

	Department of Communication Studies
	TRE 3054 Movement 3 Units
Fall 2022	

Meeting days: Tues/Thurs	Instructor title and name: Professor Jamie Criss, MFA
Meeting times: 8:00 am - 9:15 am	Phone: 619-849-2605
Meeting location: Salomon Theatre	Email: jcriss@pointloma.edu
Final Exam: Tuesday, December 13, 2022 7:30 am - 10:00 am	Office location and hours: Cabrillo Annex 102, by appointment

PLNU Mission

To Teach ~ To Shape ~ To Send

Point Loma Nazarene University exists to provide higher education in a vital Christian community where minds are engaged and challenged, character is modeled and formed, and service is an expression of faith. Being of Wesleyan heritage, we strive to be a learning community where grace is foundational, truth is pursued, and holiness is a way of life.

COURSE DESCRIPTION

Introduction to the Laban “effort shaping” method. Viewpoints, Grotowski, and other methodologies also applied.

COURSE LEARNING OUTCOMES

At the end of the course, students should be able to do the following:

1. Describe the eight elements of Laban efforts.
2. Create stories through movement.
3. Interact in a collaborative style with performers.
4. Have spatial awareness on stage and be able to move as a group.
5. Utilize movement techniques to enhance an acting performance.

REQUIRED TEXTS AND RECOMMENDED STUDY RESOURCES

There is no textbook for this class. You’re welcome. I will occasionally have handouts or require you to read the entire play of a piece you may be performing in class.

You will be required to obtain a yoga mat to use every day in class. You may bring it in each day or leave it in the theatre.

ASSESSMENT AND GRADING

Grades will be based on the following:

Sample Standard Grade Scale Based on Percentages

A	B	C	D	F
A 93-100	B+ 87-89	C+ 77-79	D+ 67-69	F Less than 59
A- 90-92	B 83-86	C 73-76	D 63-66	
	B- 80-82	C- 70-72	D- 60-62	

SPIRITUAL CARE

PLNU strives to be a place where students grow as whole persons. To this end, we provide resources for our students to encounter God and grow in their Christian faith.

If you have questions, a desire to meet with the chaplain, or if you have prayer requests, you can contact the [Office of Student Life and Formation](#).

STATE AUTHORIZATION

State authorization is a formal determination by a state that Point Loma Nazarene University is approved to conduct activities regulated by that state. In certain states outside California, Point Loma Nazarene University is not authorized to enroll online (distance education) students. If a student moves to another state after admission to the program and/or enrollment in an online course, continuation within the program and/or course will depend on whether Point Loma Nazarene University is authorized to offer distance education courses in that state. It is the student's responsibility to notify the institution of any change in his or her physical location. Refer to the map on [State Authorization](#) to view which states allow online (distance education) outside of California.

INCOMPLETES AND LATE ASSIGNMENTS

All assignments are to be submitted/turned in by the beginning of the class session when they are due—including assignments posted in Canvas. Incompletes will only be assigned in extremely unusual circumstances.

PLNU COPYRIGHT POLICY

Point Loma Nazarene University, as a non-profit educational institution, is entitled by law to use materials protected by the US Copyright Act for classroom education. Any use of those materials outside the class may violate the law.

PLNU ACADEMIC HONESTY POLICY

Students should demonstrate academic honesty by doing original work and by giving appropriate credit to the ideas of others. Academic dishonesty is the act of presenting information, ideas, and/or concepts as one's own when in reality they are the results of another person's creativity and effort. A faculty member who believes a situation involving academic dishonesty has been detected may assign a failing grade for that assignment or examination, or, depending on the seriousness of the offense, for the course. Faculty should follow and students may appeal using the procedure in the university Catalog. See [Academic Policies](#) for definitions of kinds of academic dishonesty and for further policy information.

PLNU ACADEMIC ACCOMMODATIONS POLICY

PLNU is committed to providing equal opportunity for participation in all its programs, services, and activities. Students with disabilities may request course-related accommodations by contacting the Educational Access Center (EAC), located in the Bond Academic Center (EAC@pointloma.edu or 619-849-2486). Once a student's eligibility for an accommodation has been determined, the EAC will issue an academic accommodation plan ("AP") to all faculty who teach courses in which the student is enrolled each semester.

PLNU highly recommends that students speak with their professors during the first two weeks of each semester/term about the implementation of their AP in that particular course and/or if they do not wish to utilize some or all of the elements of their AP in that course.

Students who need accommodations for a disability should contact the EAC as early as possible (i.e., ideally before the beginning of the semester) to assure appropriate accommodations can be provided. It is the student's responsibility to make the first contact with the EAC.

SEXUAL MISCONDUCT AND DISCRIMINATION

Point Loma Nazarene University faculty are committed to helping create a safe learning environment for all students. If you (or someone you know) have experienced any form of sexual discrimination or misconduct, including sexual assault, dating or domestic violence, or stalking, know that help and support are available through the Title IX Office at pointloma.edu/Title-IX. Please be aware that under Title IX of the Education Amendments of 1972, it is required to disclose information about such misconduct to the Title IX Office.

If you wish to speak to a confidential employee who does not have this reporting responsibility, you can contact Counseling Services at counselingservices@pointloma.edu or find a list of campus pastors at pointloma.edu/title-ix

COURSE MODALITY DEFINITIONS

- 1. In-Person:** Course meetings are face-to-face with no more than 25% online delivery.
 - 2. Online:** Coursework is completed 100% online and asynchronously.
 - 3. Online Synchronous:** Coursework is completed 100% online with required weekly online class meetings.
 - 4. Hybrid:** Courses that meet face-to-face with required online components.
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PLNU ATTENDANCE AND PARTICIPATION POLICY

Regular and punctual attendance at all class sessions is considered essential to optimum academic achievement. If the student is absent for more than 10 percent of class sessions, the faculty member will issue a written warning of de-enrollment. If the absences exceed 20 percent, the student may be de-enrolled without notice until the university drop date or, after that date, receive the appropriate grade for their work and participation.

ASSIGNMENTS AT-A-GLANCE

PLAY CRITIQUE

You will be required to attend a play off campus. San Diego is one of the best regional theatre cities in the country. If you need help finding a production, I am happy to assist. Using your knowledge from the class and our exploration of movement as it applies to performance, you will write a critique of the shows you attend. Proof of your attendance (i.e. ticket stub, program) will be required as well.

LABAN EXAM

A multiple choice exam will be given, testing your knowledge on the aspects of Laban movement.

SHAKESPEARE MONOLOGUES

We will be using the eight Laban efforts in movement but also as it applies to acting performance. In this piece we will apply it to a Shakespeare monologue, which we will work on in class, and will culminate with a final performance for a grade.

CREATING A CHARACTER

Utilizing Laban and the eight efforts you will develop a character. The purpose of this course is to apply movement techniques to enhance your acting performance. In this performance you will showcase your work in progress for the character you are creating.

PARTNERED MONOLOGUES

Similarly to the Shakespeare monologue we will be working on contemporary monologues, utilizing Laban movement to enhance the performance. In this piece we will work with a prop to help motivate the movement. Again, this is a piece that will be developed in class time and culminate in a final performance of the same piece for a grade.

COURSE SCHEDULE Important Dates

***subject to change per the instructor**

October 20	Midterm - Laban Exam
November 24	Thanksgiving Day - No Class
December 6	Play Critique Due
December 13	Final