

# Course Syllabus

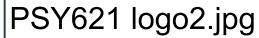
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**Dates:** 5/15/17 - 8/27/17

**Meeting Day/Time:** Mondays, 6:00-9:00 p.m.

**Location:** Mission Valley Campus

**Credit Hours:** 3



## PLNU MISSION

To Teach ~ To Shape ~ To Send

Point Loma Nazarene University exists to provide higher education in a vital Christian community where minds are engaged and challenged, character is modeled and formed, and service becomes an expression of faith. Being of Wesleyan heritage, we aspire to be a learning community where grace is foundational, truth is pursued, and holiness is a way of life.

## INSTRUCTOR INFORMATION



**Instructor:** Dr. Frank Ogle

**Cell Phone:** (619) 884-8256

**Email:** [fogle@pointloma.edu](mailto:fogle@pointloma.edu)  
(<mailto:fogle@pointloma.edu>)

## COURSE DESCRIPTION

This course reviews the role and categories of psychopathology utilized in the assessment and treatment of individual, marital, and family dysfunction. Students develop their diagnostic skills through a mastery of the concepts in the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-5).

## INSTITUTIONAL LEARNING OUTCOMES (ILO)

### 1. Learning, Informed by our Faith in Christ

Students will acquire knowledge of human cultures and the physical and natural world while developing skills and habits of the mind that foster lifelong learning.

### 2. Growing, In a Christ-Centered Faith Community

Students will develop a deeper and more informed understanding of others as they negotiate complex

professional, environmental and social contexts.

### 3. **Serving, In a Context of Christian Faith**

Students will serve locally and/or globally in vocational and social settings.

## **PROGRAM LEARNING OUTCOMES (PLO)**

1. Students will articulate a clear, accurate understanding of their professional identity as either an LMFT or LPCC, or both.
2. Students will demonstrate knowledge of the fundamental domains in their selected area of specialization, in professional clinical counseling (i.e., foundations; counseling prevention, and intervention, diversity and advocacy; assessment; research & evaluation; and diagnosis) or marriage and family therapy (i.e., human development, family dynamics, systemic thinking, interactional theories, traditional and contemporary marriage and family theories, research and cultural context).
3. Students will demonstrate ability to apply relevant research and evaluation models in practice of clinical counseling.
4. Students will demonstrate skills and practices of clinical counseling in the delivery of mental health services (e.g., assessment, diagnosis, treatment, termination, documentation, and ethical practice).
5. Students will deliver mental health services with multicultural competence and sensitivity.
6. Students will demonstrate ability to integrate faith with clinical counseling practice in clinically appropriate, culturally sensitive, and ethical manner.

## **COURSE LEARNING OUTCOMES**

After completing this course, students will:

1. Become knowledgeable of the terminology, criteria for diagnosis.
2. Develop conceptualization of presenting problems and writing a report in a concise manner.
3. Develop basic skills for presenting a case to peers such as in a treatment team setting.
4. Demonstrate basic knowledge of the DSM 5, criteria for major diagnostic groups and potential alternatives.
5. Demonstrate cultural considerations of symptom presentation and cultural awareness.

## **CREDIT HOUR INFORMATION**

It is anticipated that students will spend a minimum of 37.5 participation hours per credit hour on their course work. As a graduate course, students can expect the work in this class to be significant, and students should plan on spending up to 15-20 hours a week engaged in the course. The estimated time expectations for this course are shown below:

<b>Assignments</b>	<b>Pre-Course Hours</b>	<b>Course Hours</b>	<b>Post-Course Hours</b>
Face-to-face Class Sessions	--	48	--
Reading	--	70	--
Course Assignments	--	20	--
Case Presentation	--	12	--

<b>TOTAL HOURS</b>	--	150	--
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## COURSE ASSIGNMENTS

### 1. Exams

- a) *Description*: This course requires the successful completion of two exams, a midterm and a final. Each exam is worth 250 points and, as such, together they comprise 50% of your final grade. It is important that each student determine, on an individual basis, the appropriate amount of time needed to study for each exam.
- b) *Requirements*: Both exams will cover the assigned readings, case book assignments, lectures, and any other material presented in class (e.g., audio and video presentations, as well as handouts). The final exam is not cumulative. The course calendar indicates, in more specific detail, the readings and other assignments that will be covered on each exam.
- c) *Style Standard*: Exams will consist of multiple choice questions, and case studies designed to facilitate your ability to use and recognize the DSM-5 diagnostic categories.

### 2. Case Studies

- a) *Description*: There are two specific case studies that you will complete, demonstrating your ability to make five axial diagnoses using the DSM-5 criteria. As this is akin to learning a new language, each case study is worth 100 points. You will receive feedback after the first case study, allowing adjustments to be made and questions to be answered before engaging in the second task. Altogether, this aspect of the course makes up 20% of your final grade.
- b) *Requirements*: You will be given a vignette, and will evaluate it using the DSM-5 manual. After examining the criteria outlined in the DSM-5, you will make a decision as to the appropriate diagnoses for the patient. Course notes and assigned readings will likely be of assistance in this endeavor.
- c) *Style Standard*: Please refer to the example in the DSM-5 manual.

### 3. Case Presentation

As a therapist, you will be presenting cases in treatment team meetings, utilization reviews, and in supervision. A clinician needs to be able to conceptualize their client's presenting problem, differential diagnosis, precipitating factors and present these aspects in a clear and concise manner for other therapists and providers. To assist in building this skill, chose a movie character to assess and to present to the class in the manner just mentioned. You can have fun with this (as in choice of character) but make you choice that provides you with enough material to work with. You will be provided 10 minutes to share a brief description of "your client," presenting problem, symptoms they report and/or that you observe, any suicidal content, cultural considerations, possible diagnoses, and your final diagnosis with supporting DSM 5 criteria. Review the assignment to see the rubric which includes descriptions of the criteria under which this assignment will be assessed.

### 4. Participation

You are an important part of this course. You determine, in part, what we create together during our weekly meetings. For that reason, *your participation is worth 10%* of your final grade. I encourage you to ask questions, share ideas and make this class an interactive experience for yourselves. You will learn more, and enjoy this class the more you participate. As this course is an adjunct to your clinical placement, participation is considered a key component of the learning experience. Students are required to share clinical concerns, clinical insights, questions, and successes as aspects of class participation. If a student is absent more than 2 times from class, five points will be deducted from the participation points. Two tardies are equivalent two one absence.

## 5. Vignette Assessments

As the class progresses you will be given vignettes to practice within class and outside of class, to begin to develop your diagnostic skills. For the in-class vignettes, active participation is expected to help in your skills and will be reflected as part of your participation grade. For the online vignettes, you will be submitting them for a grade in Canvas, 10 points per vignette.

## Days of Grace

Days of grace may or may not be allowed for late assignments. Speak with your instructor directly if an emergency arises and you are unable to complete your work on time.

## REQUIRED TEXTS AND RECOMMENDED RESOURCES

American Psychological Association. (2013). *Diagnostic and Statistical Manual of Mental Disorders (5<sup>th</sup> ed.)*. Washington, D.C.: Author.

Morrison, J.R. (2014). *DSM-5 made easy: the clinician's guide to diagnosis*. New York: The Guilford Press.

Whitbourne, S. K., Halgin, R. P. (2014). *Abnormal Psychology: Clinical Perspectives on Psychological Disorders, DSM-5 Update (7<sup>th</sup> ed.)*. New York, NY: McGraw Hill.

## APA Papers

All papers written in the Graduate Counseling program should be in APA style. Here are some helpful websites to help you write and format your paper:

- [APA Style Essentials - Prof. Degelman Vanguard University](http://www.vanguard.edu/psychology/faculty/douglas-degelman/apa-style/) (<http://www.vanguard.edu/psychology/faculty/douglas-degelman/apa-style/>)
- Downloadable APA Style Helper: [APA for Psychology](http://www.docstyles.com/apaguide.html) (<http://www.docstyles.com/apaguide.html>)
- [Psychology with Style: A Hypertext Writing Guide](http://www.uwsp.edu/psych/APA4b.htm) (<http://www.uwsp.edu/psych/APA4b.htm>)
- [The OWL at Purdue: APA Style](https://owl.english.purdue.edu/owl/section/2/10/) (<https://owl.english.purdue.edu/owl/section/2/10/>)

All papers should include the following sections unless indicated otherwise:

1. Title page
2. Abstract
3. Main body with headings
4. Reference page

Please check the *APA Manual* or the websites for further formatting helps.

## ASSESSMENT AND GRADING

### Grading Points

Assignments	Points
Exams (2 at 250 pts. each)	500
Case Studies (2 at 100 pts. each)	200
Vignette Assessments (5 at 10 pts. each)	50
Case Presentation	150
Attendance and Participation	100
	<b>TOTAL: 1,000</b>

### Grade Scale (Percentage)

Standard Grade Scale Based on Percentage of Points Earned					
A	93-100	B-	80-82	D+	67-69
A-	90-92	C+	77-79	D	63-66
B+	87-89	C	73-76	D-	60-62
B	83-86	C-	70-72	F	0-59

- Only grades of C- or better will count toward program GPA.
- A cumulative program GPA of 3.0 or higher is required to graduate.

### ATTENDANCE POLICY

Regular and punctual attendance at all class sessions is considered essential to optimum academic achievement. Therefore, regular attendance and participation in each course are minimal requirements. Absences are counted from the first official meeting of the class regardless of the date of the student's enrollment. If more than 20 percent of the classes are reported as missed, the faculty member may initiate the student's de-enrollment from the course without advance notice to the student. If the date of de-enrollment is past the last date to withdraw from a class, the student will be assigned a grade of "F" or "NC." There are no refunds for courses where a de-enrollment was processed.

A student who registers late must therefore be exceptionally careful about regular attendance during the remainder of the course. Registered students who neither attend the first class session nor inform the instructor of record of their desire to remain in the class may, at the request of the instructor, be removed from the class roster.

Exceptions to the foregoing attendance regulations due to extenuating circumstances beyond the student's control may be granted only by appeal to the Vice Provost for Academic Administration. Students should consult the syllabus of each course for specific applications of and elaborations on the above attendance policy.

## **FINAL EXAMINATION POLICY**

Successful completion of this class requires taking the final examination **on its scheduled day**. The final examination schedule is posted on the [Class Schedules](http://www.pointloma.edu/experience/academics/class-schedules) (<http://www.pointloma.edu/experience/academics/class-schedules>) site. No requests for early examinations will be approved.

## **SPIRITUAL CARE**

PLNU strives to be a place where you grow as whole persons. To this end we provide resources for our graduate students to encounter God and grow in their Christian faith. At the Mission Valley campus, we have an onsite chaplain, Rev. Nancy Pitts who is available during class break times across the week. If students have questions, a desire to meet with Rev Pitts or prayer requests you can contact her directly at [gradchaplainmissionvalley@pointloma.edu](mailto:gradchaplainmissionvalley@pointloma.edu) (<mailto:gradchaplainmissionvalley@pointloma.edu>). In addition, there are resources for your Christian faith journey available at [Graduate Student Spiritual Life](http://www.pointloma.edu/experience/faith/graduate-student-spiritual-life) (<http://www.pointloma.edu/experience/faith/graduate-student-spiritual-life>).

## **ACADEMIC ACCOMMODATIONS**

*NOTE: It is your responsibility to maintain your class schedule. Should the need arise to drop this course (personal emergencies, poor performance, etc.); you have the responsibility to first contact the professor. Then if no accommodations can be made, you are responsible to follow through (provided the drop date meets the stated calendar deadline established by the University).*

If you have a diagnosed disability, please contact the Center for Student Success (CSS) within the first two weeks of class to demonstrate need and to register for accommodations by phone at [\(619\) 563-2810](tel:6195632810). You may also ask your academic advisor or program director for any additional accommodation information.

## **FERPA POLICY**

As a student at Point Loma, you have a legal right to privacy as outlined in the federal FERPA (Family Educational Rights and Privacy Act) legislation. If I post grades or return assignments, I'll do so in a way that does not publically reveal your name, PLNU student ID, or social security number without your written permission. See [Policy Statements](http://www.pointloma.edu/experience/academics/catalogs/undergraduate-catalog/policy-statements) (<http://www.pointloma.edu/experience/academics/catalogs/undergraduate-catalog/policy-statements>) for full text.

## ACADEMIC HONESTY

Students should demonstrate academic honesty by doing original work and by giving appropriate credit to the ideas of others. As stated in the university catalog, "Academic dishonesty is the act of presenting information, ideas, and/or concepts as one's own when in reality they are the results of another person's creativity and effort. Such acts include plagiarism, copying of class assignments, and copying or other fraudulent behavior on examinations. A faculty member who believes a situation involving academic dishonesty has been detected may assign a failing grade for a) that particular assignment or examination, and/or b) the course." See [Academic Policies](http://www.pointloma.edu/experience/academics/catalogs/undergraduate-catalog/point-loma-education/academic-policies) (<http://www.pointloma.edu/experience/academics/catalogs/undergraduate-catalog/point-loma-education/academic-policies>) for full text.

## PLNU COPYRIGHT POLICY




Point Loma Nazarene University, as a non-profit educational institution, is entitled by law to use materials protected by the US Copyright Act for classroom education. Any use of those materials outside the class may violate the law.












## USE OF TECHNOLOGY

Point Loma Nazarene University encourages the use of technology for learning, communication, and collaboration. In this course, we will rely on Canvas for accessing course materials, submitting assignments, and collaborating in discussion boards and blogs. We will also use cell phone polling when it enhances our in-class activities. You will want to make sure you are comfortable with these tools, so take advantage of our computer LabTechs to answer questions and help you with any technology issues. You may also call the Help Desk at x2222.

You are welcome to bring your laptop, iPad, and/or cell phone to class, which we will utilize during many class sessions—but please make sure you use them appropriately and responsibly. ***If a tech tool becomes a distraction or disruption while class is in session, I will simply invite you to no longer bring it to class.***

## Course Summary:

Date	Details	
Sun Jun 4, 2017	 <a href="https://canvas.pointloma.edu/courses/35351/assignments/197046">Choose a Week for Case Presentation</a> <a href="https://canvas.pointloma.edu/courses/35351/assignments/197046">https://canvas.pointloma.edu/courses/35351/assignments/197046</a>	due by 11:59pm
Mon Jun 5, 2017	 <a href="https://canvas.pointloma.edu/courses/35351/assignments/197051">WK 4 Vignette #1</a> <a href="https://canvas.pointloma.edu/courses/35351/assignments/197051">https://canvas.pointloma.edu/courses/35351/assignments/197051</a>	due by 11:59pm
	 <a href="https://canvas.pointloma.edu/courses/35351/assignments/197052">WK 4 Vignette #2</a> <a href="https://canvas.pointloma.edu/courses/35351/assignments/197052">https://canvas.pointloma.edu/courses/35351/assignments/197052</a>	due by 11:59pm

Date	Details	
Mon Jun 12, 2017	 <a href="https://canvas.pointloma.edu/courses/35351/assignments/197044">Case Study #1 Due: Sam</a> <a href="https://canvas.pointloma.edu/courses/35351/assignments/197044">https://canvas.pointloma.edu/courses/35351/assignments/197044</a>	due by 11:59pm
	 <a href="https://canvas.pointloma.edu/courses/35351/assignments/197053">WK 5 Vignette #1</a> <a href="https://canvas.pointloma.edu/courses/35351/assignments/197053">https://canvas.pointloma.edu/courses/35351/assignments/197053</a>	due by 11:59pm
Mon Jun 19, 2017	 <a href="https://canvas.pointloma.edu/courses/35351/assignments/197054">WK 6 Vignette #1</a> <a href="https://canvas.pointloma.edu/courses/35351/assignments/197054">https://canvas.pointloma.edu/courses/35351/assignments/197054</a>	due by 11:59pm
	 <a href="https://canvas.pointloma.edu/courses/35351/assignments/197055">WK 6 Vignette #2</a> <a href="https://canvas.pointloma.edu/courses/35351/assignments/197055">https://canvas.pointloma.edu/courses/35351/assignments/197055</a>	due by 11:59pm
Mon Jul 3, 2017	 <a href="https://canvas.pointloma.edu/courses/35351/assignments/197041">Mid-Term Exam Part 1: Multiple Choice</a> <a href="https://canvas.pointloma.edu/courses/35351/assignments/197041">https://canvas.pointloma.edu/courses/35351/assignments/197041</a>	due by 9pm
	 <a href="https://canvas.pointloma.edu/courses/35351/assignments/197049">Mid-Term Exam Part 2: Written Portion</a> <a href="https://canvas.pointloma.edu/courses/35351/assignments/197049">https://canvas.pointloma.edu/courses/35351/assignments/197049</a>	due by 11:59pm
Sun Jul 9, 2017	 <a href="https://canvas.pointloma.edu/courses/35351/assignments/197039">Mid-Course Evaluation Survey</a> <a href="https://canvas.pointloma.edu/courses/35351/assignments/197039">https://canvas.pointloma.edu/courses/35351/assignments/197039</a>	due by 11:59pm
Mon Jul 31, 2017	 <a href="https://canvas.pointloma.edu/courses/35351/assignments/197045">Case Study #2 Due: Samantha</a> <a href="https://canvas.pointloma.edu/courses/35351/assignments/197045">https://canvas.pointloma.edu/courses/35351/assignments/197045</a>	due by 11:59pm
Sun Aug 20, 2017	 <a href="https://canvas.pointloma.edu/courses/35351/assignments/197042">Psychopathology Final Practice Questions</a> <a href="https://canvas.pointloma.edu/courses/35351/assignments/197042">https://canvas.pointloma.edu/courses/35351/assignments/197042</a>	due by 11:59pm
Mon Aug 21, 2017	 <a href="https://canvas.pointloma.edu/courses/35351/assignments/197040">Final Exam Part 1: Multiple Choice</a> <a href="https://canvas.pointloma.edu/courses/35351/assignments/197040">https://canvas.pointloma.edu/courses/35351/assignments/197040</a>	due by 9pm
	 <a href="https://canvas.pointloma.edu/courses/35351/assignments/197048">Final Exam Part 2: Written Portion</a> <a href="https://canvas.pointloma.edu/courses/35351/assignments/197048">https://canvas.pointloma.edu/courses/35351/assignments/197048</a>	due by 11:59pm
Sun Aug 27, 2017	 <a href="https://canvas.pointloma.edu/courses/35351/assignments/197043">Attendance &amp; Participation</a> <a href="https://canvas.pointloma.edu/courses/35351/assignments/197043">https://canvas.pointloma.edu/courses/35351/assignments/197043</a>	due by 11:59pm
	 <a href="https://canvas.pointloma.edu/courses/35351/assignments/197047">End-of-Course Evaluation</a> <a href="https://canvas.pointloma.edu/courses/35351/assignments/197047">https://canvas.pointloma.edu/courses/35351/assignments/197047</a>	due by 11:59pm
	 <a href="https://canvas.pointloma.edu/courses/35351/assignments/197050">Submit Case Presentation Assignment</a> <a href="https://canvas.pointloma.edu/courses/35351/assignments/197050">https://canvas.pointloma.edu/courses/35351/assignments/197050</a>	