



School of Nursing

NSG441 – Caring Faithfully: Serving Across Cultures

2 Units

Spring 2019

Meeting days: Thursdays	Instructor name, rank, credentials: Christine Sloan, PhD, RN, CNS, CPN Jeffrey Sloan, MS, MBA
Meeting times: 7-9pm	Phone: Chris – (619) 518-2255 Jeff – (619) 218-2462
Meeting location: Liberty Station, Room 201	E-mail: christinesloan@pointloma.edu jeffreysloan@pointloma.edu
Placement: N/A	Office location and hours: By Appointment Only – email to set up.
Final Exam: N/A – No final examination for this course.	Additional info:

PLNU Mission

To Teach ~ To Shape ~ To Send

Point Loma Nazarene University exists to provide higher education in a vital Christian community where minds are engaged and challenged, character is modeled and formed, and service becomes an expression of faith. Being of Wesleyan heritage, we aspire to be a learning community where grace is foundational, truth is pursued, and holiness is a way of life.

SON Vision Statement

The School of Nursing at Point Loma Nazarene University embraces, as a covenant, the commitment to excellence within a dynamic Christian environment in which each one will engage in the sacred work of nursing. This sacred work involves symbolically removing one's shoes in service of others.

Take off your sandals for the place you are standing is holy ground. Exodus 3:5 NIV

SON Mission Statement

The School of Nursing at Point Loma Nazarene University exists to support the university Wesleyan mission and to provide an interdisciplinary learning program of excellence. Graduates of the SON are distinctly identified by grace, truth and holiness, serving others after the example of Christ, as they are sent to fulfill their calling as professional nurses.

So He got up from the meal, took off His outer clothing, and wrapped a towel around His waist.

After that, He poured water into a basin and began to wash His disciple's feet, drying them with a

towel that was wrapped around Him. John 13: 4-5 NIV

Now that I, your Lord and Teacher, have washed your feet, you also should wash one another's

feet. I have set you an example that you should do as I have done for you. John 13: 14-15 NIV

Faculty reserves the right to make necessary schedule changes to this syllabus as the semester progresses.

Every attempt will be made to minimize the inconvenience to the student in the event of a change to the syllabus. Students will be notified of changes via Canvas announcement section, with accompanying email notification, in a timely manner.

COURSE DESCRIPTION

This course will help the student gain an understanding of culture, cultural assessment, and cultural adaptation in the context of global service. Learn how culture affects the understanding of health and healthcare delivery and its impact on educational, economic, and the political welfare.

While this course is taught in the School of Nursing, students from all majors are welcome. Students in this course will complete a personalized signature assignment integrates their educational and geographic areas of interest with key course concepts.

PROGRAM VALUES & COURSE LEARNING OUTCOMES

Upon completion of NSG 441-1 Caring Faithfully: Serving Across Cultures, the student will meet the following outcomes:

Inquiring Faithfully - Student will demonstrate knowledge, skill and behavior of the evidence-based practice of nursing which integrates growth in reasoning, analysis, decision-making and the application of theory with the goal of advocating for others and/or self. This includes holistic nursing skills and the nursing process.

SON Values

NSG 441-1 Course Learning Outcomes

<ul style="list-style-type: none"> • Initiates dialogue regarding current practice to improve healthcare • Demonstrates the use of evidence-based practices as an advocate for self and others • Promotes positive client outcomes using evidence-based data • Provides holistic care by considering all of the client needs (e.g. physical, psychosocial, spiritual, environmental) including family in a multicultural community • Engages in self-care practices that facilitate optimal care of clients 	<ul style="list-style-type: none"> • Analyze key factors that contribute to worldview • Incorporate individual cultural awareness to adapt caring behaviors to different cultures.
<p>Caring Faithfully - The student will embrace a calling to the ministry of compassionate care for all people in response to God's grace, which aims to foster optimal health and bring comfort in suffering and death.</p>	
<ul style="list-style-type: none"> • Demonstrates compassionate care to all people while mirroring Christ's love for all. • Partners with the community to establish a trusting relationship • Demonstrates ethics and values consistent with the practice of professional nursing. 	<ul style="list-style-type: none"> • Engage cultural intelligence principles to gain cultural competency/sensitivity in a variety of contexts
<p>Communicating Faithfully - The student will actively engage in the dynamic interactive process that is intrapersonal and interpersonal with the goal of advocating for others and/or self. This includes effective, culturally appropriate communication conveys information, thoughts, actions and feelings through the use of verbal and nonverbal skills.</p>	
<ul style="list-style-type: none"> • Engages in active listening to promote therapeutic relationships • Demonstrates effective verbal and nonverbal communication skills to provide patient care • Dialogs with members of the healthcare team, including the patient, to facilitate positive patient outcomes. • Advocates for patients/families and self • Implements patient care while honoring the diversity of patients, families and communities 	<ul style="list-style-type: none"> • Demonstrate an understanding of different verbal and non-verbal communication styles across cultures • Acknowledge the role of power and privilege as it relates to advocacy in diverse cultures
<p>Following Faithfully - Defined as claiming the challenge from Florence Nightingale that nursing</p>	

is a “divine imposed duty of ordinary work.” The nursing student will integrate the ordinary work by complying with and adhering to regulatory and professional standards (e.g. ANA Code of Ethics, the California Board of Registered Nursing, Scope of Nursing Practice, SON Handbook). This includes taking responsibility, being accountable for all actions and treating others with respect and dignity.

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| <ul style="list-style-type: none">• Engages in a professional practice environment that promotes nursing excellence• Provides patient care within the boundaries designated by regulatory agencies, professional practices and ethical standards of a Christian nurse• Avails self of learning opportunities to cultivate the life-long learning process | <ul style="list-style-type: none">• Incorporate an individual’s worldview as a component of ethical and moral care of others.• Develop an appreciation for personal and professional boundaries as defined by culture. |
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Leading Faithfully - The student will incorporate a foundational relationship with Christ and others and embrace a willingness to serve others in the midst of life circumstances (e.g., illness, injustice, poverty). The student will role-model the need for “Sabbath Rest” as a means of personal renewal, and true care of the self, so that service to others is optimally achieved. The student will incorporate the characteristics of a servant leader including: humility, courage, forgiveness, discernment.

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| <ul style="list-style-type: none"> • Provides graceful service through compassionate responses to others’ needs • Demonstrates the principles of a servant leader as a reflection of Christ’s love. • Exhibits patient advocacy that reflects sensitivity to diversity in a holistic manner | <ul style="list-style-type: none"> • Apply the concepts of power and privilege to the humble service of others. |
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COURSE CREDIT HOUR INFORMATION

In the interest of providing sufficient time to accomplish the stated Course Learning Outcomes, this class meets the PLNU credit hour policy for a 2-unit class delivered over 15 weeks. Specific details about how the class meets the credit hour requirement can be provided upon request.

COURSE CONTENT OUTLINE (TOPIC OUTLINE) – see Canvas for specific reading and assignments

Class Date	Topic	Reading Assignments – For this class	Assignment - Due before class p.
Jan 10	Introduction		
Jan 17	Cross Cultural Simulation		Cultural Venn Diagram Reflection 1 – Venn Diagram
Jan 24	Dimensions of Culture 1	WHH –Intro - Ch. 1 VerBeek, 2006 Linhart, 2006	Reflection 2
Jan 31	Dimensions of Culture 2	WHH – Ch. 2-3	Reflection 3 – Cultural Dimensions
Feb 7	Foundational Concepts of Helping without Hurting & Poverty Alleviation	WHH Ch,4	Reflection 4 – Cultural Dimensions
Feb 14	Healthcare Across	Posted in Canvas	Reflection 5 – When

	Cultures		Helping Hurts & Poverty Elimination
Feb 21	Cross Cultural Field Trip	Meet Offsite – Location TBD	Reflection 6 – Healthcare Across Cultures
Feb 28	Asset-Based Community Development	WHH – CH5 - 6	Reflection 7 – Cross Cultural Field Trip
Mar 7	SPRING BREAK – NO CLASS!		
Mar 14	Cultural Communication Bargaining & Negotiation	WHH CH. 9	Reflection 8 - ABCD
Mar 21	Serving Across Cultures in the US	WHH – Ch. 8	Implicit Association Reflection 9 – Implicit Association
Mar 28	Developmental Missions	WHH – CH 9 Guest Speaker	Reflection 10 – Cultural Differences in USA
April 4	Power & Privilege	WHH – Ch. 10	Reflection 11 – Developmental Missions
April 11	Cross Cultural Experience (no class)	WHH – CH 11	Reflection 12 – Power and Privilege
April 18	EASTER BREAK – NO CLASS!		
April 25	Cross Cultural share-out	WHH Final Word & Appendix	Reflection 13 – Cross Cultural Experience Country Brief Assignment
May 2, 7:30 – 10PM	Final Reflections		Final Course Reflection

REFLECTION PAPERS

One of the key characteristics of developing a cultural mindset is metacognition, or “thinking about thinking”. Each week, this course will have an assigned reflection paper in which students will develop this skill with regard to what they are learning about culture, service, and nursing. These assignments are designed to be personal, there are no right or wrong answers. They will be graded on how well students integrate readings, classroom experiences, and personal

experience and the integration of what the effects of these facts has, had, will have, or could affect their thinking and practice.

A reflection paper should be clearly organized, with an introduction, body and conclusion. It should contain evidence of deep thought (hence the term reflection) about the prompt and it's implication on your life.

These papers should be prepared in APA format, although a title page and abstract are not required, literature citations should be used for any sources and thoughts that are not your own. Headings are not required but suggested, as they make both composition and reading simpler. For some more tips about writing a reflection paper, you can refer to this document from Trent University <https://www.trentu.ca/academicskills/documents/ReflectiveWriting.pdf>

LEARNING STRATEGIES

Lecture, experiential learning, discussion, written reflection, reading

ATTENDANCE AND PARTICIPATION

Regular and punctual attendance at all classes is considered essential to optimum academic achievement. If the student is absent from more than 10 percent of class meetings, the faculty member has the option of filing a written report which may result in de-enrollment. If the absences exceed 20 percent, the student may be de-enrolled without notice. If the date of de-enrollment is past the last date to withdraw from a class, the student will be assigned a grade of W or WF consistent with university policy in the grading section of the catalog. See [Academic Policies](#) in the undergrad student catalog.

INCOMPLETE AND LATE ASSIGNMENTS

All assignments are to be submitted as specified by faculty, including assignments posted in *Canvas*. Life happens. If it does, please communicate with us early and often. Assignments that are turned in late without prior communication OR approval from faculty will have a full 10% deducted from the possible point total for each day (0-24 hours) late. All assignments are to be submitted as specified by faculty (via email or paper copy), including assignments completed in Eclass.

ACADEMIC DISHONESTY

Students should demonstrate academic honesty by doing original work and by giving appropriate credit to the ideas of others. As explained in the university catalog, academic dishonesty is the act of presenting information, ideas, and/or concepts as one's own when in reality they are the results of another person's creativity and effort. Violations of university academic honesty include cheating, plagiarism, falsification, aiding the academic dishonesty of others, or malicious misuse of university resources. A faculty member who believes a situation involving academic dishonesty has been detected may assign a failing

grade for a) that particular assignment or examination, and/or b) the course following the procedure in the university catalog. Students may appeal also using the procedure in the university catalog. See [Academic Policies](#) for further information.

ACADEMIC ACCOMMODATIONS

While all students are expected to meet the minimum academic standards for completion of this course as established by the instructor, students with disabilities may request academic accommodations. At Point Loma Nazarene University, students must request that academic accommodations by filing documentation with the [Disability Resource Center](#) (DRC), located in the Bond Academic Center. Once the student files documentation, the Disability Resource Center will contact the student's instructors and provide written recommendations for reasonable and appropriate accommodations to meet the individual needs of the student. See [Academic Policies](#) in the undergrad student catalog.

FERPA POLICY

In compliance with federal law, neither PLNU student ID nor social security number should be used in publicly posted grades or returned sets of assignments without student written permission. This class will meet the federal requirements by posting all grades in the student's Canvas account. Also in compliance with FERPA, you will be the only person given information about your progress in this class unless you have designated others to receive it in the "Information Release" section of the student portal. See [Policy Statements](#) in the undergrad student catalog.

EXAMINATION POLICY

This class has no examinations.

USE OF TECHNOLOGY

Point Loma Nazarene University encourages the use of technology for learning, communication, and collaboration. The use of technology during class will be determined at the discretion of the faculty. In this particular environment, the use of technology during class will detract from learning and will affect participation points. Hence, technology should not be used in the classroom.

SCHOOL OF NURSING - PROFESSIONAL STANDARDS

Students are required to adhere to professional standards while students at PLNU. The nursing department had developed these standards to provide clarification of expected professional behaviors.

- Presenting yourself professionally in interactions with all persons
- Behaving with honesty and ethics
- Respectful communication techniques

- Being proactive versus reactive
- Accepting accountability for one's own actions
- Being prepared and punctual
- Social networking sites are a great way to connect with many others. These sites can be used to your disadvantage and all persons are advised to employ professional standards on these sites. A general rule would be if what you have posted does not enhance your professional image then it probably needs to be reviewed.
- The use of Laptops, cell phones and other electronic devices is at the discretion of the course instructor. Generally, it is considered inappropriate to use any device for alternate uses not related to the class being taught. Cell phones should be kept on vibrate or silent during class times unless arrangements have previously been made.
- Speaking negatively, relating stories or presenting a biased viewpoint about any class, instructor or other student that is not supportive of the individual involved and can be perceived as incivility. Disagreements are a part of life- but should be worked through in a private manner. Questioning the integrity of a persons' character is disrespectful. Each person is responsible and accountable for their words and actions.
- Plagiarism or cheating in any class as a pre-nursing or nursing major will have consequences within the School of Nursing. Disciplinary action will be at the discretion of the instructor, the guidance of the Dean of the School of Nursing, and SON handbook and may include assignment/class failure and possible dismissal from the program.

GRADING POLICIES

- **Grading Scale** to be used for all exams and final course grades:

93-100%	=	A
90 - 92%	=	A-
87 - 89%	=	B+
84 - 86%	=	B
81 - 83%	=	B-
78 - 80%	=	C+
75 - 77%	=	C
73 - 74%	=	C-
71 - 72%	=	D+
68 - 70%	=	D
Below 68%	=	F
- The Professor of Record has the authority to determine the schedule and re-scheduling of examinations

COURSE-SPECIFIC POLICIES

- Participation is a key component of this course. Students should make every effort to attend class.
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- Keep an open mind. An exploration of cultures and cultural practices will be novel, may be uncomfortable and may be offensive. This class is not a place to judge these practices as right or wrong but a place to understand the value systems of various cultures.

METHODS OF ASSESSMENT & EVALUATION

Exams: None

Assignments:

Reflection Papers (12)	150
Cross Culture Supermarket Reflection – Reflection 13	50
Travel Brief Paper & Presentation	100
Final Course Reflection	50
Class Participation/Attendance	150
Total Points	500

REQUIRED TEXTS & RECOMMENDED STUDY RESOURCES

Corbett, S. & Fickert, B. (2014). When helping hurts: How to alleviate poverty without hurting the poor and yourself. Moody Publishers: Chicago.

Selected articles posted on Canvas.

PORTFOLIO REQUIREMENT

At the conclusion of each course, students are expected to complete/update a LiveText® portfolio including self-evaluation of outcomes using the BSN Growth Portfolio template. The portfolio provides evidence supporting professional development and attainment of PLNU SON BSN graduate outcomes. For this course, the following assignment(s) are **suggested to** be submitted in LiveText®.

Final Reflection Paper

Students are strongly encouraged to submit additional coursework into LiveText to demonstrate personal and professional growth.

REQUIRED LEARNING ACTIVITIES

- See Canvas Modules for NSG441