


Course Syllabus

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	<p>Department of Kinesiology</p> <p>College of Health Science</p> <p>KIN 3040-1 The Physiology of Exercise</p> <p>3 units</p>
<p>Spring 2024</p>	

<p>Meeting days:</p> <p>M, W, F</p>	<p>Brandon Sawyer, PhD</p> <p>Professor of Kinesiology and Biology</p> <p>Department Chair of Undergraduate Kinesiology</p>
<p>Meeting times:</p> <p>11 - 11:55am</p>	<p>Phone: 619-849-2283</p>
<p>Meeting location:</p> <p>Kinesiology 2</p>	<p>Email: bsawyer@pointloma.edu</p>
<p>Final Exam:</p> <p>Take home final:</p>	<p>Office location and hours:</p> <p>Kinesiology Office #5</p> <p>*Office hours:</p>



Wednesday

May 1st by

11:59 PM

[Sign up here!](https://calendar.google.com/calendar/selfsched?)  [_](https://calendar.google.com/calendar/selfsched?) <https://calendar.google.com/calendar/selfsched?>[sstoken=UUoyaUFkU0Z3UE1LfGRIZmF1bHR8MTJINDI4NjY2ZGQ4OWFhNDJINDJINTUxY2I2](https://calendar.google.com/calendar/selfsched?sstoken=UUoyaUFkU0Z3UE1LfGRIZmF1bHR8MTJINDI4NjY2ZGQ4OWFhNDJINDJINTUxY2I2)

*If you have any questions about the material in this course, feel free to stop by during my office hours as listed above or as listed on canvas for my zoom office hours. Either set up an appointment or simply drop by. I do get meetings scheduled during these office hours so I am not always available at these times. I will also be in my office at other, unscheduled times. If my office hours don't work for your schedule, e-mail or stop by and we can set up an appointment to meet.

My Commitment to you

I am here to help you in whatever way you need. Feel free to come to me with questions about the course, your life, your future, your career, or anything else that comes up. **You all matter greatly to me. You all belong in this class!

PLNU Mission

To Teach ~ To Shape ~ To Send

Point Loma Nazarene University exists to provide higher education in a vital Christian community where minds are engaged and challenged, character is modeled and formed, and service is an expression of faith. Being of Wesleyan heritage, we strive to be a learning community where grace is foundational, truth is pursued, and holiness is a way of life.

COURSE DESCRIPTION

A study of the effects of vigorous physical activity upon the systems of the body; development of an understanding of factors which constitute training of the human body for high levels of health and physical performance.

COURSE LEARNING OUTCOMES

After completion of this course you will be able to:

1. Demonstrate a working knowledge of the structure, function, and physiological concepts surrounding exercising skeletal muscle.
2. Demonstrate a working knowledge of the essentials of human metabolism and bioenergetics with a special focus on how they relate to physical activity.
3. Demonstrate the skills necessary to measure and compute energy expenditure.
4. Demonstrate a working knowledge of physical fatigue.
5. Demonstrate a working knowledge of the physiology of the cardiovascular system with special emphasis on how it works under conditions of vigorous physical activity.
6. Demonstrate a working knowledge of the physiology of the respiratory system with special emphasis on how it works under conditions of vigorous physical activity.



7. Demonstrate a working knowledge of the muscular, cardiovascular, and respiratory acute and chronic responses to physical activity.
8. Demonstrate a working knowledge of the general principles of endurance and resistance exercise training.
9. Describe the adaptations to resistance and endurance exercise training.
10. Manipulate a resistance training program to invoke different physiological responses.
11. Demonstrate a working knowledge of the effects of exercise in heat and altitude extremes.
12. Demonstrate a working knowledge of the immense health benefits of physical activity.
13. Describe the pathogenesis of type 2 diabetes and cardiovascular disease.
14. Describe the physiological effects of exercise on the pathogenesis of cardiovascular disease and type 2 diabetes.

Core Competencies Assessed in this course

1. Quantitative literacy is assessed with the “VO₂max lab worksheet” (see assignments below)
2. Critical Thinking is assessed with the “Final Concept Map Paper” (see assignments below)
3. Information Literacy “Final Concept Map Paper” (see assignments below)
4. Writing Communication “Final Concept Map Paper” (see assignments below)

REQUIRED TEXTS AND RECOMMENDED STUDY RESOURCES

Note:

1. **Textbook:** Kenney WL, Wilmore JH, and Costill DL. Physiology of Sport and Exercise. Human Kinetics Publishing Co., Champaign, IL, 8th Edition, 2022.

COURSE CREDIT HOUR INFORMATION

In the interest of providing sufficient time to accomplish the stated Course Learning Outcomes, this class meets the PLNU credit hour policy for a 3 unit class delivered over 15 weeks. Specific details about how the class meets the credit hour requirement can be provided upon request. (Based on 37.5 hours of student engagement per credit hour.)

LEARNING OPPORTUNITIES AND ASSIGNMENTS

1. **Quizzes:** Quizzes will be administered via canvas. The quiz will be on the required reading for the day. Quizzes will be available on canvas 2 days before the quiz. Students are to complete the quiz at home while reading and record their answers on a sheet of paper. Students will have the first 5 minutes of class to “turn in” their quizzes via canvas on the day of the quiz. There will be 11 quizzes given over the course of the semester and the lowest quiz score will be dropped. **This will take the place of retaking quizzes for unexcused absences. If you are late you get a 0 on the quiz.**



2. **Team Based Learning (TBL):** TBL is an innovative teaching method that has proven to improve learning. You will all be placed into teams at the beginning of the semester. We will have 3 TBL days in which you will study on your own before class, take a short quiz by yourself (iRAT) on that material when you arrive to class, and then take the same quiz with your team (tRAT). We will follow up for the rest of the class and the following classes with some exercises based on that material that you just learned. The gallery walk days will also be part of the team based learning

3. **Physiology in the real world:** each student will complete 2 physiology in the real world assignments. You will analyze a popular exercise intervention or supplement being used right now to enhance performance, lose weight, or change physiology in a positive way somehow. See assignment instructions for more details.

4. **Final Concept Map:** This will be a more detailed concept map explaining in detail the effects of prolonged (3 months at least) endurance exercise training on one of the following: atherosclerosis or blood glucose control. The map will be accompanied with a research paper. See assignment instructions for more details.

5. **Lab Reports:** There will be a short lab report due 1 week after each laboratory experience in the class. Most labs will consist of volunteers from class participating in the exercise testing then each student individually completing the report. You will be given one chance to correct and return your first lab report after the first grading.

6. **Lecture Exams:** The exams will be designed to test the students' comprehension of the material presented via lectures and independent studying of the textbook. Questions will be all short answer format.

7. **Final Exam:** The final exam will be worth 80 points. The cumulative portion will be in a "Major Concepts" format. Information from the entire semester will be tested. The Major Concepts format means that student will only be tested on the large and most important concepts of the course

COURSE POINTS AND GRADING

Your most up to date grade in the class will always be available for your viewing on canvas. As soon as I finish grading an assignment or exam I will post it to canvas.



Item	Name	Points	Total Points	% of Grade
1	Quizzes	11 @ 10 pts (drop lowest)	100	13.8
2	Exams	3 @ 75 pts	225	31.1
3	Physiology in the real world	2 @ 25 pts	50	6.9
4	TBL: iRATs/tRATs	3 @ 20 pts	60	8.3
5	TBL: Gallery walks	6 @ 5 pts	30	4.1
6	TBL: Peer Evals	1 @ 10 pts	10	1.4
7	TBL: Kahoots	3 @ 5 pts	15	2.1
8	Lab Reports	2 @ 25 pts	50	6.9
9	Final Concept Map	1 @ 100 pts	100	13.8
10	Final Exam	1 @ 80 pts	80	11.1
11	Honorlock Practice	1 @ 3 pts	3	0.4
TBL Total			115	15.9
Exams Total			305	42.2
Total Points			723	

Final grades will be posted within one week of the end of the class. Grades will be based on the following:

Standard Grade Scale Based on Percentages

A 93.5-100	B+ 87.5-89.4	C+ 77.5-79.4	D+ 67.5-69.4	F Less than 59.4
A- 89.5-93.4	B 83.5-87.4	C 73.5-77.4	D 63.5-67.4	
	B- 79.5-83.4	C- 69.5-73.4	D- 59.5-63.4	



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Course and PLNU Policies:

STATE AUTHORIZATION

State authorization is a formal determination by a state that Point Loma Nazarene University is approved to conduct activities regulated by that state. In certain states outside California, Point Loma Nazarene University is not authorized to enroll online (distance education) students. If a student moves to another state after admission to the program and/or enrollment in an online course, continuation within the program and/or course will depend on whether Point Loma Nazarene University is authorized to offer distance education courses in that state. It is the student's responsibility to notify the institution of any change in his or her physical location. Refer to the map on [State Authorization](#) (<https://www.pointloma.edu/offices/office-institutional-effectiveness-research/disclosures>) to view which states allow online (distance education) outside of California.

INCOMPLETES AND LATE ASSIGNMENTS

All assignments are to be submitted/turned in by the beginning of the class session when they are due—including assignments posted in Canvas. Incompletes will only be assigned in extremely unusual circumstances. An assignment will be docked 20% for being up to 2 weeks late then 40% if later than 2 weeks late.

PLNU COPYRIGHT POLICY


Point Loma Nazarene University, as a non-profit educational institution, is entitled by law to use materials protected by the US Copyright Act for classroom education. Any use of those materials outside the class may violate the law.

PLNU ACADEMIC HONESTY POLICY

Students should demonstrate academic honesty by doing original work and by giving appropriate credit to the ideas of others. Academic dishonesty is the act of presenting information, ideas, and/or concepts as one's own when in reality they are the results of another person's creativity and effort. A faculty member who believes a situation involving academic dishonesty has been detected may assign a failing grade for that assignment or examination, or, depending on the seriousness of the offense, for the course. Faculty should follow and students may appeal using the procedure in the university Catalog. See [Academic Policies](#) (https://catalog.pointloma.edu/content.php?catoid=41&navoid=2435#Academic_Honesty) for definitions of kinds of academic dishonesty and for further policy information.

PLNU ACADEMIC ACCOMMODATIONS POLICY




While all students are expected to meet the minimum standards for completion of this course as established by the instructor, students with disabilities may require academic adjustments, modifications or auxiliary aids/services. At Point Loma Nazarene University (PLNU), these students are requested to register with the Disability Resource Center (DRC), located in the Bond Academic Center (DRC@pointloma.edu ) (<https://mail.google.com/mail/?view=cm&fs=1&tf=1&to=DRC@pointloma.edu>) or 619-849-2486). The DRC's policies and procedures for assisting such students in the development of an appropriate academic adjustment plan (AP) allows PLNU to comply with Section 504 of the Rehabilitation Act and the Americans with Disabilities Act. Section 504 prohibits discrimination against students with special needs and guarantees all qualified students equal access to and benefits of PLNU programs and activities. After the student files the required documentation, the DRC, in conjunction with the student, will develop an AP to meet that student's specific learning needs. The DRC will thereafter email the student's AP to all faculty who teach courses in which the student is enrolled each semester. The AP must be implemented in all such courses.


If students do not wish to avail themselves of some or all of the elements of their AP in a particular course, it is the responsibility of those students to notify their professor in that course. PLNU highly recommends that DRC students speak with their professors during the first two weeks of each semester about the applicability of their AP in that particular course and/or if they do not desire to take advantage of some or all of the elements of their AP in that course.

SEXUAL MISCONDUCT AND DISCRIMINATION

Point Loma Nazarene University faculty are committed to helping create a safe learning environment for all students. If you (or someone you know) have experienced any form of sexual discrimination or misconduct, including sexual assault, dating or domestic violence, or stalking, know that help and support are available through the Title IX Office at pointloma.edu/Title-IX (<http://pointloma.edu/Title-IX>). Please be aware that under Title IX of the Education Amendments of 1972, it is required to disclose information about such misconduct to the Title IX Office.

If you wish to speak to a confidential employee who does not have this reporting responsibility, you can contact Counseling Services at counselingservices@pointloma.edu  (<https://mail.google.com/mail/?view=cm&fs=1&tf=1&to=counselingservices@pointloma.edu>) or find a list of campus pastors at pointloma.edu/title-ix (<http://pointloma.edu/title-ix>)

PLNU ATTENDANCE AND PARTICIPATION POLICY

Regular and punctual attendance at all class sessions is considered essential to optimum academic achievement. If the student is absent for more than 10 percent of class sessions, the faculty member will issue a written warning of de-enrollment. If the absences exceed 20 percent, the student may be de-enrolled without notice until the university **withdrawal** date or, after that date, receive an "F" grade. In some courses, a portion of the credit hour content will be delivered **asynchronously** and attendance will be determined by submitting the assignments by the posted due dates. See [Academic Policies](#) 

(https://catalog.pointloma.edu/content.php?catoid=46&navoid=2650#Class_Attendance) in the Undergraduate Academic Catalog. If absences exceed these limits but are due to university excused health issues, an exception will be granted. In some courses, a portion of the credit hour content will be delivered **asynchronously** and attendance will be determined by submitting the assignments by the posted due dates. See **Academic Policies** (https://catalog.pointloma.edu/content.php?catoid=46&navoid=2650#Class_Attendance) in the Undergraduate Academic Catalog. If absences exceed these limits but are due to university excused health issues, an exception will be granted.

Asynchronous Attendance/Participation Definition

A day of attendance in asynchronous content is determined as contributing a substantive note, assignment, discussion, or submission by the posted due date. Failure to meet these standards will result in an absence for that day. Instructors will determine how many asynchronous attendance days are required each week.

SPIRITUAL CARE

Please be aware PLNU strives to be a place where you grow as whole persons. To this end, we provide resources for our students to encounter God and grow in their Christian faith.

If students have questions, a desire to meet with the chaplain or have prayer requests you can contact the **Office of Spiritual Development** (<https://www.pointloma.edu/offices/spiritual-development>)

CONTENT WARNING


I acknowledge that each of you comes to PLNU with your own unique life experiences. This contributes to the way you perceive various types of information. In Physiology of Exercise, all of the class content, including that which may be intellectually or emotionally challenging, has been intentionally curated to achieve the learning goals for this course. The decision to include such material is not taken lightly. These topics include diseases, obesity, stigma, and bias. If you encounter a topic that is intellectually challenging for you, it can manifest in feelings of discomfort and upset. In response, I encourage you to come talk to me or your friends or family about it. Class topics are discussed for the sole purpose of expanding your intellectual engagement in the area of exercise physiology, and I will support you throughout your learning in this course.

Artificial Intelligence (AI) Policy

You are allowed to use Artificial Intelligence (AI) tools (e.g, ChatGPT, iA Writer, Marmot, Botowski) to generate ideas, but you are not allowed to use AI tools to generate content (text, video, audio, images) that will end up in any work submitted to be graded for this course. If you have any doubts about using AI, please gain permission from the instructor.

USE OF TECHNOLOGY



In order to be successful in the online environment, you'll need to meet the minimum technology and system requirements; please refer to the [***Technology and System Requirements***](https://help.pointloma.edu/TDClient/1808/Portal/KB/ArticleDet?ID=108349) (<https://help.pointloma.edu/TDClient/1808/Portal/KB/ArticleDet?ID=108349>) information. Additionally, students are required to have headphone speakers compatible with their computer available to use. If a student is in need of technological resources please contact [**student-tech-request@pointloma.edu**](mailto:student-tech-request@pointloma.edu)  (<https://mail.google.com/mail/?view=cm&fs=1&tf=1&to=student-tech-request@pointloma.edu>).

Problems with technology do not relieve you of the responsibility of participating, turning in your assignments, or completing your class work.










KIN 3040 Course Schedule : Full Calendar


Week	Date	Topic	Assignment Due	Required Reading
1	Mon, Jan 8, 2024	Skeletal Muscle		Ch. 1
	Wed, Jan 10, 2024	Skeletal Muscle/Nervous System	Quiz #1	Ch. 1 and Ch. 3
	Fri, Jan 12, 2024	Nervous System	Honorlock practice quiz	Ch. 3
2	Mon, Jan 15, 2024	MLK Day No Class		
	Wed, Jan 17, 2024	Metabolism	Quiz #2	Ch. 2
	Fri, Jan 19, 2024	Metabolism		Ch. 2
3	Mon, Jan 22, 2024	TBL: Endocrine, Kahoot #1	iRAT/tRAT #1	Ch. 4
	Wed, Jan 24, 2024	Cardiovascular	Quiz #3	Ch. 7
	Fri, Jan 26, 2024	Cardiovascular/Respiratory		Ch. 7 and 8
4	Mon, Jan 29, 2024	Respiratory	Quiz #4 Phys in the real world #1	Ch. 8
	Wed, Jan 31, 2024	TBL: Concept Map Day		
	Fri, Feb 2, 2024	TBL: Gallery Walk Review		
5	Mon, Feb 5, 2024	Exam #1		
	Wed, Feb 7, 2024	Energy Expenditure/Fatigue	Quiz #5	Ch. 5
	Fri, Feb 9, 2024	EE/EPOC Lab		Ch. 5
6	Mon, Feb 12, 2024	Energy Expenditure/Fatigue		Ch. 5
	Wed, Feb 14, 2024	Cardio/Pulmonary Response to exercise	Quiz #6	Ch. 8
	Fri, Feb 16, 2024	Cardio/Pulmonary Response to exercise	Lab #1	Ch. 8
7	Mon, Feb 19, 2024	TBL: Cardio/Pulmonary Response to exercise	iRAT/tRAT #2	Ch. 8
	Wed, Feb 21, 2024	TBL: Concept Map Day		Ch. 8
	Fri, Feb 23, 2024	VO ₂ max Test Lab		
8	Mon, Feb 26, 2024	TBL: Kahoot #2		Ch. 8
	Wed, Feb 28, 2024	Cardiovascular Disease	Quiz #7 Phys in the real world #2	Gaesser Article; Ch. 21
	Fri, Mar 1, 2024	Cardiovascular Disease and Type 2 Diabetes	Lab #2	Ch. 21
9	Mon, Mar 4, 2024	Spring Break		
	Wed, Mar 6, 2024	Spring Break		
	Fri, Mar 8, 2024	Spring Break		
10	Mon, Mar 11, 2024	TBL: Gallery Walk Review		
	Wed, Mar 13, 2024	Exam #2		
	Fri, Mar 15, 2024	No Class: Advising Day		
11	Mon, Mar 18, 2024	Training Principles		Ch. 9, 14
	Wed, Mar 20, 2024	Adaptations to resistance training	Quiz #8	Ch. 10
	Fri, Mar 22, 2024	Adaptations to resistance training		Ch. 10
12	Mon, Mar 25, 2024	Adaptations to resistance training		Ch. 10
	Wed, Mar 27, 2024	Adaptations to endurance training	Quiz #9	Ch. 11
	Fri, Mar 29, 2024	Easter Break		























13	Mon, Apr 1, 2024	Easter Break		
	Wed, Apr 3, 2024	Adaptations to endurance training		Ch. 11
	Fri, Apr 5, 2024	Adaptations to endurance training	Final Concept Map and Paper Rough Draft	Ch. 11
14	Mon, Apr 8, 2024	Exercise in the heat	Quiz #10	Ch. 12
	Wed, Apr 10, 2024	TBL: Heat and Altitude	iRAT/tRAT #3	Ch. 12, 13
	Fri, Apr 12, 2024	TBL: Kahoot #3		Ch. 12
15	Mon, Apr 15, 2024	TBL: Big Table Day		Ch. 13
	Wed, Apr 17, 2024	TBL: Gallery Walk Review		
	Fri, Apr 19, 2024	Exam #3		Ch. 22
16	Mon, Apr 22, 2024	Obesity	Quiz #11	Ch. 22
	Wed, Apr 24, 2024	Obesity	Final Concept Map and Paper Due 11:59PM	Ch. 22
	Fri, Apr 26, 2024	Obesity	TBL Peer Eval Due 11:59 pm	Ch. 22
	Wed, May 1, 2024	Final Take Home Exam Due	Due by 11:59 pm	





















Course Summary:

Date	Details	Due
	 Week 1 Overview	to do: 8am
Mon Jan 8, 2024	 WK1 Course Orientation	to do: 8am
	 Meet Your Instructor: Dr. Brandon Sawyer	to do: 11:59pm
Wed Jan 10, 2024	 Quiz 1 https://canvas.pointloma.edu/courses/71876/assignments/1001948	due by 11am
Wed Jan 17, 2024	 Week 2 Overview	to do: 8am
	 Quiz 2 https://canvas.pointloma.edu/courses/71876/assignments/1001947	due 




















Date	Details	Due
		
	 Week 3 Overview	to do: 8am
	 tRAT 1 https://canvas.pointloma.edu/courses/71876/assignments/1001985	due by 11am
		
Mon Jan 22, 2024	 iRAT 1 https://canvas.pointloma.edu/courses/71876/assignments/1001958	due by 11:15am
		
	 Kahoot 1 https://canvas.pointloma.edu/courses/71876/assignments/1001973	due by 12pm
		
Wed Jan 24, 2024	 Quiz 3 https://canvas.pointloma.edu/courses/71876/assignments/1001943	due by 11am
		
	 Week 4 Overview	to do: 8am
	 Quiz 4 https://canvas.pointloma.edu/courses/71876/assignments/1001957	due by 11am
Mon Jan 29, 2024		
	 Physiology in the real world: Ergogenic Aid https://canvas.pointloma.edu/courses/71876/assignments/1001978	due by 11:59pm
		
Wed Jan 31, 2024	 Gallery Walk Concept Map 1 https://canvas.pointloma.edu/courses/71876/assignments/1001968	due by 12pm
		
Fri Feb 2, 2024	 Gallery Walk Review 1 https://canvas.pointloma.edu/courses/71876/assignments/1001970	due by 11am
		
Mon Feb 5, 2024	 Week 5 Overview	to do: 

Date	Details	Due
	 Exam #1 https://canvas.pointloma.edu/courses/71876/assignments/1001856	due by 12:15pm
		
Wed Feb 7, 2024	 Quiz 5 https://canvas.pointloma.edu/courses/71876/assignments/1001949	due by 11am
		
Mon Feb 12, 2024	 Week 6 Overview	to do: 8am
Wed Feb 14, 2024	 Quiz 6 https://canvas.pointloma.edu/courses/71876/assignments/1001953	due by 11am
		
Fri Feb 16, 2024	 Lab 1 https://canvas.pointloma.edu/courses/71876/assignments/1001876	due by 11:59pm
		
	 Week 7 Overview	to do: 8am
Mon Feb 19, 2024	 tRAT 2 https://canvas.pointloma.edu/courses/71876/assignments/1001986	due by 11am
		
	 iRAT 2 https://canvas.pointloma.edu/courses/71876/assignments/1001840	due by 11:15am
		
Wed Feb 21, 2024	 Gallery Walk Concept Map 2 https://canvas.pointloma.edu/courses/71876/assignments/1001969	due by 12pm
		
	 Week 8 Overview	to do: 8am
Mon Feb 26, 2024	 Kahoot 2 https://canvas.pointloma.edu/courses/71876/assignments/1001974	due by 12pm
		
Wed Feb 28, 2024	 Quiz 7 https://canvas.pointloma.edu/courses/71876/assignments/1001951	due by 11am





















Date	Details	Due
		
	 Physiology in the real world: Exercise Intervention (https://canvas.pointloma.edu/courses/71876/assignments/1001979)	due by 11:59pm
		
Fri Mar 1, 2024	 Lab 2 (https://canvas.pointloma.edu/courses/71876/assignments/1001877)	due by 11:59pm
		
Mon Mar 4, 2024	 Week 9 Overview	to do: 8am
	 Week 10 Overview	to do: 8am
Mon Mar 11, 2024	 Gallery Walk Review 2 (https://canvas.pointloma.edu/courses/71876/assignments/1001971)	due by 11am
		
Wed Mar 13, 2024	 Exam 2 (https://canvas.pointloma.edu/courses/71876/assignments/1001858)	due by 12:15pm
		
Mon Mar 18, 2024	 Week 11 Overview	to do: 8am
Wed Mar 20, 2024	 Quiz 8 (https://canvas.pointloma.edu/courses/71876/assignments/1001939)	due by 11am
		
Mon Mar 25, 2024	 TBL Mid Semester Eval (https://canvas.pointloma.edu/courses/71876/assignments/1001880)	due by 11:59pm
		
Wed Mar 27, 2024	 Week 12 Overview	to do: 8am
	 Quiz 9 (https://canvas.pointloma.edu/courses/71876/assignments/1001960)	due by 11am
		
Mon Apr 1, 2024	 Week 13 Overview	to do: 8am



Date	Details	Due
Fri Apr 5, 2024	 Final Concept Map Draft https://canvas.pointloma.edu/courses/71876/assignments/1001866	due by 11:59pm
		
	 Week 14 Overview	to do: 8am
Mon Apr 8, 2024	 Quiz 10 https://canvas.pointloma.edu/courses/71876/assignments/1001941	due by 11am
		
	 iRAT 3 https://canvas.pointloma.edu/courses/71876/assignments/1001861	due by 11:15am
Wed Apr 10, 2024		
	 tRAT 3 https://canvas.pointloma.edu/courses/71876/assignments/1001867	due by 11:59pm
		
Fri Apr 12, 2024	 Kahoot 3 https://canvas.pointloma.edu/courses/71876/assignments/1001975	due by 12pm
		
	 Week 15 Overview	to do: 8am
Mon Apr 15, 2024	 Gallery Walk Big Table https://canvas.pointloma.edu/courses/71876/assignments/1001967	due by 12pm
		
Wed Apr 17, 2024	 Gallery Walk Review 3 https://canvas.pointloma.edu/courses/71876/assignments/1001972	due by 11am
		
Fri Apr 19, 2024	 Exam 3 https://canvas.pointloma.edu/courses/71876/assignments/1001845	due by 12:15pm
		
Mon Apr 22, 2024	 Quiz 11 https://canvas.pointloma.edu/courses/71876/assignments/1001959	due by 11am
		



Date	Details	Due
Wed Apr 24, 2024	 Final Concept Map (https://canvas.pointloma.edu/courses/71876/assignments/1001865) 	due by 11:59pm
Fri Apr 26, 2024	 TBL Peer Eval (https://canvas.pointloma.edu/courses/71876/assignments/1001881) 	due by 11:59pm
Mon May 6, 2024	 Week 16 Overview	to do: 8am
Wed May 8, 2024	 Take Home Final Exam (https://canvas.pointloma.edu/courses/71876/assignments/1001882) 	due by 11:59pm
	 Exam 2-Remote (https://canvas.pointloma.edu/courses/71876/assignments/1001944) 	
	 Exam 3-Remote (https://canvas.pointloma.edu/courses/71876/assignments/1001955) 	
	 Extra Credit (https://canvas.pointloma.edu/courses/71876/assignments/1001964) 	
	 iRAT 1-Remote (https://canvas.pointloma.edu/courses/71876/assignments/1001946) 	
	 iRAT 2-Remote (https://canvas.pointloma.edu/courses/71876/assignments/1001952) 	
	 iRAT 3-Remote (https://canvas.pointloma.edu/courses/71876/assignments/1001942) 