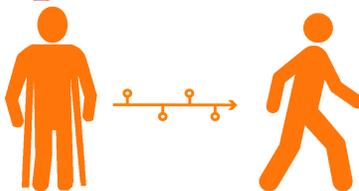


KIN688: Internship/Practicum in Kinesiology



Dates: 8/31/2020 - 12/20,

Meeting Day/Time: Rem

Location: Remote

Credit Hours: 1-3

PLNU Mission

To Teach ~ To Shape ~ To Send

Point Loma Nazarene University exists to provide higher education in a vital Christian community where minds are engaged and challenged, character is modeled and formed, and service becomes an expression of faith. Being of Wesleyan heritage, we aspire to be a learning community where grace is foundational, truth is pursued, and holiness is a way of life.

INSTRUCTOR INFORMATION



Instructor: Dr. Arnel Aguinaldo

Phone: 619-250-0184

Email: aaguinal@pointloma.edu

Office Hours: upon request

COURSE DESCRIPTION

The internship/practicum experience presents opportunities for students to pursue practical work in their chosen field of study that relates to their professional plans. The department expects the student to have completed coursework and have the necessary experience to carry out the objectives of the internship as well as possess the habits and motivation to be of benefit to the sponsoring agency. Furthermore, the student must understand that he/she represents Point Loma Nazarene University during the entire internship and therefore should act professionally and ethically at all times.

INSTITUTIONAL LEARNING OUTCOMES (ILO)

1. Learning, Informed by our Faith in Christ

Students will acquire knowledge of human cultures and the physical and natural world while developing skills and habits of the mind that foster lifelong learning.

2. Growing, In a Christ-Centered Faith Community

Students will develop a deeper and more informed understanding of others as they negotiate complex professional, environmental and social contexts.

3. Serving, In a Context of Christian Faith

Students will serve locally and/or globally in vocational and social settings.

PROGRAM LEARNING OUTCOMES (PLO)

The Point Loma Nazarene University MS-KIN graduate will be able to:

1. Appraise current research data in Kinesiology and integrate it into professional practice to solve relevant problems and make effective decisions .
2. Work independently and with a team to persuasively communicate essential information in their discipline.
3. Demonstrate appropriate breadth of knowledge of the background and principle research in their specialization in order to conduct an independent research project.
4. Serve various populations, integrating compassionate care and the Christian faith with their professional practice.
5. Pursue an active and growing involvement in their discipline by achieving advanced certification and/or membership in a related professional organization.

COURSE LEARNING OUTCOMES (CLO)

An essential component of the Internship/Practicum experience is to give the graduate student direct, relevant experience in her/his discipline. Therefore, each internship experience should accomplish at least 3 of the Program Learning Outcomes (PLO) of the MS-KIN program (see above "Program Learning Outcomes"). The intern and coordinator should agree on which of the following MS-KIN program learning outcomes will be met by the internship experience through the various assignments outlined on pg. 4. The two will work together to evaluate the extent to which the student met these outcomes as a result of the experience.

INTERNSHIP GUIDELINES

Below are listed the required amount of hours for each credit:

3 credits =120-150 total hours (10 hours/week, 15 weeks)

2 credits =75-100 total hours (7 hours/week, 15 weeks)

1 credit =40-50 total hours (4 hours/week, 10-12 weeks)

There is flexibility in hours per week as long as the total hours are completed. For example, a student may desire to work 20 hours per week for six weeks during the summer. The 120-hour total would meet the three-credit requirement. It is suggested, however, that the internship not be less than four weeks in length and not continue longer than two terms (16 weeks). Students must register to take their internship in the semester in which the internship will occur (i.e., if you want to do your internship in the summer, you must register in the summer). Internships that are not completed within six weeks after the semester is over will receive a failing grade. Be sure to plan in advance.

INTERNSHIP PROCEDURES

1. Upon expression of interest in an internship, the instructor will help the student discern the goals and objectives of the internship as well as the rationale for engaging in the internship and project. Internship must be developed to achieve specific MS-KIN program learning outcomes.
2. The Internship Coordinator and the student will discuss the journaling process. Journals should be typed and submitted on Canvas to the Internship Coordinator and Academic Advisor every Friday by 11:59pm.
3. The intern will be evaluated. This will be done through conferring with the field sponsor and having a closing meeting with the student to discuss the internship and evaluate the journal, written evaluation and/or summative project. It is expected that the field sponsor will complete an evaluation form, which will be provided by the Academic Advisor.

CREDIT HOUR INFORMATION

It is anticipated that students will spend a minimum of 50 participation hours per credit hour on their course work. As a graduate course, students can expect the work in this class to be significant in

proportion to the amount of credits they choose to have the internship worth. The estimated time expectations for this course are shown below:

Assignments	1 credit	2 credit	3 credit
Internship Hours	40	80	130
Journal Reflections	8	8	8
Final Project	15	15	15
Total Course Hours	63	103	153

COURSE ASSIGNMENTS

All internship requirements (i.e. the Student Evaluation form, Verification of Internship Hours form, the Written Reflection and any Additional Project) will be sent to the student's internship coordinator via email.

a. Completion of hours

b. Journal

The journal is a weekly record of the experience and the learning that occurred during the internship. It is hoped that this journal would serve as a valuable resource and tool if the student were to be involved in a similar setting in the future; it should reflect significant reflection on lessons learned, insights gained, and changed perspectives. This journal must be typed and should include adequate detail associated with student observation, activity and learning synthesis. Hours of experience should be included and highlighted such that the advisor can easily confirm that the required numbers of hours and key learning objectives have been achieved.

*1/2 page to 1 page, double-spaced, times new roman font size 12.

c. Written reflection/evaluation of experience

Upon completion of the required experience, the student will produce a concise and thoughtful reflection of the internship experience. The written evaluation must include the following:

1. Description of program (i.e. location, type of experience, hours, duties, etc.)
2. Description of goals / expected outcomes of program
3. Summary of learning / goal attainment / value of experience / effect on future career decisions
4. Reflection of entire field experienced.
5. Double-spaced, 2-3 pages, Times New Roman Font Size 12.

REQUIRED TEXTS AND RECOMMENDED RESOURCES

Please communicate with the professional with whom you are interning and the faculty coordinator to determine the recommended readings and resources to complete the experience.

ASSESSMENT AND GRADING

Grading Points

ASSESSMENT	POINTS
Hours	300
Field Log	140
Reflection Paper	60
Total	500

Grade Scale

A	93-100	B-	80-82	D+	67-69
A-	90-92	C+	77-79	D	63-66
B+	87-89	C	73-76	D-	60-62
B	83-86	C-	70-72	F	0-59

LATE ASSIGNMENTS

All assignments are to be submitted by the due dates posted. There will be a 20% reduction of possible points for each day an assignment is late. If missing assignments result in the your failure to meet learning outcomes, you may receive a letter grade reduction on the final grade in addition to the loss of points for missing work. No assignments will be accepted after midnight on Sunday night, the last day of class.

While there are due dates for weekly assignments, you are welcome to post your work earlier in the week. In our discussions, late work means that others may not have the opportunity to respond to your comments. It also means that you will not have the benefit of as much interaction with other students as you will have if your assignment is posted on time. If you know you will be away on the day your assignment is due, please post your work before you leave.

Assignments will be considered late if posted after midnight Pacific Standard Time on the day they are due or after a specific time stated in the assignment.

FINAL EXAMINATION POLICY

Successful completion of this class requires taking the final examination **on its scheduled day**. No requests for alternative days will be approved.

SPIRITUAL CARE

Please be aware PLNU strives to be a place where you grow as whole persons. To this end, we provide resources for our graduate students to encounter God and grow in their Christian faith. There are resources for your Christian faith journey available at the **[Graduate & Professional Student Spiritual Life web page](#)**.

ACADEMIC HONESTY

Students should demonstrate academic honesty by doing original work and by giving appropriate credit to the ideas of others. Academic dishonesty is the act of presenting information, ideas, and/or concepts as one's own when in reality they are the results of another person's creativity and effort. A faculty member who believes a situation involving academic dishonesty has been detected may assign a failing grade for that assignment or examination, or, depending on the seriousness of the offense, for the course. Faculty should follow and students may appeal using the procedure in the university Catalog. See Academic Policies in the Graduate and Professional Studies Catalog for definitions of kinds of academic dishonesty and for further policy information.

ACADEMIC ACCOMMODATIONS

If you have a diagnosed disability, please contact Jean Moncada in the Center for Student Success (CSS) within the first two weeks of class to demonstrate need and to register for accommodation by phone at (619) 563-2849 or by e-mail at jmoncada@pointloma.edu. Ask your academic advisor or program director for any additional accommodation information.

ATTENDANCE POLICY

Attendance for this course is fulfilled by the hour requirement at your site. Your instructor will be in communication with your internship site supervisor to ensure that your hours are fulfilled. If you do not meet the hour requirement at your site, you have not fulfilled the attendance policy and your instructor will adjust your grade accordingly.

ACADEMIC STANDING

Graduate students at Point Loma must obtain a 3.0 GPA to remain in good standing in the MS Kinesiology program. Additionally, all graduate students need to earn a C or higher in all graduate courses according to the catalog grading policy found here: [**GPS Academic Standing**](#)

GRADING SYSTEM

Traditional letter grades (A, B, C, D, F) including plus and minus grades are used to indicate the level of scholarship earned for each course. Except for the correction of an error, all traditional letter grades are final at the conclusion of the academic term. Once the degree has been posted on the student's official transcript, no change of grade action is allowed for courses leading to the degree. The grade of C is the lowest grade acceptable for graduate credit.

USE OF TECHNOLOGY

In order to be successful in the online environment, you'll need to meet the minimum technology and system requirements; please refer to the Technology and System Requirements page. Problems with technology do not relieve you of the responsibility of participating, turning in your assignments, or completing your class work.

If you do need technical help, you may click on the HELP button (located on the top-right corner of Canvas) and choose from whom you want assistance, or you may contact the campus helpdesk (619-849-2222).

Point Loma Nazarene University encourages the use of technology for learning, communication, and collaboration. It is the responsibility of the student to confirm access to the essential applications needed for the class such as Excel as well as standard online research tools.



Course Summary:

Date	Details	
Sun Sep 13, 2020	<u>Field Log: Week 1</u>	due by 11:59pm
Sun Sep 27, 2020	<u>Field Log: Week 2</u>	due by 11:59pm
Sun Oct 11, 2020	<u>Field Log: Week 3</u>	due by 11:59pm
Sun Oct 25, 2020	<u>Field Log: Week 4</u>	due by 11:59pm
Sun Nov 8, 2020	<u>Field Log: Week 5</u>	due by 11:59pm
Sun Nov 22, 2020	<u>Field Log: Week 6</u>	due by 11:59pm
Sun Dec 6, 2020	<u>Field Log: Week 7</u>	due by 11:59pm
	<u>Course Evaluation</u>	due by 11:59pm
Sun Dec 20, 2020	<u>Course Hours</u>	due by 11:59pm
	<u>Submit Reflection Paper</u>	due by 11:59pm
	<u>Academic Honesty Verification Statement</u>	
	<u>Field Log: Week 8</u>	
	<u>Reflection Paper Update #2</u>	
	<u>Submit Performance Enhancement Project</u>	