

 <p>POINT LOMA NAZARENE UNIVERSITY</p>	<p>College of Health Sciences</p> <p>MA in Clinical Counseling</p> <p>PSY6096: Supervised Practicum II</p> <p>2 Units</p>
<p>Spring 2024</p> <p>January 8 - May 5, 2024</p>	
<p>Meeting days/times:</p> <p>Tuesdays, 8:00 a.m.-10:00 a.m.</p>	<p>Instructor: Dr. Rebecca Kenyon;</p> <p>Email: rkenyon@pointloma.edu</p>
<p>Meeting location: Mission Valley Campus</p>	<p>Office Phone: (619) 849-7851</p>

PLNU MISSION

To Teach ~ To Shape ~ To Send

Point Loma Nazarene University exists to provide higher education in a vital Christian community where minds are engaged and challenged, character is modeled and formed, and service becomes an expression of faith. Being of Wesleyan heritage, we aspire to be a learning community where grace is foundational, truth is pursued, and holiness is a way of life.

COURSE DESCRIPTION

Supervised therapy experience in applied psychotherapeutic techniques at an external agency. This course provides support, supervision, and consultation for students' training at their practicum site. A total of 700 hours, 300 of which are face-to-face direct service, must be accrued throughout the practicum course sequence. Students must be training at an approved site to be enrolled in this course. Credit/No Credit.

Credit/No Credit Prerequisite(s): PSY6095

INSTITUTIONAL LEARNING OUTCOMES (ILO)

1. **Learning, Informed by our Faith in Christ**

Students will acquire knowledge of human cultures and the physical and natural world while developing skills and habits of the mind that foster lifelong learning.

2. **Growing, In a Christ-Centered Faith Community**

Students will develop a deeper and more informed understanding of others as they negotiate complex professional, environmental and social contexts.

3. **Serving, In a Context of Christian Faith**

Students will serve locally and/or globally in vocational and social settings.

PROGRAM LEARNING OUTCOMES (PLO)

The educational goals of Point Loma Nazarene University's ***Masters program in Clinical Counseling (MACC)*** are to develop graduate students and psychotherapists who are:

1. competent clinicians and professionals that practice from a wide-range of clinically valuable and research-based approaches, particularly depending on attachment-based models of human functioning (minds);
2. able to evaluate and apply personal and professional values and ethics to the practice of psychotherapy (character); and,
3. providing services that are respectful of individuals and families as well as the cultural contexts that shape them, particularly focusing on those who are underserved (service).

The student learning outcomes (SLOs) within the MACC program are to:

SLO 1: Demonstrate competent application of theoretical models and research based clinical interventions to therapeutic work with individuals, couples, groups and/or families (minds).

SLO 2: Demonstrate competent application of personal and professional values into an ethical practice of psychotherapy (character).

SLO 3: Demonstrate competence in working with clients from diverse backgrounds, particularly in settings where sociocultural factors influence treatment and there is limited access to care (service).

COURSE COMPETENCIES DEMONSTRATED BY STUDENTS

After completing PSY6096 course, the student should be able to competently:

1. Provide a brief written and verbal clinical assessment of a case along with a clinical hypothesis, treatment plan, identification of legal/ethical issues (including self of therapist issues) and collaboration with other professionals. (SLO 1)
2. Describe qualities related to an effective therapeutic relationship as they operate in a clinical case including spirituality. (SLO 2)
3. Reflect on changes to your thinking of how religious/spiritual/faith issues operate in your clinical work. (SLO 2)
4. Describe cultural factors that might be operating in a clinical case. (SLO 3)

You will be required to maintain a pace of required experience to complete 700 total hours in order to graduate.

RELEVANT IDEA OBJECTIVES

1. Developing specific skills, competencies, and points of view needed by professionals in the field most closely related to this course
2. Developing ethical reasoning and/or ethical decision making
3. Learning to apply knowledge and skills to benefit others or serve the public good

GROUND RULES OF THE COURSE

Together we will create a dynamic learning environment where:

1. Learning is challenging but safe
2. Learning is experiential and active
3. Communication is open . . . opposing viewpoints are welcomed
4. All are learners and all are teachers . . . we will learn from each other
5. Mistakes are okay . . . this is a no-guilt, no-blame zone
6. The point is to learn and grow ... grades are a by-product and not the goal
7. Integrity and honesty are expected

Please jot down some of your expectations for this course.

REQUIRED TEXTS AND RECOMMENDED RESOURCES

Altimir, C., Capella, C., Nunez, L., Abarzua, M. & Krause, M. (2017). Meeting in difference: Revisiting the therapeutic relationship based on patients' and therapists' experiences in several clinical contexts. *Journal of Clinical Psychology, 73*(11): 1510-1522.

Horvath, A. O. (2011). Alliance in individual psychotherapy. *Psychotherapy, Special Issue: Evidence-Based Psychotherapy Relationships*. 48(1): 9-16.

Patterson, J.E., Williams, L., Edwards, T., Chamow, L. & Grauf-Grounds, C. (2018). *Essential Skills in Family Therapy*. Guilford Press.

ADDITIONAL READINGS

American Psychological Association. (2020). *Publication Manual of the American Psychological Association*, 7th Edition. American Psychological Association.

COURSE REQUIREMENTS

Several of the requirements from this class along with projects in Supervised Practicum I and III will be integrated into a **Clinical Portfolio project** which will be presented at the end of the program.

1. **Presentation.** Two videotapes of clinical work must be shown. Each video must be from different sessions and one video must correspond to the 12-minute Case Summary.
2. **Written Brief Case Presentation.** Students will need to provide a written transcript of a verbally delivered 12-minute Case Summary (see Rubric) which includes:
 - Verbal reflection on your ability to establish and maintain a therapeutic relationship with your client during each case presentation.
 - Verbal reflection on your awareness of aspects of Cultural Humility that might be relevant in your clinical cases.
 - Verbal reflection on how religious/spiritual/faith issues operate in your clinical work
3. **Reflection on PSY6001 paper.** Turn in your PSY6001 integration paper along with a reflection on how your values in this paper fit or have changed with the clinical work you are currently providing (if you cannot find your paper, an alternative assignment will be given).
4. **Attendance and Participation:** In this supervisory and experiential learning course, attendance and participation are essential. There is significant classroom interaction between the instructor and students, as well as between students. Student contributions constitute a significant component of the learning process. Absences could impact class learning for others as well. Therefore, class attendance is expected at every class meeting. The only exceptions are if

there are extenuating circumstances and the professor is informed directly via email or phone prior to an absence (or as soon as practically possible following a sudden emergency).

Regular and punctual attendance at all classes is considered essential to optimum academic achievement. If the student is absent from more than 10 percent of class meetings, the faculty member can file a written report which may result in de-enrollment. If the absences exceed 20 percent, the student may be de-enrolled without notice until the university drop date or, after that date, receive the appropriate grade for their work and participation. See Academic Policies in the Graduate and Professional Studies Catalog for additional detail.

All papers written in the Graduate Counseling program should be in APA style. Here are some helpful websites to help you write and format your paper:

- [APA Style Essentials - Prof. Degelman Vanguard University](#)
- [Psychology with Style: A Hypertext Writing Guide](#)
- [The OWL at Purdue: APA Style](#)

All papers should include the following sections unless indicated otherwise:

1. Title page
2. Abstract
3. Main body with headings
4. Reference page

Please check the *APA Manual* or the websites for further formatting help.

This course meets PLNU and WASC credit hour policy requirements for contact hours as evidenced by the table below (2 credit units):

Assignments	Course Hours
Face-to-face Class Sessions Attendance	30
Participation (10 hours of group)	50
Case Presentation and Video Assignments	20
TOTAL HOURS	100

ASSESSMENT AND GRADING

Grading is on a CR/NC basis. To pass the class, you must attend, participate, turn in required paperwork and meet competency standards for each assignment. Simply showing up will not earn you full points. You must be engaged, participate in discussion, complete any assigned readings, and be ready to give feedback and support your classmates.

Assignments	Points
Case Study and Video Assignments	300
Integration Paper	100
Attendance	150
Participation	150
<i>Total</i>	700

Students must achieve a minimum grade of B- to pass this class.

NOTE: It is your responsibility to maintain your class schedule. Should the need arise to drop this course (personal emergencies, poor performance, etc.); you have the responsibility to first contact the professor. Then if no accommodations can be made, you are responsible to follow through (provided the drop date meets the stated calendar deadline established by the University).

MACC Late Policy

Assignments submitted up to 24 hours past the due date will be deducted 25% of the grade. Assignments submitted up to 48 hours past the due date will be deducted 50% of the grade. Any assignment turned in after 48 hours past the due date will receive no credit. Students are encouraged to alert the professor if an assignment is anticipated to be late.

Professors can extend these late penalties if arrangements are made in advance based on formal accommodations or major extenuating circumstances.

The final score on the 100-point scale will be translated into a grade according the following grade scale:

Standard Grade Scale Based on Percentage of Points Earned				
A	B	C	D	F
A 93-100	B+ 87-89	C+ 77-79	D+ 67-69	F ≤ 59
A- 90-92	B 83-86	C 73-76	D 63-66	
	B- 80-82	C- 70-72	D- 60-62	

Note: In graduate school, MFT students must maintain a minimum cumulative GPA of 3.0 throughout the period of their enrollment. Students will be placed on academic probation if a cumulative 3.0 grade-point average is not maintained, or when they obtain a grade below a B- in their course work. MFT students may be disqualified from further graduate work if a cumulative 3.0 GPA is not maintained or if they obtain a total of two grades below a B- in their coursework.

COURSE POLICIES

Point Loma Nazarene University, as a non-profit educational institution, is entitled by law to use materials protected by the US Copyright Act for classroom education. Any use of those materials outside the class may violate the law.

ACADEMIC HONESTY

Students should demonstrate academic honesty by doing original work and by giving appropriate credit to the ideas of others. As explained in the university catalog, academic dishonesty is the act of presenting information, ideas, and/or concepts as one's own when in reality they are the results of another person's creativity and effort. Violations of university academic honesty include cheating, plagiarism, falsification, aiding the academic dishonesty of others, or malicious misuse of university resources. A faculty member who believes a situation involving academic dishonesty has been detected may assign a failing grade for a) that particular assignment or examination, and/or b) the course following the procedure in the university catalog. Students may appeal also using the procedure in the university catalog. See Academic Policies in the [current PLNU catalog](#) for further information.

IDENTITY FRAUD

Committing identity fraud is considered particularly serious and could have legal as well as institutional implications. Any student who has another individual impersonate or in any other way commit identity fraud in any course, assignment, exam, or any type of academic exercise will be permanently suspended from Point Loma.

PARTICIPATION

Your participation (think of this as 'contribution') in the course is monitored and graded. Your interaction with the course content, the instructor, fellow students, and the learning process directly influences your level of success in the course. You need to demonstrate that you have truly completed the assigned readings, shared what you learned from them, and demonstrate understanding and application of the concepts presented. Participation in the course will benefit your overall online experience as well as the experience of others in the course.

CLASSROOM ETIQUETTE

Students are expected to actively engage in an adult learning environment. Behaviors that disrupt the classroom environment and interfere with the learning of others are prohibited. Examples include talking with other students during a presentation or when others are speaking, texting, gaming, internet browsing, or reading non-course related materials. All pagers, cellphones, and other electronic communication devices will be turned off at the beginning of class. Tablets and computers are allowed in class for note-taking purposes only, unless otherwise directed by the instructor. Arriving late and leaving early are strongly discouraged and disruptive to the class.

Respect each person's opinions. Be considerate while your peers are speaking and actively engage them only when they have completed their point. Discourteous comments and side conversations will not be tolerated and will be addressed openly and directly by the instructor. Should a student's behavior become disruptive to the productivity of the course they will be asked to leave the classroom and not receive credit for attendance.

WITHDRAWAL

If you need to withdraw from the class, please notify the instructor **and** your Point Loma advisor immediately. A student may withdraw by the end of the first week of class and receive a grade of W. If a student withdraws from the program, he/she must submit a letter for withdrawal. A last date to withdraw is posted in the Academic Calendar on the PLNU website. Students will be assigned a grade of W or WF consistent with Point Loma Nazarene University policy in the grading section of the catalog. Failure to attend class does not constitute a withdrawal and students will receive an "F" if not properly withdrawn. Withdrawing from a class may result in a graduated refund and may affect your financial aid. Be sure to contact your financial aid counselor.

UNIVERSITY CATALOG

For additional Point Loma policy items, review the latest [Point Loma Nazarene University Catalog](#).

ACCESSIBILITY OF HISTORICAL DATA IN PLNU CLASSES

PLNU strives to protect and preserve student data in accordance with FERPA laws. It is important for students and faculty to note that due to the nature of digital information, no data transmitted via emails or online learning management systems is entirely free from observation. The contents of this class, including the class discussion, may be monitored by PLNU faculty and staff at any time for the purposes of assisting students, gathering data, instructor training, or assessing the program.

CONFIDENTIALITY OF COURSE DISCUSSION AND ASSIGNMENTS

Materials posted to the class discussion or to an assignment thread are for class use only. Students and faculty are to protect the confidentiality of all classroom materials and should never transmit any classroom materials without specific written permission of the person quoted and the instructor.

ACADEMIC ACCOMMODATIONS

If you have a diagnosed disability the Center for Student Success (CSS) within the first two weeks of class to demonstrate need and to register for accommodation by phone at 619.563.2810. You may also ask your academic advisor or program director for any additional accommodation information.

USE OF TECHNOLOGY

Point Loma Nazarene University encourages the use of technology for learning, communication, and collaboration. In this course, we will rely on Canvas for accessing course materials, submitting assignments, and collaborating in discussion boards and blogs. We will also use cell phone polling when it enhances our in-class activities. You'll want to make sure you are comfortable with these tools, so take advantage of our computer LabTechs to answer questions and help you with any technology issues. You may also call the Help Desk at x2222. See the [IT Technology Requirements](#).

You are welcome to bring your laptop, iPad, and/or cell phone to class, which we will utilize during many class sessions—but please make sure you use them appropriately and responsibly. If a tech tool becomes a distraction or disruption while class is in session, I will simply invite you to no longer bring it to class.

PLNU ACADEMIC HONESTY POLICY

Students should demonstrate academic honesty by doing original work and by giving appropriate credit to the ideas of others. As stated in the university catalog, "Academic dishonesty is the act of presenting information, ideas, and/or concepts as one's own when in reality they are the results of another person's creativity and effort. Such acts include plagiarism, copying of class assignments, and copying or other fraudulent behavior on examinations. A faculty member who believes a situation involving academic dishonesty has been detected may assign a failing grade for a) that particular assignment or examination, and/or b) the course." See [Academic Policies](#) for full text.

SPIRITUAL CARE

Please be aware PLNU strives to be a place where you grow as whole persons. To this end, we provide resources for our graduate students to encounter God and grow in their Christian faith. There are resources for your Christian faith journey available at the [Graduate & Professional Student Spiritual Life web page](#).

For Mission Valley students there is a prayer chapel on the third floor which is open for use as a space set apart for quiet reflection and prayer.

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SEXUAL MISCONDUCT AND DISCRIMINATION

Point Loma Nazarene University faculty are committed to helping create a safe learning environment for all students. If you (or someone you know) have experienced any form of sexual discrimination or misconduct, including sexual assault, dating or domestic violence, or stalking, know that help and support are available through the [Title IX Office](#). Please be aware that under Title IX of the Education Amendments of 1972, it is required to disclose information about such misconduct to the Title IX Office.

If you wish to speak to a confidential employee who does not have this reporting responsibility, you can contact Counseling Services at counselingservices@pointloma.edu or find a list of campus pastors at the [Title IX Office | Get Help Now](#)

COURSE SCHEDULE

The schedule of topics and due dates can be found on the Course Schedule page.