

Course Syllabus

[Jump to Today](#)
 **Edit**

 <p>POINT LOMA NAZARENE UNIVERSITY</p>	<p>Kinesiology/Point Loma Nazarene</p> <p>Beginning Tennis PED 1020</p> <p>1 Unit</p>
<p>Fall 2020</p>	

<p>Meeting days: Tuesday/Thursday</p>	<p>Professor Rich Hills</p>
<p>Meeting times: Sec.1 - 9:30 - 10:20 am</p> <p style="text-align: right;">Sec. 3 - 11:00 - 11:50 am</p>	<p>Phone: 619-849-2206</p>
<p>Meeting location: TBD</p>	<p>Email: rhills@pointloma.edu</p>
<p>Final Exam: TBD</p>	<p>Office location and hours: Kinesiology #2</p>
<p>Additional info:</p>	<p>Additional info:</p>

PLNU Mission

To Teach ~ To Shape ~ To Send

Point Loma Nazarene University exists to provide higher education in a vital Christian community where minds are engaged and challenged, character is modeled and formed, and service is an expression of faith. Being of Wesleyan heritage, we strive to be a learning community where grace is foundational, truth is pursued, and holiness is a way of life.

COURSE DESCRIPTION

Note: Fundamental techniques, rules, court play, and etiquette of the sport of tennis

COURSE LEARNING OUTCOMES

- 1) You will participate in learning the sport of tennis and participate in a lifetime activity
- 2) You will demonstrate the tennis forehand and backhand ground strokes, the tennis serve and the volley.
- 3) You will learn the rules, scoring, mechanics of play and the etiquette expected from tennis players.
- 4) You will learn the positions, strategies and mechanics of singles and doubles play.

COURSE CREDIT HOUR INFORMATION

In the interest of providing sufficient time to accomplish the stated Course Learning Outcomes, this class meets the PLNU credit hour policy for a 1 unit class delivered over 14 weeks. Specific details about how the class meets the credit hour requirement can be provided upon request. (Based on 37.5 hours of student engagement per credit hour.)

Distribution of Student Learning Hours

Category	Time Expectation in Hours
Online Participation in Discussions, Groups, etc.	5
Other Assignments & Learning Activities	28
Quizzes, Surveys	2
Total Hours	35

COURSE SCHEDULE AND ASSIGNMENTS

- Watch a Video of the Week
- Take a 20-30 sec video of your progress each week and post to canvas
- Post questions and comments in discussion board
- Practice 1-2 hrs on court per week
- State the knowledge, rules, etiquette and mechanics

ASSESSMENT AND GRADING

- 1) Participation in weekly practice, video of the week and self-video reporting
pts 210
- 2) Demonstrate knowledge of rules, court lines, etiquette and playing mechanics quiz 35 pts
- 3) Participate in discussion board
25 pts
- 4) Watch and review 4 YouTube instructional videos
40 pts

Standard Grade Scale Based on Percentages

A	B	C	D	F
A 90-100	B+ 87-89	C+ 77-79	D+ 67-69	F Less than 59
	B 83-86	C 73-76	D 63-66	
	B- 80-82	C- 70-72	D- 60-62	

STATE AUTHORIZATION

State authorization is a formal determination by a state that Point Loma Nazarene University is approved to conduct activities regulated by that state. In certain states outside California, Point Loma Nazarene University is not authorized to enroll online (distance education) students. If a student moves to another state after admission to the program and/or enrollment in an online course, continuation within the program and/or course will depend on whether Point Loma Nazarene University is authorized to offer distance education courses in that state. It is the student's responsibility to notify the institution of any change in his or her physical location. Refer to the map on [State Authorization \(https://www.pointloma.edu/offices/office-institutional-effectiveness-research/disclosures\)](https://www.pointloma.edu/offices/office-institutional-effectiveness-research/disclosures) to view which states allow online (distance education) outside of California.

INCOMPLETES AND LATE ASSIGNMENTS

All assignments are to be submitted/turned in by the beginning of the class session when they are due—including assignments posted in Canvas. Incompletes will only be assigned in extremely unusual circumstances.

PLNU COPYRIGHT POLICY

Point Loma Nazarene University, as a non-profit educational institution, is entitled by law to use materials protected by the US Copyright Act for classroom education. Any use of those materials outside the class may violate the law.

PLNU ACADEMIC HONESTY POLICY

Students should demonstrate academic honesty by doing original work and by giving appropriate credit to the ideas of others. Academic dishonesty is the act of presenting information, ideas, and/or concepts as one's own when in reality they are the results of another person's creativity and effort. A faculty member who believes a situation involving academic dishonesty has been detected may assign a failing grade for that assignment or examination, or, depending on the seriousness of the offense, for the course. Faculty should follow and students may appeal using the procedure in the university Catalog. See [Academic Policies](http://catalog.pointloma.edu/content.php?catoid=18&navoid=1278) (<http://catalog.pointloma.edu/content.php?catoid=18&navoid=1278>) for definitions of kinds of academic dishonesty and for further policy information.

PLNU ACADEMIC ACCOMMODATIONS POLICY

While all students are expected to meet the minimum standards for completion of this course as established by the instructor, students with disabilities may require academic adjustments, modifications or auxiliary aids/services. At Point Loma Nazarene University (PLNU), these students are requested to register with the Disability Resource Center (DRC), located in the Bond Academic Center. (DRC@pointloma.edu (<https://mail.google.com/mail/?view=cm&fs=1&tf=1&to=DRC@pointloma.edu>) or 619-849-2486). The DRC's policies and procedures for assisting such students in the development of an appropriate academic adjustment plan (AP) allows PLNU to comply with Section 504 of the Rehabilitation Act and the Americans with Disabilities Act. Section 504 (a) prohibits discrimination against students with special needs and guarantees all qualified students equal access to and benefits of PLNU programs and activities. After the student files the required documentation, the DRC, in conjunction with the student, will develop an AP to meet that student's specific learning needs. The DRC will thereafter email the student's AP to all faculty who teach courses in which the student is enrolled each semester. The AP must be implemented in all such courses.

If students do not wish to avail themselves of some or all of the elements of their AP in a particular course, it is the responsibility of those students to notify their professor in that course. PLNU highly recommends that DRC students speak with their professors during the first two weeks of each semester about the applicability of their AP in that particular course and/or if they do not desire to take advantage of some or all of the elements of their AP in that course.

PLNU ATTENDANCE AND PARTICIPATION POLICY

Regular and punctual attendance at all synchronous class sessions is considered essential to optimum academic achievement. If the student is absent for more than 10 percent of class sessions (virtual or face-to-face), the faculty member will issue a written warning of de-enrollment. If the absences exceed 20 percent, the student may be de-enrolled without notice until the university drop date or, after that date, receive the appropriate grade for their work and participation. In some courses, a portion of the credit hour content will be delivered asynchronously and attendance will be determined by submitting the assignments by the posted due dates. See [Academic Policies](http://catalog.pointloma.edu/content.php?catoid=18&navoid=1278) (<http://catalog.pointloma.edu/content.php?catoid=18&navoid=1278>) in the Undergraduate Academic Catalog. If absences exceed these limits but are due to university excused health issues, an exception will be granted.

Asynchronous Attendance/Participation Definition

A day of attendance in asynchronous content is determined as contributing a substantive note, assignment, discussion, or submission by the posted due date. Failure to meet these standards will result in an absence for that day. Instructors will determine how many asynchronous attendance days are required each week.

SPIRITUAL CARE

Please be aware PLNU strives to be a place where you grow as whole persons. To this end, we provide resources for our students to encounter God and grow in their Christian faith.

If students have questions, a desire to meet with the chaplain or have prayer requests you can contact the [Office of Spiritual Development](https://www.pointloma.edu/offices/spiritual-development) (<https://www.pointloma.edu/offices/spiritual-development>)

USE OF TECHNOLOGY





In order to be successful in the online environment, you'll need to meet the minimum technology and system requirements; please refer to the [Technology and System Requirements](https://help.pointloma.edu/TDClient/1808/Portal/KB/ArticleDet?ID=108349) (<https://help.pointloma.edu/TDClient/1808/Portal/KB/ArticleDet?ID=108349>) information.
















Problems with technology do not relieve you of the responsibility of participating, turning in your assignments, or completing your class work.
















ASSIGNMENTS AT-A-GLANCE














The table below lists our assignments and their due dates. Click on any assignment to review it.





Course Summary:

Date	Details	
Thu May 21, 2020	 Sample Zoom Session #1 Agenda page https://canvas.pointloma.edu/courses/52953/assignments/511815	due by 1pm
Tue Aug 18, 2020	 PED1020-1 FA20 - Beginning Tennis https://canvas.pointloma.edu/calendar?event_id=52196&include_contexts=course_52953	9:30am to 10:15am
	 PED1020-3 FA20 - Beginning Tennis https://canvas.pointloma.edu/calendar?event_id=52283&include_contexts=course_52953	11pm to 11:45pm
	 Week 1 Overview	to do: 11:59pm

Date	Details	
Fri Aug 21, 2020	 Week 1: Video of the Week  Week 1 Discussion: Where are you from and what is your tennis experience if any? https://canvas.pointloma.edu/courses/52953/assignments/511813	to do: 11:59pm due by 11:59pm
Tue Aug 25, 2020	 Week 2 Overview  Week 2: Video of the Week  Week 1 Assignment https://canvas.pointloma.edu/courses/52953/assignments/511817  Week 2 Assignment https://canvas.pointloma.edu/courses/52953/assignments/539230	to do: 11:59pm to do: 11:59pm due by 11:59pm due by 11:59pm
Fri Aug 28, 2020	 Week 2 Discussion: Spins and hitting https://canvas.pointloma.edu/courses/52953/assignments/539229	due by 11:59pm
Tue Sep 1, 2020	 Week 3 Overview  Week 3: Video of the Week	to do: 11:59pm to do: 11:59pm
Sun Sep 6, 2020	 Week 3 Discussion: Grips https://canvas.pointloma.edu/courses/52953/assignments/540233  Week 3 Assignment https://canvas.pointloma.edu/courses/52953/assignments/540234	due by 11:59pm due by 11:59pm
Tue Sep 8, 2020	 Week 4 Overview  Week 4: Video of the Week  Week 4 Assignment https://canvas.pointloma.edu/courses/52953/assignments/540238	to do: 11:59pm to do: 11:59pm due by 11:59pm
Fri Sep 11, 2020	 Week 4 Discussion: Forehand part 1 https://canvas.pointloma.edu/courses/52953/assignments/540237	due by 11:59pm

Date	Details	
Tue Sep 15, 2020	 Week 5 Overview	to do: 11:59pm
	 Week 5: Video of the Week	to do: 11:59pm
	 Week 5 Assignment: (https://canvas.pointloma.edu/courses/52953/assignments/540241)	due by 11:59pm
Fri Sep 18, 2020	 Week 5 Discussion: Forehand part 2 (https://canvas.pointloma.edu/courses/52953/assignments/540240)	due by 11:59pm
	 Week 6 Overview	to do: 11:59pm
Tue Sep 22, 2020	 Week 6: Video of the Week	to do: 11:59pm
	 Week 6 Assignment: (https://canvas.pointloma.edu/courses/52953/assignments/540244)	due by 11:59pm
	 Week 6 Discussion: Two handed backhand (https://canvas.pointloma.edu/courses/52953/assignments/540243)	due by 11:59pm
Fri Sep 25, 2020	 Week 7: Video of the Week	to do: 11:59pm
	 Week 7: Video of the Week Copy	to do: 11:59pm
	 Week 7 Assignment: (https://canvas.pointloma.edu/courses/52953/assignments/540246)	due by 11:59pm
	 Week 7 Assignment: Copy (https://canvas.pointloma.edu/courses/52953/assignments/541521)	due by 11:59pm
	 Week 6 Discussion: Copy (https://canvas.pointloma.edu/courses/52953/assignments/541520)	due by 11:59pm
Fri Oct 2, 2020	 Week 7 Discussion: Single handed backhand (https://canvas.pointloma.edu/courses/52953/assignments/540245)	due by 11:59pm
	 Week 8 Assignment: (https://canvas.pointloma.edu/courses/52953/assignments/541423)	due by 11:59pm

Date	Details	due by 11:59pm
Fri Oct 9, 2020	 Week 8 Discussion: Tennis scoring, court lines and etiquette https://canvas.pointloma.edu/courses/52953/assignments/541422	due by 11:59pm
Tue Oct 13, 2020	 Week 9 Assignment: https://canvas.pointloma.edu/courses/52953/assignments/541523	due by 11:59pm
Fri Oct 16, 2020	 Week 9 Discussion: Serve part 1 https://canvas.pointloma.edu/courses/52953/assignments/541522	due by 11:59pm
Fri Oct 23, 2020	 Week 10 Discussion: Serve part 2 https://canvas.pointloma.edu/courses/52953/assignments/541625	due by 11:59pm
Tue Oct 27, 2020	 Week 10 Assignment: https://canvas.pointloma.edu/courses/52953/assignments/541626	due by 11:59pm
Tue Oct 27, 2020	 Week 10 Assignment: https://canvas.pointloma.edu/courses/52953/assignments/541542	due by 11:59pm
Fri Oct 30, 2020	 Week 11 Discussion: Net play https://canvas.pointloma.edu/courses/52953/assignments/541549	due by 11:59pm
Tue Nov 3, 2020	 Week 11 Assignment: https://canvas.pointloma.edu/courses/52953/assignments/541550	due by 11:59pm
Thu Nov 5, 2020	 Week 12 Discussion: Forehand volley at net https://canvas.pointloma.edu/courses/52953/assignments/541541	due by 11:59pm
Fri Nov 6, 2020	 Week 12 Discussion: Net play https://canvas.pointloma.edu/courses/52953/assignments/541686	due by 11:59pm
Tue Nov 10, 2020	 Week 12 Assignment: https://canvas.pointloma.edu/courses/52953/assignments/541687	due by 11:59pm
Fri Nov 13, 2020	 Week 13 Discussion: Full play https://canvas.pointloma.edu/courses/52953/assignments/541717	due by 11:59pm
Tue Nov 17, 2020	 Week 13 Assignment: https://canvas.pointloma.edu/courses/52953/assignments/541718	due by 11:59pm

Date	Details	
Fri Nov 20, 2020	 Week 14 Discussion: Doubles (https://canvas.pointloma.edu/courses/52953/assignments/541719)	due by 11:59pm
Tue Nov 24, 2020	 Week 14 Assignment: (https://canvas.pointloma.edu/courses/52953/assignments/541720)	due by 11:59pm
	 Week 1 Activity Log Minutes (https://canvas.pointloma.edu/courses/52953/assignments/511816)	
	 Wellness Survey (https://canvas.pointloma.edu/courses/52953/assignments/511818)	