

Point Loma Nazarene University



Student-Athlete Handbook 2011-2012

2011-12 Point Loma Nazarene University Student-Athlete Handbook

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***Not all sections included in Student Development version of the Annual Report**



Athletics Organization and Administration

Point Loma Nazarene University Mission Statement

Point Loma Nazarene University exists to provide higher education in a vital Christian community where minds are engaged and challenged, character is modeled and formed, and service becomes an expression of faith. Being of Wesleyan heritage, we aspire to be a learning community where grace is foundational, truth is pursued, and holiness is a way of life.

Point Loma Nazarene University Vision Statement

Point Loma Nazarene University will be a nationally prominent Christian university and a leading Wesleyan voice in higher education and the church – known for excellence in academic preparation, wholeness in personal development, and faithfulness to mission.

Core Values

- Excellence in teaching and learning
- An intentionally Christian community
- Faithfulness to our Nazarene heritage and a Wesleyan theological perspective
- The development of students as whole persons
- A global perspective and experience
- Ethnic and cultural diversity
- The stewardship of resources
- Service as an expression of faith

PLNU Athletics Statement of Philosophy

The overarching goal of PLNU athletics is to be an integral part of the total program of PLNU's mission "to provide higher education in a vital Christian community where minds are engaged and challenged, character is modeled and formed, and service becomes an expression of faith." Under the departments of student development and athletics, Intercollegiate Athletics seeks to honor PLNU's core value of "the development of students as whole persons" in the lives of student-athletes.

The following principles and objectives guide the course of intercollegiate athletics at PLNU:

1. Student-athletes will develop the individual and team skills necessary to compete at the conference and regional levels. PLNU also welcomes the opportunity to compete nationally.
2. PLNU will clearly communicate its Christ-centered mission to all competitors and will affiliate with regional and national conferences that respect its mission and provide a reasonable level of competition.
3. PLNU maintains high academic standards for all students, including student-athletes. Scheduling of competition and travel will minimize academic disruption.

4. PLNU's athletic teams and spectators will cultivate a competitive environment of good sportsmanship, reflecting fairness in competition, humility in victory, and dignity in defeat.
5. Intercollegiate Athletics will provide opportunities for fan engagement and the cultivation of school spirit.
6. The Athletics Department will align its fundraising and promotional efforts with the efforts of the offices of University Advancement and Admissions.
7. Consistent with the history of the Church of the Nazarene and her affirmation of leadership by both women and men, Intercollegiate Athletics offers competitive opportunities to both women and men and fully complies with federal regulations related to gender equity.
8. PLNU hires and develops coaches who are committed to Christ, possess university level coaching knowledge and skills, maintain a high standard of personal conduct, and are committed to the character development of their athletes.
9. PLNU recruits student-athletes who understand and support the university mission. Each student-athlete will pursue a course of study designed to culminate in graduation from the university.
10. Athletic Programs will be sponsored based on: adequate facilities in proximate distance of campus, adequate economic support, adequate student interest, adequate opportunities for competition within regional and national conference affiliation, and within the context of capped enrollment.

NCAA Division II Philosophy Statement

As a member of the GSAC and *candidate for* NCAA Division II, Point Loma Nazarene University respects and supports the following NCAA Division II Philosophy Statement.

Members of Division II believe that a well-conducted intercollegiate program, based on sound educational principles and practices, is a proper part of the educational mission of a university and that the educational welfare of the participating student-athlete is of primary concern.

Members of Division II support the following principles in the belief that these obligations assist in defining the division and the possible differences between it and other divisions of the Association. This statement shall serve as a guide for the preparation of legislation by the division and for planning and implementation of programs by institutions and conferences. A member of Division II:

Believes in promoting the academic success of its student-athletes, measured in part by an institutions student-athletes graduating at least at the same rate as the institutions student body;

Believes that participation in intercollegiate athletics benefits the educational experience of its student-athletes and the entire campus community;

Believes in offering opportunities for intercollegiate athletics participation consistent with the institution's mission and philosophy;

Believes in preparing student-athletes to be good citizens, leaders, and contributors in their communities;

Believes in striving for equitable participation and competitive excellence, encouraging sportsmanship and ethical conduct, enhancing diversity and developing positive social attitudes in all of its athletic endeavors;

Believes in scheduling the majority of its athletic competition with other members of the Division II, insofar as regional qualification, geographical location and traditional or conference scheduling patterns permit;

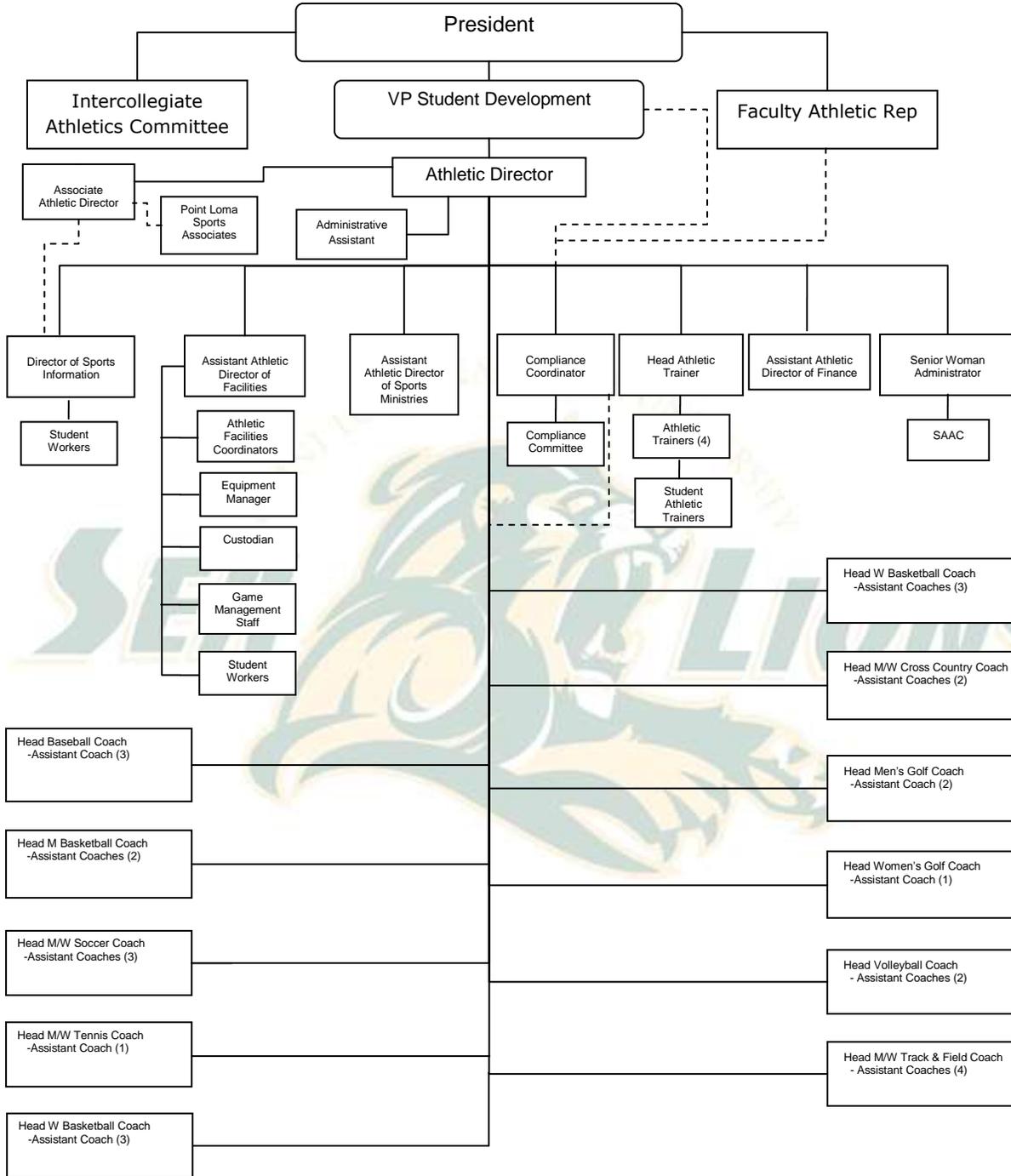
Recognizes the need to "balance" the role of the athletic program to serve both the institution and the general public;

Offers an opportunity for participation in intercollegiate athletics by awarding athletic aid to its student-athletes;

Believes that institutional control is a fundamental principle that supports the educational mission of a Division II institution and assumes presidential involvement and commitment. All funds supporting athletics must be controlled by the institution. The emphasis for an athletic department should be to operate with an institutionally approved budget and compliance with and self enforcement of NCAA regulations and expectation of the membership.

Department of Athletics

Organizational Chart



Staff Directory

Administration

Vice President of Student Development
Faculty Athletic Representative
Athletic Director
Associate Athletic Director
Senior Woman Administrator
Assistant Athletic Director of Finance
Assistant Athletic Director of Facilities
Assistant Athletic Director of Ath Ministries
Compliance Coordinator
Director of Sports Information
Athletics Administrative Assistant
Program Enhancement through Fundraising
Head Athletic Trainer
Athletic Trainer
Athletic Trainer
Athletic Trainer
Athletic Trainer

Athletic Office Off-Campus (619) 849-Extension

On-Campus Dial Extension Only

Caye Smith 2313 cayesmith@pointloma.edu
Patsy Livingston 2375 patsylivingston@pointloma.edu
Ethan Hamilton 2265 ethanhamilton@pointloma.edu
Russ Blunck 2944 russblunck@pointloma.edu
Sarah Gustin 2589 sarahgustin@pointloma.edu
Trevor Bostelaar 2442 trevorbostelaar@pointloma.edu
Steven Riddle 2268 steveriddle@pointloma.edu
Art Wilmore 2608 artwilmore@pointloma.edu
Jackie Armstrong 2307 jackiearmstrong@pointloma.edu
Jorge de la Torre 2441 jorgedelatorre@pointloma.edu
Dianne Rabello 2265 diannerabello@pointloma.edu
Carroll Land 2266 carrollland@pointloma.edu
Lindsay Donnelly 2914 lindsaydonnelly@pointloma.edu
Susan Ganz 2704 susanganz@pointloma.edu
Belinda Sanchez 2779 belindasanchez@pointloma.edu
Jeff Sullivan 2629 jeffsullivan@pointloma.edu
Nicole Crosby TBD pending start date

Sports Offices

Baseball Head Coach Joe Schaefer 2615 joeschaefer@pointloma.edu
Baseball Associate Head Coach Jack Northam 2765 jacknortham@pointloma.edu
Baseball Pitching Coach John Gunther 2765 johngunther@pointloma.edu
Baseball Assistant Coach Justin James 2765 justinjames@pointloma.edu
Men's Basketball Head Coach Bill Carr 2911 billcarr@pointloma.edu
Men's Basketball Assistant Jordan Courneya 2764 jordancourneya@pointloma.edu
Women's Basketball Head Coach Bill Westphal 2694 billwestphal@pointloma.edu
Women's Basketball Assistant Alan Nakamura 7194 alannakamura@pointloma.edu
M/W Cross Country and Track and Field Jerry Arvin 2588 jerryarvin@pointloma.edu
M/W TF Assistant Coach Shane Peterson 7083 shanepeterson@pointloma.edu
M/W TF Assistant Coach Alisa Ward 2557 alisaboon@pointloma.edu
Men's Golf Head Coach Ben Foster 2283 benfoster@pointloma.edu
Men's Golf Assistant Coach Sam Mallicoat 2283 sammallicoat@pointloma.edu
Men's Golf Assistant Coach Mike Herrick 2283 mikeherrick@pointloma.edu
Women's Golf Head Coach Jacqui McSorley 2927 jacquimcsorley@pointloma.edu
Women's Golf Assistant Coach Steve McSorley 2927 stevemcsorley@pointloma.edu
M/W Soccer Head Coach Tim Hall 7270 timhall@pointloma.edu
M/W Soccer Assistant Coach Tony Mercuriali 7270 amercuriali100@pointloma.edu
M/W Soccer Assistant Coach Alisa Ward 2557 alisaboon@pointloma.edu
M/W Soccer Goalkeeper Coach Martin Johnson 7270 ukiscmartinjohnson@yahoo.com
M/W Tennis Head Coach Rich Hills 2206 richhills@pointloma.edu
M/W Tennis Associate Head Coach Art Wilmore 2608 artwilmore@pointloma.edu
Volleyball Head Coach Sarah Gustin 2589 sarahgustin@pointloma.edu
Volleyball Assistant Coach Jon Scott 2975 jscott4@pointloma.edu
Volleyball Assistant Coach Jackie Bernardin 2975 jdbernardin@gmail.com

Conference Affiliations

PLNU will participate as a dual affiliated member of the NAIA and NCAA Division II in 2011-2012. As a NAIA member we participate in the Golden State Athletic Conference. All students recognized awards will be given by the GSAC. PLNU can qualify to NAIA national tournaments in 2011-2012.

Point Loma Nazarene University anticipates acceptance for NCAA Division II Year One Candidacy in July, 2011. The NCAA process for PLNU is:

Year One Candidacy: July 1, 2011 – June 30, 2012

Year Two Candidacy: July 1, 2012 – June 30, 2013

Provisional: July 1, 2013 – June 30, 2014

Active Division II membership: July 1, 2014 – full NCAA membership

PLNU has been invited for membership to the Pac-West Conference and has applied for membership to the California Collegiate Athletic Association. (PacWest April 2011, CCAA April 2011)

Point Loma Nazarene University Compliance Committee

The following people are members of the PLNU Compliance Committee:

Name	Title	Responsibility
Patsy Livingston	Faculty Athletic Representative	Ensure academic integrity and maintains the appropriate balance between academics and intercollegiate athletics
Eric Groves	Director of Undergraduate Admissions	Oversees all undergraduate admissions
Kristie Camet	Assistant Registrar	Records Specialist
Pam Macias	Director of Financial Aid	Oversees Student Financial Aid
Jackie Armstrong	Compliance Coordinator	Oversees Compliance within Athletics
Cheryl Gaughan	Director of Records	Oversees the matriculation of student-athletes in the area of course requirements required for a degree
Sarah Gustin	SR Woman Administrator	Oversees SAAC and Life Skills programs for athletics and assists compliance oversight

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Faculty Athletics Representative (FAR)

The Faculty Athletics Representative (FAR) for PLNU is Patsy Livingston. The purpose of the FAR is to promote a balance between academics, athletics and the social lives of student-athletes and to be involved with the monitoring and maintenance of the personal welfare of the student-athletes. The FAR is available to help you should you encounter issues with financial aid, eligibility, waivers and appeals, health and student welfare. Ms. Livingston's contact information is patsylivingston@pointloma.edu or 619-849-2375.

Student-Athlete Advisory Committee (SAAC)

The mission of the NCAA Division II Student-Athlete Advisory Committee is to enhance the total student-athlete experience by promoting opportunity for all student-athletes; protecting student-athlete welfare; and fostering a positive student-athlete image.

The purpose of SAAC is:

1. To give the student-athletes the right to be heard in regards to determining the rules, regulations and policies that affect their involvement within the NCAA and on their campus.
2. To build effective lines of communications within the PLNU athletic program including varsity athletics, coaching staff, faculty, administration and the nearby community.
3. To take an active role in promoting and supporting PLNU athletics.
4. To develop a positive student-athlete image on campus and in the community through involvement in campus and community projects.

Community Engagement and Outreach

Point Loma Nazarene University believes in the importance of community engagement and outreach for student-athletes. We will participate in athletics-wide events as well as have individual team projects to support this belief. All student-athletes and teams are expected to participate in these events and individual team events.

If you have an idea for a community engagement or outreach project you can communicate with your SAAC representative or contact Assistant Athletic Director Art Wilmore.

Student-Athlete/Coach Conflict

PLNU Department of Athletics encourages all student-athlete/coach conflicts to be settled between the parties involved. However, if conflict continues after reasonable attempts for resolution then student-athletes may contact the Athletic Director, Ethan Hamilton, or our FAR Patsy Livingston, to seek further assistance.

Sexual Harassment/Sexual Assault

The University is committed to maintaining an environment that is free from sexual harassment. In keeping with this commitment, we do not tolerate sexual harassment by anyone, including students, faculty, staff or vendors of the University. The Office of Civil Rights of the U.S. Department of Education defines sexual harassment under Title IX of the Education Amendments of 1972 as consisting of “verbal or physical conduct of a sexual nature, imposed on the basis of sex, by an employee or agent of a recipient that denies, limits, provides different, or conditions the provision of aid, benefits, services, or treatment protected under Title IX.”

Sexual harassment consists of unwelcome sexual advances, requests for sexual favors, and other verbal, physical, or visual conduct based on sex when: (1) submission to such conduct is made either explicitly or implicitly as a term or condition of an individual’s employment or education; (2) submission to or rejection of such conduct by an individual is used as the basis for academic or employment decisions affecting the individual; or (3) such conduct has the purpose or effect of substantially interfering with an individual’s academic or professional performance or creating an intimidating, hostile, or offensive employment or educational environment.

Sexual harassment encompasses any sexual attention that is unwanted and can take many forms, but most sexual harassment falls into three categories: verbal, visual, and physical.

Sexual harassment is especially serious when it threatens relationships between teacher and student, or a supervisor and subordinate. In such situations, sexual harassment exploits unfairly the power inherent in a faculty member’s or supervisor’s position. Through grades, wage increases, recommendations for graduate study, promotion, and the like, a teacher or supervisor can have a decisive influence on a student’s, staff member’s, or faculty member’s career at the University and beyond. While sexual harassment most often takes place in situations involving a power differential between persons, PLNU also recognizes that sexual harassment may occur between persons of the same status within the University. PLNU will not tolerate behavior between or among members of the University community that creates an unacceptable work or educational environment.

Any student who feels that he or she has experienced or witnessed harassment should, when possible, inform the harasser that the conduct is unwelcome and must stop. If the student does not wish to confront the harasser, or, if confrontation has not been effective, then the following courses of action should be taken. If a student has experienced or witnessed sexual harassment in any University context, such as the following examples,

- as an **employee** of the University
- from a **student peer**
- from a **faculty member**
- from a **staff member**
- as a **student volunteer or intern at an off-campus site**

the student should report the incident to the University Sexual Harassment Officer. The PLNU Sexual Harassment Officer is the Vice President for Student Development, Dr. Caye Smith, available in office 303, third floor of Nicholson Commons, and at 619.849.2313.

The University will investigate all such complaints thoroughly, impartially, and promptly. The University will keep all complaints and the terms of their resolutions, as confidential as reasonably possible. If an investigation confirms that harassment has occurred, the University will take corrective action, up to and including expulsion or termination.

In the case of sexual assault, contact the [Office of Public Safety](#) at 619-849-2525.

Alcohol and Drug Policy

The PLNU Department of Athletics enforces the university alcohol and substance abuse policy. In addition, if a student-athlete is found guilty of alcohol use the following department response will occur:

First offense: Mandatory one-week suspension from practice and competition and accordance with university policy. Head coaches reserve the right for further disciplinary action

Second offense: Reduction/revocation of scholarship monies, a two-week suspension from practice and competition, accordance with university policy. Head coaches reserve the right for further disciplinary action.

Third offense: Expulsion from the team and PLNU.

The PLNU policy is as follows:

- The University requires that students abstain from the use or possession of illegal drugs
- The University requires that students abstain from the use or possession of alcoholic beverages
- The University requires that students abstain from the use or possession of smoking products and tobacco products

A student who uses or who is in possession of alcohol, smoking tobacco products, or illegal drugs or drug paraphernalia has breached his/her contract signed as a part of the joint student/university decision to be admitted to the University.

A student's refusal to test for alcohol or illegal drugs will be interpreted as an admission of guilt.

The substance policy applies during any session of the academic year that a student is enrolled or employed by the University.

Prevention

Students are encouraged to avail themselves of drug and alcohol prevention resources. The university's Wellness Center, located on the first floor of Nicholson Commons, 619-849-2574, provides prevention, referral, and supportive resources to PLNU students. Additional prevention resources may be found at: <http://www.adp.ca.gov/default.asp>.

Disciplinary Response

A first substance use violation will result in a growth plan to be determined by the respective Resident Director, subject to the approval of the Dean, and may include community service, a fine, written response, mentoring, notification of parents, and other growth responses.

A second substance use violation will result in a judicial hearing.

The student may choose between either:

- The Dean of Students, who reserves the right to invite advisors to the conduct meeting
- The Student Conduct Committee

The Dean of Students and the Judicial Council will create a growth plan that may include community service, a fine, written response, mentoring, notification of parents, and other growth responses.

A third substance use violation will result in the expulsion of a student from Point Loma Nazarene University.

While Point Loma Nazarene University reserves the right to expel a student for any substance abuse violation, the following circumstances are likely to result in immediate dismissal:

- Any profane, aggressive or abusive behavior by the student during a confrontation regarding potential substance use and/or possession.
- Students who provide alcohol or drugs to other students.
- Other extenuating circumstances including, but not limited to, selling or trafficking of alcohol or illegal drugs.

Note: Students choosing not to be tested for these substances will receive consequences for the offense in question.

The university reserves the right to refer drug or illegal behavior to appropriate civil authorities.

Local, State, and Federal Sanctions

Some local, state and federal laws establish severe penalties for the unlawful possession or distribution of illicit drugs and alcohol. These sanctions, upon conviction, range from a fine and probation to lengthy imprisonment. The following websites provide more information regarding state and federal codes related to drugs and alcohol.

Hazing Policy

Hazing is not allowed on campus, or within the University's clubs or groups. The Department of Athletics follows the university policy on hazing. Matt's Law prohibits hazing in California. It states:

1. "Hazing" is defined as any method of initiation or pre-initiation into a student organization or student body, whether or not the organization or body is officially recognized by an educational institution, which is likely to cause, serious bodily injury to any pupil or other person attending any school, community college, college, university, or other educational institution in California. The term "hazing" does not include customary athletic events or school-sanctioned events.
2. Hazing that does not result in serious bodily injury is a misdemeanor, punishable by a fine of not less than \$100 nor more than \$5,000; imprisonment in the county jail for not more than one year; or both.
3. Any person who personally engages in hazing that results in death or serious bodily injury is guilty of either a misdemeanor or a felony, and shall be punished by imprisonment in county jail not exceeding one year or by imprisonment in the state prison.
4. The person against whom the hazing is directed may commence a civil action for injury or damages. The action may be brought against any participants in the hazing or any organization to which the student is seeking membership whose agents, directors, trustees, managers, or officers authorized, requested, commanded, participated in, or ratified the hazing.
5. Prosecution under Matt's law does not prohibit prosecution under any other provision of law.
6. "Matt's Law" was established in memory of Matthew William Carrington who died on February 20, 2005 as a result of hazing.

Point Loma Nazarene University supports only those activities that are constructive, educational and inspirational, and that contribute to the intellectual and personal development of the students. The University unequivocally opposes any situation intended to produce mental or physical discomfort, embarrassment, harassment, or ridicule. The University interprets hazing as any act, whether physical, mental, emotional or psychological, that subjects another person, voluntarily or involuntarily, to anything that may abuse, mistreat, degrade, humiliate, harass, or intimidate an individual, or which may in any fashion compromise an individual's inherent dignity as a person. In addition, any requirements by a member or pledge which compels another member or pledge to participate in any activity that is against University policy, state or federal law, will be defined as hazing. It is the right of every student on this campus to be free from the humiliation and danger of hazing. Hazing by any individual or organization shall be viewed as incongruent with the mission and values of the University. Each organization is responsible for designing programs that recognize the moral, spiritual, and intellectual qualities of human rights. Clubs and organizations must review a detailed definition of hazing in the Office of Community Life. Compliance with this description is required. http://www.insidehazing.com/matts_law.php

Social Network Policy

As a student-athlete at Point Loma Nazarene University, you have a responsibility to represent Christ in all that you do. In addition, your words and actions are a reflection of PLNU, your team and your family.

This includes your participation in the world of social networking. PLNU supports your right to participate in online social networking sites (MySpace, Facebook, Twitter, etc.), and will not place any restrictions on the use of these sites by student-athletes.

However, you should be reminded that as a member of the PLNU intercollegiate athletic department, you are in the public eye. Please keep the following guidelines in mind as you participate on social networking web sites.

- Before participating in any online community, understand that anything posted online is available to anyone, anywhere, at any time. Any text or photo placed online is completely out of your control the moment it is placed online, even if you limit access to your site.
- For your safety, do not post home addresses, local addresses, phone numbers, birth date or other personal information. Also be aware of any items (including photos) that could embarrass you, your teammates or the university. This includes information, photos and items that may be posted by others on your page.
- Exercise caution as to what information you post on your web site regarding your whereabouts or plans. You could be opening yourself up to predators.
- Be aware of who you add as a friend to your site as many people are looking to take advantage of student-athletes, while others want to get close to student-athletes to give themselves a sense of membership with the team.
- Also remember that PLNU coaches and administrators can easily access these sites.
- Student-athletes can face discipline and even dismissal from their team for violation of the philosophies and mission of PLNU through inappropriate postings on web sites.

You should also be aware that potential employers and internship supervisors use these sites to screen candidates. Many graduate programs and scholarship committees look at online profiles to separate applicants.

Above all, just remember to use common sense when using social networking sites and be aware of your responsibilities to honor God, your teammates and PLNU in all that you do.

Academics

University Honor Code

The Point Loma Nazarene University community holds the highest standards of honesty and integrity in all aspects of university life. Academic honesty and integrity are strong values among faculty/staff and students alike. Any violation of the University's commitment is a serious affront to the very nature of PLNU's mission and purpose.

Academic dishonesty is the act of presenting information, ideas and/or concepts as one's own when in reality they are the results of another person's creativity and effort. Such acts include

plagiarism, copying of class assignments, and copying or other fraudulent behavior on examinations.

A faculty member who believes a situation involving academic dishonesty has been detected may assign a failing grade for that particular assignment or examination, and/or the course. The faculty member shall file with the appropriate dean and the department chair or school dean a written report of the incident and the action taken. After the examination of the event, the university official shall submit a report to the Provost and the Vice President for Student Development. If either of these administrators believes other disciplinary action should be taken, consultation between the faculty member and the administrators will determine the resulting discipline.

The student(s) involved in the academic dishonesty may appeal the action by talking first to the school dean or department chair, then, if necessary, to the college dean, and finally, to a committee of the following: A college dean of the student's choice, the Vice Provost for Academic Administration, the Provost, and the Vice President for Student Development. The appeal decision reached by this committee is final.

Declaring a major

1. A student-athlete who changes his or her designated degree program may comply with the progress-toward-degree requirements if:

a) The change in programs is documented appropriately by the institution's academic authorities;

b) The credits earned before the change are acceptable toward a degree previously sought; and

c) The credits earned from the time of the change are acceptable toward the new desired degree; and

d) A student-athlete who has designated a specific degree program with an identified major may not use a course to fulfill the credit-hour requirement for meeting progress toward degree even if the course fulfills an elective component of the student-athlete's degree program, if the student ultimately must repeat the course to fulfill the requirements of the student's major. (bylaw 14.4.3.1.6)

2. Be in good academic standing according to the standards of the University:

a) All intercollegiate varsity teams are committed to following all eligibility rules as prescribed for NCAA events. The NCAA constitution states that to be eligible a student-athlete "must be in good academic standing" and "must maintain satisfactory progress toward a baccalaureate degree as prescribed by the regulations of the NCAA and the member institution." Satisfactory progress is interpreted to mean:

- 1) That the student-athlete is enrolled for at least 12 hours in a degree program, and
- 2) The student-athlete must designate a specific program of studies (major) by the beginning of the fifth semester of collegiate enrollment, and
- 3) The student-athlete has accumulated at least 24 hours of acceptable credit each year prior to the beginning of the fall semester (summer terms will not be considered a semester of enrollment), and
- 4) Has a cumulative GPA of 2.0 or better

Academic Grievance Procedures and Grade Disputes

It is the responsibility of the faculty to evaluate student performance and assign grades. However, PLNU has established a course grade appeal policy that may be used when a student believes that the syllabus was not followed in the grade calculation, or believes that the grading was done in a capricious and arbitrary manner. An appeal is not proper if a student is simply dissatisfied with a grade that was based on the faculty member's professional judgment.

A Course Grade Appeal Form is available in the Office of the Vice Provost for Academic Administration. Any such appeal must be filed within one year from the end of the course in which the grade was given.

Further information about the steps to be followed in a course grade appeal is available in the office of the Vice Provost for Academic Administration.

2011-2012 Academic Calendar

FALL SEMESTER 2011

Professional Development Days	Aug 18-19
New Faculty Meeting	Aug 21
New Faculty Seminar	Aug 22
All-Faculty Convocation	Aug 23
Department/School Faculty Meetings	Aug 24
New Student Orientation	Aug 26-27
Residence Halls Open (New Students)	Aug 26
Returning Students (Noon)	Aug 28
CLASSES BEGIN	Aug 30
Quad I Classes Begin	Aug 30
Labor Day (No Classes)	Sept 5
Last Day to Add 15-week Classes	Sept 9
Spiritual Renewal Week	Sept 26-30
Quad I Classes End	Oct 18
Quad II Classes Begin	Oct 19
Fall Break Day (No Classes)	Oct 21
Mid-Semester Grades Distributed	Oct 25-26
Priority Online Registration for Spring Sem.	Oct 31-Nov 11

Last Day to Drop 15-Week Classes	Nov 4
Board of Trustees Fall Meeting	Nov 17-18
Alumni Homecoming	Nov 17-19
Thanksgiving Recess (No Classes)	Nov 23-25
CLASSES END	Dec 9
Final Examinations	Dec 12-16
Residence Halls Close (Noon)	Dec 17
Final Grades Deadline	Dec 30

SPRING SEMESTER 2012

Residence Halls Open (Noon)	Jan 8
New Student Orientation	Jan 9
CLASSES BEGIN	Jan 10
Quad I Classes Begin	Jan 10
Martin Luther King Jr. Day (No Classes)	Jan 16
Last Day to Add 15-Week Classes	Jan 20
Spiritual Renewal Week	Jan 30-Feb 3
Last Day to Apply for May Graduation	Feb 10
Quad I Classes End	Feb 28
Quad II Classes Begin	Feb 29
Board of Trustees Spring Meeting	Mar 1-2
Residence Halls Close (Noon)	Mar 3
Spring Break Week (No Classes)	Mar 5-9
Residence Halls Open (Noon)	Mar 11
Mid-Semester Grades Distributed	Mar 13-14
Last Day to Drop 15-Week Classes	Mar 23
Priority Online Registration for Summer Sessions/Fall Semester 2012	Apr 2-13
Easter Recess (No Classes)	Apr 5-9
CLASSES END	Apr 27
Final Examinations	Apr 30-May 4
Graduate Convocation (10:00 a.m.)	May 5
Undergraduate Convocation	May 5
College of Arts and Sciences; School of Education; School of Nursing (1:00 p.m.)	
College of Social Sciences and Professional Studies (4:00 p.m.)	
Residence Halls Close (3:00 p.m.)	May 6
Final Grades Deadline	May 18

Academic Advising and Resources

Located in Bond Academic Center, the Advising Office is the point of contact for personal assistance in a variety of areas, including: declaring or changing an academic major, minor, and concentration; identifying your faculty advisor; planning your schedule, developing strategies for selecting classes, completing transfer course work at your local community college; online web registration; and more.

To make an appointment with an academic advisor call 619-849-3333.

Disability Resource Center (DRC)

The Disability Resource Center is the point of contact for individuals with physical / learning / psychological disabilities. The DRC ensures compliance with federal regulations for access and accommodation for undergraduate students with disabilities to all curricular and co-curricular opportunities offered by the university through collaboration with faculty and staff.

Tutorial Services

The PLNU Tutorial Center offers free peer tutoring, review sessions, paper editing, study strategies, organization skills and more, for over 100 undergraduate subjects.

Academic Support Center Staff Contacts

Kimberly J. Bogan, Psy.D.
Director Academic Advising & Support Activities
LEAP Program Co-Facilitator
Undeclared Student Academic Advisor
kimbogan@pointloma.edu

Patricia L. Curley, MA, Ed.S.
Director Disability Resource Center
Tutorial Center Services
patcurley@pointloma.edu

Debbie Hickman
Academic Support Assistant
debbiehickman@pointloma.edu

Health, Wellness and Services

PLNU Sports Medicine

Description and Purpose of the Athletic Training Staff

The objectives of the Athletic Training Clinic are to provide the highest level of service to the student-athletes at Point Loma Nazarene University. This includes the prevention, care, and rehabilitation of athletic injuries as well as helping to direct the nutritional, physiological, and psychological needs of the student-athlete. It is the duty of the athletic training staff and the faculty to serve the student athletes in a Christ-like manner. The care that the Athletic Training Staff provides will be delivered with objectivity and a conscientious blend of concern for the healing of the athlete's body, mind and spirit. The staff and faculty of the Athletic Training Clinic will strive to bring the most advanced and up-to-date knowledge from the scientific realm of sports medicine and put it into practice with the PLNU athletes.

The Athletic Training Staff and the Athletic Training Students seek to follow and to model the mission of Point Loma Nazarene University and the National Athletic Trainers' Association.

General Hours

The Athletic Training Clinic will be open as follows:

Monday - Friday

12:30 pm – 7:00pm (or 30 minutes after the last practice ends)

Saturday

The Athletic Training Clinic is open only if given advanced warning (1 week notice) for practice. Game Coverage: The Athletic Training Clinic is closed for general treatments.

*** Early morning practices only by exception when all other options have been exhausted**

Office of Strengths and Vocation

Student-athletes can find help with career development through the Offices of Strengths and Vocation.

The Offices of Strengths and Vocation's Mission Statement is to facilitate opportunities for the Point Loma Nazarene University community to build relationships for employment, internships, mentoring, and networking experiences with the external professional community.

The Office of Strengths and Vocation is located on the third floor of the Ryan Learning Center in Suite 306. The OSV is open Monday - Friday from 8:00 a.m. to 4:30 p.m.

OSV services include: Strengths Coaching, Strengths campus wide co-curricular initiatives, Corporate and Business External Relations, Career Counseling Services, Student Employment, and Student Internships. They have a wide variety of resources available to PLNU students including: career and strengths counseling, resume helps, student employment, internship opportunities, assessment testing, and events hosting experienced professionals for networking and training.

If you are interested in scheduling an appointment, please contact Debra Lively at debralively@pointloma.edu or (619) 849-2446.

Multicultural Affairs Center

There are a wide range of programs and opportunities specifically designed for students at PLNU in support of diversity. These programs are sponsored by the [Multicultural and International Student Services](#) office in Student Development, the main program being MOSAIC.

MOSAIC (Multicultural Opportunities for Students Activity Involved in Community) is the home to 8 multicultural student organizations on campus. Clubs and organizations including ALAS, ASU, BSU, Hui O'Hawai'i, International Club, Mu Kappa, VIP Gospel Choir and Team Barnabas.

All members of the MOSAIC organization(s) are the heart of the Office of Multicultural and International Student Services. As we work, partner and collaborate together, our desire is to model what it means to live an inclusive multicultural community-that embraces all those different backgrounds. MOSAIC intentionally seeks to deliver a cross-cultural, intercultural and multicultural educational component in all of our programming, in order to create engagement across cultures.

For more information contact:

Lilia Davis

Director, Multicultural and International Student Services

E-mail: liliadavis@pointloma.edu

T: (619) 849-2524

F: (619) 849-7069

Office: Bond Academic Support Center, 142

Benefits, Awards and Recognition

Complimentary Admissions

PLNU may provide four complimentary tickets per home contest to a student athlete in the sport in which the individual participates (either practices or competes) regardless of whether the student-athlete competes in the contest. For NCAA Championships, an institution may provide each student athlete who participates in or is a member of the team participating in an NCAA Championship with six complimentary admissions to all contests at the site at which the student or team participates. *Note: Conference policy may dictate that no complimentary admissions are available for away contests.*

The following are prohibited:

1. Receiving payment from any source for his or her complimentary admissions and may not exchange or assign them for any item of value. Receipt of payment for these complimentary admissions by such designated individuals is considered an extra benefit.
2. Special arrangements to sell student athlete tickets (tickets shall be available for purchase by student athletes according to the same purchasing procedure used for other students.)
3. A student athlete may not purchase tickets for an athletic contest from the institution and then sell the tickets at a price greater than their face value.

Extra Benefits

The definition of an extra benefit is any special arrangement by an institutional employee or a representative of the institution's athletics interests to provide a student-athlete or the student-athlete's relative or friend a benefit not expressly authorized by NCAA legislation. Receipt of a benefit by a student-athlete or their relatives or friends is not a violation of NCAA legislation, if it is demonstrated that the same benefit is generally available to the institution's students or their relatives or friends or to a particular segment of the student body (i.e. foreign students, minority students) determined on a basis unrelated to athletics ability. [Bylaw 16.02.3]

Receipt by a student-athlete of an award, benefit or expense allowance not authorized by NCAA legislation renders the student-athlete ineligible for athletics competition in the sport for which the improper award, benefit or expense was received. If the student-athlete receives an extra benefit not authorized by NCAA legislation or an improper award of expense allowance in conjunction with competition that involves the use of overall athletics skill, the individual is ineligible in all sports [Bylaw 16.01.1].

Non-permissible awards or benefits include, but are not limited to;

1. Cash or equivalent;
2. Gift certificates;
3. Country club or sports-club memberships;
4. Use of vehicles or transportation provided for personal use or non-athletic related business;
5. Use of long distance telephone lines for non-course required issues;
6. Free typing or clerical services;
7. Gifts of clothing, equipment or jewelry;
8. Receipt of loans on deferred pay back or those not intended to be collected;
9. Unauthorized, excessive in-room movie rental, telephone use or other excessive or improper expenses on road trips; and
10. Use of golf courses for no fee.

Occasional Meals

You are allowed to receive infrequent and occasional meals from an institutional staff member in the general vicinity of the university and that staff member may provide transportation to the meal.

You or your team may receive an occasional meal from a representative of athletic interest only at that representatives' home, not at a restaurant, although the meal may be catered. A representative of athletic interest is a booster or anyone not employed by PLNU.

Recruitment Involvement for Prospective Student Athletes

You may write to prospects to encourage their enrollment at Point Loma Nazarene University, but it may not be done at the direction and/or the expense of the University. You may not telephone recruits but may accept telephone calls made at the prospect's expense during the recruit's senior year. You are also prohibited from making any statements to media members

about recruits, the recruits' athletic ability, or the likelihood that the recruit will attend the university.

You may be asked by a coach to host a recruit who is on an official visit to our campus. While serving as a host, you may be given host money for the purpose of entertaining the recruit. This money may be used for food, arcades, movies, theatres, bowling and other entertainment activities, but may not be used to purchase souvenirs (e.g., hats, t-shirts, etc.) for the recruit. You may transport the recruit to activities within a 30-mile radius of campus, but must not allow the recruit the use of a car. The University cannot provide the use of a car to the student-athlete for the purpose of hosting a recruit. You will receive a list of host instructions when given host money by the coach.

Student-athlete hosts are required to submit all receipts pertaining to the entertainment of perspective student-athletes per PLNU policy.

Student Athlete Acknowledgement

I have received and understand the policies and procedures written in the Point Loma Nazarene University Student-Athlete Handbook.

I understand that this Handbook will be updated periodically while I am enrolled at PLNU as a student-athlete and that this updated Handbook will supersede any previous Handbook and acknowledgement. I also understand that it is my responsibility to keep up to date with the handbook.

By signing this form, I am agreeing to follow University, Department and NCAA rules and commit myself to representing my team and Point Loma Nazarene University in a positive manner.

_____ Sport

_____ Printed Name

_____ Signature

_____ Dated