PLNUforward

Kinesiology/Point Loma Nazarene University PED 168 Outdoor Adventures 1 Unit

#### Spring 2022

Additional info:	<ul> <li>Phone: 619-849-2206</li> <li>E-mail: rhills@pointloma.edu</li> <li>Office location and hours: Kinesiology office 2</li> <li>Additional info:</li> </ul>		
Final Exam: scheduled day			
Meeting location: Gym, Santee			
<b>Meeting times:</b> 10 – 11:40 am			
Meeting days: Tuesday-Thursday	Instructor title and name: Mr. Rich Hills		

# PLNU Mission 🕏

#### To Teach ~ To Shape ~ To Send

Point Loma Nazarene University exists to provide higher education in a vital Christian community where minds are engaged and challenged, character is modeled and formed, and service becomes an expression of faith. Being of Wesleyan heritage, we aspire to be a learning community where grace is foundational, truth is pursued, and holiness is a way of life.

# COURSE DESCRIPTION

Instruction in the necessary skills and use of proper equipment for safe, enjoyable wilderness outings. Concepts of survival, route-finding, leadership and trip planning for backpacking, rock climbing, and whitewater rafting are part of the student's experience. Offered on a Quad basis. Special fee for transportation and food.

#### **COURSE LEARNING OUTCOMES**

The student will demonstrate the rope skills of belaying, climbing and rappelling.

The student will climb the Amphitheatre climb at the Santee Rocks

The student will demonstrate safety, care of equipment and spotting

#### **COURSE CREDIT HOUR INFORMATION** (Online and blended classes only. Fill in the blanks.)

In the interest of providing sufficient time to accomplish the stated Course Learning Outcomes, this class meets the PLNU credit hour policy for a \_1 unit class delivered over \_7\_ weeks. Specific details about how the class meets the credit hour requirement can be provided upon request.

### ASSESSMENT AND GRADING 🗩

Rope skills

- Belay				6pts.	
- C	limber			4pts.	
- R	appelling			6pts.	
Santee Climb				25pts.	
Participation (13 @ 5pts.)				65pts.	
Weekend #1				15pts.	
Weekend #2				30pts.	
Total:				151pts.	
A = 90% +	B = 80% +	C = 70% +	D = 60% +	F = 59% -	
		-			

# FINAL EXAMINATION POLICY

Successful completion of this class requires taking the final examination **on its scheduled day**. The final examination schedule is posted on the <u>Class Schedules</u> site. No requests for early examinations or alternative days will be approved.

NOTE: The following policies are to be used without changes:

# PLNU COPYRIGHT POLICY 🗩

Point Loma Nazarene University, as a non-profit educational institution, is entitled by law to use materials protected by the US Copyright Act for classroom education. Any use of those materials outside the class may violate the law.

# PLNU ACADEMIC HONESTY POLICY

Students should demonstrate academic honesty by doing original work and by giving appropriate credit to the ideas of others. Academic <u>dis</u>honesty is the act of presenting information, ideas, and/or concepts as one's own when in reality they are the results of another person's creativity and effort. A faculty member who believes a situation involving academic dishonesty has been detected may assign a failing grade for that assignment or examination, or, depending on the seriousness of the offense, for the course. Faculty should follow and students may appeal using the procedure in the university Catalog. See <u>Academic Policies</u> for definitions of kinds of academic dishonesty and for further policy information.

# PLNU ACADEMIC ACCOMMODATIONS POLICY

If you have a diagnosed disability, please contact PLNU's Disability Resource Center (DRC) within the first two weeks of class to demonstrate need and to register for accommodation by phone at 619-849-2486 or by e-mail at <u>DRC@pointloma.edu</u>. See <u>Disability Resource Center</u> for additional information.

# PLNU ATTENDANCE AND PARTICIPATION POLICY

Regular and punctual attendance at all classes is considered essential to optimum academic achievement. If the student is absent from more than 10 percent of class meetings, the faculty member can file a written report which may result in de-enrollment. If the absences exceed 20 percent, the student may be de-enrolled without notice until the university drop date or, after that date, receive the appropriate grade for their work and participation. See <u>Academic Policies</u> in the Undergraduate Academic Catalog.