

Psychology Department PSY 3008-2: Developmental Psychology: Birth through Adolescence

4 units Spring 2024

Meeting Days: Tuesdays Meeting Times: 10-11:45 AM Meeting Location: Zoom

Instructor: Dr. Laura Radziwon Email: Iradziwo@pointloma.edu

Office Hours: Upon Request. Please contact me via email to set an appointment.

Allotted Final Exam Time: Tuesday 10:30am-1:00pm

PLNU MISSION

To Teach ~ To Shape ~ To Send

Point Loma Nazarene University exists to provide higher education in a vital Christian community where minds are engaged and challenged, character is modeled and formed, and service is an expression of faith. Being of Wesleyan heritage, we strive to be a learning community where grace is foundational, truth is pursued, and holiness is a way of life.

FOUNDATIONAL EXPLORATIONS MISSION

PLNU provides a foundational course of study in the liberal arts informed by the life, death, and resurrection of Jesus Christ. In keeping with the Wesleyan tradition, the curriculum equips students with a broad range of knowledge and skills within and across disciplines to enrich major study, lifelong learning, and vocational service as Christ-like participants in the world's diverse societies and cultures.

COURSE DESCRIPTION

This class is designed to help you understand how we develop, from the moment of conception through adolescence. This class will show you some of the intricacies of development, and along the way show you common mistakes that people make that undermine their odds of raising great kids. This class will matter because it can give you a map to becoming better teachers, counselors, and parents. The professor reserves the right to change the syllabus at her discretion.

COURSE LEARNING OUTCOMES

- 1. Apply the scientific approach to solve problems related to behavior and the developmental processes from prenatal to adolescence.
- 2. Describe how existing models of Christian integration relate to the science of developmental psychology.
- 3. Describe physical, cognitive, social, and moral development from the span of birth to adolescence.
- 4. Apply an understanding of development in an applied field experience.
- 5. Apply developmental findings to practical areas such as effective parenting and teaching.
- 6. Demonstrate effective written communication in an area of applied child development.

REQUIRED TEXTS AND RECOMMENDED STUDY RESOURCES

Kuther, T. L. (2020). Child and Adolescent Development in Context. Sage.

COURSE CREDIT HOUR INFORMATION

In the interest of providing sufficient time to accomplish the stated Course Learning Outcomes, this class meets the PLNU credit hour policy for a 4-unit class delivered over 16 weeks. It is anticipated that students will spend a minimum of 37.5 participation hours per credit hour on their coursework. For this course, students will spend an estimated 150 total hours meeting the course learning outcomes. The time estimations are provided in the Canvas modules.

Time Estimates

Assignment Type	Total Time to Complete (hours)
Meeting Prep Work	42
Required Resources	30
Group Activities	22
Individual Assignments	30
Exams	20
Surveys	1
Project	8
Total Hours	153

ASSESSMENT AND GRADING

You will have one assignment per week that goes along with the topic of the lecture and chapter that week. These assignments will require you to read the textbook.

- Participation: You are required to attend synchronous online classes and participate. Each online class is worth 2 points: 1 point will be given for attending and 1 point will be given for participation.
- Group Activities: You will form a group and work with this group throughout the semester.

- **Individual Assignment:** For the individual assignments, you are welcome to work in a group to sort through the questions and use it as study time, but you must submit the individual assignments indepedently and accept your grade as your own.
- **Unit Exams:** Finally, the unit exams are meant to wrap up the unit you are learning about. It is suggested you use your groups as study groups.

Grading Distribution

Assignments	Points
Unit Exams	375 total (75 each)
Group Activities	200 total (40 each)
Individual Activities	140 total
Class Attendance/ Participation Survey	32 (2 each) 5
Final Project	50
TOTAL	802

Grades will be based on the following:

Α	В	С	D	F
A 93-100	B+ 87-89	C+ 77-79	D+ 67-69	F Less than 59
A- 90-92	В 83-86	C 73-76	D 63-66	

STATE AUTHORIZATION

State authorization is a formal determination by a state that Point Loma Nazarene University is approved to conduct activities regulated by that state. In certain states outside California, Point Loma Nazarene University is not authorized to enroll online (distance education) students. If a student moves to another state after admission to the program and/or enrollment in an online course, continuation within the program and/or course will depend on whether Point Loma Nazarene University is authorized to offer distance education courses in that state. It is the student's responsibility to notify the institution of any change in his or her physical location. Refer to the map on State Authorization to view which states allow online (distance education) outside of California.

INCOMPLETES AND LATE ASSIGNMENTS

All assignments are to be submitted/turned in by the beginning of the class session when they are due—including assignments posted in Canvas. Incompletes will only be assigned in extremely unusual circumstances.

Late Assignments - For each day an assignment is late you will lose 10%. After 7 days you receive a 0. I will not accept late assignments at the end of the semester.

PLNU COPYRIGHT POLICY

Point Loma Nazarene University, as a non-profit educational institution, is entitled by law to use materials protected by the US Copyright Act for classroom education. Any use of those materials outside the class may violate the law.

PLNU ACADEMIC HONESTY POLICY

Students should demonstrate academic honesty by doing original work and by giving appropriate credit to the ideas of others. Academic dishonesty is the act of presenting information, ideas, and/or concepts as one's own when in reality they are the results of another person's creativity and effort. A faculty member who believes a situation involving academic dishonesty has been detected may assign a failing grade for that assignment or examination, or, depending on the seriousness of the offense, for the course. Faculty should follow and students may appeal using the procedure in the university Catalog. See <u>Academic Policies</u> for definitions of kinds of academic dishonesty and further policy information.

PLNU ACADEMIC ACCOMMODATIONS POLICY

PLNU is committed to providing equal opportunity for participation in all its programs, services, and activities. Students with disabilities may request course-related accommodations by contacting the Educational Access Center (EAC), located in the Bond Academic Center

(<u>EAC@pointloma.edu</u> or 619-849-2486). Once a student's eligibility for accommodation has been determined, the EAC will issue an academic accommodation plan ("AP") to all faculty who teach courses in which the student is enrolled each semester.

PLNU highly recommends that students speak with their professors during the first two weeks of each semester/term about the implementation of their AP in that particular course and/or if they do not wish to utilize some or all of the elements of their AP in that course.

Students who need accommodations for a disability should contact the EAC as early as possible (i.e., ideally before the beginning of the semester) to ensure appropriate accommodations can be provided. It is the student's responsibility to make the first contact with the EAC.

ONLINE ASYNCHRONOUS ATTENDANCE POLICY

Students taking online courses with no specific scheduled meeting times are expected to actively engage throughout each week of the course. Attendance is defined as participating in an academic activity within the online classroom which includes, but is not limited to:

- Engaging in an online discussion
- Submitting an assignment
- Taking an exam
- Participating in online labs
- Initiating contact with a faculty member within the learning management system to discuss course content.

Note: Logging into the course does not qualify as participation and will not be counted as meeting the attendance requirement.

Students who anticipate being absent for an entire week of a course should contact the instructor in advance for approval and make arrangements to complete the required coursework and/or alternative assignments assigned at the discretion of the instructor. Acceptance of late work is at the discretion of the instructor and does not waive attendance requirements.

Students may be warned if they demonstrate a lack of academic activity. After a warning, students who miss more than one week of academic activity without prior approval and arrangements with the instructor may be de-enrolled or withdrawn from a course. If the date of de-enrollment is past the last date to withdraw from a course, the student will be assigned a letter grade of "F" or "NC." There are no refunds for courses where a de-enrollment was processed after the last date to withdraw from a course.

COURSE MODALITY DEFINITIONS

- 1. In-Person: Course meetings are face-to-face with no more than 25% online delivery.
- 2. **Online:** Coursework is completed 100% online and asynchronously.
- 3. **Online Synchronous:** Coursework is completed 100% online with required weekly online class meetings.
- 4. **Hybrid:** Courses that meet face-to-face with required online components.

In some courses, a portion of the credit hour content will be delivered asynchronously, and attendance will be determined by submitting the assignments by the posted due dates

SPIRITUAL CARE

Please be aware that PLNU strives to be a place where you grow as a whole person. To this end, we provide resources for our students to encounter God and grow in their Christian faith. If students have questions, a desire to meet with the chaplain or have prayer requests you can contact the <u>Office of Spiritual Life and Formation</u>.

CONTENT WARNING

I acknowledge that each of you comes to PLNU with your own unique life experiences. This contributes to the way you perceive various types of information. In PSY3008, all of the class content, including that which may be intellectually or emotionally challenging, has been intentionally curated to achieve the learning goals of this course. The decision to include such material is not taken lightly. These topics include gender development, prenatal teratogens, adolescence, and family topics. If you encounter a topic that is intellectually challenging for you, it can manifest in feelings of discomfort and upset. In response, I encourage you to come talk to me or your friends or family about it. Class topics are discussed for the sole purpose of expanding your intellectual engagement in the area of Psychology, and I will support you throughout your learning in this course.

SEXUAL MISCONDUCT AND DISCRIMINATION

Point Loma Nazarene University faculty are committed to helping create a safe learning environment for all students. If you (or someone you know) have experienced any form of sexual discrimination or misconduct, including sexual assault, dating or domestic violence, or stalking, know that help and support are available through the Title-IX Office. Please be aware that under Title IX of the Education Amendments of 1972, it is required to disclose information about such misconduct to the Title IX Office.

If you wish to speak to a confidential employee who does not have this reporting responsibility, you can contact Counseling Services at counselingservices@pointloma.edu or find a list of campus pastors at the Title IX Office | Get Help Now

USE OF TECHNOLOGY

To be successful in the online or hybrid environment, you'll need to meet the minimum technology and system requirements; please refer to the <u>Technology and System Requirements</u> information. Additionally, students are required to have headphone speakers, microphone, or webcams compatible with their computer available to use. Please note that any course with online proctored exams requires a computer with a camera (tablets are not compatible) to complete exams online.

Problems with technology do not relieve you of the responsibility of participating, turning in your assignments, or completing your class work.

ARTIFICIAL INTELLIGENCE (AI) SYLLABUS POLICY

You are allowed to use Artificial Intelligence (AI) tools (e.g, ChatGPT, iA Writer, Marmot, Botowski) to generate ideas, but you are not allowed to use AI tools to generate content (text, video, audio,

images) that will end up in any work submitted to be graded for this course. If you have any doubts about using AI, please gain permission from the instructor.

LANGUAGE AND BELONGING

Point Loma Nazarene University faculty are committed to helping create a safe and hospitable learning environment for all students. As Christian scholars, we are keenly aware of the power of language and believe in treating others with dignity. As such, it is important that our language be equitable, inclusive, and prejudice-free. Inclusive/Bias-free language is the standard outlined by all major academic style guides, including MLA, APA, and Chicago, and it is the expected norm in university-level work. Good writing and speaking do not use unsubstantiated or irrelevant generalizations about personal qualities such as age, disability, economic class, ethnicity, marital status, parentage, political or religious beliefs, race, gender, sex, or sexual orientation. Inclusive language also avoids using stereotypes or terminology that demeans persons or groups based on age, disability, class, ethnicity, gender, race, language, or national origin. Respectful use of language is particularly important when referring to those outside of the religious and lifestyle commitments of those in the PLNU community. By working toward precision and clarity of language, we mark ourselves as serious and respectful scholars, and we model the Christ-like quality of hospitality.

You may report an incident(s) using the **Bias Incident Reporting Form**.

ASSIGNMENTS AT-A-GLANCE

You will have one assignment per week that goes along with the topic of the lecture and chapter that week. These assignments will require you read the textbook. Please see the Course Schedule (below) and Canvas for more information

Group Activities: You will form a group and work with this group throughout the semester.

<u>Individual Assignment</u>: For the individual assignments, you are welcome to work in a group to sort through the questions and use it as study time, but you must submit the individual assignments as individuals and accept your grade as your own.

<u>Unit Exams</u>: Finally, the unit exams are meant to wrap up the unit you are learning about. It is suggested you use your groups as study groups.

Course Schedule

Week	Date	Readings	Topic	Due on Fridays
1	1/9	Unit 1: Ch. 1	Theories & Research in Human Development	Group Activity 1
2	1/16	Unit 1: Ch. 2	Nature & Nurture Foundations of Development	Individual Assignment 1

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3	1/23	Unit 1: Ch. 3	Prenatal & Newborn	Unit 1 Exam
4	1/30	Unit 2: Ch. 4	Infancy & Toddlerhood: Physical Development	Group Activity 2
5	2/6	Unit 2: Ch. 5	Infancy & Toddlerhood: Cognitive Development	Individual Assignment 2
6	2/13	Unit 2: Ch. 6	Infancy & Toddlerhood: Socioemotional Development	Unit 2 Exam
7	2/20	Unit 3: Ch. 7	Early Childhood: Physical Development	Group Activity 3
8	2/27	Unit 3: Ch. 8	Early Childhood: Cognitive Development	Individual Assignment 3
9	3/5		NO CLASS – SPRING BREAK	
10	3/12	Unit 3: Ch. 9	Early Childhood: Socioemotional Development	Unit 3 Exam
11	3/19	Unit 4: Ch. 10-11	Middle Childhood: Physical & Cognitive Development	Individual Assignment 4 Group Activity 4
12	3/26	Unit 4: Ch. 11-12	Middle Childhood: Cognitive & Socioemotional Development	Unit 4 exam
13	4/2		NO CLASS – EASTER RECESS	
14	4/9	Unit 5: Ch. 13	Adolescence: Physical Development	Group Activity 5
15	4/16	Unit 5: Ch. 14	Adolescence: Cognitive Development	Individual Assignment 5
16	4/23	Unit 5: Ch. 15	Adolescence: Socioemotional Development	Unit 5 exam