

POINT LOMA NAZARENE UNIVERSITY
School of Nursing

CURRICULUM VITA

NAME:

Kris Lambert PhD RN

**DATE OF INITIAL
APPOINTMENT**

August 2007 Adjunct

August 2010 Full time

RANK

Associate Professor

CALIFORNIA LICENSE

Registered Nurse License: 349774

EXPIRATION DATE

01/31/2012

CERTIFICATIONS

CPR American Heart Association

Exp. 06/2012

International Association of Nonviolent Crisis Intervention

Certified Instructor: 833942

EDUCATION

University of San Diego	PhD	Nursing Research	11/09
University of San Diego	MSN	Executive Nurse Leadership	05/07
Antioch University	BA	Liberal Studies/Psychology	05/85
Mount St. Mary's College	AS	Nursing	05/82
Ventura College	AA	Psychiatric Technician	5/78

PROFESSIONAL EXPERIENCES

Senior Nursing Specialist (consultant)	Sharp Mesa Vista Hospital San Diego, CA	08/10-current
Senior Nursing Specialist	Sharp Mesa Vista Hospital San Diego, CA	04/08-08/10
Administrative Liaison	Sharp Mesa Vista Hospital	05/02-04/08
Utilization Review	San Diego, CA	05/03-04/08
Intake/Psych Emergency Team		05/02-04/08
Utilization Review Nurse	Telecare Corporation San Diego, CA	10/04-05/06
Emergency Screening/ Assessment Nurse	New Alternatives: County of San Diego	01/02-01/03
Clinic Nurse	East Bay Mental Health	01/99-12/01

Staff Nurse	Providence, RI Sharp: The Birth Place San Diego, CA	01/96-01/98
Owner: Doula Focus: Postpartum Depression	Wise Woman: Postpartum Care The Woodlands, TX	05/93-09/95
Quality Assurance Nurse	Vernon Walling, MD Houston, TX	1993-1995
Director: Child/Adolescent Services	Memorial Spring Shadows Glen Houston, TX	1986-1993
Psychiatric Emergency Assessment Team (per diem)	CPC Cypress Point Hospital Houston, TX	1990-1993
Nurse Manager: Eating Disorders Program	Pinecrest Hospital Santa Barbara, CA	1984-1986
Staff Nurse: Psychiatric Trauma Unit	Cottage Hospital Santa Barbara, CA	1983-1984
Staff Nurse Medical-Surgical Unit	Saint John's Hospital Santa Monica, CA	1982-1983
Staff Nurse (LPT) Psychiatric Intensive Care Unit Adolescent Unit	Woodview Calabasas Hospital Calabasas, CA	1979-1982
Staff Nurse (LPT) Autistic Adolescent Unit	Camarillo State Hospital Camarillo, CA	1978-1979

UNIVERSITY SERVICE

Open Doors: Group for Young Women		2010
Student Affairs Committee		2011-2012
Sigma Theta Tau: Zeta Mu Faculty Representative		2011-2012

PROFESSIONAL AND COMMUNITY SERVICE

American Association of Psychiatric Nurses	San Diego Chapter Representative	2002-present
Sigma Theta Tau International	Zu Mu Chapter: Member	2007-present
Western Institute of Nursing Research	Member	2008-present
International Society of Traumatic Stress Member		2007-present
National Coalition Against Domestic Violence	Member	2005-present
International Society for Research on Aggression	Member	2007-present
Caritas Consortium	Member	2006-
2010 American Academy of Ambulatory Care Nurses	Member	2006-2008
National Alliance for the Mentally Ill	Member	2005-present
Graduate Student Nurses Association	University of San Diego: Chairman	2006-2008
Houston Association of Psychiatric Nurses	Secretary	1986-1996
California Student Nurses Association	Treasurer	1980-1982

PROFESSIONAL DEVELOPMENT

New Faculty Seminar		8/10-12/10
Creating a Community in Your Classroom		8/12/10
Workshop on Collaborative Learning Techniques		9/1/10
Classroom Assessment Techniques		10/13/10
Teachers Noticing Teachers with April Maskiewicz		10/10
Preventing Sexual Harassment		10/11/10
Using clickers and cell phones for polling with Ted Anderson, Nancy K. Murray, and Paul Schmelzenbach		11/10/10
APNA 24 th Annual Conference	18 CEU	10/14/10 New
Faculty Seminar: Student Engagement		11/15/10

Effective Questioning Strategies with Scott Dirkse		2/2/11
Closing the Assessment Loop		2/16/11
IDEA Workshop with Stephanie Juillerat		2/23/11
Domestic Violence/Suspicious Injury Reporting	8 CEU	3/25/11
Promotion and Tenure Informational Meeting		4/6/11 Elizabeth
Barkley Workshop on Student Engagement Techniques		5/16/11 Crisis
Prevention Institute	8 CEU	6/13/11 T.I.L.E.
Program		June 2011 T.I.L.E.
Presentations		8/15/11

RESEARCH AND SCHOLARLY ACTIVITIES

Violence, Depression, Parental Stress and Child Neglect Among High Risk Postpartum Women	University of San Diego Hahn School of Nurse and Health Sciences	2008-2010
Role: Principle Investigator		

Collaborative Model Addressing Mental Health in the Perinatal Period among Low Income, Culturally Diverse Women.	University of San Diego Child and Adolescent Services Research Center	2008-2009
Role: Maternal Child Advisor		
Principle Investigator: Cynthia Connelly PhD, RN		

Efficacy of Frequent Mantram Repetition on Stress, Quality of Life and Spiritual Well-Being in Veterans	Veteran's Administration La Jolla, CA	2007-2008
Role: Assistant Nurse Researcher		
Principle Investigator: Jill Bormann PhD RN		

Development of an Evidence-Based Practice Evaluation of Two Nurse-Run Interventions for Blood Pressure Control: A Public-Private Collaboration	Balboa Naval Medical Center San Diego, CA	2005-2006
Role: Student Nurse Research Assistant		
Principle Investigator: Captain Linnea Axman PhD RN		

Protective Effect of Vitamin E on Lymphocyte Growth Capacity During Incubation In Vitro	The Clayton Foundation Houston, TX	02/91-05/94
Role: Research Assistant		
Principle Investigator: Kathleen Matthews PhD		

HONORS

Core Award: Development of Recovery Action Program	Sharp Healthcare	2009
Core Award: Net Learning	Sharp Healthcare	2009
Core Award: AIDET Program	Sharp Healthcare	2008
Nominee: Mentor of the Year	Sharp Healthcare	2008
Accommodation for Outstanding Achievement in Education	Memorial Healthcare System Houston, TX	1986
Academic Achievement Award	Mount Saint Mary's College	1982