

 <p>POINT LOMA NAZARENE UNIVERSITY</p>	<p>COLLEGE OF HEALTH SCIENCES</p> <p>ATR5091C - Clinical Internship II (3-units)</p> <p>Course Information</p> <p>Tuesday</p> <p>Quad 1: ONLINE</p> <p>Quad 2: 8:00am - 10:00am</p>
<p style="text-align: center;">Spring 2024</p>	

INSTRUCTOR INFORMATION

<p>Instructor: Carra Johnson, PhD</p> <p>Email: cjohnson@pointloma.edu</p> <p>Office Hours: By appointment only.</p>
<p>Instructor: Anthony De Hoyos, MS, ATC</p> <p>Email: adehoyos@pointloma.edu</p> <p>Office Hours: By appointment only.</p>

PLNU MISSION

To Teach ~ To Shape ~ To Send

Point Loma Nazarene University exists to provide higher education in a vital Christian community where minds are engaged and challenged, character is modeled and formed, and service is an expression of faith. Being of Wesleyan heritage, we strive to be a learning community where grace is foundational, truth is pursued, and holiness is a way of life.

COURSE DESCRIPTION

This is the second of five sequential clinical education courses. The aim of this course is to equip students who are pursuing a career in Athletic Training with the basic knowledge and skills required to care for the physical and mental needs of the physically-active. In the process, students will develop an emerging mastery of the Educational Standards established by the Commission on Accreditation of Athletic Training Education (CAATE). In addition, there will be instruction and supervision in an off-campus clinical setting by a Clinical Preceptor. This course places an emphasis on sports psychology and lower extremity orthopedic evaluation.

PROGRAM LEARNING OUTCOMES

The Point Loma Nazarene University MS-AT graduate will be able to:

1. Demonstrate the knowledge and skills required to become a certified athletic trainer.
2. Critically evaluate and integrate the best available evidence for clinical decision making.
3. Deliver new evidence that is intended to change clinical practice to various healthcare communities through scholarly research presentations and symposiums.
4. Describe the importance of collaborating with multiple healthcare professionals and diverse patient populations to improve patient care.
5. Demonstrate preparedness for their vocation and calling.

COURSE LEARNING OUTCOMES

The following learning outcomes will be achieved by students in this course:

1. Perform at an “autonomous” level on clinical skills assessments as evaluated by an Athletic Training Preceptor.
2. Receive 85% or better during evaluations with an Athletic Training Preceptor in the areas of personal performance, education competence, psychomotor skill and clinical proficiency.
3. Develop appropriate psychological intervention strategies for athletic injury rehabilitation and return to play.
4. Recognize abnormal coping strategies, maladaptation, and the subsequent referral process.

CAATE STANDARDS

Standard 77: Identify, refer, and give support to patients with behavioral health conditions. Work with other health care professionals to monitor these patients' treatment, compliance, progress, and readiness to participate. These behavioral health conditions include (but are not limited to) the following: suicidal ideation, depression, anxiety disorder, psychosis, mania, eating disorders, attention deficit disorders.

REQUIRED TEXTS AND RECOMMENDED STUDY RESOURCES

Arvinen-Barrow, M., & Walker, N. (2013). *The Psychology of Sport Injury and Rehabilitation* (1st ed.). Routledge.

Click to see this product on: [Amazon](#) | [Chegg](#)

This course, being a hands-on experience, will demand that the student use a wide base of resources for gathering needed information. The student should possess in their personal library such textbooks that will assist them in completing the courses objectives. One of these resources include [Study Guide for the Board of Certification, Inc., Athletic Trainer Certification Examination, Fifth Edition](#)

[Links to an external site.](#)

COURSE CREDIT HOUR INFORMATION

In the interest of providing sufficient time to accomplish the stated Course Learning Outcomes, this class meets the PLNU credit hour policy for a 3-unit clinical course delivered over 15 weeks.

CLINICAL COURSE CREDIT HOUR POLICY

Each clinical course within the athletic training program is worth 3 units of credit. See below for course credit hour and clinical hour expectations:

1 course credit hour = 75 - 149 hours of clinical experience

2 course credit hours = 150 - 224 hours of clinical experience

3 course credit hours = 225 - 299 hours of clinical experience

4 course credit hours = 300 - 375 hours of clinical experience

Each clinical course syllabi have specific clinical hour policies and expectations regarding the completion of these clinical hours. Please see course syllabus for more information. See clinical education progression for more details on clinical education hour requirements.

CLINICAL ROTATION REQUIREMENTS

Students will participate in a 16-week hands-on learning experience at various high schools, colleges, universities, and medical facilities throughout San Diego County under the supervision of a credentialed healthcare professional. Clinical hours will include covering clinic days, practice days, game days, and/or any other experiences that clinical preceptors deem beneficial to student learning. Students should expect to be scheduled at their clinical site 5-6 days per week. Students must have at least one day off in a seven day period and cannot be scheduled for more than 8 hours in a single day.

A total of 225-299 clinical hours for the entire semester is required of the athletic training student.

Transportation to the clinical site is the responsibility of the individual student as stipulate in the [university catalog Links to an external site.](#) and the [MS-AT student handbook \(Links to an external site.\)](#). Consider organizing car pools. Transportation problems will not be seen as a reason for excused absences from clinical rotations. All students are required to attend all assigned days. If a student misses a day, the student is required to make up those missed hours. Students are allowed a total of three miss/switch days a semester. All students are required to follow the dress code established by the [MS-AT student handbook \(Links to an external site.\)](#) and requirements set during the MS-AT clinical orientation at the beginning of the semester.

Clinical Hour Grading – 200 points

Clinical Hours	Points
225-249 hours	160
250-274	180
274-299	200

QUAD 1: PSYCHOLOGY OF INJURY & REHABILITATION

ASSESSMENT & GRADING

Case Studies (10) | 2 points each

You are assigned 1-3 case study analyses most weeks. Each case (which comes directly from your textbook) is followed by a set of questions to be answered. Aim to answer all questions completely, thoroughly, and thoughtfully, including elaborations and explanations when relevant. There is no minimum or maximum word count; rather, you will be graded on completeness, relevance, and accuracy.

Discussions (2) | 2 points each

There are two discussions, in which you will reflect on specific prompts and engage with your classmates in direct online discussion about the topics presented. In each discussion, you should aim to contribute meaningfully to the discussion, providing clear, complete thoughts. There is no minimum or maximum word count; rather, you will be graded on thoughtfulness, relevance, and accuracy (when relevant).

AT Philosophy Statement | 6 points

Write a **one-page, single-spaced** athletic training philosophy statement. See the [assignment page](#) for details.

Case Presentation | 10 Points

You will develop and present your own case study, preferably based on an injured athlete you are working with or have worked with previously. The presentation should include a thorough introduction of the athlete (without identifying them), identification of assessment tools and approaches, and explanations of psychological skills and tools you would integrate in your work with this athlete to support them and enhance their rehabilitation experience. See the [assignment page](#) for details.

Midterm & Final Exams | 20 points each (40 points total)

The midterm will cover content from the first four weeks of the quad, and the final will cover content from the final four weeks of the quad.

- You will be able to complete each exam anytime during the week it is assigned, between Monday at 12:00am and Friday at 11:59pm.
- Each exam will consist of approximately 20 questions, which appear one at a time. You can backtrack if you want to revisit an earlier question, or skip a question and come back to it.
- Once you open an exam, you will have **40 minutes** to complete it. You can exit and enter the exam as much as you want during that time, but the timer will not stop under any circumstance (e.g., you cannot "pause" the clock, or exit and return hours or days later).
- The exams are open-everything, so feel free to refer to your notes, assignments, and course material as much as is helpful (but keep in mind that you have about 2 minutes per question, so you should be fairly prepared already).

Final Reflection of Learning/Grade Selection | 40 points

The final reflection is a unique component of this section of the course. It serves as an opportunity for you to reflect on your overall learning experience, highlighting your

strengths, areas of growth, and the significance of the course in your professional development. Additionally, a grade will be determined through a joint effort between you and me (Dr. Johnson). We will collaboratively assess your understanding, preparedness, and engagement throughout the course, and ultimately will use this to determine a "grade" that constitutes approx. one-third of your overall grade for this section of the course.

LATE SUBMISSION POLICY

Written assignments are due on **Sunday by 11:59pm PST** of the week when they are due. However, all assignments (*except* the midterm and final exam) have a *soft due date*, meaning that you can turn them in *up to two weeks after the due date* without penalty. I still ask that you let me know if you need or plan to submit an assignment 7+ days after the due date.

Assignments **will not** be accepted beyond two weeks after their due dates, nor will they be accepted after the last day of Quad 1 (March 3, 2024). Also, be aware that you may not receive nearly as much feedback from me on written assignments if they are submitted long after the due date.

If you have questions about an assignment *after* it has been graded, I ask that you follow a 24/7 policy: wait to contact me until at least 24 hours after receiving your grade (this gives you time to reflect and check out any feedback), but do not wait longer than 7 days to reach out to me.

ASSESSMENT & GRADING SCALE

Course Assignment Distribution	Grade Scale	
<ul style="list-style-type: none"> • Psychology - 60% of Grade • Clinical - 40% of Grade 	A = 93-100	C = 73-76
	A- = 92-90	C- = 70-72
	B+ = 87-89	D+ = 67-69
	B = 83-86	D = 63-66
	B- = 80-82	D- = 60-62
	C+ = 77-79	F = 0-59

Students must complete the required program hours in the major (program) from Point Loma Nazarene University with a minimum grade of “C” in each course and an overall 2.00 grade point average.

Grading System

Traditional letter grades (A, B, C, D, F) including plus and minus grades are used to indicate the level of scholarship earned for each course. Except for the correction of an error, all traditional letter grades are final at the conclusion of the academic term. Once the degree has been posted on the student’s official transcript, no change of grade action is allowed for courses leading to the degree. The grade of C is the lowest grade acceptable for graduate credit.

GENERAL INFORMATION & POLICIES

PLNU SPIRITUAL CARE

PLNU strives to be a place where you grow as whole persons. To this end we provide resources for our graduate students to encounter God and grow in their Christian faith. At the Balboa campus we have an onsite chaplain, Rev. Kevin Portillo who is available during class break times across the week. If you have questions, desire to meet with Rev. Portillo or prayer requests you can contact him directly at KevinPortillo@pointloma.edu.

PLNU COPYRIGHT POLICY

Point Loma Nazarene University, as a non-profit educational institution, is entitled by law to use materials protected by the US Copyright Act for classroom education. Any use of those materials outside the class may violate the law.

PLNU ACADEMIC HONESTY

Students should demonstrate academic honesty by doing original work and by giving appropriate credit to the ideas of others. Academic dishonesty is the act of presenting information, ideas, and/or concepts as one’s own when in reality they are the results of another person’s creativity and effort. A faculty member who believes a situation involving academic dishonesty has been detected may assign a failing grade for that assignment or examination, or, depending on the seriousness of the offense, for the course. Faculty should follow and students may appeal using the procedure in the university Catalog. See Graduate Academic and General Policies for definitions of kinds of academic dishonesty and for further policy information.

ARTIFICIAL INTELLIGENCE (AI) POLICY

You are allowed to use Artificial Intelligence (AI) tools (e.g, ChatGPT, iA Writer, Marmot, Botowski) to generate ideas, but you are not allowed to use AI tools to generate content (text, video, audio, images) that will end up in any work submitted to be graded for this course (unless otherwise permitted). If you have any doubts about using AI, please gain permission from the instructor.

PLNU ACADEMIC ACCOMMODATIONS POLICY

PLNU is committed to providing equal opportunity for participation in all its programs, services, and activities. Students with disabilities may request course-related accommodations by contacting the Educational Access Center (EAC), located in the Bond Academic Center (EAC@pointloma.edu or 619-849-2486). Once a student's eligibility for an accommodation has been determined, the EAC will issue an academic accommodation plan ("AP") to all faculty who teach courses in which the student is enrolled each semester. PLNU highly recommends that students speak with their professors during the first two weeks of each semester/term about the implementation of their AP in that particular course and/or if they do not wish to utilize some or all of the elements of their AP in that course. Students who need accommodations for a disability should contact the EAC as early as possible (i.e., ideally before the beginning of the semester) to assure appropriate accommodations can be provided. It is the student's responsibility to make the first contact with the EAC.

LANGUAGE & BELONGING

Point Loma Nazarene University faculty are committed to helping create a safe and hospitable learning environment for all students. As Christian scholars we are keenly aware of the power of language and believe in treating others with dignity. As such, it is important that our language be equitable, inclusive, and prejudice free. Inclusive/Bias-free language is the standard outlined by all major academic style guides, including MLA, APA, and Chicago, and it is the expected norm in university-level work. Good writing and speaking do not use unsubstantiated or irrelevant generalizations about personal qualities such as age, disability, economic class, ethnicity, marital status, parentage, political or religious beliefs, race, gender, sex, or sexual orientation. Inclusive language also avoids using stereotypes or terminology that demeans persons or groups based on age, disability, class, ethnicity, gender, race, language, or national origin. Respectful use of language is particularly important when referring to those outside of the religious and lifestyle commitments of those in the PLNU community. By working toward precision and clarity of language, we mark ourselves as serious and respectful scholars, and we model the Christ-like quality of hospitality. You may report an incident(s) using the [Bias Incident Reporting Form Links to an external site.](#)

SEXUAL MISCONDUCT & DISCRIMINATION

In support of a safe learning environment, if you (or someone you know) have experienced any form of sexual discrimination or misconduct, including sexual assault, dating or domestic violence, or stalking, know that accommodations and resources are available through the Title IX Office at pointloma.edu/Title-IX. Please be aware that under Title IX of the Education Amendments of 1972, faculty and staff are required to disclose information about such misconduct to the Title IX Office. If you wish to speak to a confidential employee who does not have this reporting responsibility, you can contact Counseling Services at counselingservices@pointloma.edu or find a list of campus pastors at pointloma.edu/title-ix.

PLNU ATTENDANCE AND PARTICIPATION POLICY

Regular and punctual attendance at all class sessions is considered essential to optimum academic achievement. Therefore, regular attendance and participation in each course are minimal requirements. If the student is absent for more than 10 percent of class sessions, the faculty member will issue a written warning of de-enrollment. If the absences exceed 20 percent, the student may be de-enrolled without notice until the university withdrawal date or, after that date, receive an “F” grade. Students who anticipate being absent for an entire week of a course should contact the instructor in advance for approval and make arrangements to complete the required coursework and/or alternative assignments assigned at the discretion of the instructor. Acceptance of late work is at the discretion of the instructor and does not waive attendance requirements. Refer to Academic Policies for additional detail.

Synchronous Attendance/Participation Definition

For synchronous courses which have specific scheduled meeting times (including in-person, hybrid, and synchronous online courses), absences are counted from the first official meeting of the class regardless of the date of the student’s enrollment. For courses with specific attendance requirements, those requirements are outlined in the course syllabus.

Note: For synchronous courses with an online asynchronous week, refer to the Online Asynchronous Class Attendance policy listed below.

Online Asynchronous Attendance/Participation Definition

Students taking online courses with no specific scheduled meeting times are expected to actively engage throughout each week of the course. Attendance is defined as

participating in an academic activity within the online classroom which includes, but is not limited to:

- Engaging in an online discussion
- Submitting an assignment
- Taking an exam
- Participating in online labs
- Initiating contact with faculty member within the learning management system to discuss course content

Note: Logging into the course does not qualify as participation and will not be counted as meeting the attendance requirement.

USE OF TECHNOLOGY

In order to be successful in the online or hybrid environment, you'll need to meet the minimum technology and system requirements; please refer to the Technology and System Requirements information. Additionally, students are required to have headphone speakers, microphone, or webcams compatible with their computer available to use. Please note that any course with online proctored exams requires a computer with a camera (tablets are not compatible) to complete exams online. Problems with technology do not relieve you of the responsibility of participating, turning in your assignments, or completing your class work.

GPS ACADEMIC RESOURCES

PLNU offers the following free academic resources virtually for Graduate Professional Studies (GPS) Students. Visit myPLNU through the links below for more information.

- **The GPS Writing Center offers:**
 - **Zoom Writers Workshops** offered each quad on a variety of helpful topics
 - **One-to-one appointments** with the Writing Coach
 - **Microlearning YouTube Video Library** for helpful tips anytime
- **Research Help Guide** to help you start your research
 - The physical office is located on the third floor of the **Mission Valley Regional Center**
 - **Links to an external site.**
 - off the student lounge
- **Academic Writing Resources Course**: Found on your Canvas Dashboard, this course is non-credit with 24/7 access, no time limits, and self-paced content.
- **Watch a quick video run-through**

- Links to an external site.



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- and take time now to explore!
- **Tutoring**: Students have access to 24/7 live or scheduled subject tutoring through Tutor.com, including a Paper Drop-Off Service with feedback within 12 hours.

We are here to support you! Contact us anytime: **GPSWritingCenter@pointloma.edu**