



**Point Loma Nazarene University
Department of Undergraduate Psychology**

**Psychology 3021 (Section 4)
Abnormal Psychology (3 units) Fall 2020**

Instructor: Aileen H Sandoval, Psy.D.	Meeting Days: Wednesdays (8/19-12/2)
Phone: 818-305-5641	Meeting Times: 4:30pm-7:15pm
Email: asandova@pointloma.edu	Meeting Location: Zoom
Office Location: Culbertson Hall	Final Exam: 12/2/20 at 4:30pm
Office Hours: By appointment	

University Mission Statement: Point Loma Nazarene University exists to provide higher education in a vital Christian community where minds are engaged and challenged, character is modeled and formed, and service is an expression of faith. Being of Wesleyan heritage, we strive to be a learning community where grace is foundational, truth is pursued, and holiness is a way of life.

Course Description:

A general view of the various definitions and forms of psychopathology is presented in a historical, sociopolitical, and cross-cultural perspective. The purpose and history of various diagnostic systems will be discussed. Using the DSM-5 as the main paradigm, some of the most prevalent psychopathologies of our culture will be explored. The purpose and usage of DSM-5 will be studied. Focus will be on building a cognitive diagnostic competence of, as well as an effective understanding and comfort with, the various mental health disorders. Attention will also be given to etiology, epidemiology, and treatment.

Student Learning Outcomes:

1. Student will demonstrate an understanding of clinical diagnosis from the DSM-5, through application of completing a clinical history, mental status exam, and intake evaluation.
2. Student will demonstrate competency in describing in detail the diagnostic criteria, onset, course of illness, as well as treatment interventions for a chosen psychopathology diagnosis.
3. Student will demonstrate competency in case presentation of the diagnostic criteria, onset, and course of illness for a category of DSM-5 disorders through class presentation.
4. Student will demonstrate the capacity to work collaboratively with peers and interact appropriately with the professionals in the mental health field.

Course Text:

Comer, R.J., & Comer, J.S., (2019). Fundamentals of abnormal psychology – 9th edition. New York: Worth Publishers.

American Psychiatric Association. (2013). Diagnostic and statistical manual of mental disorders, (DSM-5). Fifth edition. This book is available on-line and through the library.

Course Requirements:**1. Participation – 10% of final grade**

Students are expected to attend and participate in class. Students should arrive on time and are expected to attend class in its entirety. In addition, students should arrive prepared to contribute to the discussion based on both their completion of the reading assignments and their varied life experiences. It is possible to miss TWO classes and still receive an A in the participation category. A level participation requires that you come to class consistently, arrive on time and stay until the end, and verbally participate based on having read and reflected on the week's readings. **Participation is also graded via online discussion boards.**

2. Case Studies – 15% of final grade

Students will be given case studies to determine the diagnosis based on the DSM-5.

3. Quizzes – 20% of final grade

There will be a total of two quizzes throughout the semester.

4. Midterm Exam – 20% of final grade

Students will be given an exam that focuses on key terminology from the class enhancement presentations. Other topic areas that the professor includes will be covered. **Scheduled for 10/7.**

5. Research Paper – 15% of final grade

Students will choose a particular clinical disorder that they would like to learn about in more depth. (e.g., eating disorders, depression, anxiety, personality disorder, trauma, etc.). **Include:** a. description of the disorder (criteria, clinical presentation) and b. the clinical model of intervention you would use to treat it. Three (3) additional references in APA format in addition to the required books are required for this paper, and references must be no more than 10 years old. Papers must Times New Roman, 12pt font, double space, 1" margins.

6. Final Exam – 20% of final grade

Students will be given a cumulative final exam focusing primarily on diagnoses. Scheduled for 12/2.

Grading:

<ul style="list-style-type: none"> • Quizzes 20% • Participation 10% • Research Paper 15% • Midterm Exam 20% • Final Exam 20% • Case Studies 15% 	A=93-100 A-=92-90 B+=87-89 B=83-86 B-=80-82 C+=77-79	C=73-76 C-=70-72 D+=67-69 D=63-66 D-=60-62 F=0-59
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Abnormal Psychology 3021 Tentative Schedule/Content Outline

Date		Assignments/Miscellaneous
8/19	Introductions/Syllabus Review/Chapter 1	**READINGS DUE BEFORE CLASS
8/26	Ch. 2-3	
9/2	Ch. 4-5 https://www.youtube.com/watch?v=4W6Sj7WM_8g	Answer online discussion & respond to a classmate BEFORE class.
9/9	Ch. 6 (Quiz 1) https://www.youtube.com/watch?v=9SvCWvC0gnE	
9/16	Ch. 7-8	CASE STUDIES DUE BEFORE CLASS
9/23	Ch. 9-10	Answer online discussion & respond to a classmate BEFORE class.
9/30	Catch-up & Midterm Review	

10/7	Midterm	
10/21	Ch. 11-12 https://www.youtube.com/watch?v=Yqj1DhUKJco	A Beautiful Mind
10/28	Ch. 12-13	CASE STUDIES DUE BEFORE CLASS
11/4	Ch. 14 (Quiz 2)	
11/11	Ch. 15-16	Answer online discussion & respond to a classmate BEFORE class.
11/18	Catch-up & Final Exam Review	
12/2	Final Exam	

Course Policies:

1. Exams and Quizzes: There will be no make-ups for any exam or quiz without prior written permission from the instructor.

Final Examination Policy:

Successful completion of this class requires taking the final examination on its scheduled day.

Attendance and Participation Policy:

Regular and punctual attendance at all classes is considered essential to optimum academic achievement. Faculty members may file a written report which may result in de-enrollment in the event that a student is absent for more than 10 percent of class meetings. If the absences exceed 20 percent, students may be de-enrolled without notice until the university drop date or, after that date, receive the appropriate grade for their work and participation. A complete description of the PLNU Attendance and Participation Policy can be found online.

Lateness: I understand that circumstances beyond your control might cause you to be late to class. Please don't let being late deter you from attending class. But, please, don't make it a habit.

Cell Phones: Please make certain to turn your cell phone ring to vibrate prior to lecture and that it is put away unless previously discussed with the instructor.

Missed Exams/Assignments: Make-ups for missed exams secondary to illness will be allowed only if the instructor is notified of the illness prior to the scheduled administration of the exam and a letter from a physician confirms the illness. Make-ups for missed exams secondary to other unforeseeable and extraordinary circumstances will be at the discretion of the instructor. Late assignments will be given a 10% deduction for every day that they are late.

Professionalism Policy:

One important aspect of professionalism is learning the norms of appropriate dress. For instance, being mindful of attire and how it affects the learning space. Another aspect of professionalism, is being mindful of timeliness and use of technology in class. One goal of developing your professional identity is how you choose to represent yourself. During this semester, I encourage you to create your own professional identity when attending class. It should be noted, during your presentations, business or business casual attire is required. Further, as an institution of higher education, the University has the obligation to combat racism, sexism, and other forms of bias and to provide an equal educational opportunity for all who seek it. The APA Code of Ethics and the Academic Code shall be the guiding principles in dealing with speech or actions that, when considered objectively, are inappropriate, abusive and insulting.

Course Credit Hour Information:

In the interest of providing sufficient time to accomplish the stated Course Learning Outcomes, this class meets the PLNU credit hour policy for a 3 unit class delivered over 15 weeks. It is anticipated that students will spend a minimum of 37.5 participation hours per credit hour on their coursework. For this course, students will spend an estimated 112.5 total hours meeting the course learning outcomes. The time estimations are provided in the Canvas modules.

STATE AUTHORIZATION

State authorization is a formal determination by a state that Point Loma Nazarene University is approved to conduct activities regulated by that state. In certain states outside California, Point Loma Nazarene University is not authorized to enroll online (distance education) students. If a student moves to another state after admission to the program and/or enrollment in an online course, continuation within the program and/or course will depend on whether Point Loma Nazarene University is authorized to offer distance education courses in that state. It is the student's responsibility to notify the institution of any change in his or her physical location. Refer to the map on [State Authorization](#) to view which states allow online (distance education) outside of California.

PLNU COPYRIGHT POLICY

Point Loma Nazarene University, as a non-profit educational institution, is entitled by law to use materials protected by the US Copyright Act for classroom education. Any use of those materials outside the class may violate the law.

PLNU ACADEMIC HONESTY POLICY

Students should demonstrate academic honesty by doing original work and by giving appropriate credit to the ideas of others. Academic dishonesty is the act of presenting information, ideas, and/or concepts as one's own when in reality they are the results of another person's creativity and effort. A faculty member who believes a situation involving academic dishonesty has been detected may assign a failing grade for that assignment or examination, or, depending on the seriousness of the offense, for the course. Faculty should follow and students may appeal using the procedure in the university Catalog. See [Academic Policies](#) for definitions of kinds of academic dishonesty and for further policy information.

PLNU ACADEMIC ACCOMMODATIONS POLICY

While all students are expected to meet the minimum standards for completion of this course as established by the instructor, students with disabilities may require academic adjustments, modifications or auxiliary aids/services. At Point Loma Nazarene University (PLNU), these students are requested to register with the Disability Resource Center (DRC), located in the Bond Academic Center (DRC@pointloma.edu or 619-849-2486). The DRC's policies and procedures for assisting such students in the development of an appropriate academic adjustment plan (AP) allows PLNU to comply with Section 504 of

the Rehabilitation Act and the Americans with Disabilities Act. Section 504 prohibits discrimination against students with special needs and guarantees all qualified students equal access to and benefits of PLNU programs and activities. After the student files the required documentation, the DRC, in conjunction with the student, will develop an AP to meet that student's specific learning needs. The DRC will thereafter email the student's AP to all faculty who teach courses in which the student is enrolled each semester. The AP must be implemented in all such courses.

If students do not wish to avail themselves of some or all of the elements of their AP in a particular course, it is the responsibility of those students to notify their professor in that course. PLNU highly recommends that DRC students speak with their professors during the first two weeks of each semester about the applicability of their AP in that particular course and/or if they do not desire to take advantage of some or all of the elements of their AP in that course.

PLNU ATTENDANCE AND PARTICIPATION POLICY

Regular and punctual attendance at all **synchronous** class sessions is considered essential to optimum academic achievement. If the student is absent for more than 10 percent of class sessions (virtual or face-to-face), the faculty member will issue a written warning of de-enrollment. If the absences exceed 20 percent, the student may be de-enrolled without notice until the university drop date or, after that date, receive the appropriate grade for their work and participation. In some courses, a portion of the credit hour content will be delivered **asynchronously** and attendance will be determined by submitting the assignments by the posted due dates. See [Academic Policies](#) in the Undergraduate Academic Catalog. If absences exceed these limits but are due to university excused health issues, an exception will be granted.

Asynchronous Attendance/Participation Definition

A day of attendance in asynchronous content is determined as contributing a substantive note, assignment, discussion, or submission by the posted due date. Failure to meet these standards will result in an absence for that day. Instructors will determine how many asynchronous attendance days are required each week.

SPIRITUAL CARE

Please be aware PLNU strives to be a place where you grow as whole persons. To this end, we provide resources for our students to encounter God and grow in their Christian faith.

If students have questions, a desire to meet with the chaplain or have prayer requests you can contact the [Office of Spiritual Development](#).

USE OF TECHNOLOGY

In order to be successful in the online environment, you'll need to meet the minimum technology and system requirements; please refer to the [Technology and System Requirements](#) information. Additionally, students are required to have headphone speakers

compatible with their computer available to use. If a student is in need of technological resources please contact student-tech-request@pointloma.edu.

Problems with technology do not relieve you of the responsibility of participating, turning in your assignments, or completing your class work.

Academic Integrity and Dishonesty Policy:

Academic dishonesty is the act of presenting information, ideas, and/or concepts as one's own when in reality they are the results of another person's creativity and effort. A faculty member who believes a situation involving academic dishonesty has been detected may assign a failing grade for that assignment or examination, or, depending on the seriousness of the offense, for the course.

Faculty will follow and students may appeal using the procedures in the University Catalog. A complete copy of the Academic Honesty Policy is available online.

Information Literacy:

Information literacy is defined as "a set of abilities requiring individuals to recognize when information is needed and have the ability to locate, evaluate, and use effectively the needed information" (American Library Association, 1989). In this course, teaching and learning processes will employ the following information literacy standards, as endorsed by the American Association for Higher Education (1999), the Association of College and Research Libraries (2000), and the Council of Independent Colleges (2004). The students in this course will:

1. Determine the nature and extent of the information needed.
2. Access needed information effectively and efficiently.
3. Evaluate information and its sources critically and incorporates selected information into his or her knowledge base and value system.
4. Individually or as a member of a group, use information effectively to accomplish a specific purpose.
5. Understand many of the economic, legal, and social issues surrounding the use of information and accesses and uses information ethically and legally.

Use of Library:

This course may require students to complete course assignments using resources available from the University Libraries. [Research Guides](#) and assistance for this course are available online.

Canvas Support:

If you have questions about the content you find in my Canvas course or need clarification on assignment instructions please let me know. If you are unsure how to use any given feature in Canvas you will find the [Canvas Guides](#) to be a very helpful resource. If you cannot access something in my Canvas course or it appears that some part of the course is not working properly, please contact the Office of Instructional Technology for support at oit@pointloma.edu. Include specific information in the request (course ID, section, assignment or module name, etc.) to expedite the troubleshooting process. Screenshots are super helpful!