

**Humanities Honors
Foundational Explorations (FELO) Assessment
Fa2020 – Sp2021**

Learning Outcome:

GELO2a: Students will develop an understanding of the self that fosters personal wellbeing.

Outcome Measure:

HON350

Humanities Honors Portfolio and Integrative Essay

Portfolio: Select 7-12 written assignments in Humanities Honors Courses that represent your best work and provide the basis for your integrative essay.

Integrative Essay: Write a 5-7 page essay that integrates various strands of insight into your personal, spiritual, and intellectual growth.

Criteria for Success:

87% of students completing the Humanities Honors Program will reach Level 3 or higher as directed in the PSY101 GE Autobiography Rubric.

Longitudinal Data:

Percentage of Level 3 or Higher:

Year	Percentage of Level 3 or Higher:
Spring 2018	90%
Spring 2019	93%
Fall 2020	94%
Spring 2021	80%

Conclusions Drawn from Data:

While it is too early to draw conclusions, it appears that the Program has met the criteria for success.

Changes to Be Made Based on Data:

No change suggested at this time.

PSY101 GE Autobiography Rubric

GELO 2.a. Students will develop an understanding of self that fosters personal wellbeing

	Capstone	Milestones		Benchmark
	4	3	2	1
Understanding of story	Student has made dramatic increases in the understanding of their story.	Student has made significant increases in the understanding of their story.	Student has made some increases in the understanding of their story.	Student has made minimal to no increases in the understanding of their story.
Exhibits accurate perceptions of situations to facilitate wellbeing	Independently and quickly implements strategies for correcting thought distortions.	Learns and implements strategies for correcting thought distortions.	Recognizes one's own tendencies toward thought distortions and situations in which they occur but has difficulty implementing strategies for correcting thought distortions.	Begins to understand that we create our own feelings through our perceptions.
Articulates an understanding of healthy and satisfying relationships	Student consistently creates positive methods of developing and maintaining healthy/satisfying relationships.	Student has demonstrated flexible behavior in order to maintain healthy/satisfying relationships.	Student recognizes one's own self-defeating patterns of interaction but has not yet began implementing appropriate behavior changes to maintain healthy/satisfying relationships.	Student begins to understand the components of self-defeating patterns of interaction that prohibit maintaining healthy/satisfying relationships.