


Course Syllabus

[Jump to Today](#)
 Edit

 <p>POINT LOMA NAZARENE UNIVERSITY</p>	<p>Beginning Tennis PED 1020</p> <p>1 Unit</p>
<p style="text-align: center;">Spring 2024</p>	

<p>Meeting days: Tuesday & Thursdays</p>	<p>Instructor: Ann Davis</p>
<p>Meeting times: 8:30 a.m. - 9:25 a.m.</p>	<p>Phone: 619-889-7738</p>
<p>Meeting location: Tennis Courts</p>	<p>Email: andavis@pointloma.edu</p>
<p>Final Exam:</p>	<p>Office location and hours: M-F 7:30-3:30</p>

PLNU Mission

To Teach ~ To Shape ~ To Send

Point Loma Nazarene University exists to provide higher education in a vital Christian community where minds are engaged and challenged, character is modeled and formed, and service is an expression of faith. Being of Wesleyan heritage, we strive to be a learning community where grace is foundational, truth is pursued, and holiness is a way of life.

COURSE DESCRIPTION

Fundamental techniques, rules, court play, and etiquette.

COURSE LEARNING OUTCOMES

1. You will participate in learning the sport of tennis and participate in a lifetime activity
2. You will demonstrate the tennis forehand and backhand ground strokes, the tennis serve and the volley.
3. You will learn the rules, scoring, mechanics of play and the etiquette expected from tennis players.
4. You will learn the positions, strategies and mechanics of singles and doubles play.



COURSE CREDIT HOUR INFORMATION

In the interest of providing sufficient time to accomplish the stated Course Learning Outcomes, this class meets the PLNU credit hour policy for a 1 unit class delivered over 14 weeks. Specific details about how the class meets the credit hour requirement can be provided upon request. (Based on 37.5 hours of student engagement per credit hour.)

COURSE SCHEDULE AND ASSIGNMENTS

- Watch a Video of the Week
- Practice 1-2 hrs on court per week
- State the knowledge, rules, etiquette and mechanics

ASSESSMENT AND GRADING

Participation in weekly practice, video of the week and self-video reporting	210 pts
Demonstrate knowledge of rules, court lines, etiquette and playing mechanics quiz	35 pts
Participate in discussion board If applicatble	TBA pts
Watch and review YouTube instructional videos	40 pts

Standard Grade Scale Based on Percentages

A	B	C	D	F
A 90-100	B+ 87-89	C+ 77-79	D+ 67-69	F Less than 59
	B 83-86	C 73-76	D 63-66	
	B- 80-82	C- 70-72	D- 60-62	

STATE AUTHORIZATION

State authorization is a formal determination by a state that Point Loma Nazarene University is approved to conduct activities regulated by that state. In certain states outside California, Point Loma Nazarene University is not authorized to enroll online (distance education) students. If a student moves to another state after admission to the program and/or enrollment in an online course, continuation within the program and/or course will depend on whether Point Loma Nazarene University is authorized to offer distance education courses in that state. It is the student's responsibility to notify the institution of any change in his or her physical location. Refer to the map on [State Authorization \(https://www.pointloma.edu/offices/office-institutional-effectiveness-research/disclosures\)](https://www.pointloma.edu/offices/office-institutional-effectiveness-research/disclosures) to view which states allow online (distance education) outside of California.

INCOMPLETES AND LATE ASSIGNMENTS



All assignments are to be submitted/turned in by the beginning of the class session when they are due—including assignments posted in Canvas. Incompletes will only be assigned in extremely unusual circumstances.

PLNU COPYRIGHT POLICY

Point Loma Nazarene University, as a non-profit educational institution, is entitled by law to use materials protected by the US Copyright Act for classroom education. Any use of those materials outside the class may violate the law.

PLNU ACADEMIC HONESTY POLICY

Students should demonstrate academic honesty by doing original work and by giving appropriate credit to the ideas of others. Academic dishonesty is the act of presenting information, ideas, and/or concepts as one's own when in reality they are the results of another person's creativity and effort. A faculty member who believes a situation involving academic dishonesty has been detected may assign a failing grade for that assignment or examination, or, depending on the seriousness of the offense, for the course. Faculty should follow and students may appeal using the procedure in the university Catalog. See **Academic Policies** (<http://catalog.pointloma.edu/content.php?catoid=18&navoid=1278>) for definitions of kinds of academic dishonesty and for further policy information.

PLNU ACADEMIC ACCOMMODATIONS POLICY

While all students are expected to meet the minimum standards for completion of this course as established by the instructor, students with disabilities may require academic adjustments, modifications or auxiliary aids/services. At Point Loma Nazarene University (PLNU), these students are requested to register with the Disability Resource Center (DRC), located in the Bond Academic Center. (DRC@pointloma.edu (<mailto:DRC@pointloma.edu>) or 619-849-2486). The DRC's policies and procedures for assisting such students in the development of an appropriate academic adjustment plan (AP) allows PLNU to comply with Section 504 of the Rehabilitation Act and the Americans with Disabilities Act. Section 504 (a) prohibits discrimination against students with special needs and guarantees all qualified students equal access to and benefits of PLNU programs and activities. After the student files the required documentation, the DRC, in conjunction with the student, will develop an AP to meet that student's specific learning needs. The DRC will thereafter email the student's AP to all faculty who teach courses in which the student is enrolled each semester. The AP must be implemented in all such courses.

If students do not wish to avail themselves of some or all of the elements of their AP in a particular course, it is the responsibility of those students to notify their professor in that course. PLNU highly recommends that DRC students speak with their professors during the first two weeks of each semester about the applicability of their AP in that particular course and/or if they do not desire to take advantage of some or all of the elements of their AP in that course.

PLNU ATTENDANCE AND PARTICIPATION POLICY

Regular and punctual attendance at all synchronous class sessions is considered essential to optimum academic achievement. If the student is absent for more than 10 percent of class sessions (virtual or in-person face), the faculty member will issue a written warning of de-enrollment. If the absences exceed 20 percent,



the student may be de-enrolled without notice until the university drop date or, after that date, receive the appropriate grade for their work and participation. In some courses, a portion of the credit hour content will be delivered asynchronously and attendance will be determined by submitting the assignments by the posted due dates. See **Academic Policies** (<http://catalog.pointloma.edu/content.php?catoid=18&navoid=1278>) in the Undergraduate Academic Catalog. If absences exceed these limits but are due to university excused health issues, an exception will be granted.

Asynchronous Attendance/Participation Definition

A day of attendance in asynchronous content is determined as contributing a substantive note, assignment, discussion, or submission by the posted due date. Failure to meet these standards will result in an absence for that day. Instructors will determine how many asynchronous attendance days are required each week.

SPIRITUAL CARE

Please be aware PLNU strives to be a place where you grow as whole persons. To this end, we provide resources for our students to encounter God and grow in their Christian faith.

If students have questions, a desire to meet with the chaplain or have prayer requests you can contact the **Office of Spiritual Development** (<https://www.pointloma.edu/offices/spiritual-development>).

USE OF TECHNOLOGY






In order to be successful in the online environment, you'll need to meet the minimum technology and system requirements; please refer to the ***Technology and System Requirements*** (<https://help.pointloma.edu/TDClient/1808/Portal/KB/ArticleDet?ID=108349>) information.

Problems with technology do not relieve you of the responsibility of participating, turning in your assignments, or completing your class work.





















ASSIGNMENTS AT-A-GLANCE

The table below lists our assignments and their due dates. Click on any assignment to review it.






















Course Summary:

Date	Details	Due
Tue Jan 16, 2024	 <u>Exercise Consent form</u> (https://canvas.pointloma.edu/courses/71751/assignments/1008569) 	due by 11:59pm
Fri Feb 16, 2024	 <u>Week 6 Video of the Week</u> (https://canvas.pointloma.edu/courses/71751/assignments/999459) 	due by 11:59pm
	 <u>Academic Honesty Verification Statement</u>	













































Date	Details	Due
	<p>(https://canvas.pointloma.edu/courses/71751/assignments/999409)</p> <p></p>	
	<p> <u>Beginning Tennis Exam</u></p> <p>(https://canvas.pointloma.edu/courses/71751/assignments/999413)</p> <p></p>	
	<p> <u>COVID-19 Preparedness</u></p> <p>(https://canvas.pointloma.edu/courses/71751/assignments/999427)</p> <p></p>	
	<p> <u>Exercise Consent Form</u></p> <p>(https://canvas.pointloma.edu/courses/71751/assignments/999428)</p> <p></p>	
	<p> <u>Mid Term Part 2</u></p> <p>(https://canvas.pointloma.edu/courses/71751/assignments/999429)</p> <p></p>	
	<p> <u>Mid-Course Survey</u></p> <p>(https://canvas.pointloma.edu/courses/71751/assignments/999411)</p> <p></p>	
	<p> <u>Midterm</u></p> <p>(https://canvas.pointloma.edu/courses/71751/assignments/999410)</p> <p></p>	
	<p> <u>Midterm exam</u></p> <p>(https://canvas.pointloma.edu/courses/71751/assignments/999430)</p> <p></p>	
	<p> <u>State Authorization Verification Form</u></p> <p>(https://canvas.pointloma.edu/courses/71751/assignments/999412)</p> <p></p>	
	<p> <u>Tennis Midterm Exam</u></p> <p>(https://canvas.pointloma.edu/courses/71751/assignments/999431)</p> <p></p>	
	<p> <u>Week 1 Activity Log Minutes</u></p> <p>(https://canvas.pointloma.edu/courses/71751/assignments/999432)</p>	
























Date	Details	Due
		
	 <u>Week 1 Assignment</u> (https://canvas.pointloma.edu/courses/71751/assignments/999433)	
		
	 <u>Week 1 Video of the Week</u> (https://canvas.pointloma.edu/courses/71751/assignments/999434)	
		
	 <u>Week 10 Assignment</u> (https://canvas.pointloma.edu/courses/71751/assignments/999435)	
		
	 <u>Week 10 Assignment</u> (https://canvas.pointloma.edu/courses/71751/assignments/999436)	
		
	 <u>Week 10 Discussion: Serve - Part 2</u> (https://canvas.pointloma.edu/courses/71751/assignments/999417)	
		
	 <u>Week 10 Video of the Week</u> (https://canvas.pointloma.edu/courses/71751/assignments/999437)	
		
	 <u>Week 11 Assignment</u> (https://canvas.pointloma.edu/courses/71751/assignments/999438)	
		
	 <u>Week 11 Discussion: Net Play</u> (https://canvas.pointloma.edu/courses/71751/assignments/999418)	
		
	 <u>Week 11 Video of the Week</u> (https://canvas.pointloma.edu/courses/71751/assignments/999439)	
		
	 <u>Week 12 Assignment</u> (https://canvas.pointloma.edu/courses/71751/assignments/999440)	
		



Date	Details	Due
	<p> <u>Week 12 Discussion: Forehand volley at net</u> (https://canvas.pointloma.edu/courses/71751/assignments/999419)</p> <p></p>	
	<p> <u>Week 12 Discussion: Net Play</u> (https://canvas.pointloma.edu/courses/71751/assignments/999416)</p> <p></p>	
	<p> <u>Week 12 Video of the Week</u> (https://canvas.pointloma.edu/courses/71751/assignments/999441)</p> <p></p>	
	<p> <u>Week 13 Assignment</u> (https://canvas.pointloma.edu/courses/71751/assignments/999442)</p> <p></p>	
	<p> <u>Week 13 Discussion: Full Play</u> (https://canvas.pointloma.edu/courses/71751/assignments/999415)</p> <p></p>	
	<p> <u>Week 13 Video of the Week</u> (https://canvas.pointloma.edu/courses/71751/assignments/999443)</p> <p></p>	
	<p> <u>Week 14 Assignment</u> (https://canvas.pointloma.edu/courses/71751/assignments/999444)</p> <p></p>	
	<p> <u>Week 14 Discussion: Doubles</u> (https://canvas.pointloma.edu/courses/71751/assignments/999414)</p> <p></p>	
	<p> <u>Week 14 Video of the Week</u> (https://canvas.pointloma.edu/courses/71751/assignments/999445)</p> <p></p>	
	<p> <u>Week 2 Assignment</u> (https://canvas.pointloma.edu/courses/71751/assignments/999446)</p> <p></p>	
	<p> <u>Week 2 Video of the Week</u> (https://canvas.pointloma.edu/courses/71751/assignments/999447)</p>	

Date	Details	Due
		
	 <u>Week 3 Assignment</u> (https://canvas.pointloma.edu/courses/71751/assignments/999448)	
		
	 <u>Week 3 Discussion: Grips</u> (https://canvas.pointloma.edu/courses/71751/assignments/999426)	
		
	 <u>Week 3 Video of the Week</u> (https://canvas.pointloma.edu/courses/71751/assignments/999449)	
		
	 <u>Week 4 Assignment</u> (https://canvas.pointloma.edu/courses/71751/assignments/999450)	
		
	 <u>Week 4 Discussion: Forehand - Part 1</u> (https://canvas.pointloma.edu/courses/71751/assignments/999425)	
		
	 <u>Week 4 Video of the Week</u> (https://canvas.pointloma.edu/courses/71751/assignments/999451)	
		
	 <u>Week 5 Assignment</u> (https://canvas.pointloma.edu/courses/71751/assignments/999452)	
		
	 <u>Week 5 Discussion: Forehand - Part 2</u> (https://canvas.pointloma.edu/courses/71751/assignments/999424)	
		
	 <u>Week 5 Video of the Week</u> (https://canvas.pointloma.edu/courses/71751/assignments/999453)	
		
	 <u>Week 6 Assignment</u> (https://canvas.pointloma.edu/courses/71751/assignments/999454)	



Date	Details	Due
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	 <u>Week 6 Discussion: Two-handed Backhand</u> (https://canvas.pointloma.edu/courses/71751/assignments/999423) 	
	 <u>Week 6 Video of the Week</u> (https://canvas.pointloma.edu/courses/71751/assignments/999455) 	
	 <u>Week 7 Assignment</u> (https://canvas.pointloma.edu/courses/71751/assignments/999456) 	
	 <u>Week 7 Discussion: Single-handed Backhand</u> (https://canvas.pointloma.edu/courses/71751/assignments/999422) 	
	 <u>Week 7 Video of the Week</u> (https://canvas.pointloma.edu/courses/71751/assignments/999457) 	
	 <u>Week 8 Assignment</u> (https://canvas.pointloma.edu/courses/71751/assignments/999458) 	
	 <u>Week 8 Discussion: Tennis Scoring, Court Lines and Etiquette</u> (https://canvas.pointloma.edu/courses/71751/assignments/999421) 	
	 <u>Week 9 Assignment</u> (https://canvas.pointloma.edu/courses/71751/assignments/999460) 	
	 <u>Week 9 Discussion: Serve - Part 1</u> (https://canvas.pointloma.edu/courses/71751/assignments/999420) 	
	 <u>Week 9 Video of the Week</u> (https://canvas.pointloma.edu/courses/71751/assignments/999461)	

Date	Details	Due
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 Wrap Up Week | Wellness Survey

(<https://canvas.pointloma.edu/courses/71751/assignments/999462>)

