

 <p>POINT¹⁹LOMA⁰² NAZARENE UNIVERSITY</p>	<p>Department of Communication Studies</p> <p>TRE 3054-1 Movement</p> <p>3 Units</p>
<p>Fall 2021</p>	

Meeting days: Tues/Thurs	Instructor title and name: Jamie Criss, MFA
Meeting times: 8:00 - 9:15am	Phone: n/a
Meeting location: Salomon Theatre	Email: jcriss@pointloma.edu
Final Exam: Thursday, December 16th, 7:30 - 10:00 am	Office location and hours: Cabrillo Annex 102 (next to mail pickup)

PLNU Mission

To Teach ~ To Shape ~ To Send

Point Loma Nazarene University exists to provide higher education in a vital Christian community where minds are engaged and challenged, character is modeled and formed, and service is an expression of faith. Being of Wesleyan heritage, we strive to be a learning community where grace is foundational, truth is pursued, and holiness is a way of life.

COURSE DESCRIPTION

Introduction to the Laban “effort shaping” method. Essential for the study of mime, mask, and advanced stage movement techniques.

COURSE LEARNING OUTCOMES

At the end of the course, you should be able to do the following:

1. Describe the eight elements of Laban efforts.
2. Create stories through movement.
3. Interact in a collaborative style with performers.
4. Have spatial awareness on stage and be able to move as a group.
5. Utilize movement techniques to enhance an acting performance.

REQUIRED TEXTS AND RECOMMENDED STUDY RESOURCES

There is no textbook for this class. You’re welcome. I will occasionally have handouts or require you to read the entire play of a piece you may be performing in class.

REQUIRED ATTIRE / EQUIPMENT

You must attend all classes in comfortable, movable clothing akin to activewear. Leggings, sweatpants, or loose clothing you can move in is required. No jeans, nothing that you would have to tug or adjust during class. I recommend sports bras and other undergarments that keep you strapped in. The theatre tends to get quite chilly as we approach winter so I also recommend socks.

You will also need to bring a yoga mat to class. If you would like to leave it in the theatre (I can secure it in the prop closet) that is an option so you don't have to carry it around all day but this is up to you. Target and Amazon have affordable options. Consider this purchase in lieu of a textbook.

COURSE CREDIT HOUR INFORMATION

In the interest of providing sufficient time to accomplish the stated Course Learning Outcomes, this class meets the PLNU credit hour policy for a 3 unit class delivered over 15 weeks. It is anticipated that students will spend a minimum of 37.5 participation hours per credit hour on their coursework. For this course, students will spend an estimated 112.5 total hours meeting the course learning outcomes. The time estimations are provided in the Canvas modules.

ASSESSMENT AND GRADING

Grades will be based on the following:

Sample Standard Grade Scale Based on Percentages

A	B	C	D	F
A 93-100	B+ 87-89	C+ 77-79	D+ 67-69	F Less than 59
A- 90-92	B 83-86	C 73-76	D 63-66	
	B- 80-82	C- 70-72	D- 60-62	

STATE AUTHORIZATION

State authorization is a formal determination by a state that Point Loma Nazarene University is approved to conduct activities regulated by that state. In certain states outside California, Point Loma Nazarene University is not authorized to enroll online (distance education) students. If a student moves to another state after admission to the program and/or enrollment in an online course, continuation within the program and/or course will depend on whether Point Loma Nazarene University is authorized to offer distance education courses in that state. It is the student's responsibility to notify the institution of any change in his or her physical location. Refer to the map on [State Authorization](#) to view which states allow online (distance education) outside of California.

INCOMPLETES AND LATE ASSIGNMENTS

All assignments are to be submitted/turned in by the beginning of the class session when they are due—including assignments posted in Canvas. Incompletes will only be assigned in extremely unusual circumstances.

PLNU COPYRIGHT POLICY

Point Loma Nazarene University, as a non-profit educational institution, is entitled by law to use materials protected by the US Copyright Act for classroom education. Any use of those materials outside the class may violate the law.

PLNU ACADEMIC HONESTY POLICY

Students should demonstrate academic honesty by doing original work and by giving appropriate credit to the ideas of others. Academic dishonesty is the act of presenting information, ideas, and/or concepts as one's own when in reality they are the results of another person's creativity and effort. A faculty member who believes a situation involving academic dishonesty has been detected may assign a failing grade for that assignment or examination, or, depending on the seriousness of the offense, for the course. Faculty should follow and students may appeal using the procedure in the university Catalog. See [Academic Policies](#) for definitions of kinds of academic dishonesty and for further policy information.

PLNU ACADEMIC ACCOMMODATIONS POLICY

PLNU is committed to providing equal opportunity for participation in all its programs, services, and activities. Students with disabilities may request course-related accommodations by contacting the Educational Access Center (EAC), located in the Bond Academic Center (EAC@pointloma.edu or 619-849-2486). Once a student's eligibility for an accommodation has been determined, the EAC will issue an academic accommodation plan ("AP") to all faculty who teach courses in which the student is enrolled each semester.

PLNU highly recommends that students speak with their professors during the first two weeks of each semester/term about the implementation of their AP in that particular course and/or if they do not wish to utilize some or all of the elements of their AP in that course.

Students who need accommodations for a disability should contact the EAC as early as possible (i.e., ideally before the beginning of the semester) to assure appropriate accommodations can be provided. It is the student's responsibility to make the first contact with the EAC.

PLNU ATTENDANCE AND PARTICIPATION POLICY

Regular and punctual attendance at all class sessions is considered essential to optimum academic achievement. If the student is absent for more than 10 percent of class sessions, the

faculty member will issue a written warning of de-enrollment. If the absences exceed 20 percent, the student may be de-enrolled without notice until the university drop date or, after that date, receive the appropriate grade for their work and participation.

SPIRITUAL CARE

Please be aware PLNU strives to be a place where you grow as whole persons. To this end, we provide resources for our students to encounter God and grow in their Christian faith.

If students have questions, a desire to meet with the chaplain or have prayer requests you can contact the [Office of Spiritual Development](#).

ASSIGNMENTS AT-A-GLANCE

PLAY CRITIQUES (50 points each, 100 total)

You will be required to attend two plays this semester. The PLNU Fall play *Pride and Prejudice* (which goes up in November), as well as one outside play. San Diego is one of the best regional theatre cities in the country. If you need help finding a production, I am happy to assist. Using your knowledge from the class and our exploration of movement as it applies to performance, you will write a critique of the shows you attend. Proof of your attendance (i.e. ticket stub, program) will be required as well.

SHAKESPEARE / LABAN MONOLOGUE (50 points)

We will be using the eight Laban efforts in movement but also as it applies to acting performance. In this piece we will apply it to a Shakespeare monologue, which we will work on in class, and will culminate with a final performance for a grade.

PARTNERED MONOLOGUE (50 points)

Similarly to the Shakespeare monologue we will be working on contemporary monologues, utilizing Laban movement to enhance the performance. In this piece we will work with a prop to help motivate the movement. Again, this is a piece that will be developed in class time and culminate in a final performance of the same piece for a grade.

MIDTERM PERFORMANCE: Creating a Character (100 points)

Creating a Character will be an ongoing project you will work on throughout the semester. The purpose of this course is to apply movement techniques to enhance your acting performance. In this midterm performance you will showcase your work in progress for the character you are creating.

FINAL PERFORMANCE: Creating a Character (200 points)

As a culmination of your Creating a Character project, the final performance will be an interview, held by myself and your classmates of your character. You will have worked on and rehearsed the movement of your character and have a full understanding of who they are as a person, enough to do an improvisation as your character, answering any questions that I or your classmates should have.

LABAN EXAM (100 points)

A multiple choice exam will be given, testing your knowledge on the aspects of Laban movement.

IMPORTANT DATES

Note: this is a non-exhaustive look at what the semester will be like. Below are due dates for exams and assignments (which, since this is a performance course, is in the form of a performance). This class is highly dependent on class participation. Movement as a course, requires you to be here, in class, moving your body. Your physical body is your instrument and you learn by doing, not by reading or writing or listening to lectures alone. I am asking you to step outside your comfort zone, get out of your head and into the body. This class is not just about the individual mover. It is about moving in space, and in relation to other movers. So turning up to class is not important for your own success, but for the success of the group.

There is a chance we need more time on a certain section of the course and in that event, a due date may change. I will communicate any of those changes clearly with you in person or over Canvas announcements. Because this course relies heavily on participation I encourage you to take extra good care of your health and make wise choices throughout the semester. I highly suggest wearing a mask, even when outdoors, if you are in close physical proximity to others.

September 2	Introductions / Go over syllabus
October 5	Laban Exam
October 12	Shakespeare / Laban Monologue Performances
October 28	Midterm: Creating a Character
November 4	Partnered Monologue Performances
November 16	PLNU's <i>Pride and Prejudice</i> Play Critique Due
November 25	Thanksgiving Day - No Class - Reminder that we live on stolen land
November 30	Outside Play Critique Due
December 16	Final Performance: Creating a Character 7:30 - 10:00 am (per everyone's schedules, I do not think we need to start that early. TBD on actual start time).