

 <p>POINT LOMA NAZARENE UNIVERSITY</p>	<p>Kinesiology Department</p> <p>NUT 4097 - Senior Seminar</p> <p>Number of Units: 1</p>
<p style="text-align: center;">Fall, 2024</p>	

Meeting days: Monday	Instructor title and name: Susan Rogers
Meeting times: 4:00 PM - 5:40 PM	Phone:
Meeting location: Evans 122	Email: srogers@pointloma.edu
Final Presentation: Monday, April 22, 4:00-5:40 pm in Evans 122	Office hours: by appointment

PLNU Mission

To Teach ~ To Shape ~ To Send

Point Loma Nazarene University exists to provide higher education in a vital Christian community where minds are engaged and challenged, character is modeled and formed, and service is an expression of faith. Being of Wesleyan heritage, we strive to be a learning community where grace is foundational, truth is pursued, and holiness is a way of life.

COURSE DESCRIPTION

Analysis and discussions of interrelated issues found within the areas of Family Sciences. Topics studied are research, public policy, professionalism, leadership, and historical significance. In this capstone, the student will create a professional eportfolio including introduction, professional statements, personal assessments, achievements, community service, practical application and work samples will be included. Each student will present his or her personal eportfolio to a panel of interested parties for assessment. This

capstone gives students the opportunity to develop a professional voice. Required of all seniors graduating in the Department of Sociology, Social Work, and Family Sciences.

Prerequisite(s): Senior standing in Dietetics Major, Nutrition ~ Counseling Major, Nutrition ~ Food Major, Nutrition ~ Sports and Fitness Major, Nutrition & Food ~ Food Service Management Major, Nutrition & Food ~ Nutrition & Health Major, Nutrition and Food Major

COURSE LEARNING OUTCOMES

The purpose of programs in the Department of Sociology, Social Work, and Family Sciences is to prepare students to become competent in a field of study and to assume a leadership and service role in assisting individuals seeking growth with personal and family well-being. Sociology, Social Work, and Family Sciences Senior Seminar is a culminating learning experience designed to increase the student's knowledge, competency, and responsibility within her/his profession.

The student will:

1. Examine the mission and philosophical foundations and historical development of the Sociology, Social Work, and Family Sciences profession.
2. Examine the foundations of professional career development, and the career paths of each specialization within Sociology, Social Work, and Family Sciences.
3. Identify trends and societal issues that affect the quality of life for individuals and families and explore related public policies at the federal government level.
4. Identify professional associations and organizations in the field of Sociology, Social Work, and Family Sciences, and discover benefits of membership for professional growth.
5. Discover the fundamentals and principles of research design, literature search, data collection, analysis, evaluation and reporting within the specializations of Sociology, Social Work, and Family Sciences.
6. Identify the basic principles of effective leadership.
7. Identify the foundations of interpersonal-skill, communication, and conflict resolution.

PROGRAM LEARNING OUTCOME 5

- Identify career paths and faith integration within the child and adolescent professions.
- Identify career paths and faith integration within the dietetics professions.
- Identify career paths and faith integration within the nutrition professions.

ASSESSMENT AND GRADING

Grades will be based on the following grading scale:

Standard Grade Scale Based on Percentages

A	B	C	D	F
A 93-100	B+ 87-89	C+ 77-79	D+ 67-69	F Less than 59
A- 90-92	B 83-86	C 73-76	D 63-66	
	B- 80-82	C- 70-72	D- 60-62	

Grades will be determined based on the following completed work using prescribed guidelines given in class and due dates. Assignments will not be accepted after due date.

Assignment:	Approximate Total Points:
Self-Assessments for Career Development and Career Plan	10 pts
Professional Statements (10 pts each)	40 pts
Professional Statement Consultation with Professor Rogers	20 pts
Resume and Cover Letter (10 pts each)	20 pts
LinkedIn	20 pts
Practice Interview	30 pts
Professional Portfolio	70 pts
Individual Literature Review with Graphic Organizer for each Article	50 pts
Total possible points:	260

FINAL EXAMINATION POLICY

Successful completion of this class requires taking the final examination on its scheduled day. The final examination schedule is posted on the [Traditional Undergraduate Records: Final Exam Schedules](#) site. If you find yourself scheduled for three (3) or more final examinations on the same day, you are authorized to contact each professor to arrange a different time for one of those exams. However, unless you have three (3) or more exams on the same day, no requests for alternative final examinations will be granted.

INCOMPLETES AND LATE ASSIGNMENTS

All assignments are to be submitted/turned in by the beginning of the class session when they are due—including assignments posted in Canvas. Incompletes will only be assigned in extremely unusual circumstances.

PLNU ATTENDANCE AND PARTICIPATION POLICY

Be sure to arrive on class promptly. We will have guest speakers the following dates: 1/22, 2/12, 2/26, 3/11, 4/8, 4/15 and 4/22. One additional time will be scheduled after the start of the class. Regular and punctual attendance at all class sessions is considered essential to optimum academic achievement. If the student is absent for more than 10 percent of class sessions, the faculty member will issue a written warning of de-enrollment. If the absences exceed 20 percent, the student may be de-enrolled without notice until the university withdrawal date or, after that date, receive an “F” grade.

STATE AUTHORIZATION

State authorization is a formal determination by a state that Point Loma Nazarene University is approved to conduct activities regulated by that state. In certain states outside California, Point Loma Nazarene University is not authorized to enroll online (distance education) students. If a student moves to another state after admission to the program and/or enrollment in an online course, continuation within the program and/or course will depend on whether Point Loma Nazarene University is authorized to offer distance education courses in that state. It is the student’s responsibility to notify the institution of any change in his or her physical location. Refer to the map on [State Authorization](#) to view which states allow online (distance education) outside of California.

PLNU COPYRIGHT POLICY

Point Loma Nazarene University, as a non-profit educational institution, is entitled by law to use materials protected by the US Copyright Act for classroom education. Any use of those materials outside the class may violate the law.

PLNU RECORDING NOTIFICATION

In order to enhance the learning experience, please be advised that this course may be recorded by the professor for educational purposes, and access to these recordings will be limited to enrolled students and authorized personnel.

Note that all recordings are subject to copyright protection. Any unauthorized distribution or publication of these recordings without written approval from the University (refer to the Dean) is strictly prohibited.

PLNU ACADEMIC HONESTY POLICY

Students should demonstrate academic honesty by doing original work and by giving appropriate credit to the ideas of others. Academic dishonesty is the act of presenting information, ideas, and/or concepts as one's own when in reality they are the results of another person's creativity and effort. A faculty member who believes a situation involving academic dishonesty has been detected may assign a failing grade for that assignment or examination, or, depending on the seriousness of the offense, for the course. For all student appeals, faculty and students should follow the procedures outlined in the University Catalog. See [Academic Policies](#) for definitions of kinds of academic dishonesty and for further policy information.

PLNU ACADEMIC ACCOMMODATIONS POLICY

PLNU is committed to providing equal opportunity for participation in all its programs, services, and activities in accordance with the Americans with Disabilities Act (ADA). Students with disabilities may request course-related accommodations by contacting the Educational Access Center (EAC), located in the Bond Academic Center (EAC@pointloma.edu or 619-849-2486). Once a student's eligibility for an accommodation has been determined, the EAC will work with the student to create an Accommodation Plan (AP) that outlines allowed accommodations. The EAC makes accommodations available to professors at the student's request.

PLNU highly recommends that students speak with their professors during the first two weeks of each semester/term about the implementation of their AP in that particular course. Accommodations are not retroactive so clarifying with the professor at the outset is one of the best ways to promote positive academic outcomes.

Students who need accommodations for a disability should contact the EAC as early as possible (i.e., ideally before the beginning of the semester) to assure appropriate accommodations can be provided. It is the student's responsibility to make the first contact with the EAC. Students cannot assume that because they had accommodations in the past, their eligibility at PLNU is automatic. All determinations at PLNU must go through the EAC process. This is to protect the privacy of students with disabilities who may not want to disclose this information and are not asking for any special accommodations.

SEXUAL MISCONDUCT AND DISCRIMINATION

In support of a safe learning environment, if you (or someone you know) have experienced any form of sexual discrimination or misconduct, including sexual assault, dating or domestic violence, or stalking, know that accommodations and resources are available through the Title IX Office at pointloma.edu/Title-IX. Please be aware that under Title IX of the Education Amendments of 1972, faculty and staff are required to disclose information about such misconduct to the Title IX Office.

If you wish to speak to a confidential employee who does not have this reporting responsibility, you can contact Counseling Services at counselingservices@pointloma.edu or find a list of campus pastors at pointloma.edu/title-ix.

If you (or someone you know) have experienced other forms of discrimination or bias, you can find more information on reporting and resources at www.pointloma.edu/bias

SPIRITUAL CARE

Please be aware PLNU strives to be a place where you grow as whole persons. To this end, we provide resources for our students to encounter God and grow in their Christian faith.

If you have questions, a desire to meet with the chaplain or have prayer requests you can contact your professor or the [Office of Spiritual Life and Formation](#).

ASSIGNMENTS AT-A-GLANCE

ASSIGNMENT CYCLE

1. Turn in first draft
2. Peer reviewed
3. Make revisions
4. Add second draft into WaterMark

ASSIGNMENT GUIDELINES

Self-Assessments for Career Development and Career Plan – Department Student Learning Outcome #5

1. Complete the self-assessments given in class
 - - Total Points Possible: 10

Professional Statements – Department Student Learning Outcomes #4 and #5

1. Write the following professional statements:
 - o Philosophy
 - o Code of Ethics
 - o Goals: 2 year, 5 year, 10 year
 - o Career Goal as it Relates to FCS Mission
2. Each statement should be on one page and presented in a professional manner, ready for professional portfolio
3. You will add your professional statements into your ePortfolio mid-semester
 - - o Total Points Possible - 40

Practice Interviews – Department Student Learning Outcomes #1 and #4

1. You are required to participate in an interview with the pros and resume review.
2. Professional dress is required.
 - - o Total Points Possible – 30

LinkedIn – Department Student Learning Outcome #1

1. Review guidelines and training about creating a professional LinkedIn profile.
2. Create your professional LinkedIn profile.
 - - o Total Points Possible – 20

Resume and Cover Letter

1. Review guidelines discussed in class and in Canvas.
2. Complete a one-page resume and a one-page cover letter.
3. Final resume will be presented in professional portfolio built in Portfolium.
4. Business letter format must be followed for cover letter.
 - - o Total Points Possible – 20 (10 each)

Professional Portfolio

1. Review the guidelines for developing an effective professional portfolio in Canvas assignments, and also the ePortfolio Rubric found in the Canvas [EPortfolio Resources](#) module.
2. You will create a professional e-portfolio using WaterMark.

- - Total Points Possible - 60

Individual Literature Review

1. Directions will be given in class and in Canvas on completing graphic organizer for articles

- - Total Points Possible – 30

The table below lists our assignments and their due dates. Click on any assignment to review it.

Course Summary:

Date	Details
Mon Jan 8, 2024	Assignment WK1 Weekly Check In
Mon Jan 22, 2024	Assignment WK1 Personal Profile
Mon Jan 29, 2024	Assignment WK3 Weekly Check In
Tue Jan 30, 2024	Assignment WK3 Professional Philosophy
Mon Feb 5, 2024	Assignment WK4 Weekly Check In
Mon Feb 12, 2024	Discussion Topic WK 4 SMART: Career Goals
	Assignment WK4 Professional Code of Ethics
	Assignment WK5 Weekly Check In
	Assignment WK5 Research Question or Purpose Statement
	Assignment WK6 Professional Photo

Date	Details
	Assignment WK7 Consultation with Dr. Roubanis
	Assignment WK6 Weekly Check In
Wed Feb 14, 2024	Discussion Topic WK6 STAR Example
	Assignment WK5 Research Peer-reviewed Articles in Literature Review Ta
Mon Feb 26, 2024	Assignment WK8 Weekly Check In
	Assignment WK8 Register with Watermark (in class assignment)
Fri Mar 1, 2024	Assignment WK 8 Write your ePortfolio Introduction
	Assignment WK6 Resume
Mon Mar 11, 2024	Assignment WK6 Cover Letter
	Assignment WK9 Contacts for Letters of Recommendation
	Assignment WK9 Weekly Check In
Thu Mar 14, 2024	Assignment WK9 Reflection on Practice Interview with Career Services
	Assignment WK5 Research Annotated Bibliography (Written)
Mon Mar 18, 2024	Assignment WK10 Weekly Check In
	Assignment WK14 ePortfolio Page 5: Fieldwork/Internship Page
Mon Mar 25, 2024	Assignment WK5 Literature Review Paper

Date	Details
	Assignment WK11 Weekly Check In
Tue Mar 26, 2024	Discussion Topic WK11 Body of Work
Sun Apr 7, 2024	Assignment WK11 Body of Work
Mon Apr 8, 2024	Assignment WK13 Watermark Workshop
	Assignment WK13 Weekly Check In
Wed Apr 10, 2024	Assignment WK13 ePortfolio Page 4: Achievements
Mon Apr 15, 2024	Assignment WK14 Weekly Check
Mon Apr 22, 2024	Assignment Final ePortfolio Submission
	Assignment Final ePortfolio Oral Presentation
Mon Apr 29, 2024	Assignment Letters of Reference and Recommendation Due
	Quiz Mid-Course Survey