodations by contacting the Educational Access Center (EAC), located in the Bond Academic Center (EAC@pointloma.edu (mailto:EAC@pointloma.edu) or 619-849-2486). Once a student's eligibility for an accommodation has been determined, the EAC will issue an academic accommodation plan ("AP") to all faculty who teach courses in which the student is enrolled each semester.

PLNU highly recommends that students speak with their professors during the first two weeks of each semester/term about the implementation of their AP in that particular course and/or if they do not wish to utilize some or all of the elements of their AP in that course.

Students who need accommodations for a disability should contact the EAC as early as possible (i.e., ideally before the beginning of the semester) to assure appropriate accommodations can be provided. It is the student's responsibility to make the first contact with the EAC.



Regular and punctual attendance at all class sessions is considered essential to optimum academic achievement. Therefore, regular attendance and participation in each course are minimal requirements.

If the student is absent for more than 10 percent of class sessions, the faculty member will issue a written warning of de-enrollment. If the absences exceed 20 percent, the student may be de-enrolled without notice until the university withdrawal date or, after that date, receive an "F" grade.

Students who anticipate being absent for an entire week of a course should contact the instructor in advance for approval and make arrangements to complete the required coursework and/or alternative assignments assigned at the discretion of the instructor. Acceptance of late work is at the discretion of the instructor and does not waive attendance requirements.

Refer to <u>Academic Policies</u> (https://pointloma-public.courseleaf.com/grad-catalog/academic-general-policies/) for additional detail.

## 5. Participation

Your participation (think of this as 'contribution') in the course is monitored and graded. Your interaction with the course content, the instructor, fellow students, and the learning process directly influences your level of success in the course. You need to demonstrate that you have truly completed the assigned readings, shared what you learned from them, and demonstrate understanding and application of the concepts presented. Participation in the course will benefit your overall online experience as well as the experience of others in the course.

## 6. Sexual Misconduct and Discrimination-

In support of a safe learning environment, if you (or someone you know) have experienced any form of sexual discrimination or misconduct, including sexual assault, dating or domestic violence, or stalking, know that accommodations and resources are available through the Title IX Office at <a href="mailto:pointloma.edu/Title-IX">pointloma.edu/Title-IX</a> (<a href="https://pointloma.edu/Title-IX">https://pointloma.edu/Title-IX</a>). Please be aware that under Title IX of the Education Amendments of 1972, faculty and staff are required to disclose information about such misconduct to the Title IX Office.

If you wish to speak to a confidential employee who does not have this reporting responsibility, you can contact Counseling Services at <a href="mailto:counselingservices@pointloma.edu">counselingservices@pointloma.edu</a> (mailto:counselingservices@pointloma.edu) or find a list of campus pastors at <a href="mailto:pointloma.edu/title-ix">pointloma.edu/title-ix</a>).

### 7. Spiritual Care

PLNU strives to be a place where you grow as a whole person. To this end, we provide resources for our Graduate students to encounter God and grow in their Christian faith. At the Mission Valley (Campus we have an onsite chaplain who is available during class break times across the week)

you have questions for, a desire to meet or share any prayer requests with the onsite chaplain, you may email them at mcvhaplain@pointloma.edu.

In addition, on the MV campus there is a prayer chapel on the third floor. It is open for use as a space set apart for quiet reflection and prayer.

## **COURSE SCHEDULE AND ASSIGNMENTS**

See the <u>Course Schedule (https://canvas.pointloma.edu/courses/75547/pages/course-schedule)</u> page.

## Course Summary:

Date	Details	Due
Sun May 5, 2024	Practicum IIIShared Resources	to do: 11:59pm
Sun May 12, 2024	Academic Honesty Verification  Statement  (https://canvas.pointloma.edu/courses/75547/assignments/10	31 <b>6119</b> by 11:59pm
Tue May 14, 2024	PSY 6097 Supervised Practicum III Introductions (https://canvas.pointloma.edu/courses/75547/assignments/10/	<sub>414</sub> ժկе by 5:30pm
Sun Jun 30, 2024	Mid-Course Survey  (https://canvas.pointloma.edu/courses/75547/assignments/10	31 <b>67№</b> by 11:59pm
Mon Aug 19, 2024	Clinical Portfolio  (https://canvas.pointloma.edu/courses/75547/assignments/10	<b>318€</b> by 11:59pm
Sun Aug 25, 2024	Attendance (https://canvas.pointloma.edu/courses/75547/assignments/105	<b>316€</b> by 11:59pm
	BBS In-State Verification of  Experience  (https://canvas.pointloma.edu/courses/75547/assignments/103	31681) by 11:59pm

Date Details Due

## **End-of-Course Evaluation**

(https://canvas.pointloma.edu/courses/75547/assignments/1031@6) by 11:59pm



## Final Student Evaluation of

Site

(https://canvas.pointloma.edu/courses/75547/assignments/1031685) by 11:59pm



## Final Supervisor Evaluation of

Student

(https://canvas.pointloma.edu/courses/75547/assignments/1031606) by 11:59pm



## **Participation**

(https://canvas.pointloma.edu/courses/75547/assignments/1031段码 by 11:59pm



## Practicum Hour Logs for Term

3

(https://canvas.pointloma.edu/courses/75547/assignments/1031608) by 11:59pm



## **Comprehensive Exam**

(https://canvas.pointloma.edu/courses/75547/assignments/1031683)



#### Roll Call Attendance

(https://canvas.pointloma.edu/courses/75547/assignments/1043558)



#### Video and Case Presentation 1

(https://canvas.pointloma.edu/courses/75547/assignments/1031691)



#### **Video and Case Presentation 2**

(https://canvas.pointloma.edu/courses/75547/assignments/1042663)



