


Course Syllabus

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 <p>POINT LOMA NAZARENE UNIVERSITY</p>	<p>College of Health Sciences</p> <p>MA in Clinical Counseling</p> <p>PSY6021: Psychodiagnostics and Mental Disorder Treatment</p> <p>3 Units</p>
<p>Spring 2024 January 8 - May 5, 2024</p>	
<p>Meeting days/times:</p> <p>Wednesdays, 5:30-8:15 p.m.</p>	<p>Instructor: Dr. Frank Ogle; FOgle@pointloma.edu mailto:FOgle@pointloma.edu</p>
<p>Meeting location: Mission Valley Campus</p>	<p>Phone: 619.884.8256</p>

COURSE DESCRIPTION

This course reviews the role and categories of psychopathology utilized in the assessment and treatment of individual, marital, and family dysfunction. Students develop their diagnostic skills through a mastery of the concepts in the *Diagnostic and Statistical Manual of Mental Disorders (DSM-5)*.

PLNU MISSION

To Teach ~ To Shape ~ To Send

Point Loma Nazarene University exists to provide higher education in a vital Christian community where minds are engaged and challenged, character is modeled and formed, and service becomes an expression of faith. Being of Wesleyan heritage, we aspire to be a learning community where grace is foundational, truth is pursued, and holiness is a way of life.

INSTITUTIONAL LEARNING OUTCOMES (ILO)

1. Learning, Informed by our Faith in Christ

Students will acquire knowledge of human cultures and the physical and natural world while



developing skills and habits of the mind that foster lifelong learning.

2. **Growing, In a Christ-Centered Faith Community**

Students will develop a deeper and more informed understanding of others as they negotiate complex professional, environmental and social contexts.

3. **Serving, In a Context of Christian Faith**

Students will serve locally and/or globally in vocational and social settings.

PROGRAM LEARNING OUTCOMES (PLO)

1. Students will articulate a clear, accurate understanding of their professional identity as either an LMFT or LPCC, or both.
2. Students will demonstrate knowledge of the fundamental domains in their selected area of specialization, in professional clinical counseling (i.e., foundations; counseling prevention, and intervention, diversity and advocacy; assessment; research & evaluation; and diagnosis) or marriage and family therapy (i.e., human development, family dynamics, systemic thinking, interactional theories, traditional and contemporary marriage and family theories, research and cultural context).
3. Students will demonstrate ability to apply relevant research and evaluation models in practice of clinical counseling.
4. Students will demonstrate skills and practices of clinical counseling in the delivery of mental health services (e.g., assessment, diagnosis, treatment, termination, documentation, and ethical practice).
5. Students will deliver mental health services with multicultural competence and sensitivity.
6. Students will demonstrate ability to integrate faith with clinical counseling practice in clinically appropriate, culturally sensitive, and ethical manner.

COURSE LEARNING OUTCOMES

After completing this course, students will:

1. Become knowledgeable of the terminology, criteria for diagnosis.
2. Develop conceptualization of presenting problems and writing a report in a concise manner.
3. Develop basic skills for presenting a case to peers such as in a treatment team setting.
4. Demonstrate basic knowledge of the DSM 5, criteria for major diagnostic groups and potential alternatives.
5. Demonstrate cultural considerations of symptom presentation and cultural awareness.

CREDIT HOUR INFORMATION

It is anticipated that students will spend a minimum of 37.5 participation hours per credit hour on their course work. As a graduate course, students can expect the work in this class to be significant, and students should plan on spending up to 15-20 hours a week engaged in the course. The estimated time expectations for this course are shown below:

Distribution of Course Hours



Assignments	Pre-Course Hours	Course Hours	Post-Course Hours
Face-to-face Class Sessions	--	48	--
Reading	--	70	--
Course Assignments	--	20	--
Case Presentation	--	12	--
TOTAL HOURS	--	150	--

COURSE ASSIGNMENTS

1. Exams

a) *Description*: This course requires the successful completion of two exams, a midterm and a final. Each exam is worth 250 points and, as such, together they comprise 50% of your final grade. It is important that each student determine, on an individual basis, the appropriate amount of time needed to study for each exam.

b) *Requirements*: Both exams will cover the assigned readings, case book assignments, lectures, and any other material presented in class (e.g., audio and video presentations, as well as handouts). The final exam is not cumulative. The course calendar indicates, in more specific detail, the readings and other assignments that will be covered on each exam.

c) *Style Standard*: Exams will consist of multiple choice questions, and case studies designed to facilitate your ability to use and recognize the DSM-5 diagnostic categories.

2. Case Studies

a) *Description*: There are two specific case studies that you will complete, demonstrating your ability to make diagnoses using the DSM-5 criteria. As this is akin to learning a new language, each case study is worth 100 points. You will receive feedback after the first case study, allowing adjustments to be made and questions to be answered before engaging in the second task. Altogether, this aspect of the course makes up 20% of your final grade.

b) *Requirements*: You will be given a vignette, and will evaluate it using the DSM-5 manual. After examining the criteria outlined in the DSM-5, you will make a decision as to the appropriate diagnoses for the patient. Course notes and assigned readings will likely be of assistance in this endeavor.

c) *Style Standard*: Please refer to the example in the DSM-5 manual.



3. Case Presentation

As a therapist, you will be presenting cases in treatment team meetings, utilization reviews, and in supervision. A clinician needs to be able to conceptualize their client's presenting problem, differential diagnosis, precipitating factors and present these aspects in a clear and concise manner for other therapists and providers. To assist in building this skill, chose a movie character to assess and to present to the class in the manner just mentioned. You can have fun with this (as in choice of character) but make your choice that provides you with enough material to work with. You will be provided 10 minutes to share a brief description of "your client," presenting problem, symptoms they report and/or that you observe, any suicidal content, cultural considerations, possible diagnoses, and your final diagnosis with supporting DSM 5 criteria. Review the assignment to see the rubric which includes descriptions of the criteria under which this assignment will be assessed.

4. Participation

You are an important part of this course. You determine, in part, what we create together during our weekly meetings. For that reason, *your participation is worth 10%* of your final grade. I encourage you to ask questions, share ideas and make this class an interactive experience for yourselves. You will learn more, and enjoy this class the more you participate. As this course is an adjunct to your clinical placement, participation is considered a key component of the learning experience. Students are required to share clinical concerns, clinical insights, questions, and successes as aspects of class participation. If a student is absent more than 2 times from class, five points will be deducted from the participation points. Two tardies are equivalent to one absence.

5. Vignette Assessments

As the class progresses you will be given vignettes to practice within class and outside of class, to begin to develop your diagnostic skills. For the in-class vignettes, active participation is expected to help in your skills and will be reflected as part of your participation grade. For the online vignettes, you will be submitting them for a grade in Canvas, 10 points per vignette.

REQUIRED TEXTS AND RECOMMENDED RESOURCES

American Psychological Association. (2022) *Diagnostic and statistical manual of mental disorders (5th - TR ed.)*.

Morrison, J.R. (2023). *DSM-5 TR made easy: the clinician's guide to diagnosis*. The Guilford Press.

Whitbourne, S. K., (2022). *Abnormal psychology: Clinical perspectives on psychological disorders*, (10th ed.). McGraw Hill.

APA Papers

All papers written in the Graduate Counseling program should be in APA style. Here are some helpful websites to help you write and format your paper:



- [APA 7th Edition Help File \(https://canvas.pointloma.edu/courses/73167/pages/apa-7th-edition-help-file\)](https://canvas.pointloma.edu/courses/73167/pages/apa-7th-edition-help-file)
- [The OWL at Purdue: APA Style \(https://owl.english.purdue.edu/owl/section/2/10/\)](https://owl.english.purdue.edu/owl/section/2/10/)

All papers should include the following sections unless indicated otherwise:

1. Title page
2. Abstract
3. Main body with headings
4. Reference page

Please check the *APA Manual* or the websites for further formatting helps.

ASSESSMENT AND GRADING

Grading Points

Assignments with Point Values

Assignments	Points
Exams (2 at 250 pts. each)	500
Case Studies (2 at 100 pts. each)	200
Vignette Assessments (5 at 10 pts. each)	50
Case Presentation	150
Attendance and Participation	100
	TOTAL: 1,000

Grade Scale

Standard Grade Scale Based on Percentage of Points Earned					
A	93-100	B-	80-82	D+	67-69
A-	90-92	C+	77-79	D	63-66
B+	87-89	C	73-76	D-	60-62
B	83-86	C-	70-72	F	0-59

Students must achieve a minimum grade of B- to pass this class.

NOTE: It is your responsibility to maintain your class schedule. Should the need arise to drop this course (personal emergencies, poor performance, etc.); you have the responsibility to first contact the professor. Then if no accommodations can be made, you are responsible to follow through (provided the drop date meets the stated calendar deadline established by the University).



Late Policy

Assignments submitted up to 24 hours past the due date will be deducted 10% of the grade.
Assignments submitted up to 48 hours past the due date will be deducted 20% of the grade.
Assignments submitted up to 72 hours past the due date will be deducted 30% of the grade. Any assignment turned in after 72 hours past the due date will receive no credit.

COURSE POLICIES

Point Loma Nazarene University, as a non-profit educational institution, is entitled by law to use materials protected by the US Copyright Act for classroom education. Any use of those materials outside the class may violate the law.

1. Academic Honesty

Students should demonstrate academic honesty by doing original work and by giving appropriate credit to the ideas of others. As explained in the university catalog, academic dishonesty is the act of presenting information, ideas, and/or concepts as one's own when in reality they are the results of another person's creativity and effort. Violations of university academic honesty include cheating, plagiarism, falsification, aiding the academic dishonesty of others, or malicious misuse of university resources. A faculty member who believes a situation involving academic dishonesty has been detected may assign a failing grade for a) that particular assignment or examination, and/or b) the course following the procedure in the university catalog. Students may appeal also using the procedure in the university catalog. See Academic Policies in the [current PLNU catalog](https://catalog.pointloma.edu/) (<https://catalog.pointloma.edu/>) for further information.

2. Identity Fraud

Committing identity fraud is considered particularly serious and could have legal as well as institutional implications. Any student who has another individual impersonate or in any other way commit identity fraud in any course, assignment, exam, or any type of academic exercise will be permanently suspended from Point Loma.

3. Final Examination Policy

Successful completion of this class requires taking the final examination **on its scheduled day**. The final examination schedule is posted on the [Class Schedules](http://www.pointloma.edu/experience/academics/class-schedules) (<http://www.pointloma.edu/experience/academics/class-schedules>) site. No requests for early examinations will be approved.

4. Participation

Class participation is necessary to demonstrate familiarity with the assignments and the ability to transfer theory into practice, especially during your practicum. The following criteria will be used to evaluate participation.



Participation in discussions and Practicum

- Appropriateness of comments
- Comments useful for clarification or meaningful contribution to the class
- Willingness to participate in exercises and simulations
- Sensitivity to participation of others in the class; avoids dominating discussions
- Class participation demonstrates understanding of concepts reviewed

5. Attendance

PLNU Attendance and Participation Policy: Regular and punctual attendance at all **synchronous** class sessions is considered essential to optimum academic achievement. If the student is absent for more than 10 percent of class sessions (virtual or face-to-face), the faculty member will issue a written warning of de-enrollment. If the absences exceed 20 percent, the student may be de-enrolled without notice until the university drop date or, after that date, receive the appropriate grade for their work and participation. In some courses, a portion of the credit hour content will be delivered **asynchronously** and attendance will be determined by submitting the assignments by the posted due dates. See Academic Policies in the Graduate and Professional Studies Catalog. If absences exceed these limits but are due to university excused health issues, an exception will be granted.

Asynchronous Attendance/Participation Definition: A day of attendance in asynchronous content is determined as contributing a substantive note, assignment, discussion, or submission by the posted due date. Failure to meet these standards will result in an absence for that day. Instructors will determine how many asynchronous attendance days are required each week.

6. Classroom Etiquette

Students are expected to actively engage in an adult learning environment. Behaviors that disrupt the classroom environment and interfere with the learning of others are prohibited. Examples include talking with other students during a presentation or when others are speaking, texting, gaming, internet browsing, or reading non-course-related materials. **All pagers, cellphones, and other electronic communication devices will be turned off at the beginning of class. Tablets and computers are allowed in class for note-taking purposes only, unless otherwise directed by the instructor.** Arriving late and leaving early are strongly discouraged and disruptive to the class.

Respect each person's opinions. Be considerate while your peers are speaking and actively engage them only when they have completed their point. Discourteous comments and side conversations will not be tolerated and will be addressed openly and directly by the instructor. Should a student's behavior become disruptive to the productivity of the course they will be asked to leave the classroom and not receive credit for attendance.



7. **Withdrawal**

If you need to withdraw from the class, please notify the instructor **and** your Point Loma advisor immediately. A student may withdraw by the end of the first week of class and receive a grade of W. If a student withdraws from the program, he/she must submit a letter for withdrawal. A last date to withdraw is posted in the Academic Calendar on the PLNU website. Students will be assigned a grade of W or WF consistent with Point Loma Nazarene University policy in the grading section of the catalog. Failure to attend class does not constitute a withdrawal and students will receive an "F" if not properly withdrawn. Withdrawing from a class may result in a graduated refund and may affect your financial aid. Be sure to contact your financial aid counselor.

8. **Use of Technology**

In order to be successful in the online environment, you'll need to meet the minimum technology and system requirements; please refer to the Technology and System Requirements page. Problems with technology do not relieve you of the responsibility of participating, turning in your assignments, or completing your class work. If you do need technical help you may click on the HELP button (located on the top-right corner of Canvas) and choose from whom you want assistance, or you may contact the campus help desk (619.849.2222).

9. **University Catalog**

For additional Point Loma policy items, review the latest [Point Loma Nazarene University Catalog \(https://catalog.pointloma.edu/index.php\)](https://catalog.pointloma.edu/index.php).

10. **Accessibility of Historical Data in Point Loma Classes**

PLNU strives to protect and preserve student data in accordance with FERPA laws. It is important for students and faculty to note that due to the nature of digital information, no data transmitted via emails or online learning management systems is entirely free from observation. The contents of this class, including the class discussion, may be monitored by PLNU faculty and staff at any time for the purposes of assisting students, gathering data, instructor training, or assessing the program.

11. **Confidentiality of Course Discussion and Assignments**

Materials posted to the class discussion or to an assignment thread are for class use only. Students and faculty are to protect the confidentiality of all classroom materials and should never transmit any classroom materials without specific written permission of the person quoted and the instructor.

12. **Academic Accommodations**

PLNU is committed to providing equal opportunity for participation in all its programs, services, and activities. Students with disabilities may request course-related accommodations by contacting the Educational Access Center (EAC), located in the Bond Academic Center (EAC@pointloma.edu or 619-849-2486). Once a student's eligibility for an accommodation has been determined, the EAC will issue an academic accommodation plan ("AP") to all faculty who teach courses in which the s



is enrolled each semester. PLNU highly recommends that students speak with their professors during the first two weeks of each semester/term about the implementation of their AP in that particular course and/or if they do not wish to utilize some or all of the elements of their AP in that course. Students who need accommodations for a disability should contact the EAC as early as possible (i.e., ideally before the beginning of the semester) to assure appropriate accommodations can be provided. It is the student's responsibility to make the first contact with the EAC.

13. **Spiritual Care**

PLNU strives to be a place where you grow as a whole person. To this end we provide resources for our Graduate and Adult Degree Completion students to encounter God and grow in their Christian faith. At the Mission Valley (MV) campus we have an onsite chaplain, Rev. Gordon Wong, who is available during class break times across the week. If you have questions for, desire to meet or share a prayer request with Rev. Wong you can contact him directly at mvchaplain@pointloma.edu or gordonwong@pointloma.edu. Rev. Wong's cell number is 808-429-1129 if you need a more immediate response. In addition, on the MV campus there is a prayer chapel on the third floor which is open for use as a space set apart for quiet reflection and prayer.

14. **Copyright Policy**

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15. **Sexual Misconduct and Discrimination**

Point Loma Nazarene University faculty are committed to helping create a safe learning environment for all students. If you (or someone you know) have experienced any form of sexual discrimination or misconduct, including sexual assault, dating or domestic violence, or stalking, know that help and support are available through the [Title IX Office \(https://www.pointloma.edu/title-ix\)](https://www.pointloma.edu/title-ix). Please be aware that under Title IX of the Education Amendments of 1972, it is required to disclose information about such misconduct to the Title IX Office.

If you wish to speak to a confidential employee who does not have this reporting responsibility, you can contact Counseling Services at counselingservices@pointloma.edu (<mailto:counselingservices@pointloma.edu>) or find a list of campus pastors at the [Title IX Office | Get Help Now \(https://www.pointloma.edu/title-ix/get-help-now\)](https://www.pointloma.edu/title-ix/get-help-now)

COURSE SCHEDULE

The instructor reserves the right to adjust the following schedule as necessary to ensure the students achieve the course outcomes.

Weekly Course Schedule
















Date	Topics
WEEK 1	<ul style="list-style-type: none"> • Introductions • Understanding abnormal behavior
WEEK 2	<ul style="list-style-type: none"> • Defining abnormal psychology, history and overview of mental illness, research, the DSM-5, diagnosis & treatment planning.
WEEK 3	<ul style="list-style-type: none"> • Case formulation; and assessment • Theoretical Perspectives
WEEK 4	<ul style="list-style-type: none"> • Depressive Disorders (D/Os) • Coding & Recording Procedures (DSM-5 TR pg. 184) • Intro to Assessment Tool
WEEK 5	<ul style="list-style-type: none"> • Bipolar & related Disorders • Suicide – Risk Assessment • Safety and risk factors
WEEK 6	<ul style="list-style-type: none"> • Schizophrenia Spectrum & Other D/Os
WEEK 7	<ul style="list-style-type: none"> • Substance Related & Addictive Disorders (includes Stages of Change)
WEEK 8	<ul style="list-style-type: none"> • Mid-Term
WEEK 9	<ul style="list-style-type: none"> • TBI Presentation: Brain Injury Foundation • Dissociative Disorders • Somatic Symptom and Related D/Os
WEEK 10	<ul style="list-style-type: none"> • Personality Disorders
WEEK 11	NO CLASS: EASTER BREAK
WEEK 12	<ul style="list-style-type: none"> • Feeding & Eating D/Os; Elimination D/O; Sleep-Wake D/O • Disruptive, Impulse-Control, and Conduct D/Os
WEEK 13	<ul style="list-style-type: none"> • Paraphilic D/Os • Sexual Dysfunctions • Gender Dysphoria






















WEEK 14	<ul style="list-style-type: none"> • Neurodevelopmental D/Os
WEEK 15	<ul style="list-style-type: none"> • Neurocognitive D/Os
WEEK 16	<ul style="list-style-type: none"> • Final Exam • End-of-Course Evaluation

Course Summary:

Date	Details	Due
Sun Jan 28, 2024	 WK3: Choose a Week for Case Presentation https://canvas.pointloma.edu/courses/73167/assignments/979683	due by 11:59pm
		
Sun Feb 4, 2024	 WK4: Vignette #1 https://canvas.pointloma.edu/courses/73167/assignments/979684	due by 11:59pm
		
	 WK4: Vignette #2 https://canvas.pointloma.edu/courses/73167/assignments/979685	due by 11:59pm
		
Sun Feb 11, 2024	 WK5: Vignette #1 https://canvas.pointloma.edu/courses/73167/assignments/979687	due by 11:59pm
		
Sun Feb 18, 2024	 WK5: Case Study #1: Sam https://canvas.pointloma.edu/courses/73167/assignments/979686	due by 11:59pm
		
	 WK6: Vignette #1 https://canvas.pointloma.edu/courses/73167/assignments/979688	due by 11:59pm
		
	 WK6: Vignette #2 https://canvas.pointloma.edu/courses/73167/assignments/979689	due by 11:59pm




Date	Details	Due
		
Wed Feb 28, 2024	 WK8: Mid-Term Exam Part 1: Multiple Choice https://canvas.pointloma.edu/courses/73167/assignments/979672	due by 6:45pm
		
	 WK8: Mid-Term Exam Part 2: Vignettes https://canvas.pointloma.edu/courses/73167/assignments/979673	due by 7:45pm
		
Sun Mar 3, 2024	 Mid-Course Survey https://canvas.pointloma.edu/courses/73167/assignments/979677	due by 11:59pm
		
Sun Apr 7, 2024	 WK12: Case Study #2: Video Review https://canvas.pointloma.edu/courses/73167/assignments/979682	due by 11:59pm
		
	 WK15: Psychopathology Final Practice Questions https://canvas.pointloma.edu/courses/73167/assignments/979676	due by 4:59pm
		
Wed May 1, 2024	 WK16: Final Exam Part 1: Multiple Choice https://canvas.pointloma.edu/courses/73167/assignments/979678	due by 8:15pm
		
	 WK16: Final Exam Part 2: Vignettes https://canvas.pointloma.edu/courses/73167/assignments/979674	due by 8:15pm
		
Sun May 5, 2024	 Attendance & Participation https://canvas.pointloma.edu/courses/73167/assignments/979679	due by 11:59pm
		
	 End-of-Course Evaluation https://canvas.pointloma.edu/courses/73167/assignments/979680	due by 

Date

Details

Due



 [Academic Honesty Verification Statement](#)

[\(https://canvas.pointloma.edu/courses/73167/assignments/979675\)](https://canvas.pointloma.edu/courses/73167/assignments/979675)



 [Submit Case Presentation Assignment](#)

[\(https://canvas.pointloma.edu/courses/73167/assignments/979681\)](https://canvas.pointloma.edu/courses/73167/assignments/979681)

