

# PSY3000-2 SP22 - Personality And Adult Development

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## ***To Teach ~ To Shape ~ To Send***

*Point Loma Nazarene University exists to provide higher education in a vital Christian community where minds are engaged and challenged, character is modeled and formed, and service becomes an expression of faith. Being of Wesleyan heritage, we aspire to be a learning community where grace is foundational, truth is pursued, and holiness is a way of life.*

<b>Instructor:</b>	Max E. Butterfield, Ph.D.
<b>Email:</b>	mbutter@pointloma.edu
<b>Office Phone:</b>	(619) 849-2405 (email preferred)
<b>Office:</b>	Culbertson Hall 105 (working remotely when possible)
<b>Office hours:</b>	Appointments available T/TH 2:00 PM - 5:00 PM <a href="https://calendar.google.com/calendar/u/0/selfsched?sstoken=UU1NQ2x2ak51ZDc4fGRIZmF1bHR8ZDJmMjEzZGVjY2RiZThlMTY2NTczYjlmZGVjMTNlO">Click here to book an appointment! (https://calendar.google.com/calendar/u/0/selfsched?sstoken=UU1NQ2x2ak51ZDc4fGRIZmF1bHR8ZDJmMjEzZGVjY2RiZThlMTY2NTczYjlmZGVjMTNlO)</a>
<b>Teaching Assistant:</b>	Berlin Lema
<b>Email:</b>	blema766@pointloma.edu
<b>Class Modality and Location:</b>	Modality: Traditional Location: Taylor Hall 105
<b>Class Meetings:</b>	Wednesday

<b>meetings:</b>	3:00 - 6:15 PM
<b>Units:</b>	4
<b>Final Exam:</b>	Monday, May 2, 2021 1:30 - 4:00 PM
<b>Text:</b>	<i>None, all required materials will be provided free of charge.</i>

## COURSE DESCRIPTION

From the catalog: “An introductory survey of classic theories and contemporary empirical research in the fields of personality and adult development psychology. Distinct domains of knowledge regarding human nature, individual differences, and adult development and aging are covered. Emphasis is placed on developing a greater capacity for self-awareness and critical thinking.”

## COURSE OUTLINE

Timeframe	Topic
Week 1	Introduction to personality
Week 2	Person perception
Week 3	Personality testing
Week 4	Personality throughout the lifespan
Week 5	Capstone 1: Personality basics
Week 6	Personality and the brain
Week 7	Personality, evolution, and genetics

Week 8	Freudian personality theory
Week 9	Neo-Freudian personality theory
Week 10	Capstone 2: Personality, mind, and body
Week 11	Humanism, positive psychology, and personality
Week 12	Behaviorism, social learning, and personality
Week 13	Cognitive theories of personality
Week 14	Self and personality
Week 15	Capstone 3: Perspectives on personality

## COURSE LEARNING OUTCOMES

Our most important and basic objectives are for students to...

- Evaluate classic theories and contemporary empirical research in the fields of personality and adult development psychology
- Explore philosophical and empirical approaches to understanding human nature, individual differences, and adult development and aging
- Develop a greater capacity for self-awareness and critical thinking

## COURSE CREDIT HOUR INFORMATION

In the interest of providing sufficient time to accomplish the stated Course Learning Outcomes, this class meets the PLNU credit hour policy for a four unit class delivered over 15 weeks. Specific details about how the class meets the credit hour requirement can be provided by the university or our accrediting bodies.

## **STATE AUTHORIZATION**

State authorization is a formal determination by a state that Point Loma Nazarene University is approved to conduct activities regulated by that state. In certain states outside California, Point Loma Nazarene University is not authorized to enroll online (distance education) students. If a student moves to another state after admission to the program and/or enrollment in an online course, continuation within the program and/or course will depend on whether Point Loma Nazarene University is authorized to offer distance education courses in that state. It is the student's responsibility to notify the institution of any change in his or her physical location. Refer to the map on State Authorization to view which states allow online (distance education) outside of California.

## **USE OF TECHNOLOGY**

In order to be successful in the online environment, you'll need to meet the minimum technology and system requirements; please refer to the Technology and System Requirements information. Additionally, students are required to have headphone speakers compatible with their computer available to use. If a student is in need of technological resources please contact student-tech-request@pointloma.edu. Problems with technology do not relieve you of the responsibility of participating, turning in your assignments, or completing your class work.

## **PLNU ATTENDANCE AND PARTICIPATION POLICY**

Regular and punctual attendance at all synchronous class sessions is considered essential to optimum academic achievement. If the student is absent for more than 10 percent of class sessions (virtual or face-to-face), the faculty member may issue a written warning of de-enrollment. If the absences exceed 20 percent, the student may be de-enrolled without notice until the university drop date or, after that date, receive the appropriate grade for their work and participation. For example, when absences reach 20 percent, the final letter grade will be adjusted down one full letter grade to account for lost learning due to diminished participation and engagement (e.g., from an A to B).

### **Asynchronous Attendance/Participation Definition**

In some courses, a portion of the credit hour content will be delivered asynchronously and attendance will be determined by submitting the assignments by the posted due dates. See Academic Policies in the Undergraduate Academic Catalog. If absences exceed these limits but are due to university excused health issues, an exception will be granted. A day of attendance in asynchronous content is determined

as contributing a substantive note, assignment, discussion, or submission by the posted due date. Failure to meet these standards will result in an absence for that day.

## **LATE ASSIGNMENTS**

Please pay close attention to the **due date** and the **available until** date. They are different. All assignments are due on the due date, but they are still eligible for credit until the available until date. After assignments expire, they are not eligible for credit without an official excused absence. Official excused absences are given by the Provost's Office.

## INCOMPLETES

Incompletes for the course will only be assigned in extremely unusual circumstances.

## FINAL EXAMINATION POLICY

Successful completion of this class requires taking the final examination **on its scheduled day**. The final examination schedule is posted on the [Class Schedules](http://www.pointloma.edu/experience/academics/class-schedules) (<http://www.pointloma.edu/experience/academics/class-schedules>). No requests for early examinations or alternative days will be approved.

## COURSE OUTLINE

See Course Summary (below) for the schedule of activities. You will work closely with me to track your hours and develop meaningful projects according to your own timeline.

## PLNU COPYRIGHT POLICY

Point Loma Nazarene University, as a non-profit educational institution, is entitled by law to use materials protected by the US Copyright Act for classroom education. Any use of those materials outside the class may violate the law.

## PLNU ACADEMIC HONESTY POLICY

Students should demonstrate academic honesty by doing original work and by giving appropriate credit to the ideas of others. Academic dishonesty is the act of presenting information, ideas, and/or concepts as one's own when in reality they are the results of another person's creativity and effort. A faculty member who believes a situation involving academic dishonesty has been detected may assign a failing grade for that assignment or examination, or, depending on the seriousness of the offense, for the course. Faculty should follow and students may appeal using the procedure in the university Catalog. See [Academic Policies](http://catalog.pointloma.edu/content.php?catoid=18&navoid=1278) (<http://catalog.pointloma.edu/content.php?catoid=18&navoid=1278>) for definitions of kinds of academic dishonesty and for further policy information.

## **PLNU ACADEMIC ACCOMMODATIONS POLICY**

While all students are expected to meet the minimum standards for completion of this course as established by the instructor, students with disabilities may require academic adjustments, modifications or auxiliary aids/services. At Point Loma Nazarene University (PLNU), these students are requested to register with the Disability Resource Center (DRC), located in the Bond Academic Center. (DRC@pointloma.edu or 619-849-2486). The DRC's policies and procedures for assisting such students in the development of an appropriate academic adjustment plan (AP) allows PLNU to comply with Section 504 of the Rehabilitation Act and the Americans with Disabilities Act. Section 504 (a) prohibits discrimination against students with special needs and guarantees all qualified students equal access to and benefits of PLNU programs and activities. After the student files the required documentation, the DRC, in conjunction with the student, will develop an AP to meet that student's specific learning needs. The DRC will thereafter email the student's AP to all faculty who teach courses in which the student is enrolled each semester. The AP must be implemented in all such courses.

If students do not wish to avail themselves of some or all of the elements of their AP in a particular course, it is the responsibility of those students to notify their professor in that course. PLNU highly recommends that DRC students speak with their professors during the first two weeks of each semester about the applicability of their AP in that particular course and/or if they do not desire to take advantage of some or all of the elements of their AP in that course.

## **CHANGE IN SYLLABUS OR SCHEDULE**

It is possible that I will make modifications to the syllabus or schedule during the semester. If this occurs, I will make an announcement by email, in class, or both.

## **ASSESSMENT AND GRADING**

Your final letter grade will be determined by a variety of assessments of your engagement, knowledge, and ability to apply what you have learned. Your grade will be determined by the overall percentage of points at the end of the semester. In order to ensure fair grading, I will calculate your grade using both total points and z scores, which measure your performance compared with the performance of the class (i.e., grading on a 'curve'). The score that will ultimately be used for you is the one that results in

the **higher** of the scores. In order to pass this course, however, you must earn at least 50 % of all possible points.

Grade	Minimum Points Needed	Percentage Needed	z Score Needed	Cumulative Percent	Percent Who Receive	Category Cumulative Percent
A	465	93 %	1.33	9.2 %	9.2%	
A-	450	90 %	1.00	15.9 %	6.7%	15.9%
B+	440	88 %	.67	25.1 %	9.3%	
B	420	84 %	.33	37.1 %	11.9%	
B-	400	80 %	.00	50 %	12.9%	34.1%
C+	385	77 %	-.33	62.9 %	12.9%	
C	350	70 %	-1.00	84.1 %	21.2%	
C-	325	65 %	-1.33	90.8 %	6.7%	40.8%
D+	310	62 %	-1.67	95.3 %	4.4%	
D	275	55 %	-2.00	97.7 %	2.5%	
D-	250	50 %	-2.33	99 %	1.3%	
F	0	0	< -2.33	100 %	1.0%	9.2%

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## Course Summary:

Date	Details	Due
Fri Jan 14, 2022	 <a href="https://canvas.pointloma.edu/courses/60402/assignments/734513">Activity 01: Introduction to Personality</a> <a href="https://canvas.pointloma.edu/courses/60402/assignments/734513">https://canvas.pointloma.edu/courses/60402/assignments/734513</a>	due by 11:59pm