

Section 1: Why Is the Family Important?

Week	Date	Topic	Reading	Do
1	8/28/23	Benefits of Marriage and Impact of Divorce	Canvas Article 1a: Healthy, Wealthy, and Wed: Amy Braverman Canvas 1b: Does Divorce Make People Happy? Canvas 1c: Just Whom Is This Divorce Good For?	
	8/30/23	Impact Divorce on Parents, Cohabitation	Canvas 1d: Marriage Promotes Flourishing Canvas 1e: Should We Live Together? Popenoe and Whitehead Canvas 1f: Father De Souza Lower Cost Increases Demand Canvas 1g: Dangers of Cohabitation Canvas 1h: How Good for the Children is the "Good Divorce?"	
	9/1/23	Impact Divorce on Parents, Cohabitation	Canvas 1i: How Successful are Marriages of People with Divorced Parents? Canvas 1j: Marriage Project 2011 Canvas 1k: Marry or Cohabit, the Brain Knows the Difference	
2	9/4/23	Holiday Labor Day		
	9/6/23	Theology of Marriage	Optional: The Family: Balswick	
	9/8/23	Theology of Marriage	Optional: Marriage Builder: Crabb	
3	9/11/23			Exam I

Section 2: Family Therapy Theories

Week	Date	Topic	Reading	Do
3	9/13/23	Foundations Family Therapy: Chpt 1	Chpt 1 Nichols	
	9/15/23	Bowen Family Systems Theory: Chpt 5	Chpt 5 Nichols	
4	9/18/23	Bowen Family Systems Theory: Chpt 5	Canvas 2a: Genogram Symbols	
	9/20/23	Bowen Family Systems Theory: Chpt 5		
	9/22/23	Structural Family Therapy: Chpt 7	Chpt 7 Nichols Canvas 2b: Structural Chart Symbols	
5	9/25/23	Structural Family Therapy: Chpt 7	Canvas 2c: Adult Children of Alcoholics Optional: Shame, Boundaries, and Dissociation in Chemically Dependent, Abusive, and Incestuous Families	
	9/27/23	Structural Family Therapy: Chpt 7		
	9/29/23			Exam II
6	10/2/23	Strategic Family Therapy: Chpt 6	Chpt 6 Nichols	*Family Genogram Due
	10/4/23	Strategic Family Therapy: Chpt 6	Chpt 6 Nichols	
	10/6/23	Strategic Family Therapy: Chpt 6	Chpt 6 Nichols	
7	10/9/23	Experiential Family Therapy: Chpt 8	Chpt 8 Nichols	
	10/11/23	Experiential Family Therapy: Chpt 8	Chpt 8 Nichols	
	10/13/23	Experiential Family Therapy: Chpt 8	Canvas 2d: Hold Me Tight Summary Optional: Hold Me Tight	
8	10/16/23			Exam III
8	10/18/23	Psychoanalytic Family Therapy: Chpt 9	Chpt 9 Nichols Canvas 2e: Freud Returns, Solms	
	10/20/23	Fall Break Holiday		
9	10/23/23	Psychoanalytic Family Therapy: Chpt 9	Chpt 9 Nichols Canvas 2e: Freud Returns, Solms	

	10/25/23	Psychoanalytic Family Therapy: Chpt 9	Optional: Quest for Mythical Mate: Bader & Pearson Canvas 2f: What Price, Privilege? (Madeline Levine) Canvas 2fb: Quest for the Mythical Mate	
	10/27/23	Solution Focused Therapy: Chpt 12	Chpt 12 Nichols Canvas 2ga: It Takes One to Tango	
10	10/30/23	Solution Focused Therapy: Chpt 12	Canvas 2gb: Divorce Remedy: Weiner Davis Canvas 2gc: Confessions Unabashed Marriage Saver Canvas 2gd: Bill O'Hanlon	In Class Movie: Getting Unstuck
	11/1/23			Exam IV
	11/3/23	Cognitive Behavioral Family Therapy: Chpt 10	Chpt 10 Nichols Canvas 2h: Common Cognitive Distortions Canvas 2i: What Shamu taught me about a happy marriage (Amy Sutherland)	
11	11/6/23	Cognitive Behavioral Family Therapy: Chpt 10	Optional: Kazdin Parenting the Defiant Child	
	11/8/23	Cognitive Behavioral Family Therapy: Chpt 10	In Class Movie: Angry Couple	
	11/10/23	Cognitive Behavioral Family Therapy: Chpt 10	Canvas 2j: Damage of Sexual Promiscuity Canvas 2k: Hook up Culture is Bad for Women Canvas 2l: Sex Partners and Marriage Satisfaction	
12	11/13/23	Cognitive Behavioral Family Therapy: Chpt 10	In Class Movie: Love, Sex, Marriage Listen Podcast: Canvas, Sex, Love, and God	
	11/15/23			Exam V
		Section 3: Community Consultation – Marriage Education		
	11/17/23	Marriage Education	Read Canvas 3a : Ten Findings Choosing Mate Canvas 3b: Finding the Love of Your Life Gottman	*Family Analysis Paper Due
13	11/20/23	Marriage Education	Canvas 3c: Smart Enough for Smart Marriage? Canvas 3d: Therapy Hazardous to your Marital Health	
	11/22/23	Thanksgiving Break Holiday: No Class		
	11/24/23	Thanksgiving Break Holiday: No Class		
14	11/27/23	Study Break: No Class		
	11/29/23	Marriage Education	Canvas 3e: How to Lower Your Risk of Divorce: Advice to Singles Canvas 3f: Message to Young Women Canvas 3g: Say Yes, What Waiting For?	

			Canvas 3H: It Matters Who You Marry	
	12/1/23	Mate Selection	Canvas : 3I: Gottman 7 Principles Poster Canvas 3J: Masters of Love Canvas 3K: A Better Way to Date Canvas 3L: Before You I Do (skim) Canvas 3M: Five Rules for Dating	*Gottman Book Journal Due
15	12/4/23	Marriage Education	Gottman	In class movie: SofU

Week	Date	Topic	Reading	Do
15	12/6/23	Marriage Education	Gottman	In class movie: SofU
	12/8/23	Final Review	Canvas: "Anyone She Wishes"	Yoyo Dad journal extra credit due
16	12/11/23			Final Exam
	12/13/23			
	12/15/23	Final Exam Friday 10:30 am to 1 pm		