

**POINT LOMA NAZARENE UNIVERSITY
SAN DIEGO, CA**

Course Title: Kinesiology-KIN 4080 Leadership in Fitness Professions.
Semester: Summer, 2024
Location: Independent Study
Day/Time: NA
Instructor: Dr. Tim Hall,
Contact Information: Email: timhall@pointloma.edu
Office: Salomon Hall 101

I have an open-door policy. Whenever my office door is open, please feel free to come in. I will also schedule appointments when desired/necessary.

PLNU MISSION

To Teach~To Shape~To Send

Point Loma Nazarene University exists to provide higher education in a vital Christian Community where minds are engaged and challenged, character is modeled and formed, and service becomes an expression of faith. Being of Wesleyan heritage, we aspire to be a learning community where grace is foundational, truth is pursued, and holiness is a way of life.

Required Texts and Materials

Students are responsible for having the required course textbooks prior to the first day of class.

All supplemental materials posted on this course site (including articles, book excerpts, or other documents) are provided for your personal academic use. These materials may be protected by copyright law and should not be duplicated or distributed without permission of the copyright owner.

PLEASE MAKE SURE TO PURCHASE THE CLASS BOOKS

- a. Frankl, E.V. (1959). Man's Search for Meaning. MA: Beacon Press
- b. Langley, D.L., Hawkins, J.D. (2003). Administration for Exercise-Related Professions. CA: Wadsworth.
- c. Palmer, J.P (2000). Let Your Life Speak. CA: Jossey-Bass.
- d. Peck, M.S. (1978). The Road Less Traveled. NY: Simon and Schuster.
- e. Wooden, J.R., Jamison, S. (2005) Wooden On Leadership. NY: McGraw-Hill
- f. Test and Assignments will be done via CANVAS.

Course Description: This course surveys general organizational leadership principles and their application to the organization and administration of the health/fitness, coaching and physical education professions. Emphasis is on business management principles and operational concepts, including organizational structure, facility management, industry

standards and guidelines, personnel management practices, and personal developmental leadership concepts.

Course Objectives: To investigate different practices and theories of leadership and management. To provide an opportunity to discuss and process leadership concepts both personal and administrative. This course will rely mostly on reading, writing, discussions and lectures.

Course Learning/Foundational Exploration Outcomes:

- a. Articulate theories of administrative and personal/developmental Leadership.
- b. List traits and behaviors that influence leadership capability.
- c. Recognize and act upon opportunities for Leadership.
- d. To develop sensitivity to dilemmas in Leadership situations.
- e. To assist in developing deeper levels of interpersonal skills in and for leadership.
- f. To assist developing ways of thinking about yourself as a Leader.

Course Spirit: The nature of this class will allow us to discuss openly and freely the complexities of Leadership issues and Leadership principles. This is intended to be a safe place and environment to have open discussions that will challenge us to develop as leaders administratively and personally. Professor and students alike must respect and honor one another.

Assignments/Expectations:

1. **PRESENTATION:** Each student will give a 10-15-minute Power Point presentation on any leadership principle Administrative or Personal discussed this semester in class. You are free to share and be creative with your time in any way you would like. It must be a Leadership principle(s) that have had the most impact on you positively or negatively, or both. You can pick one area of Leadership or multiple. There is freedom in this exercise...don't give your freedom away. Be creative, thoughtful, and take advantage of it. This will be presented at the end of the semester.
2. **READING, WRITTEN PAPER AND ZOOM DISCUSSION:** There will be 5 reading assignments (see semester schedule below). Each reading assignment will require a written response. We will then discuss the written response together.
3. **ATTENDANCE:** A major piece of Leadership is showing up. Professor and student will have 5 assigned or more if agreed upon zoom meetings (see semester schedule below) during the semester.
4. **FINAL EXAM:** You will take a test at the end of the semester. I will have a thorough study guide to assist you.

Assignment Points

5 x Reading/Written Paper	50pts each=250pts
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Zoom Discussion	
Power Point Presentation and Zoom Discussion	100pts
Final Exam	35 pts
Total Points	385pts

Grading Scale

	A	93 to 100%	A-	90 to 92.99%	
B+	88 to 89.99%	B	84 to 87.99%	B-	80 to 83.99%
C+	78 to 79.99%	C	74 to 77.99%	C-	70 to 73.99%
D+	66 to 69.99%	D	60 to 65.99%	D-	50 to 59.99%
	F	0 to 49.99%			

SEMESTER SCHEDULE

<i>Book</i>	<i>Date</i>	<i>Readings</i>	<i>Special Notes</i>
WK1 Syllabus Palmer	5/6-5/10	Discuss Syllabus Chapters 1 and 5	Introductions Reading/Written Paper-5pgs Zoom Discussion
WK2 Langley and Hawkins	5/13-5/17	Administration-Langley/Hawkins Chapters 3,7,8,9,16	Reading/Written Paper-5pgs Zoom Discussion
WK3 Peck	5/20-5/24	Sections-Discipline-pgs-15-77 and Love pgs-81-182	Reading/Written Paper-10pgs Zoom Discussion
WK4 Wooden	5/27-5/31	Pyramid of Success Pgs-xi-58	Reading/Written Paper-5pgs Zoom Discussion
WK5 Frankl	6/3-6/7	Man's Search for Meaning Pgs-xi-93	Reading/Written Paper-10pgs Zoom Discussion
Presentation	6/7	Presentation	Zoom Discussion
Final		Final on Own Open 8am due 11:59pm	

Final Examination Policy

Successful completion of this class requires taking the final examination on its scheduled day. The final examination schedule is posted on the [Traditional Undergraduate Records: Final Exam](#)

[Schedules](#) site. If you find yourself scheduled for three (3) or more final examinations on the same day, you are authorized to contact each professor to arrange a different time for one of those exams. However, unless you have three (3) or more exams on the same day, no requests for alternative final examinations will be granted.

State Authorization

State authorization is a formal determination by a state that Point Loma Nazarene University is approved to conduct activities regulated by that state. In certain states outside California, Point Loma Nazarene University is not authorized to enroll online (distance education) students. If a student moves to another state after admission to the program and/or enrollment in an online course, continuation within the program and/or course will depend on whether Point Loma Nazarene University is authorized to offer distance education courses in that state. It is the student's responsibility to notify the institution of any change in his or her physical location. Refer to the map on [State Authorization](#) to view which states allow online (distance education) outside of California.

PLNU Spiritual Care

Please be aware PLNU strives to be a place where you grow as whole persons. To this end, we provide resources for our students to encounter God and grow in their Christian faith.

If you have questions, a desire to meet with the chaplain or have prayer requests you can contact

PLNU Copyright Policy

Point Loma Nazarene University, as a non-profit educational institution, is entitled by law to use materials protected by the US Copyright Act for classroom education. Any use of those materials outside the class may violate the law.]

PLNU Recording Notification

In order to enhance the learning experience, please be advised that this course may be recorded by the professor for educational purposes, and access to these recordings will be limited to enrolled students and authorized personnel.

Note that all recordings are subject to copyright protection. Any unauthorized distribution or publication of these recordings without written approval from the University (refer to the Dean) is strictly prohibited.

PLNU Academic Honesty Policy

Students should demonstrate academic honesty by doing original work and by giving appropriate credit to the ideas of others. Academic dishonesty is the act of presenting information, ideas, and/or concepts as one's own when in reality they are the results of another person's creativity and effort. A faculty member who believes a situation involving academic dishonesty has been

detected may assign a failing grade for that assignment or examination, or, depending on the seriousness of the offense, for the course. For all student appeals, faculty and students should follow the procedures outlined in the University Catalog. See Academic Policies for definitions of kinds of academic dishonesty and for further policy information.

PLNU Academic Accommodations Policy

PLNU is committed to providing equal opportunity for participation in all its programs, services, and activities in accordance with the Americans with Disabilities Act (ADA). Students with disabilities may request course-related accommodations by contacting the Educational Access Center (EAC), located in the Bond Academic Center (EAC@pointloma.edu or 619-849-2486). Once a student's eligibility for an accommodation has been determined, the EAC will work with the student to create an Accommodation Plan (AP) that outlines allowed accommodations. The EAC makes accommodations available to professors at the student's request.

PLNU highly recommends that students speak with their professors during the first two weeks of each semester/term about the implementation of their AP in that particular course.

Accommodations are not retroactive so clarifying with the professor at the outset is one of the best ways to promote positive academic outcomes.

Students who need accommodations for a disability should contact the EAC as early as possible (i.e., ideally before the beginning of the semester) to assure appropriate accommodations can be provided. It is the student's responsibility to make the first contact with the EAC. Students cannot assume that because they had accommodations in the past, their eligibility at PLNU is automatic. All determinations at PLNU must go through the EAC process. This is to protect the privacy of students with disabilities who may not want to disclose this information and are not asking for any special accommodations.

PLNU Attendance and Participation Policy

Regular and punctual attendance at all class sessions is considered essential to optimum academic achievement. If the student is absent for more than 10 percent of class sessions, the faculty member will issue a written warning of de-enrollment. If the absences exceed 20 percent, the student may be de-enrolled without notice until the university withdrawal date or, after that date, receive an "F" grade.