

# Course Syllabus

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## Basic Course Information



**Department of Psychology**

**PSY 3000-1: Personality and  
Adult Development**

**4 Units**

**Spring 2022**

**Class Meetings: M/W 2:45-4:30pm**

**Class Location: Taylor Hall 313**

**Final Exam: Monday 1:30-4:00**

## Basic Professor Information

**Instructor: Rosemond T. Lorona, Ph.D.**

**Phone: 619.849. 3305**

**Email: [rlorona@pointloma.edu](mailto:rlorona@pointloma.edu) (<mailto:rlorona@pointloma.edu>)**

**Office Location: Culbertson 214**

**Office Hours** are times that students can ask the professor questions, get help on assignments, review past work/exams, or seek advice.

**M/W/F 8:45-9:45am** - at these times, my door is open and you can drop by my office without an appointment

You can also schedule an appointment for in-person or Zoom office

hours: <https://calendar.google.com/calendar/u/0/selfsched?>

[sstoken=UUZENFhVN29pR1BzfGRIZmF1bHR8ZTQ2NWNhMmVIYTgzYzU2NDQyZml1ZTcxN2JhZDAwNT](https://calendar.google.com/calendar/u/0/selfsched?)

[/https://calendar.google.com/calendar/u/0/selfsched?](https://calendar.google.com/calendar/u/0/selfsched?)


[sstoken=UUZENFhVN29pR1BzfGRIZmF1bHR8ZTQ2NWNhMmVIYTgzYzU2NDQyZml1ZTcxN2JhZDAwNTE\)](https://calendar.google.com/calendar/u/0/selfsched?)

[sstoken](https://calendar.google.com/calendar/u/0/selfsched?)

[UUZENFhVN29pR1BzfGRIZmF1bHR8ZTQ2NWNhMmVIYTgzYzU2NDQyZml1ZTcxN2JhZDAwNTE\)](https://calendar.google.com/calendar/u/0/selfsched?)

TA: Sabrina Deulofeu [smdeulofeu0018@pointloma.edu](mailto:smdeulofeu0018@pointloma.edu)

[\(mailto:smdeulofeu0018@pointloma.edu\)](mailto:smdeulofeu0018@pointloma.edu)

TA office hours: Wednesdays 1:30-2:30pm, drop in using [this Zoom link](https://pointloma.zoom.us/j/94399113806) 

[\(https://pointloma.zoom.us/j/94399113806\)](https://pointloma.zoom.us/j/94399113806) (no appointment necessary)

## PLNU Mission

### To Teach ~ To Shape ~ To Send

Point Loma Nazarene University exists to provide higher education in a vital Christian community where minds are engaged and challenged, character is modeled and formed, and service is an expression of faith. Being of Wesleyan heritage, we strive to be a learning community where grace is foundational, truth is pursued, and holiness is a way of life.

## COURSE DESCRIPTION

Catalog: “An introductory survey of classic theories and contemporary empirical research in the psychology of personality and adult development. Emphasis is placed on the importance of developing a capacity for critical evaluation.”

Human behavior and the inner workings of the mind are vast, complex puzzles. People in the field of psychology seek to understand and piece together these puzzles using a variety of tools and theories. This course will provide an in-depth examination of the theories of human personality and how people develop in adulthood. We will discuss a variety of topics, including measurement of personality; trait, biological, psychoanalytic, cognitive, social, and humanistic theories of personality; and progress and challenges of specific life stages. You will also have the opportunity to read recent research in the field and apply personality to contexts, including (but not limited to) the workplace, personal relationships, and clinical work. I hope your learning in this class will further your personal and professional goals!

## **COURSE LEARNING OUTCOMES**

1. Understand, compare, and evaluate various personality theories/perspectives.
2. Identify major stages of adult development and discuss the personality, social, cognitive, and physical changes in each.
3. Critically evaluate and discuss empirical methods and findings in personality psychology.
4. Reflect on personal applications of personality and development, and effectively communicate these ideas verbally and through writing.

## **REQUIRED TEXT**

th  
The Personality Puzzle (8 Ed) by David C. Funder.

Hardcover ISBN: 978-0-393-42178-1; Paperback ISBN: 978-0-393-42180-4

Additional readings will be posted on Canvas.

## **REQUIRED TECHNOLOGY**

Learning Demonstrations and Assignments will be submitted through Canvas, so each student will need access to a computer.

## **COURSE CREDIT HOUR INFORMATION**

In the interest of providing sufficient time to accomplish the stated Course Learning Outcomes, this class meets the PLNU credit hour policy for a 4 unit class delivered over 15 weeks. It is anticipated that students will spend a minimum of 37.5 participation hours per credit hour on their coursework. For this course, students will spend an estimated 150 total hours meeting the course learning outcomes. The time estimations are provided in the Canvas modules. Dedicating adequate time to your learning will help you succeed and is especially important if you want an A in the course. Think of it as: hours spent --> points earned. Specific details about how the class meets the credit hour requirement can be provided upon request.

## **STATE AUTHORIZATION**

State authorization is a formal determination by a state that Point Loma Nazarene University is approved to conduct activities regulated by that state. In certain states outside California, Point Loma Nazarene University is not authorized to enroll online (distance education) students. If a student moves to another state after admission to the program and/or enrollment in an online course, continuation within the program and/or course will depend on whether Point Loma Nazarene University is authorized to offer distance education courses in that state. It is the student's responsibility to notify the institution of any change in his or her physical location. Refer to the map on [State Authorization](#) to view which states allow online (distance education) outside of California.

## COURSE ASSIGNMENTS

**Article Discussion (15% of final grade):** Throughout the course, there will be thought-provoking empirical articles assigned. You will need to closely read the article and provide a written response. You will write two thoughtful discussion questions and a thoughtful response to each. This portion of the assignment will serve as a jumping off point for group discussion in class. More specific instructions and a rubric are in the Canvas assignment.

**Development Critical Thinking Questions (20% of final grade).** To learn more about stages of development and the personality, social, cognitive, and physical changes that occur in those stages, outside readings and/or videos will be assigned throughout the semester. Students will submit written responses to questions that require critical evaluation and application. These will be completed outside of class time, but this information could appear on learning demonstrations. More information is in the Canvas modules.

**Reflections, Connections, Questions, and Examples (5% of final grade).** Over the semester, you will compile and submit 12 total writing responses, or entries. Each entry will address a writing prompt provided in class. Prompts will vary to provide opportunities for your own reflections, connections between concepts, questions, and examples. A writing prompt will be provided at least once each week, but you only need to turn in 12 of your choice. You should write out the date, the specific prompt, and a thoughtful response that is at least 1 paragraph long. Entries will be graded as credit/no credit, as this assignment is primarily for personal benefit and accountability for participation/course engagement.

**Midterm Learning Demonstrations (25% final grade):** The midterms will consist of multiple choice questions that will require not only recognition of concepts, but comparisons, evaluations, and applications of concepts. Learning demonstrations will emphasize material that we talked about in class and was addressed in lectures, but to earn an A, you will need to also study the assigned readings.

**Final Paper (15% of final grade).** For this assignment, you will reflect on what you know about your self in terms of personality and aging. You should discuss personal applications of specific concepts discussed in this course. More detailed instructions can be found in the Canvas assignment.

**Final Learning Demonstration (20% final grade):** For your final learning demonstration, you will respond to questions that will require cumulative knowledge of personality psychology and adult development.

## ASSESSMENT AND GRADING

Student grades will be posted in the Canvas grade book. It is important to read the comments posted in the grade book as these comments are intended to help students improve their work. Final grades will be posted within one week of the end of the class. Grades will be weighted as listed above and determined based on the

following:

A = 93-100%

A- = 90-92.9%

B+ = 88-89.9%

B = 84-87.9%

B- = 80-83.9%

C+ = 77-79.9%

C = 70-76.9%

C- = 65-69.9%

D+ = 62-64.9%

D = 55-61.9%

D- = 50-54.9%

F = 49.9% or less

## **COURSE POLICIES AND EXPECTATIONS**

### **General and Attendance**

Any changes to the syllabus (including course expectations and assignments) will be announced in class and/or as a Canvas announcement. Students are responsible for actively monitoring Canvas updates.

Students are responsible for all content/material that is found within the Canvas course. Regular and punctual attendance at all class sessions is considered essential to optimum academic achievement. Attendance will be taken at the beginning of class. If you are more than 15 minutes late to class, you will be counted absent. If you leave class early, you will be counted absent unless you notify me before class begins. If the student is absent for more than 10 percent of class sessions the faculty member will issue a written warning of de-enrollment. If the absences exceed 20 percent, the student may be de-enrolled without notice until the university drop date or, after that date, receive the appropriate grade for their work and participation. See [Academic Policies](https://catalog.pointloma.edu/content.php?catoid=46&navoid=2650#Class_Attendance) ([https://catalog.pointloma.edu/content.php?catoid=46&navoid=2650#Class\\_Attendance](https://catalog.pointloma.edu/content.php?catoid=46&navoid=2650#Class_Attendance)) in the Undergraduate Academic Catalog. If absences exceed these limits but are due to university excused health issues, an

exception will be granted. Out of respect and care for one another, please do not attend class if you are feeling ill in any way. You will not miss points for being absent (just follow overall attendance policy above). Additionally, we will be wearing masks according to the university policies.

If you miss class, you are responsible for obtaining [from a classmate] lecture material, class exercises, and all in-class announcements AND submit any assignments on time, if applicable.

As long as we are meeting in-person, I will not be recording lectures to post online.

I strongly encourage students to get vaccinated and stay vigilant about COVID to avoid missing class due to illness.

There is no extra credit. The assignments and learning demonstrations are meaningful opportunities to show how much you have learned and how much time you are dedicating to learning the material.

### **Submitting Assignments**

All due dates are posted in advance on Canvas. You may submit assignments early. Late work is accepted for 10 days, including weekend days, after the original due date. Canvas will automatically deduct 10% from the grade for each late day. For example, an assignment submitted 3 days late can earn up to 70% of the available points.

End-of-semester assignments may not be submitted late after the final exam (to accommodate faculty grading deadlines). Note that work submitted late may also be graded later. One freebee – students can exchange their no-questions-asked freebee for a one-week extension on one deadline (Does not apply to learning demonstrations. Does not allow students to submit end-of-semester assignments after the final exam). To use your freebee, submit your late work on Canvas and include a submission comment saying that you are using the freebee. Freebee can be used at any point in the semester, but cannot be used retroactively.

Assignments are individual work; you are expected to complete the work on your own. Work submitted on Canvas must be in .doc, .docx, or .pdf file types only. The student is responsible for making sure Canvas files work and go through Turnitin. Files that do not open, are in the wrong file type, and/or can't go through Turnitin will be considered late until the problem is rectified.

### **Learning Demonstration (LD) Information**

LDs may consist of multiple choice, fill-in-the-blank, and/or short answer questions. You may be required to interpret and apply information based on assigned readings, lectures, and learning activities. All LDs require cumulative knowledge. You will be tested on the current unit and previous units. LDs will be taken during in-person class using Canvas. On test day, each student must bring an electronic device to take their

LD (laptop recommended; phone or tablet is NOT recommended). The LD is not open internet or open-book. You may bring one 3"x 5" index card with any notes on it to use. A make-up midterm LD is available in cases of documentable emergency or illness or if the student provides at least 2 weeks' notice of a non-emergency absence. The make-up LD must be taken within 2 weeks of the original test date and it is up to the student to contact the professor to schedule a time to take the LD in a proctored setting. Each student may not have more than one make-up midterm LD per semester. There is no option to re-take a LD that was previously attempted. The final LD cannot be dropped or missed for any reason. Successful completion of this course requires the on-time completion of the Final LD (final exam) on Monday 5/2 from 1:30-4pm.

**About Contacting Me.** I welcome your questions (about class or otherwise) and would enjoy hearing from you throughout the semester. Do not hesitate to email me or take advantage of office hours. I will give prompt email replies during the day Monday - Friday. It is not guaranteed that I will read emails in the evenings and weekends, so please do not leave important questions for the last minute!

## **PLNU COPYRIGHT POLICY**

Point Loma Nazarene University, as a non-profit educational institution, is entitled by law to use materials protected by the US Copyright Act for classroom education. Any use of those materials outside the class may violate the law.

## **PLNU ACADEMIC HONESTY POLICY**

Students should demonstrate academic honesty by doing original work and by giving appropriate credit to the ideas of others. Academic dishonesty is the act of presenting information, ideas, and/or concepts as one's own when in reality they are the results of another person's creativity and effort. Academic dishonesty also includes such acts as cheating, fabrication of information, misrepresentations, having unauthorized possession of exams or acquiring/providing information about exams to offer/get an advantage. Academic dishonesty may lead to a zero for that assignment or examination and/or an F for the course. Faculty should follow and students may appeal using the procedure in the university Catalog. See [Academic Policies](#)

<https://catalog.pointloma.edu/content.php?catoid=52&navoid=2919> for definitions of kinds of academic dishonesty and for further information.


## **PLNU ACADEMIC ACCOMMODATIONS POLICY**

PLNU is committed to providing equal opportunity for participation in all its programs, services, and activities. Students with disabilities may request course-related accommodations by contacting the Educational Access Center (EAC), located in the Bond Academic Center (EAC@pointloma.edu or 619-849-2486). Once a student's eligibility for an accommodation has been determined, the EAC will issue an academic accommodation plan ("AP") to all faculty who teach courses in which the student is enrolled each semester. PLNU highly recommends that students speak with their professors during the first two weeks of each semester/term about


the implementation of their AP in that particular course and/or if they do not wish to utilize some or all of the elements of their AP in that course. Students who need accommodations for a disability should contact the EAC as early as possible (i.e., ideally before the beginning of the semester) to assure appropriate accommodations can be provided. It is the student's responsibility to make the first contact with the EAC.

## **SPIRITUAL CARE**

Please be aware PLNU strives to be a place where you grow as whole persons. To this end, we provide resources for our students to encounter God and grow in their Christian faith.

If students have questions, a desire to meet with the chaplain or have prayer requests you can contact the [Office of Spiritual Development](https://www.pointloma.edu/offices/spiritual-development)  (<https://www.pointloma.edu/offices/spiritual-development>)

## **USE OF TECHNOLOGY**

In order to be successful in the online environment, you'll need to meet the minimum technology and system requirements; please refer to the [Technology and System Requirements](https://help.pointloma.edu/TDClient/1808/Portal/KB/ArticleDet?ID=108349)  (<https://help.pointloma.edu/TDClient/1808/Portal/KB/ArticleDet?ID=108349>) information. Additionally, students are required to have headphone speakers compatible with their computer available to use. If a student is in need of technological resources please contact [student-tech-request@pointloma.edu](mailto:student-tech-request@pointloma.edu) (<mailto:student-tech-request@pointloma.edu>).

Problems with technology do not relieve you of the responsibility of participating, turning in your assignments, or completing your class work.

## **TITLE IX OFFICE**



If you or someone you know would like help related to an experience of sexual violence including sexual assault, harassment, domestic violence, dating violence, stalking or other type of non-consensual sexual conduct, please contact the Title IX Coordinator at PLNU, Danielle Brown Friberg (619-849-2313). Reporting is also available on the Title IX website. The Title IX office understands the sensitive nature of these situations and can provide information about available on- and off-campus resources. Staff members at the office will also explain your rights and the judicial process options, if you choose to file a complaint. If you or someone you know feels unsafe or may be in imminent danger, please call the PLNU Department of Public Safety (619-849-2525) or local police department (9-1-1) immediately.

## STUDENT SUCCESS AND WELLNESS

If you or someone you know would like help related to a physical or mental health problem, (e.g., depression, anxiety, difficulty focusing on school or managing daily needs, grief, trauma resolution, sleep or eating changes, etc.), and/or would like academic assistance, please contact the appropriate office using the following information.

Counseling Services 619-849-2574; [sdwellnesscenter@pointloma.edu](mailto:sdwellnesscenter@pointloma.edu)  
(<mailto:sdwellnesscenter@pointloma.edu>)

Educational Access Center 619-849-2533; [eac@pointloma.edu](mailto:eac@pointloma.edu)  
(<mailto:eac@pointloma.edu>) Medical Services 619-849-2280;  
[sdwellnesscenter@pointloma.edu](mailto:sdwellnesscenter@pointloma.edu)

(<mailto:sdwellnesscenter@pointloma.edu>)  
(<mailto:sdwellnesscenter@pointloma.edu>)

Tutorial Services 619-849-2953; [tutorialservices@pointloma.edu](mailto:tutorialservices@pointloma.edu)  
(<mailto:tutorialservices@pointloma.edu>)

## SCHEDULE

Course Schedule

[Week 1](#): Jan. 11-14

Introductions, Big Ideas of  
Personality; Ch. 1

(Class on Tues. and Wed.)

<a href="#">Week 2</a> : Jan. 15-21 No Monday Class (MLK Day)	Methods of Studying Personality; Ch. 2	
<a href="#">Week 3</a> : Jan. 22-28	Personality Assessment; Ch. 3	
<a href="#">Week 4</a> : Jan. 29-Feb 4	Persons and Situations; Ch. 4	<a href="#">Gotz et al. (2021) Discussion (Wednesday)</a>
<a href="#">Week 5</a> : Feb. 5 - 11	Review Trait Approaches; Ch 6	<a href="#">Midterm Learning Demonstration 1 (Monday)</a>
<a href="#">Week 6</a> : Feb. 12 - 18	Trait Approaches; Ch. 6	<a href="#">Major Stages of Adulthood Module</a> and <a href="#">Critical Thinking (Friday)</a>
<a href="#">Week 7</a> : Feb. 19 - 25	Personality Stability, Development, and Change; Ch. 7	
<a href="#">Week 8</a> : Feb. 26 - March 4	Anatomy and Physiology of Personality; Ch. 8	<a href="#">Physical Development in Adulthood Module (Friday) Writing Entries (Friday)</a>

Spring Break

<a href="#">Week 9</a> : March 12 - 18	Genetic and Evolutionary Perspectives of Personality; Ch. 9	<a href="#">Brown et al. (2020) Discussion (Monday)</a>  <a href="#">Midterm Learning Demonstration 2 (Wednesday)</a>
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<a href="#"><u>Week 10:</u></a> March 19 - 25	Psychodynamic Perspectives of Personality; Ch. 10-11	<a href="#"><u>Attachment Through the Life Course Module and Critical Thinking (Friday)</u></a>
<a href="#"><u>Week 11:</u></a> March 26 - April 1	Humanistic and Positive Perspectives of Personality; Ch. 12	<a href="#"><u>Wilt et al. (2017) Discussion (Wednesday)</u></a>
<a href="#"><u>Week 12:</u></a> April 2 - 8	Cultural Influences on Personality; Ch. 13	<a href="#"><u>The Developing Parent Module and Critical Thinking (Friday)</u></a>
<a href="#"><u>Week 13:</u></a> April 9 - 15	Learning, Motivation, and Emotion Perspectives of Personality; Ch. 14	<a href="#"><u>Midterm Learning Demonstration 3 (Monday)</u></a>
<a href="#"><u>Week 14:</u></a> April 16 - 22 No Monday Class (Easter)	Learning, Motivation, and Emotion Perspectives of Personality; Ch. 14	<a href="#"><u>Aging Module and Critical Thinking (Friday)</u></a>
<a href="#"><u>Week 15:</u></a> April 23 - 29	Health and Personality Disorders; Ch. 17	<a href="#"><u>Final Paper (Friday)</u></a> <a href="#"><u>Writing Entries (Friday)</u></a>
Final Exam: Monday May 2 @ 1:30-4pm		<a href="#"><u>Final Learning Demonstration</u></a>