

# Course Syllabus

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**Dates:** January 8 - May 4, 2018

**Meeting Day/Time:**

Mondays, 6:00 p.m. - 8:00  
p.m.

**Location:** Mission Valley  
Campus

**Credit Hours:** 2

# PSY695: Supervised Practicum I

## COURSE DESCRIPTION

Supervised therapy experience in applied psychotherapeutic techniques at the Graduate Counseling Clinic or the PLNU Wellness Center. The 100-hour trainee practicum includes a minimum of 50 face-to-face contact hours (10 of which are group hours) and weekly individual and group supervision. CR/NC  
Prerequisite(s): PSY608, PSY611, PSY680, PSY621, PSY645

## GROUND RULES OF THE COURSE

Together we will create a dynamic learning environment where:

1. Learning is challenging but safe
2. Learning is experiential and active
3. Communication is open . . . opposing viewpoints are welcomed
4. All are learners and all are teachers . . . we will learn from each other
5. Mistakes are okay . . . this is a no-guilt, no-blame zone
6. The point is to learn and grow ... grades are a by-product and not the goal
7. Integrity and honesty are expected

Please jot down some of your expectations for this course.

## PLNU MISSION

### To Teach ~ To Shape ~ To Send

Point Loma Nazarene University exists to provide higher education in a vital Christian community where minds are engaged and challenged, character is modeled and formed, and service becomes an expression of faith. Being of Wesleyan heritage, we aspire to be a learning community where grace is foundational, truth is pursued, and holiness is a way of life.

## REQUIRED TEXTS AND RECOMMENDED RESOURCES

There are no assigned textbooks for this course.

## ADDITIONAL READINGS

American Psychological Association. (2010). *Publication Manual of the American Psychological Association*, 6<sup>th</sup> Edition. Washington, DC: American Psychological Association.

## COURSE LEARNING OUTCOMES

After completing this course, you should be able to:

1. TBD

## COURSE REQUIREMENTS

**Instructor:** Dr. Ben Coleman

**Email:** [bcolema1@pointloma.edu](mailto:bcolema1@pointloma.edu)  
(<mailto:bcolema1@pointloma.edu>)

1. **Case Presentation:** Each student will complete a case presentation on a client of their choosing and will present their findings during class in Weeks 5-8.
2. **Participation:** Class participation is necessary to demonstrate familiarity with the assignments and the ability to transfer theory into practice, especially during your practicum. The following criteria will be used to evaluate participation.

Participation in discussions and Practicum

- Appropriateness of comments
- Comments useful for clarification or meaningful contribution to the class
- Willingness to participate in exercises and simulations
- Sensitivity to participation of others in the class; avoids dominating discussions
- Class participation demonstrates understanding of learned theory

3. **Attendance:** Regular and punctual attendance at all class sessions is considered essential to optimum academic achievement. Therefore, regular attendance and participation in each course are minimal requirements. Absences are counted from the first official meeting of the class regardless of the date of the student's enrollment. If more than 20 percent of the classes are reported as missed, the faculty member may initiate the student's de-enrollment from the course without advance notice to the student. If the date of de-enrollment is past the last date to withdraw from a class, the student will be assigned a grade of "F" or "NC." There are no refunds for courses where a de-enrollment was processed.

A student who registers late must therefore be exceptionally careful about regular attendance during the remainder of the course. Registered students who neither attend the first class session nor inform the instructor of record of their desire to remain in the class may, at the request of the instructor, be removed from the class roster.

Exceptions to the foregoing attendance regulations due to extenuating circumstances beyond the student's control may be granted only by appeal to the Vice Provost for Academic Administration. Students should consult the syllabus of each course for specific applications of and elaborations on the above attendance policy.

If a student misses a class for a University excused absence the student must provide the appropriate documentation to the professor. No penalty will be assessed for an approved University excused absence from class. Any work, assignments, class notes, or other information presented during the class during which the student is absent is the sole responsibility of the student. Please seek this information from fellow students who attended that class session before contacting the professor.

In the event of an officially excused absence on the due date of an assignment, the assignment will be due the next class time. All penalties for late assignments will then be assessed from that revised due date.

## APA Papers

All papers written in the Graduate Counseling program should be in APA style. Here are some helpful websites to help you write and format your paper:

- [APA Style Essentials - Prof. Degelman Vanguard University](http://www.vanguard.edu/psychology/faculty/douglas-degelman/apa-style/) (<http://www.vanguard.edu/psychology/faculty/douglas-degelman/apa-style/>)
- Downloadable APA Style Helper: [APA for Psychology](http://www.docstyles.com/apaguide.html) (<http://www.docstyles.com/apaguide.html>)
- [Psychology with Style: A Hypertext Writing Guide](http://www.uwsp.edu/psych/APA4b.htm) (<http://www.uwsp.edu/psych/APA4b.htm>)
- [The OWL at Purdue: APA Style](https://owl.english.purdue.edu/owl/section/2/10/) (<https://owl.english.purdue.edu/owl/section/2/10/>)

All papers should include the following sections unless indicated otherwise:

1. Title page
2. Abstract
3. Main body with headings
4. Reference page

Please check the *APA Manual* or the websites for further formatting helps.

**This course meets PLNU and WASC credit hour policy requirements for contact hours as evidenced by the table below (2 credit units):**

Assignments	Course Hours
Face-to-face Class Sessions Attendance	30
Participation (10 hours of group)	50
Case Presentation	20
<b>TOTAL HOURS</b>	100

## ASSESSMENT AND GRADING

Grading is on a CR/NC basis. To pass the class, you must attend and participate. Note the point breakdown for the course. Simply showing up will not earn you full points. You must be engaged, participate in discussion, complete any assigned readings, and be ready to give feedback and support to your classmates.

Assignments	Points
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Assignments	Points
Case Study	100
Attendance	150
Participation	150
<b>Total</b>	<b>400</b>

*NOTE: It is your responsibility to maintain your class schedule. Should the need arise to drop this course (personal emergencies, poor performance, etc.); you have the responsibility to first contact the professor. Then if no accommodations can be made, you are responsible to follow through (provided the drop date meets the stated calendar deadline established by the University).*

## ACADEMIC ACCOMMODATIONS

If you have a diagnosed disability, please contact the Center for Student Success (CSS) within the first two weeks of class to demonstrate need and to register for accommodations by phone at (619) 563-2810. You may also ask your academic advisor or program director for any additional accommodation information.

## USE OF TECHNOLOGY

Point Loma Nazarene University encourages the use of technology for learning, communication, and collaboration. In this course, we will rely on Canvas for accessing course materials, submitting assignments, and collaborating in discussion boards and blogs. We will also use cell phone polling when it enhances our in-class activities. You'll want to make sure you are comfortable with these tools, so take advantage of our computer LabTechs to answer questions and help you with any technology issues. You may also call the Help Desk at x2222.

You are welcome to bring your laptop, iPad, and/or cell phone to class, which we will utilize during many class sessions—but please make sure you use them appropriately and responsibly. ***If a tech tool becomes a distraction or disruption while class is in session, I will simply invite you to no longer bring it to class.***

## PLNU ACADEMIC HONESTY POLICY

Students should demonstrate academic honesty by doing original work and by giving appropriate credit to the ideas of others. As stated in the university catalog, "Academic dishonesty is the act of presenting information, ideas, and/or concepts as one's own when in reality they are the results of another person's creativity and effort. Such acts include plagiarism, copying of class assignments, and copying or other fraudulent behavior on examinations. A faculty member who believes a situation involving academic dishonesty has been detected may assign a failing grade for a) that particular assignment or examination, and/or b) the course." See [Academic Policies](http://www.pointloma.edu/experience/academics/catalogs/undergraduate-catalog/point-loma-education/academic-policies) (<http://www.pointloma.edu/experience/academics/catalogs/undergraduate-catalog/point-loma-education/academic-policies>) for full text.

## SPIRITUAL CARE

A cornerstone of a PLNU education is helping students realize their mental, physical, social, moral, and spiritual ideals. Understanding and living out a personal commitment to faith and our Wesleyan heritage are means for achieving self-worth and understanding, the motivation for building a just social order. Students receive support to build skills and habits in spiritual formation that motivate a life of service which is lifetime. PLNU encourages community engagement among students, faculty, and staff that honors service to others as an expression of that commitment. There are resources for your Christian faith journey available at [Graduate and Professional Student Spiritual Life \(https://www.pointloma.edu/opportunities/graduate-professional-student-spiritual-life\)](https://www.pointloma.edu/opportunities/graduate-professional-student-spiritual-life).

## PLNU COPYRIGHT POLICY






Point Loma Nazarene University, as a non-profit educational institution, is entitled by law to use materials protected by the US Copyright Act for classroom education. Any use of those materials outside the class may violate the law.

## COURSE SCHEDULE AND ASSIGNMENTS

Weekly Meeting	Topics
<b>Week 1: 1/8</b>	<ul style="list-style-type: none"> <li>• Review Syllabus &amp; Expectations</li> <li>• Orientation to clinic</li> <li>• Schedule informal case presentations</li> <li>• Discussion: Initial impressions &amp; Obtaining info from client</li> </ul>
<b>Week 2: 1/15 - MLK Day - ONLINE only</b>	<ul style="list-style-type: none"> <li>• Review Course Requirements</li> <li>• Discuss Practicum Experience</li> <li>• Discussion: Contacting clients, paperwork</li> </ul>
<b>Week 3: 1/22</b>	<ul style="list-style-type: none"> <li>• Discuss Practicum Experience</li> <li>• Discussion: Initial impressions &amp; Obtaining info from client</li> </ul>
<b>Week 4: 1/29</b>	<ul style="list-style-type: none"> <li>• Discuss Practicum Experience</li> <li>• Discussion: Building rapport, initial assessment</li> </ul>
<b>Week 5: 2/5</b>	<ul style="list-style-type: none"> <li>• Discuss Practicum Experience</li> <li>• Discussion: Treatment planning</li> </ul>
<b>Week 6: 2/12</b>	<ul style="list-style-type: none"> <li>• Discuss Practicum Experience</li> <li>• Skills: Empathy</li> </ul>
<b>Week 7: 2/19</b>	<ul style="list-style-type: none"> <li>• Discuss Practicum Experience</li> <li>• Skills: Reflective Listening</li> </ul>
<b>Week 8: 2/26</b>	<ul style="list-style-type: none"> <li>• Discuss Practicum Experience</li> </ul>

	<ul style="list-style-type: none"> <li>• Discussion: Congruence and Unconditional positive regard</li> </ul>
<b>3/5-9 - Campus Break Week</b>	
<b>Week 9: 3/12</b>	<ul style="list-style-type: none"> <li>• Discuss Practicum Experience</li> <li>• Case Presentation</li> <li>• Discussion: Countertransference</li> </ul>
<b>Week 10: 3/19</b>	<ul style="list-style-type: none"> <li>• Case Presentation</li> <li>• Discussion: Cultural Competence</li> </ul>
<b>Week 11: 3/26</b>	<ul style="list-style-type: none"> <li>• Discuss Practicum Experience</li> <li>• Case Presentation</li> </ul>
<b>Week 12: 4/2</b>	<ul style="list-style-type: none"> <li>• Discuss Practicum Experience</li> <li>• No Case Presentation</li> </ul>
<b>Week 13: 4/9</b>	<ul style="list-style-type: none"> <li>• Discuss Practicum Experience</li> <li>• Case Presentation</li> </ul>
<b>Week 14: 4/16</b>	<ul style="list-style-type: none"> <li>• Discuss Practicum Experience</li> <li>• Case Presentation</li> </ul>
<b>Week 15: 4/23</b>	<ul style="list-style-type: none"> <li>• Discuss Practicum Experience</li> <li>• Case Presentation</li> </ul>
<b>Week 16: 4/30</b>	<ul style="list-style-type: none"> <li>• Discuss Practicum Experience</li> <li>• Case Presentation</li> </ul>

## Course Summary:

Date	Details	
Mon Feb 26, 2018	 <a href="https://canvas.pointloma.edu/courses/37587/assignments/238193">Mid-Course Evaluation</a> <a href="https://canvas.pointloma.edu/courses/37587/assignments/238193">https://canvas.pointloma.edu/courses/37587/assignments/238193</a>	due by 11:59pm
Sun May 6, 2018	 <a href="https://canvas.pointloma.edu/courses/37587/assignments/238198">End-of-Course Evaluation</a> <a href="https://canvas.pointloma.edu/courses/37587/assignments/238198">https://canvas.pointloma.edu/courses/37587/assignments/238198</a>	due by 11:59pm
	 <a href="https://canvas.pointloma.edu/courses/37587/assignments/238194">Attendance</a> ( <a href="https://canvas.pointloma.edu/courses/37587/assignments/238194">https://canvas.pointloma.edu/courses/37587/assignments/238194</a> )	
	 <a href="https://canvas.pointloma.edu/courses/37587/assignments/238196">Case Presentation</a> <a href="https://canvas.pointloma.edu/courses/37587/assignments/238196">https://canvas.pointloma.edu/courses/37587/assignments/238196</a>	
	 <a href="https://canvas.pointloma.edu/courses/37587/assignments/238199">Participation</a> ( <a href="https://canvas.pointloma.edu/courses/37587/assignments/238199">https://canvas.pointloma.edu/courses/37587/assignments/238199</a> )	