

# John T. Wu

## Curriculum Vitae

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### Personal Data

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**Address:**     Business  
3900 Lomaland Drive, Culbertson Hall 207  
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San Diego, CA 92106  
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### Education

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- Ed.D.**         **Harvard University Graduate School of Education**  
1992, Counseling and Consulting Psychology  
Dissertation: The relationship between ethnic identity and  
achievement motivation in Chinese Americans and Filipino  
Americans.  
  
Massachusetts Licensed Psychologist, 1994  
  
California Licensed Psychologist, PSY 14391, 1996
- Ed.M.**         **Harvard University Graduate School of Education**  
1988, Counseling and Consulting Psychology
- B.A.**           **University of California, Irvine**  
1987, Psychology  
Magna Cum Laude
- B.S.**           **University of California, Irvine**  
1987, Information and Computer Science  
Magna Cum Laude

## Professional Work

### Point Loma Nazarene University

### Professor of Psychology, Tenured

### 2001 to present

- Chair of Psychology Department from 2011
  
- Undergraduate course instruction, research oversight, administrative committee work, advising to 35-45 students, and departmental service. Designated as Area Chair for Small Groups.
  
- Courses taught include:
  - PSY 308 Developmental Psychology Birth to Adolescence
  - PSY 305 Developmental Psychology: Childhood
  - PSY 321 Abnormal Psychology
  - PSY 325 Counseling and Community Interventions
  - PSY 340 Introduction to Clinical and Community Interventions
  - PSY 370 Individual Psychotherapy
  - PSY 380 Family Therapy
  - PSY 341 Group Counseling
  - PSY 345 Group Dynamics
  - PSY 350 Clinical and Research Assessment
  - PSY 490 Intimate Couples
  - PSY 499 Individual Research
  
- Committees include:
  - Tenure Committee 2012- present, Chair Spring 2014
  - WASC Advisory Committee 2010-2012
  - Faculty Council 2009-2011
  - Nomination Committee Liaison 2009-2011
  - WASC Steering Committee 2004-2007
  - WASC Liaison to the Diversity Committee
  - Computer Committee, 2002
  - Instructional Technology Faculty Taskforce, 2003
  - Pre-Med committee (interview prospective medical school students), 2004
  
- Special Involvements
  - Summer 2011 Participated in TILE Technology Course
  - Spring 2011 Trained Peer Counselors on Healthy Relationships.
  - Spring 2009 Teachers Noticing Teachers On Tape: Current Professors of Excellence. One hour professionally produced video interview regarding teaching philosophy and techniques.
  - Spring 2006 Teachers Noticing Teachers model professor. This program enhances teaching by allowing faculty to observe and learn from model professors within the semester.

- Spring 2003 Wesley and Vocation, faculty seminar. This weekly seminar met throughout the spring semester to discuss vocational readings, speakers, and our own life experience.
- Spring 2002 First Things, faculty seminar. This biweekly faculty reading group focused on Christian Liberal Arts Education and was sponsored by the Center for Teaching and Learning and Provost Allen.
- Fall 2001 I participated in the semester long New Faculty Seminar.

**Senior Psychologist  
Celebration Counseling  
2001 to present**

- Provide individual and couples counseling to adults and young adults for a variety of interpersonal and intrapersonal issues.

**Mesa College  
Adjunct Faculty  
1996 to 2001, part-time**

- Taught *General Psychology*, a psychology survey course, with 40-50 undergraduate students.

**University of California, San Diego  
Counseling Psychologist II  
Psychological and Counseling Services  
1994 to 2001, full-time**

- Conducted individual, group, and couples counseling with undergraduate and graduate students.
- Taught Summer Bridge, a month long intensive program for entering first year low income and underrepresented students.
- Instructed and supervised Group on Groups, a yearlong seminar on group therapy theory and process for APA Pre-doctoral Interns.
- Supervised and taught APA Pre-doctoral Interns.
- Trained student leaders.
- Made numerous campus presentations on psycho-educational topics.

**Northeastern University  
Staff Psychologist  
1991-1994, full-time**

- Conducted career testing and counseling.
- Provided individual and group therapy to students, staff, and faculty.

- Served on the President's Diversity Advisory Committee.
- Helped originate the Asian American Faculty and Staff Association.
- Provided workshops and outreach to residential students.
- Provided crisis consultation to residential life staff.

**University of California, San Diego**

**Pre-Doctoral Psychology Intern, Psychological and Counseling Services,  
1990-1991, full-time**

- Provide individual, couples, and group therapy.
- Conduct multicultural outreach, and teach workshops in this APA-approved internship.

**Harvard University, Graduate School of Education**

**Teaching Assistant, *Psychosocial Epidemics of School-Aged Children and Youth*  
1988-1989, part-time**

- Facilitated two weekly discussion sections, advised graduate students, graded papers, and lectured on adolescent gangs.

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**Research and Presentations**

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- Pendakur, R., Tibbs, J., Von Striver, L.T., Wu, J.T., Oakes Mueller, K., & Owen, C.(2014). *Associations Between Childhood Attachment and Brain System Inventories*. Presented at the 94th Western Psychological Association Conference. Portland, OR.
- Tibbs, J., Pendakur, R., Von Striver, L.T., Wu, J.T., Oakes Mueller, K., & Owen, C.(2014). *Associations Between Physical and Emotional Neglect and Brain System Inventories*. Presented at the 94th Western Psychological Association Conference. Portland, OR.
- Munoz, M.M., Furtado, T.P., Vaillancourt, A.A., Wu, J.T., & Oakes Mueller, K.L. (2013). *The Effects of Early Trauma Clusters on Marriage Satisfaction*. Poster symposium presented at the Western Psychological Association Annual Convention, Reno, NV.
- Vaillancourt, A.A., Furtado, T.P., Munoz, M.M., Oakes Mueller, K.L., & Wu, J.T. (2013). *The Effects of Brain Region Functioning on Marriage Satisfaction*. Poster symposium presented at the Western Psychological Association Annual Convention, Reno, NV.

- Vaillancourt, A.A., Nelson, V., Oakes Mueller, K.L., & Wu, J.T. (2012 April). *Communication and Help Seeking Preferences Across Three Asian American Populations*. Poster presented at the Western Psychological Association 2012 Annual Conference, San Francisco, CA.
- Nelson, V., Vaillancourt, A.A., Wu, J.T., & Oakes Mueller, K.L. (2012 April). *Premarital and Marital Behaviors Across Three Asian American Populations*. Poster presented at the Western Psychological Association 2012 Annual Conference, San Francisco, CA.
- Petti, L. E., Ozuna, G. B., Wehrle, C. P., and Wu, J. T. (2011, April). *Marital Help Seeking Preferences in Asian, Latino, and White Couples*. Poster presented at the Western Psychological Association 2011 Annual Conference, Los Angeles, CA.
- Bomba, J. L., Saldine, E. J., Schaffner, N. L., Hoshiko, H. A., and Wu, J. T. (2010, April). *Comparing Premarital and Current Marriage Behaviors Among Asian, Latino, and White Couples*. Poster presented at the Rocky Mountain Psychological Association 2010 Annual Conference, Denver, CO.
- Hoshiko, H. A., Schaffner, N. L., Saldine, E. J., Bomba, J. L., and Wu, J. T. (2010, April). *Marriage Communication in Same Race and Interracial Asian, Latino, and White Couples*. Poster presented at the Rocky Mountain Psychological Association 2010 Annual Conference, Denver, CO.
- Nada, A. R., Bomba, J. L., Corrado, S. L., Cramer, K. L., and Wu, J. T. (2009, April). *Marital Satisfaction in Relation to Premarital, Current, and Web Behaviors*. Poster session presented at the Western Psychological Association Annual Convention, Portland, OR.
- Cramer, K. L., Corrado, S. L., Bomba, J. L., Nada, A. R., and Wu, J. T. (2009, April). *Asian, Latino, and White Interracial and Same Race Marriage Assessment*. Poster session presented at the Western Psychological Association Annual Convention, Portland, OR.
- Radke, K. E, Tardie, L. E., Corrado, S. L, and Wu, J. T. (2008, April). *A deeper understanding of attachment quality and psychological distress*. Poster session presented at the Western Psychological Association Annual Convention, Irvine, CA.

- Corrado, S. L., Tardie, L. E., Radke, K. E., and Wu, J. T. (2008, April). *Marital satisfaction in Asian American couples: a pilot study*. Poster session presented at the Western Psychological Association Annual Convention, Irvine, CA.
- Miles, C., Tablak, A., Pearce, C., Parra, V., & Wu, J. (2007, April). *The connection between attachment quality and psychological distress*. Poster session presented at the Rocky Mountain Psychological Association Annual Convention, Denver, CO.
- Wu, J. T. (Ed.), Amstead, L. K., Croy, D. A., Leffel, G. M., Martin, K. E., & Taylor, D. B. (2006). *Setting your sail: vocational life stories from Wesleyan faculty*. Monographs of Point Loma Nazarene University, 5.
- Tatum, M., Hardy, N., Testerman, L., Irwin-Chase, H., Johnson, J., & Wu, J. (2006, April). *Effect of Learning Style Interventions on Course Satisfaction*. Poster session presented at the 86th Annual Western Psychological Association Convention, Palm Springs, CA.
- Testerman, L., Hardy, N., Tatum, M., Irwin-Chase, H., Johnson, J., & Wu, J. (2006, April). *Reliability and Validity of the VARK: A Learning Style Assessment*. Poster session presented at the 86th Annual Western Psychological Association Convention, Palm Springs, CA.
- Cooper, N., Crocker, N., Erselius, K., Lerma, A., Irwin-Chase, H., Wu, J., and Johnson, J. (2005, April). *Development of a brief course satisfaction measure*. Poster session presented at the Rocky Mountain Psychological Association Annual Conference, Phoenix, AZ.
- Wu, J. T., Young, L., Lowe, D., Malone-Colon, L., Nielsen, A., Parrott, L. (2003). *Teaching marriage classes to undergraduate students*. *Smart Marriage Conference Workshop*, Reno, NV.
- Manese, J. M., Wu, J. T., & Nepomuceno, C. A. (2001). *The effect of training on multicultural counseling competencies: an exploratory study over a ten-year period*. *Journal of Multicultural Counseling and Development*, 29, 31-40.
- Wu, J., Nepomuceno, C., & Manese, J. *Examination of Asian American client data from a university counseling center*. Poster session presented at the annual meeting of the Asian American Psychological Association. San Francisco, CA. 1998.
- Bempechat, J., Nakkula, M., Wu, J., & Ginsberg, H. (1996). *Attributions as predictors of mathematics achievement: a comparative study*. *Journal of Research and Development in Education*. 29(2), 53-59.

- Bempechat, J., Ginsberg, H., & Wu, J. *Achievement motivation among working class and middle class white children*. Poster session at the Biennial Conference of the Society of Research and Child Development. Kansas City, MO. 1989.
- Bempechat, J., Ginsberg, H., & Wu, J. *Achievement motivation in Cambodian refugee children: a comparative study*. Panel discussion at the Biennial Conference of the Society of Research and Child Development. Kansas City, MO. 1989.

### Popular Publications

- Wu, J. T. and Wright, N. E. (2012). *Yoyo Dad 2: Dating Well in an Up and Down World*. Amazon.
- Wu, J. T. and Wright, N. E. (2011). *The Yoyo Dad's Journal: Raising Emotionally Healthy Kids in an Up and Down World*. Amazon.

### Community Involvement

- Subject Matter Expert, Item Review Workshop. Board of Psychology, Sacramento, CA, 2008. Reviewed and edited questions for the California Psychology Supplemental Examination for California Psychology Licensure Exam.
- “My Therapist Sez” Premarital Panel Discussion, Skyline Church, La, Mesa, 2007. Panel speaker regarding premarital issues and topics. Also broadcast on KPRZ Living Water Radio Show.
- 2007 to present Sunday School Teacher, fourth and fifth grade, Rancho Bernardo Community Presbyterian Church
- Fall 2005 Coach of Yellow Sparks Soccer Team for five year old boys.
- Fall 2003-2005 Elected to School Site Council of Park Village Elementary School. Work to create the school’s Single Plan for School Achievement document, and review budgets.
- February 2003 Led a six meeting workshop with my home family fellowship group of ten couples on the area of marriage enrichment.
- Summer 2002 Presented three workshops on building intimate relationships at the Chinese Evangelical Church of San Diego’s annual retreat.

## Church Involvement

- Currently attend the Chinese Evangelical Church.
- 1995-present Member of a Home Bible Study Fellowship that meets weekly for Bible Study, prayer, and fellowship.
- 1999-2004 Attended the Chinese Bible Church, in Carmel Mountain Ranch. This is a non-denominational, evangelical, English speaking Chinese American church. Started and coordinated POPS (Parents of Preschoolers) Home Fellowship Small Group.
- 2000-2001 Consulted to Pastor about psychological issues and consulted to small group leaders regarding small group dynamics. Substitute Sunday School teacher and substitute nursery worker. Chinese Bible Church, Carmel Mountain Ranch.
- 1996-1997 English Leadership Council of Cornerstone Christian Church in Del Mar. Taught Adult Sunday School.
- 1992-1994 Advisor to Branch College Fellowship, Boston Chinese Evangelical Church. Led discipleship groups, advised student leaders, addressed large group meetings.
- 1988-1990 Young adult fellowship leadership council. Boston Chinese Evangelical Church. Planned meetings, retreats, and led programs for this age group.
- 1983-1987 Director of Junior High Ministries, Evangelical Formosan Church, Orange County. Led Friday night and Sunday activities and lessons, planned retreats, discipled students, and coordinated retreats for 30-40 7<sup>th</sup> and 8<sup>th</sup> grade students.

## Personal Interests

- My deepest commitment is to my wife of nineteen years and two boys aged 15 and 13. My interests at this point of life largely involve interacting with them as much as possible.
- I enjoy running, basketball, photography, and the yoyo. In 2012 I completed the Superfrog Half Ironman Triathlon. In 2007 both my wife and I earned the Triple Crown Medal for completing three half marathons in San Diego.



- I enjoy electronic gadgets of all types, but especially Ipads.
- I love to read and love the fact that nearly everything I read relates to the field of Psychology in some way.
- Strengths Quest: Learner, Strategic, Achiever, Consistency, Connectedness