

General Psychology
PSY 103(3): Section 1
Spring Semester 2020
Tu Th 1:30-2:45
Location: T312

Instructor: Kim W. Schaeffer, Ph.D.

Office Location: Culbertson 212 (between The Greek and Colt)

Office Hours: M: 7:00-9:45, 2:45-3:30; TU & TH: 12-1, 2:30-3:30; W: 7:00-9:45

Email: kimschaeffer@pointloma.edu (on average will check 2-3 times per work day)

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Teaching Assistant: Emily Coleman

Office Location: Culbertson Hall

Office Hours: MWF: 9:45-11:30

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Course Description

A survey of psychology as an empirical/behavior science. Topics include biological correlates of behavior, learning, cognition, emotion, motivation, personality, assessment, development, psychopathology, psychotherapy, and social psychology.

Course Learning Outcomes in PSY 103: Upon completion of this course you will be able to:

- Recall at least a 70% of the information on textbook bank questions from the general psychology textbook used in class.
- Identify four theories of psychology
- Appreciate the history of psychological thought
- Describe practical applications for the following content areas: neuroscience, addiction, learning, memory, personality (including disorders), intelligence (including assessment), emotion, stress, health, sleep (including dreams), hypnosis, developmental psychology, psychological disorders and treatment
- Use the library search tools to find appropriate research articles
- Work effectively in teams

Reading in PSY 103

Employers want employees who are good critical thinkers. According to Diane Halpern (2003), there are 4 aspects to critical thinking: (a) a critical thinking attitude, e.g., not accepting claims at face value; (b) the capacity to implement specific critical thinking skills, e.g., deductive reasoning, hypothesis testing, understanding probability; (c) the facility to apply these critical thinking skills to new situations; and (d) the skill to think about one's own thinking, or metacognition. We will use a significant portion of our class time for activities that will enhance your critical thinking skills. It is imperative that you read and study the reading assignment before coming to class.

Working in Teams in PSY 103

Employers want employees who work well in teams. In order for us to improve our critical thinking and become even better team members, in-class peer collaboration will be a major portion of our course. (Please note: you will not be assigned any team activities that will require you to meet with your peers outside of class.) In-class teamwork includes analysis of case studies, quizzes, and a variety of critical thinking activities that relate to psychology. Toward the end of the semester you evaluate the "helpfulness" of your team members and assign them a grade that will contribute to their final grade.

Required Textbook

Myers, D. G. (2013). *Exploring psychology* (9th ed.). New York, NY: Worth.

How Grades Will Be Earned (A = 93-100; A- = 90-92.99; B+ = 88-89.99; B = 84-87.99; B- = 80-83.99; C+ = 77-79.99; C = 70-76.99; C- = 65-69.99; D+ = 62-64.99; D = 55-61.99; D- = 50-54.99; F ≤ 49.99%)

12.5% Readiness Assurance Tests (iRAT, and tRAT)

12.5% Team Application Exercises

5% Team Member Helpfulness (peer-graded)

40% Test 1-4

20% Comprehensive Final

10% Psychology and You

Managing Your Life and This Course

If you cannot take a major test due to extreme circumstances, please ask me for permission to take the test at another time before the exam.

Most people need to miss a class due to illness, flight delays, and so on. Therefore, a safety valve is built into the course. For the safety valve to become effective, 90% or more of the class must complete the IDEA course evaluation during the first week it is posted.

Safety Valve: Best practices for employees allow personal cell phone usage only during mandatory breaks. Therefore, if throughout the semester I suspect no one is using their cell phone or computer for non-class activities, the four lowest Team Application Exercises, the three lowest iRATs or tRATs will be dropped. Two absent minded faux pas are allowed for the entire class throughout the semester.

Second Half of Syllabus Posted on Canvas

I am required to include additional material to the syllabus. This is posted in Canvas under Syllabus (Part II).

Schedule

WEEK	TUESDAY	THURSDAY
1	<p>14-Jan</p> <p>Please note: All assignments should be completed the day they are listed in the syllabus.</p>	<p>16-Jan</p> <p>Group Formation</p>
2	<p>21-Jan Readiness Assurance Test</p> <p>Syllabus Myers: Chapter 1</p>	<p>23-Jan</p> <p>The Brain Myers: Chapter 2</p>
3	<p>28-Jan</p> <p>Myers: Chapter 2</p>	<p>30-Jan Readiness Assurance Test</p> <p>Drugs and Neurotransmitters Myers: chapter, pp. 100-112 (neurotransmitter, drugs)</p>
4	<p>4-Feb</p> <p>Myers: Chapter 2</p>	<p>6-Feb</p> <p>Test 1</p>
5	<p>11-Feb</p> <p>Learning Myers: Chapter 7</p>	<p>13-Feb</p> <p>Myers: Chapter 7</p>
6	<p>18-Feb Readiness Assurance Test</p> <p>Memory Myers: Chapter 8</p>	<p>20-Feb</p> <p>Myers: Chapter 8</p>
7	<p>25-Feb</p> <p>Test 2</p>	<p>27-Feb</p> <p>Personality and Personality Disorders Myers: Chapter 12 Myers: Chapter 14, pp 537-539</p>
8	<p>3-Mar</p> <p>Myers: Chapter 12 Myers: Chapter 14, pp 537-539</p>	<p>5-Mar Readiness Assurance Test</p> <p>Intelligence and Assessment Myers: Chapter 9 - pp 329 - 346</p>

WEEK

TUESDAY

THURSDAY

9	<p>17-Mar</p> <p>Emotion</p> <p>Myers: Chapter 10 (pp. 371-385)</p>	<p>19-Mar</p> <p>Readiness Assurance Test</p> <p>Stress, Health, and Flourishing</p> <p>Chapter 11</p>
10	<p>24-Mar</p> <p>Sleep, Dreams, and Hypnosis</p> <p>Myers: Chapter 3, pp 83-100</p>	<p>26-Mar</p> <p>Test 3</p>
11	<p>31-Mar</p> <p>Developmental Psychology</p> <p>Myers: Chapter 4</p>	<p>2-Apr</p> <p>Myers: Chapter 4</p>
12	<p>7-Apr</p> <p>Readiness Assurance Test</p> <p>Social Psychology</p> <p>Myers: Chapter 13</p>	<p>9-Apr</p> <p>Easter</p>
13	<p>14-Apr</p> <p>Myers: Chapter 14</p>	<p>16-Apr</p> <p>Test 4</p>
14	<p>21-Apr</p> <p>Readiness Assurance Test</p> <p>Psychological Disorders</p> <p>Myers: Chapter 14</p>	<p>23-Apr</p> <p>Psychological Disorders</p> <p>Myers: Chapter 14</p>
15	<p>28-Apr</p> <p>Therapy</p> <p>Myers: Chapter 15</p>	<p>30-Apr</p> <p>Therapy</p> <p>Myers: Chapter 15</p>
16	<p>5-May</p> <p>1:30 - 4:00: Final Examination</p>	<p>7-May</p>