

**KIN 6051: Seminar in Kinesiology (2 units)**

Details

**Meeting days:** Online, optional webinars  
Tuesdays

**Instructor title and name:** Ted Vickey

**Meeting times:** 5:30pm Pacific

**Phone:** 619.849.7111

**Meeting location:** Online (Zoom)

**E-mail:** tedvickey@pointloma.edu

**Final Exam:** None

**Office location and hours:**

Zoom (online)

By appointment  
at [www.meetme.so/tedvickey](http://www.meetme.so/tedvickey)

## COURSE DESCRIPTION

This course will engage students in relevant Kinesiology issues in order to solve current problems and lead future initiatives. Industry experts will be invited to present on a broad range of topics including sport management, fitness entrepreneurship, faithful leadership, media and public relations, sport and fitness technology, corporate wellness, behavior change and other topics of interest to students.

## INSTITUTIONAL LEARNING OUTCOMES (ILO)

**1. Learning, Informed by our Faith in Christ**

Students will acquire knowledge of human cultures and the physical and natural world while developing skills and habits of the mind that foster lifelong learning.

**2. Growing, In a Christ-Centered Faith Community**

Students will develop a deeper and more informed understanding of others as they negotiate complex professional, environmental and social contexts.

**3. Serving, In a Context of Christian Faith**

Students will serve locally and/or globally in vocational and social settings.

## PROGRAM LEARNING OUTCOMES (PLO)

The Point Loma Nazarene University MS-KIN graduate will be able to:

1. Appraise current research data in Kinesiology and integrate it into professional practice to solve relevant problems and make effective decisions.
2. Work independently and with a team to persuasively communicate essential information in their discipline.
3. Demonstrate appropriate breadth of knowledge of the background and principle research in their specialization in order to conduct an independent research project.
4. Serve various populations, integrating compassionate care and the Christian faith with their professional practice.
5. Pursue an active and growing involvement in their discipline by achieving advanced certification and/or membership in a related professional organization.

## COURSE LEARNING OUTCOMES (CLO)

After completing this course, students will be able to:

1. Understand and appreciate issues within the context of their discipline to solve related industry problems.
2. Engage in professional networking with industry experts to advance their knowledge of disciplines within Kinesiology and their career opportunities within those disciplines.
3. Enhance their professional brand and career prospects through completing a professional bio (i.e. LinkedIn profile).

## ASSESSMENT AND GRADING

### Grading Percentage

Course Assignment	Percentage
Discussion Board Participation	30%
Weekly Tweets	20%
Book of the Week	20%
BrandU Discussions	30%

## LEARNING MODULES

### Weekly schedule

Module	Assignments (subject to change)
Module 1	<ul style="list-style-type: none"> <li>• Course introduction</li> <li>• Topic of the Week</li> <li>• Book of the Week</li> <li>• Weekly discussion</li> <li>• Weekly Tweets</li> </ul>

<b>Module 2</b>	<ul style="list-style-type: none"> <li>• Topic of the Week</li> <li>• Book of the Week</li> <li>• Weekly discussion</li> <li>• Weekly Tweets</li> </ul>
<b>Module 3</b>	<ul style="list-style-type: none"> <li>• Topic of the Week</li> <li>• Book of the Week</li> <li>• Weekly discussion</li> <li>• Weekly Tweets</li> </ul>
<b>Module 4</b>	<ul style="list-style-type: none"> <li>• Topic of the Week</li> <li>• Book of the Week</li> <li>• Weekly discussion</li> <li>• Weekly Tweets</li> </ul>
<b>Module 5</b>	<ul style="list-style-type: none"> <li>• Topic of the Week</li> <li>• Book of the Week</li> <li>• Weekly discussion</li> <li>• Weekly Tweets</li> </ul>
<b>Module 6</b>	<ul style="list-style-type: none"> <li>• Topic of the Week</li> <li>• Book of the Week</li> <li>• Weekly discussion</li> <li>• Weekly Tweets</li> </ul>
<b>Module 7</b>	<ul style="list-style-type: none"> <li>• Topic of the Week</li> <li>• Book of the Week</li> <li>• Weekly discussion</li> <li>• Weekly Tweets</li> </ul>
<b>Module 8</b>	<ul style="list-style-type: none"> <li>• Topic of the Week</li> <li>• Book of the Week</li> <li>• Weekly discussion</li> <li>• Weekly Tweets</li> </ul>

- 1. Discussion Board Participation (25%):** Assesses Course Learning Outcomes #1 and #2: We have supplemented the course text and lecture materials with current evidence-based journal articles, relevant videos, books and other types of journals. These readings are provided via electronic access to journal articles. It is expected that course material will be read before posting to the discussion board so that informed and lively discussion may be the primary focus of class meetings. After the readings, you will respond to questions on the Discussion Board on Canvas.
- 2. Weekly Tweets (20%):** Assesses Course Learning Outcomes #1-3: At the end of each week, you will send ten (10) tweets that contain #KIN651. These tweets should highlight the major themes, facts and/or key points we discussed or that you learned during the week.
- 3. Book of the Week (30%):** Assesses Course Learning Outcomes #1: During each week, you will read a book abstract and share a discussion post what you learned from the book and how it could apply to the Kinesiology industry.

4. **BrandU Discussions (25%):** Assesses Course Learning Outcomes #2: During each week, you will share a discussion post regarding the importance of your personal brand in eight different components.

## COURSE CREDIT HOUR INFORMATION

### Distribution of Student Learning Hours

It is anticipated that students will spend a minimum of 37.5 participation hours per credit hour on their coursework. As a graduate course, students can expect the work in this class to be significant, and students should plan on spending 15-20 hours a week engaged in the course. The estimated time expectations for this course are shown below:

Course Assignments

	Hours
Online Class Sessions	10
Online Participation in forums, groups, etc.	15
Readings/Viewing/Listening	15
Assignments	15
Other Assignments & Learning Activities	20
<b>Total Course Hours</b>	<b>75</b>

### Percentage Grade Scale

#### Percentage Grade Scale

A 93-100    B- 80-82    D+ 67-69

A- 90-92    C+ 77-79    D 63-66

B+ 87-89    C 73-76    D- 60-62

B 83-86    C- 70-72    F 0-59

## PLNU ATTENDANCE AND PARTICIPATION POLICY

Regular and punctual attendance at all classes is considered essential to optimum academic achievement. If the student is absent from more than 10 percent of class meetings, the faculty member can file a written report which may result in de-enrollment. If the absences exceed 20 percent, the student may be de-enrolled without notice until the university drop date or, after that date,

receive the appropriate grade for their work and participation. See Academic Policies in the Graduate and Professional Studies Catalog for additional detail.

## Attendance Policy for Fully Online Courses

Students taking online courses are expected to attend each week of the course. Attendance is defined as participating in an academic activity within the online classroom which includes posting in a graded activity in the course. (Note: Logging into the course does not qualify as participation and will not be counted as meeting the attendance requirement.)

Students who do not attend at least once in any 3 consecutive days will be issued an attendance warning. Students who do not attend at least once in any 7 consecutive days will be dropped from the course retroactive to the last date of recorded attendance.

Students who anticipate being absent for an entire week of a course should contact the instructor in advance for approval and make arrangements to complete the required coursework and/or alternative assignments assigned at the discretion of the instructor. Acceptance of late work is at the discretion of the instructor and does not waive attendance requirements.

## Discussion Policy

Class participation and professionalism are expected in this course. It is your responsibility to access Canvas regularly and to participate in class discussions, as your interaction with the course content, the instructor, your colleagues, and the learning process directly influences your levels of success in the course.

To reinforce and expand upon the material covered, each week you will be expected to craft **one (1)** detailed post in response to the discussion board question(s) provided. **Each original discussion board post must be at least 300 words in length, include at least one citation (in APA format), and is due by Friday at 11:59 pm.**

Following your original post, you will then be asked to craft at least **one (1)** post in response to the work of your colleagues to demonstrate your understanding and application of the concepts presented, as well as to further the class discussion in a meaningful way. **Your response posts must be at least 200 words in length and must be crafted in a way to offer an additional perspective, a new point of view and/or some other type of substantive information to further the discussion and the learning process. Response posts are due by Sunday at 11:59 pm.**

Please note that late submissions will not be considered for credit.

## ACADEMIC STANDING

Graduate students at Point Loma must obtain a 3.0 GPA to remain in good standing in the MS Kinesiology program:

Additionally, all graduate students need to earn a C or higher in all graduate courses according to the catalog grading policy:

*Traditional letter grades (A, B, C, D, F) including plus and minus grades are used to indicate the level of scholarship earned for each course. Except for the correction of an error, all traditional letter grades are final at the conclusion of the academic term. Once the degree has been posted on the student's official transcript, no change of grade action is allowed for courses leading to the degree. The grade of C is the lowest grade acceptable for graduate credit.*

## Late Assignments

All assignments are to be submitted by the due date and time listed in the calendar via **Canvas**.

While there are due dates for weekly assignments, you are welcome to post your work earlier in the week. In our discussions, late work means that others may not have the opportunity to respond to your comments. It also means that you will not have the benefit of as much interaction with other students as you will have if your assignment is posted on time. If you know you will be away on the day your assignment is due, please post your work before you leave. Missed exams or quizzes may **ONLY** be made up with a legal, written excuse. A missed exam for an approved reason **MUST** be completed prior to returning to the next class meeting. Late work will **NOT** be accepted or graded; assignments will be considered late if posted **after midnight Pacific Standard Time on the day they are due**.

## Participation

Your participation (think of this as 'contribution') in the course is monitored and graded. Your interaction with the course content, the instructor, fellow students, and the learning process directly influences your level of success in the course. You need to demonstrate that you have truly completed the assigned readings, shared what you learned from them, and demonstrate understanding and application of the concepts presented. Participation in the course will benefit your overall online experience as well as the experience of others in the course.

## Prompt Submission of Assignments

While there are due dates for weekly assignments, you are welcome to post your work earlier in the week. In our discussions, late work means that others may not have the opportunity to respond to your comments. It also means that you will not have the benefit of as much interaction with other students as you will have if your assignment is posted on time. If you know you will be away on the day your assignment is due, please post your work before you leave.

## INSTRUCTOR FEEDBACK

Assignments will be graded as soon after the due date as possible and grades for the week will be posted to the Canvas gradebook by Tuesday night of the following week. If an immediate response is needed email or phone the instructor.

## COURSE POLICIES

Point Loma Nazarene University, as a non-profit educational institution, is entitled by law to use materials protected by the US Copyright Act for classroom education. Any use of those materials outside the class may violate the law.

### Academic Honesty

Students should demonstrate academic honesty by doing original work and by giving appropriate credit to the ideas of others. As explained in the university catalog, academic dishonesty is the act of presenting information, ideas, and/or concepts as one's own when in reality they are the results of another person's creativity and effort. Violations of university academic honesty include cheating, plagiarism, falsification, aiding the academic dishonesty of others, or malicious misuse of university resources. A faculty member who believes a situation involving academic dishonesty has been detected may assign a failing grade for a) that particular assignment or examination, and/or b) the course following the procedure in the university catalog. Students may appeal also using the procedure in the university catalog. See [Academic Policies](#) for further information.

### Use of Technology

In order to be successful in the online environment, you'll need to meet the minimum technology and system requirements; please refer to the Technology and System Requirements page.

Problems with technology do not relieve you of the responsibility of participating, turning in your assignments, or completing your class work.

If you do need technical help you may click on the HELP button (located on the top-right corner of Canvas) and choose from whom you want assistance, or you may contact the campus helpdesk (619-849-2222).

### **Academic Accommodations**

While all students are expected to meet the minimum standards for completion of this course as established by the instructor, students with disabilities may require academic adjustments, modifications or auxiliary aids/services. At Point Loma Nazarene University (PLNU), these students are requested to register with the Disability Resource Center (DRC), located in the Bond Academic Center. ([DRC@pointloma.edu](mailto:DRC@pointloma.edu) or 619-849-2486). The DRC's policies and procedures for assisting such students in the development of an appropriate academic adjustment plan (AP) allows PLNU to comply with Section 504 of the Rehabilitation Act and the Americans with Disabilities Act. Section 504 (a) prohibits discrimination against students with special needs and guarantees all qualified students equal access to and benefits of PLNU programs and activities. After the student files the required documentation, the DRC, in conjunction with the student, will develop an AP to meet that student's specific learning needs. The DRC will thereafter email the student's AP to all faculty who teach courses in which the student is enrolled each semester. The AP must be implemented in all such courses.

If students do not wish to avail themselves of some or all of the elements of their AP in a particular course, it is the responsibility of those students to notify their professor in that course. PLNU highly recommends that DRC students speak with their professors during the first two weeks of each semester about the applicability of their AP in that particular course and/or if they do not desire to take advantage of some or all of the elements of their AP in that course.

### **Spiritual Care**

PLNU strives to be a place where you grow as a whole person. To this end, we provide resources for our graduate students to encounter God and grow in their Christian faith. You'll find faith integration activities throughout this course. In addition, there are resources for your Christian faith journey available on the [Graduate Student Life](#) webpage.

### **PLNU ACADEMIC HONESTY POLICY**

Students should demonstrate academic honesty by doing original work and by giving appropriate credit to the ideas of others. Academic dishonesty is the act of presenting information, ideas, and/or concepts as one's own when in reality they are the results of another person's creativity and effort. A faculty member who believes a situation involving academic dishonesty has been detected may assign a failing grade for that assignment or examination, or, depending on the seriousness of the offense, for the course. Faculty should follow and students may appeal using the procedure in the University Catalog. See Academic Policies in the Graduate and Professional Studies Catalog for definitions of kinds of academic dishonesty and for further policy information.

### **FINAL EXAMINATION POLICY**

Successful completion of this class requires taking the final examination (if required) **on its scheduled day**. No requests for early examinations or alternative days will be approved.

### **STATE AUTHORIZATION**

State authorization is a formal determination by a state that Point Loma Nazarene University is approved to conduct activities regulated by that state. In certain states outside California, Point Loma Nazarene University is not authorized to enroll online (distance education) students. If a student moves to another state after admission to the program and/or enrollment in an online course, continuation within the program and/or course will depend on whether Point Loma Nazarene University is authorized to offer distance education courses in that state. It is the student's responsibility to notify the institution of any change in his or her physical location. Refer to the map using the below link to view which states allow online (distance education) outside of California.

### **State Authorization Map Color Key**

For additional information on authorizations, refund policies, adverse actions, and complaint contacts, please click on the color-coded button located on each state.

- **Green:** Distance Education Allowed and Internships Allowed
- **Yellow:** Distance Education Allowed, Internships May Be Allowed
- **Brown:** Distance Education Allowed, Internships Not Allowed
- **Purple:** Distance Education Not Allowed, Internships Allowed
- **Blue:** Distance Education Not Allowed, Internships May Be Allowed
- **Red:** Distance Education and Internships Not Allowed