

# Course Syllabus

[Jump to Today](#)

 Edit

# PSY6097:

## Supervised Practicum III

**Dates:** May 6 - August 25, 2024

**Meeting Day/Time:** Thursdays 5:30-7:30pm

**Location:** Mission Valley

**Instructor:** Prof. Lindsay Damoose

**Email:** [ldamoose@pointloma.edu](mailto:ldamoose@pointloma.edu) (<mailto:ldamoose@pointloma.edu>)

**Credit Hours:** 2

### COURSE DESCRIPTION

Supervised therapy experience in applied psychotherapeutic techniques at an external agency. This course provides support, supervision, and consultation for students' training at their practicum site. A total of 700 hours, 300 of which are face-to-face direct service, must be accrued throughout the practicum course sequence. Students must be training at an approved site to be enrolled in this course. Credit/No Credit.

### GROUND RULES OF THE COURSE

Together we will create a dynamic learning environment where:

1. Learning is challenging but safe
2. Learning is experiential and active
3. Communication is open . . . opposing viewpoints are welcomed
4. All are learners and all are teachers . . . we will learn from each other
5. Mistakes are okay . . . this is a no-guilt, no-blame zone
6. The point is to learn and grow ... grades are a by-product and not the goal
7. Integrity and honesty are expected

Please jot down some of your expectations for this course.

**PLNU MISSION**

**To Teach ~ To Shape ~ To Send**



Point Loma Nazarene University exists to provide higher education in a vital Christian community where minds are engaged and challenged, character is modeled and formed, and service becomes an expression of faith. Being of Wesleyan heritage, we aspire to be a learning community where grace is foundational, truth is pursued, and holiness is a way of life.

## **PROGRAM LEARNING OUTCOMES (PLO)**

The educational goals of Point Loma Nazarene University's ***Masters program in Clinical Counseling (MACC)*** are to develop graduate students and psychotherapists who are:

1. competent clinicians and professionals that practice from a wide-range of clinically valuable and research-based approaches, particularly depending on attachment-based models of human functioning (minds);
2. able to evaluate and apply personal and professional values and ethics to the practice of psychotherapy (character); and,
3. providing services that are respectful of individuals and families as well as the cultural contexts that shape them, particularly focusing on those who are underserved (service).

SLO 1: Demonstrate competent application of theoretical models and research based clinical interventions to therapeutic work with individuals, couples, groups and/or families (minds).

SLO 2: Demonstrate competent application of personal and professional values into an ethical practice of psychotherapy (character).

SLO 3: Demonstrate competence in working with clients from diverse backgrounds, particularly in settings where sociocultural factors influence treatment and there is limited access to care (service).

## **COURSE LEARNING OUTCOMES:**

After completing PSY6097 course, the student should be able to competently:

1. Present a clinical case including assessment, treatment and use of theory in both verbal and written form. (SLO 1)
2. Provide evidence of research done related clinical care. (SLO 1)
3. Describe ethical and legal factors related to the presented clinical case including self of therapist issues. (SLO 2)
4. Identify cultural factors that might be operating in the presented clinical case, including how these factors influence their professional work. (SLO 3)

## **REQUIRED TEXTS AND RECOMMENDED RESOURCES**

There are no required textbooks for this course.

## **ADDITIONAL READINGS**

American Psychological Association. (2020). *Publication manual of the American Psychological Association* (7<sup>th</sup> ed.). American Psychological Association.



## COURSE REQUIREMENTS

Besides attendance, the capstone project for this class will be a ***Clinical Portfolio*** at the end of the class.

### 1. Attendance and Participation

We will conduct regular supervision and meet during the assigned two-hour time frame. Regular and punctual attendance at all classes is considered essential to your growth and development as a therapist. This class is designed to support you in your external training, provide important supervision of cases, and punctuate your various classroom learning experiences through a cumulative clinical portfolio. Please do your best to attend each meeting and please notify me via email if you will not be in attendance.

Class participation is necessary to demonstrate your clinical competence and the ability to transfer theory into practice. The following criteria will be used to evaluate participation:

- Participation in discussions
- Appropriateness of comments
- Comments useful for clarification or meaningful contribution to the class
- Willingness to participate in exercises and simulations
- Sensitivity to participation of others in the class; avoid dominating discussions
- Class participation demonstrates understanding of learned theory

### 2. Video Presentations

Students will be required to show two video recordings of a session during the term. The videos should include a demonstration of an intervention that is informed by a theoretical orientation. Note: Students may use the 12-min case summary in their presentation of the clip if they wish. If the formal 12-min case summary write-up was not completed in PSY6096, it can be done this term. Sign up for your presentations [here \(https://canvas.pointloma.edu/courses/75549/assignments/1031733\)](https://canvas.pointloma.edu/courses/75549/assignments/1031733).

### 3. Clinical Portfolio

As a part of the Supervised Clinical Practicum sequence (PSY 6095-6097) and with the Student Learning Outcomes in mind, students will present a written CLINICAL PORTFOLIO that will be built throughout the MACC program. The Clinical Portfolio will include:

TITLE PAGE

TABLE OF CONTENTS

INFORMED CONSENT from PSY6011 and/or 6095

INTEGRATION PAPER from PSY6001 and/or PSY6096

SELF OF THE THERAPIST PAPER from PSY 6095



CASE CONCEPTUALIZATION AND TREATMENT PLAN from PSY6050

CASE STUDY AND APPLICATION OF THEORY from PSY6026

12-MINUTE WRITTEN CASE SUMMARY OF FINAL CASE PRESENTATION from PSY6096

RESEARCH PROPOSAL from PSY6090


CREATIVE REFLECTION ON YOUR GROWTH DURING THE PROGRAM (e.g., can be picture, song, poem, narrative)

Here is an instructional video on how to complete the Clinical Portfolio: [Clinical Portfolio](#)

[Assignment video.mp4 - Google Drive](#) 

<https://drive.google.com/file/d/1bN77jdMaWPmdvD7KRI552a4lega41aeO/view>

#### 4. Comprehensive Exam

Students will complete an online comprehensive exam during Session 12. **For all the specifics on the exam, please refer to the [handbook here](#)** 


<https://drive.google.com/drive/u/0/folders/1cTIsHpfDWAScagJawRt5qAKINqVFyC0r>.

#### 5. Training Paperwork

Students will submit final training paperwork, including Hours Logs, Verification of Experience, Supervisor Evaluation of Student, and Student Evaluation of Site. ***All paperwork must be completed and submitted on Tevera to receive a CR. This is very important!***

#### APA Papers

All papers written in the Graduate Counseling program should be in APA style. Here are some helpful websites to help you write and format your paper:

- [APA 7th Edition Help File \(https://canvas.pointloma.edu/courses/75547/pages/apa-7th-edition-help-file\)](https://canvas.pointloma.edu/courses/75547/pages/apa-7th-edition-help-file)
- [The OWL at Purdue: APA Style](https://owl.english.purdue.edu/owl/section/2/10/)  [\(https://owl.english.purdue.edu/owl/section/2/10/\)](https://owl.english.purdue.edu/owl/section/2/10/)

All papers should include the following sections unless indicated otherwise:

1. Title page
2. Abstract
3. Main body with headings
4. Reference page

Please check the *APA Manual* or the websites for further formatting helps.

**This course meets PLNU and WASC credit hour policy requirements for contact hours as evidenced by the table below (2 credit units):**



## Distribution of Course Hours

ASSIGNMENTS	HOURS
Face-to-face Class Sessions Attendance	30
Participation	50
Presentations	10
Clinical Portfolio	10
<b>TOTAL HOURS</b>	<b>100</b>

## ASSESSMENT AND GRADING

Grading is on a CR/NC basis. To pass the class, you must attend and participate. Note the point breakdown for the course. Simply showing up will not earn you full points. You must be engaged, participate in discussion, complete any assigned readings, and be ready to give feedback and support to your classmates.

### Assignments with Point Values

Assignments	Points
Attendance (5 pts. each) and Participation	150
Training Paperwork	Must be received for CR
Video Presentations (50 pts. each)	100
Clinical Portfolio	100
Comprehensive Final Examination	100
<b>Total</b>	<b>450</b>

NOTE: It is your responsibility to maintain your class schedule. Should the need arise to drop this course (personal emergencies, poor performance, etc.); you have the responsibility to first contact the professor. Then if no accommodations can be made, you are responsible to follow through (provided the drop date meets the stated calendar deadline established by the University).

### Grade Scale

Standard Grade Scale Based on Percentage of Points Earned				
A	B	C	D	F
A 93-100	B+ 87-89	C+ 77-79	D+ 67-69	F ≤ 59
A- 90-92	B 83-86	C 73-76	D 63-66	



	B- 80-82	C- 70-72	D- 60-62	
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Students must achieve a minimum grade of B- to pass this class.

## Late Policy

Assignments submitted up to 24 hours past the due date will be deducted 25% of the grade. Assignments submitted up to 48 hours past the due date will be deducted 50% of the grade. Any assignment turned in after 48 hours past the due date will receive no credit. Students are encouraged to alert the professor if an assignment is anticipated to be late. Professors can extend these late penalties if arrangements are made in advance.

## COURSE POLICIES

Point Loma Nazarene University, as a non-profit educational institution, is entitled by law to use materials protected by the US Copyright Act for classroom education. Any use of those materials outside the class may violate the law.

### 1. Academic Honesty

Students should demonstrate academic honesty by doing original work and by giving appropriate credit to the ideas of others. As explained in the university catalog, academic dishonesty is the act of presenting information, ideas, and/or concepts as one's own when in reality they are the results of another person's creativity and effort. Violations of university academic honesty include cheating, plagiarism, falsification, aiding the academic dishonesty of others, or malicious misuse of university resources. A faculty member who believes a situation involving academic dishonesty has been detected may assign a failing grade for a) that particular assignment or examination, and/or b) the course following the procedure in the university catalog. Students may appeal also using the procedure in the university catalog. See Academic Policies in the [current PLNU catalog](https://catalog.pointloma.edu/) (<https://catalog.pointloma.edu/>) for further information.

### 2. Identity Fraud

Committing identity fraud is considered particularly serious and could have legal as well as institutional implications. Any student who has another individual impersonate or in any other way commit identity fraud in any course, assignment, exam, or any type of academic exercise will be permanently suspended from Point Loma.

### 3. Final Examination Policy

Successful completion of this class requires taking the final examination **on its scheduled day**. The final examination schedule is posted on the [Class Schedules](http://www.pointloma.edu/experience/academics/class-schedules) (<http://www.pointloma.edu/experience/academics/class-schedules>) site. No requests for early examinations will be approved.



#### 4. Participation

Your participation (think of this as 'contribution') in the course is monitored and graded. Your interaction with the course content, the instructor, fellow students, and the learning process directly influences your level of success in the course. Your ability to support your peers and give intentional feedback is what directly contributes to each person's clinical growth during this semester.

#### 5. Classroom Etiquette

Students are expected to actively engage in an adult learning environment. Behaviors that disrupt the classroom environment and interfere with the learning of others are prohibited. Examples include talking with other students during a presentation or when others are speaking, texting, gaming, internet browsing, or reading non-course related materials. All pagers, cellphones, and other electronic communication devices will be turned off at the beginning of class. **Tablets and computers are allowed in class for note-taking purposes only, unless otherwise directed by the instructor.** Arriving late and leaving early are strongly discouraged and disruptive to the class.

Respect each person's opinions. Be considerate while your peers are speaking and actively engage them only when they have completed their point. Discourteous comments and side conversations will not be tolerated and will be addressed openly and directly by the instructor. Should a student's behavior become disruptive to the productivity of the course they will be asked to leave the classroom and not receive credit for attendance.

#### 6. Withdrawal

If you need to withdraw from the class, please notify the instructor **and** your Point Loma advisor immediately. A student may withdraw by the end of the first week of class and receive a grade of W. If a student withdraws from the program, he/she must submit a letter for withdrawal. A last date to withdraw is posted in the Academic Calendar on the PLNU website. Students will be assigned a grade of W or WF consistent with Point Loma Nazarene University policy in the grading section of the catalog. Failure to attend class does not constitute a withdrawal and students will receive an "F" if not properly withdrawn. Withdrawing from a class may result in a graduated refund and may affect your financial aid. Be sure to contact your financial aid counselor.

#### 7. Use of Technology

In order to be successful in the online environment, you'll need to meet the minimum technology and system requirements; please refer to the [Technology and System Requirements \(https://help.pointloma.edu/TDClient/1808/Portal/KB/ArticleDet?ID=108349\)](https://help.pointloma.edu/TDClient/1808/Portal/KB/ArticleDet?ID=108349) page. Problems with technology do not relieve you of the responsibility of participating, turning in your assignments, or completing your class work. If you do need technical help you may click on the HELP button (located on the top-right corner of Canvas) and choose from whom you want assistance, or you may contact the campus help desk (619.849.2222).



## 8. University Catalog

For additional Point Loma policy items, review the latest [Point Loma Nazarene University Catalog \(https://catalog.pointloma.edu/index.php\)](https://catalog.pointloma.edu/index.php).

## 9. Accessibility of Historical Data in Point Loma Classes

PLNU strives to protect and preserve student data in accordance with FERPA laws. It is important for students and faculty to note that due to the nature of digital information, no data transmitted via emails or online learning management systems is entirely free from observation. The contents of this class, including the class discussion, may be monitored by PLNU faculty and staff at any time for the purposes of assisting students, gathering data, instructor training, or assessing the program.

## 10. Confidentiality of Course Discussion and Assignments

Materials posted to the class discussion or to an assignment thread are for class use only. Students and faculty are to protect the confidentiality of all classroom materials and should never transmit any classroom materials without specific written permission of the person quoted and the instructor.

## 11. Academic Accommodations

If you have a diagnosed disability the Center for Student Success (CSS) within the first two weeks of class to demonstrate need and to register for accommodation by phone at 619.563.2810. You **may also ask your academic advisor or program director for any additional accommodation information.**

## 12. Sexual Misconduct and Discrimination

Point Loma Nazarene University faculty are committed to helping create a safe learning environment for all students. If you (or someone you know) have experienced any form of sexual discrimination or misconduct, including sexual assault, dating or domestic violence, or stalking, know that help and support are available through the Title IX Office at [pointloma.edu/Title-IX](http://pointloma.edu/Title-IX). (<http://pointloma.edu/Title-IX>) Please be aware that under Title IX of the Education Amendments of 1972, it is required to disclose information about such misconduct to the Title IX Office. If you wish to speak to a confidential employee who does not have this reporting responsibility, you can contact Counseling Services at [counselingservices@pointloma.edu](mailto:counselingservices@pointloma.edu) (<mailto:counselingservices@pointloma.edu>) or find a list of campus pastors at [pointloma.edu/title-ix](http://pointloma.edu/title-ix). (<http://pointloma.edu/title-ix>)

## 13. Spiritual Care

Please be aware PLNU strives to be a place where you grow as whole persons. To this end, we provide resources for our graduate students to encounter God and grow in their Christian faith. There are resources for your Christian faith journey available at the [Graduate & Professional Student Spiritual Life web page](https://www.pointloma.edu/opportunities/graduate-professional-student-spiritual-life). (<https://www.pointloma.edu/opportunities/graduate-professional-student-spiritual-life>)



















## 14. Copyright Policy

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## COURSE SCHEDULE AND ASSIGNMENTS

See the [Course Schedule \(https://canvas.pointloma.edu/courses/75549/pages/course-schedule\)](https://canvas.pointloma.edu/courses/75549/pages/course-schedule) page.

## Course Summary:

Date	Details	Due
Mon May 6, 2024	 <a href="https://canvas.pointloma.edu/courses/75549/assignments/1031720">Academic Honesty Verification Statement</a> ( <a href="https://canvas.pointloma.edu/courses/75549/assignments/1031720">https://canvas.pointloma.edu/courses/75549/assignments/1031720</a> ) 	due by 11:59pm
Sun Jun 30, 2024	 <a href="https://canvas.pointloma.edu/courses/75549/assignments/1031721">Mid-Course Survey</a> ( <a href="https://canvas.pointloma.edu/courses/75549/assignments/1031721">https://canvas.pointloma.edu/courses/75549/assignments/1031721</a> ) 	due by 11:59pm
Mon Aug 19, 2024	 <a href="https://canvas.pointloma.edu/courses/75549/assignments/1031722">Clinical Portfolio</a> ( <a href="https://canvas.pointloma.edu/courses/75549/assignments/1031722">https://canvas.pointloma.edu/courses/75549/assignments/1031722</a> ) 	due by 11:59pm
Sun Aug 25, 2024	 <a href="https://canvas.pointloma.edu/courses/75549/assignments/1031723">Attendance</a> ( <a href="https://canvas.pointloma.edu/courses/75549/assignments/1031723">https://canvas.pointloma.edu/courses/75549/assignments/1031723</a> ) 	due by 11:59pm
	 <a href="https://canvas.pointloma.edu/courses/75549/assignments/1031723">BBS In-State Verification of Experience</a> ( <a href="https://canvas.pointloma.edu/courses/75549/assignments/1031723">https://canvas.pointloma.edu/courses/75549/assignments/1031723</a> ) 	due by 11:59pm
	 <a href="https://canvas.pointloma.edu/courses/75549/assignments/1031726">End-of-Course Evaluation</a> ( <a href="https://canvas.pointloma.edu/courses/75549/assignments/1031726">https://canvas.pointloma.edu/courses/75549/assignments/1031726</a> ) 	due by 11:59pm
	 <a href="https://canvas.pointloma.edu/courses/75549/assignments/1031727">Final Student Evaluation of Site</a> ( <a href="https://canvas.pointloma.edu/courses/75549/assignments/1031727">https://canvas.pointloma.edu/courses/75549/assignments/1031727</a> ) 	due by 11:59pm



Date	Details	Due
	 <a href="#">Final Supervisor Evaluation of Student</a> ( <a href="https://canvas.pointloma.edu/courses/75549/assignments/1031728">https://canvas.pointloma.edu/courses/75549/assignments/1031728</a> ) 	due by 11:59pm
	 <a href="#">Participation</a> ( <a href="https://canvas.pointloma.edu/courses/75549/assignments/1031728">https://canvas.pointloma.edu/courses/75549/assignments/1031728</a> ) 	due by 11:59pm
	 <a href="#">Practicum Hour Logs for Term 3</a> ( <a href="https://canvas.pointloma.edu/courses/75549/assignments/1031730">https://canvas.pointloma.edu/courses/75549/assignments/1031730</a> ) 	due by 11:59pm
	 <a href="#">Comprehensive Exam</a> ( <a href="https://canvas.pointloma.edu/courses/75549/assignments/1031725">https://canvas.pointloma.edu/courses/75549/assignments/1031725</a> ) 	
	 <a href="#">Video and Case Presentations</a> ( <a href="https://canvas.pointloma.edu/courses/75549/assignments/1031733">https://canvas.pointloma.edu/courses/75549/assignments/1031733</a> ) 