

Course Syllabus

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 <p>POINT LOMA NAZARENE UNIVERSITY</p>	<p>Beginning Tennis PED 1020</p> <p>1 Unit</p>
<p>Spring 2021</p>	

Meeting days: Tuesday & Thursdays	Instructor: Ann Davis
Meeting times: 8:30 a.m. - 9:25 a.m.	Phone: 619-889-7738
Meeting location: Tennis Courts	Email: andavis@pointloma.edu
Final Exam:	Office location and hours: M-F 7:30-3:30

PLNU Mission

To Teach ~ To Shape ~ To Send

Point Loma Nazarene University exists to provide higher education in a vital Christian community where minds are engaged and challenged, character is modeled and formed, and service is an expression of faith. Being of Wesleyan heritage, we strive to be a learning community where grace is foundational, truth is pursued, and holiness is a way of life.

COURSE DESCRIPTION

Fundamental techniques, rules, court play, and etiquette.

COURSE LEARNING OUTCOMES

1. You will participate in learning the sport of tennis and participate in a lifetime activity
2. You will demonstrate the tennis forehand and backhand ground strokes, the tennis serve and the volley.

3. You will learn the rules, scoring, mechanics of play and the etiquette expected from tennis players.
4. You will learn the positions, strategies and mechanics of singles and doubles play.

COURSE CREDIT HOUR INFORMATION

In the interest of providing sufficient time to accomplish the stated Course Learning Outcomes, this class meets the PLNU credit hour policy for a 1 unit class delivered over 14 weeks. Specific details about how the class meets the credit hour requirement can be provided upon request. (Based on 37.5 hours of student engagement per credit hour.)

COURSE SCHEDULE AND ASSIGNMENTS

- Watch a Video of the Week
- Take a 20-30 sec video of your progress each week and post to canvas
- Post questions and comments in discussion board
- Practice 1-2 hrs on court per week
- State the knowledge, rules, etiquette and mechanics

ASSESSMENT AND GRADING

Participation in weekly practice, video of the week and self-video reporting	210 pts
Demonstrate knowledge of rules, court lines, etiquette and playing mechanics quiz	35 pts
Participate in discussion board	25 pts
Watch and review 4 YouTube instructional videos	40 pts

Standard Grade Scale Based on Percentages

A	B	C	D	F
A 90-100	B+ 87-89	C+ 77-79	D+ 67-69	F Less than 59
	B 83-86	C 73-76	D 63-66	
	B- 80-82	C- 70-72	D- 60-62	

STATE AUTHORIZATION

State authorization is a formal determination by a state that Point Loma Nazarene University is approved to conduct activities regulated by that state. In certain states outside California, Point Loma Nazarene University is not authorized to enroll online (distance education) students. If a student moves to another state after admission to the program and/or enrollment in an online course, continuation within the program and/or course will depend on whether Point Loma Nazarene University is authorized to offer

distance education courses in that state. It is the student's responsibility to notify the institution of any change in his or her physical location. Refer to the map on [State Authorization](#) (<https://www.pointloma.edu/offices/office-institutional-effectiveness-research/disclosures>) to view which states allow online (distance education) outside of California.

INCOMPLETES AND LATE ASSIGNMENTS

All assignments are to be submitted/turned in by the beginning of the class session when they are due—including assignments posted in Canvas. Incompletes will only be assigned in extremely unusual circumstances.

PLNU COPYRIGHT POLICY

Point Loma Nazarene University, as a non-profit educational institution, is entitled by law to use materials protected by the US Copyright Act for classroom education. Any use of those materials outside the class may violate the law.

PLNU ACADEMIC HONESTY POLICY

Students should demonstrate academic honesty by doing original work and by giving appropriate credit to the ideas of others. Academic dishonesty is the act of presenting information, ideas, and/or concepts as one's own when in reality they are the results of another person's creativity and effort. A faculty member who believes a situation involving academic dishonesty has been detected may assign a failing grade for that assignment or examination, or, depending on the seriousness of the offense, for the course. Faculty should follow and students may appeal using the procedure in the university Catalog. See [Academic Policies](#) (<http://catalog.pointloma.edu/content.php?catoid=18&navoid=1278>) for definitions of kinds of academic dishonesty and for further policy information.

PLNU ACADEMIC ACCOMMODATIONS POLICY

While all students are expected to meet the minimum standards for completion of this course as established by the instructor, students with disabilities may require academic adjustments, modifications or auxiliary aids/services. At Point Loma Nazarene University (PLNU), these students are requested to register with the Disability Resource Center (DRC), located in the Bond Academic Center. (DRC@pointloma.edu (<mailto:DRC@pointloma.edu>) or 619-849-2486). The DRC's policies and procedures for assisting such students in the development of an appropriate academic adjustment plan (AP) allows PLNU to comply with Section 504 of the Rehabilitation Act and the Americans with Disabilities Act. Section 504 (a) prohibits discrimination against students with special needs and guarantees all qualified students equal access to and benefits of PLNU programs and activities. After the student files the required documentation, the DRC, in conjunction with the student, will develop an AP to meet that student's specific learning needs. The DRC will thereafter email the student's AP to all faculty who teach courses in which the student is enrolled each semester. The AP must be implemented in all such courses.

If students do not wish to avail themselves of some or all of the elements of their AP in a particular course, it is the responsibility of those students to notify their professor in that course. PLNU highly recommends that DRC students speak with their professors during the first two weeks of each semester about the applicability of their AP in that particular course and/or if they do not desire to take advantage of some or all of the elements of their AP in that course.

PLNU ATTENDANCE AND PARTICIPATION POLICY

Regular and punctual attendance at all synchronous class sessions is considered essential to optimum academic achievement. If the student is absent for more than 10 percent of class sessions (virtual or face-to-face), the faculty member will issue a written warning of de-enrollment. If the absences exceed 20 percent, the student may be de-enrolled without notice until the university drop date or, after that date, receive the appropriate grade for their work and participation. In some courses, a portion of the credit hour content will be delivered asynchronously and attendance will be determined by submitting the assignments by the posted due dates. See [Academic Policies](#) (<http://catalog.pointloma.edu/content.php?catoid=18&navoid=1278>) in the Undergraduate Academic Catalog. If absences exceed these limits but are due to university excused health issues, an exception will be granted.

Asynchronous Attendance/Participation Definition

A day of attendance in asynchronous content is determined as contributing a substantive note, assignment, discussion, or submission by the posted due date. Failure to meet these standards will result in an absence for that day. Instructors will determine how many asynchronous attendance days are required each week.

SPIRITUAL CARE

Please be aware PLNU strives to be a place where you grow as whole persons. To this end, we provide resources for our students to encounter God and grow in their Christian faith.

If students have questions, a desire to meet with the chaplain or have prayer requests you can contact the [Office of Spiritual Development](#) (<https://www.pointloma.edu/offices/spiritual-development>).

USE OF TECHNOLOGY















In order to be successful in the online environment, you'll need to meet the minimum technology and system requirements; please refer to the [Technology and System Requirements](#) (<https://help.pointloma.edu/TDClient/1808/Portal/KB/ArticleDet?ID=108349>) information.
















Problems with technology do not relieve you of the responsibility of participating, turning in your assignments, or completing your class work.















ASSIGNMENTS AT-A-GLANCE




The table below lists our assignments and their due dates. Click on any assignment to review it.














Course Summary:


Date	Details	Due
Thu Jan 13, 2022	 Academic Honesty Verification Statement (https://canvas.pointloma.edu/courses/60548/assignments/743097)	due by 11:59pm
Thu Jan 13, 2022	 State Authorization Verification Form (https://canvas.pointloma.edu/courses/60548/assignments/743100)	due by 11:59pm
Thu Jan 13, 2022	 COVID-19 Preparedness (https://canvas.pointloma.edu/courses/60548/assignments/743117)	due by 11:59pm
Fri Jan 14, 2022	 Week 1 Overview	to do: 11:59pm
Fri Jan 14, 2022	 Week 1 Video of the Week (https://canvas.pointloma.edu/courses/60548/assignments/743123)	due by 11:59pm
Fri Jan 21, 2022	 Week 2 Overview	to do: 11:59pm
Fri Jan 21, 2022	 Week 2 Video of the Week (https://canvas.pointloma.edu/courses/60548/assignments/743136)	due by 11:59pm
Fri Jan 28, 2022	 Week 3 Overview	to do: 11:59pm
Fri Jan 28, 2022	 Week 3 Video of the Week (https://canvas.pointloma.edu/courses/60548/assignments/743138)	due by 11:59pm
Fri Feb 4, 2022	 Week 4 Overview	to do: 11:59pm
Fri Feb 4, 2022	 Week 4 Video of the Week (https://canvas.pointloma.edu/courses/60548/assignments/743140)	due by 11:59pm
Fri Feb 11, 2022	 Week 5 Overview	to do: 11:59pm
Fri Feb 11, 2022	 Week 5 Video of the Week (https://canvas.pointloma.edu/courses/60548/assignments/743142)	due by 11:59pm
Tue Feb 15, 2022	 Week 1: Synchronous Session Agenda	to do: 11:59pm

Date	Details	Due
Fri Feb 18, 2022	 Week 6 Overview	to do: 11:59pm
	 Week 6 Video of the Week https://canvas.pointloma.edu/courses/60548/assignments/743144	due by 11:59pm
Fri Feb 25, 2022	 Week 7 Overview	to do: 11:59pm
	 Week 1 Assignment https://canvas.pointloma.edu/courses/60548/assignments/743122	due by 11:59pm
Fri Mar 4, 2022	 Week 1 Discussion https://canvas.pointloma.edu/courses/60548/assignments/743116	due by 11:59pm
	 Week 8 Overview	to do: 11:59pm
Fri Mar 11, 2022	 Week 8 Video of the Week https://canvas.pointloma.edu/courses/60548/assignments/743148	due by 11:59pm
	 Week 2 Assignment https://canvas.pointloma.edu/courses/60548/assignments/743135	due by 11:59pm
Fri Mar 11, 2022	 Week 2 Discussion: Spins and Hitting https://canvas.pointloma.edu/courses/60548/assignments/743115	due by 11:59pm
	 Week 9 Overview	to do: 11:59pm
Thu Mar 17, 2022	 Midterm https://canvas.pointloma.edu/courses/60548/assignments/743101	due by 11:59pm
	 Week 3 Discussion: Grips https://canvas.pointloma.edu/courses/60548/assignments/743114	due by 11:59pm
Fri Mar 18, 2022	 Week 10 Overview	to do: 11:59pm
	 Week 10 Video of the Week https://canvas.pointloma.edu/courses/60548/assignments/743126	due by 11:59pm
Fri Mar 18, 2022	 Week 9 Video of the Week https://canvas.pointloma.edu/courses/60548/assignments/743150	due by 11:59pm

Date	Details	Due
Sun Mar 20, 2022	 Week 3 Assignment https://canvas.pointloma.edu/courses/60548/assignments/743137	due by 11:59pm
	 Week 4 Assignment https://canvas.pointloma.edu/courses/60548/assignments/743139	due by 11:59pm
Fri Mar 25, 2022	 Week 4 Discussion: Forehand - Part 1 https://canvas.pointloma.edu/courses/60548/assignments/743113	due by 11:59pm
	 Week 11 Overview	to do: 11:59pm
	 Week 11 Video of the Week https://canvas.pointloma.edu/courses/60548/assignments/743128	due by 11:59pm
Mon Mar 28, 2022	 Week 5 Assignment https://canvas.pointloma.edu/courses/60548/assignments/743141	due by 11:59pm
	 Week 5 Discussion: Forehand - Part 2 https://canvas.pointloma.edu/courses/60548/assignments/743112	due by 11:59pm
Fri Apr 1, 2022	 Week 12 Overview	to do: 11:59pm
	 Week 12 Video of the Week https://canvas.pointloma.edu/courses/60548/assignments/743130	due by 11:59pm
	 Week 6 Discussion: Two-handed Backhand https://canvas.pointloma.edu/courses/60548/assignments/743111	due by 11:59pm
Fri Apr 8, 2022	 Week 13 Overview	to do: 11:59pm
	 Week 13 Video of the Week https://canvas.pointloma.edu/courses/60548/assignments/743132	due by 11:59pm
Sun Apr 10, 2022	 Week 6 Assignment https://canvas.pointloma.edu/courses/60548/assignments/743143	due by 11:59pm
Wed Apr 13, 2022	 Week 7 Video of the Week https://canvas.pointloma.edu/courses/60548/assignments/743146	due by 11:59pm

Date	Details	Due
Fri Apr 15, 2022	 Week 7 Assignment https://canvas.pointloma.edu/courses/60548/assignments/743145	due by 11:59pm
	 Week 7 Discussion: Single-handed Backhand https://canvas.pointloma.edu/courses/60548/assignments/743110	due by 11:59pm
	 Week 14 Overview	to do: 11:59pm
	 Week 14 Video of the Week https://canvas.pointloma.edu/courses/60548/assignments/743134	due by 11:59pm
Tue Apr 19, 2022	 Tennis Midterm Exam https://canvas.pointloma.edu/courses/60548/assignments/743120	due by 11:59pm
Thu Apr 21, 2022	 Mid Term Part B https://canvas.pointloma.edu/courses/60548/assignments/743119	due by 11:59pm
Fri Apr 22, 2022	 Week 8 Assignment https://canvas.pointloma.edu/courses/60548/assignments/743147	due by 11:59pm
	 Week 8 Discussion: Tennis Scoring, Court Lines and Etiquette https://canvas.pointloma.edu/courses/60548/assignments/743109	due by 11:59pm
Sun Apr 24, 2022	 Mid-Course Survey https://canvas.pointloma.edu/courses/60548/assignments/743099	due by 11:59pm
Fri Apr 29, 2022	 Week 9 Assignment https://canvas.pointloma.edu/courses/60548/assignments/743149	due by 11:59pm
	 Week 9 Discussion: Serve - Part 1 https://canvas.pointloma.edu/courses/60548/assignments/743108	due by 11:59pm
Sun May 1, 2022	 Beginning Tennis Exam https://canvas.pointloma.edu/courses/60548/assignments/743098	due by 11:59pm
Tue May 3, 2022	 Week 10 Assignment https://canvas.pointloma.edu/courses/60548/assignments/743124	due by 11:59pm

Date	Details	Due
	 Wrap Up Week Wellness Survey https://canvas.pointloma.edu/courses/60548/assignments/743151	due by 11:59pm
	 Week 10 Assignment https://canvas.pointloma.edu/courses/60548/assignments/743125	due by 11:59pm
Fri May 6, 2022	 Week 10 Discussion: Serve - Part 2 https://canvas.pointloma.edu/courses/60548/assignments/743105	due by 11:59pm
	 Week 11 Assignment https://canvas.pointloma.edu/courses/60548/assignments/743127	due by 11:59pm
Fri May 13, 2022	 Week 11 Discussion: Net Play https://canvas.pointloma.edu/courses/60548/assignments/743106	due by 11:59pm
	 Week 12 Discussion: Forehand volley at net https://canvas.pointloma.edu/courses/60548/assignments/743107	due by 11:59pm
Thu May 19, 2022	 Week 12 Assignment https://canvas.pointloma.edu/courses/60548/assignments/743129	due by 11:59pm
Fri May 20, 2022	 Week 12 Discussion: Net Play https://canvas.pointloma.edu/courses/60548/assignments/743104	due by 11:59pm
	 Week 13 Assignment https://canvas.pointloma.edu/courses/60548/assignments/743131	due by 11:59pm
Fri May 27, 2022	 Week 13 Discussion: Full Play https://canvas.pointloma.edu/courses/60548/assignments/743103	due by 11:59pm
	 Week 14 Assignment https://canvas.pointloma.edu/courses/60548/assignments/743133	due by 11:59pm
Fri Jun 3, 2022	 Week 14 Discussion: Doubles https://canvas.pointloma.edu/courses/60548/assignments/743102	due by 11:59pm
	 Exercise Consent Form https://canvas.pointloma.edu/courses/60548/assignments/743118	

Date	Details	Due
	 Week 1 Activity Log Minutes (https://canvas.pointloma.edu/courses/60548/assignments/743121)	