



Point Loma Nazarene University  
Department of Undergraduate Psychology

**Psychology 321 (Fall 2018)**  
**Abnormal Psychology (3 units)**

<b>Instructor:</b> Joel T. Sagawa, Ph.D.	<b>Meeting Days:</b> Tuesdays and Thursdays
<b>Phone:</b> 619-849-2381	<b>Meeting Times:</b> 9:30am-10:45pm
<b>Email:</b> jsagawa@pointloma.edu	<b>Meeting Location:</b> Taylor 313
<b>Office Location:</b> Culbertson Hall 106	<b>Final Exam:</b> Dec 13 <sup>th</sup> from 10:30pm-1:00pm
<b>Office Hours:</b> Mondays 9:00am-3:00pm	

**University Mission Statement:** *Point Loma Nazarene University exists to provide higher education in a vital Christian community where minds are engaged and challenged, character is modeled and formed, and service becomes an expression of faith. Being of Wesleyan heritage, we aspire to be a learning community where grace is foundational, truth is pursued, and holiness is a way of life.*

**Course Description:**

This course is designed as an introduction to psychopathology and the study of abnormal psychology. Topics of exploration include the assessment, classification, etiology, and treatment of the major psychological disorders.

**Catalog Description:**

Study of etiology, assessment, diagnosis, and treatment of various forms of abnormal behavior from various psychological perspectives.

**Student Learning Outcomes:**

1. Analyze several case studies and accurately define the key diagnostic features of relevant psychological disorders as listed in the Diagnostic and Statistical Manual of Mental Disorders (DSM-5).
2. Outline the possible causes of mental disorders from different psychological paradigms including but not limited to psychodynamic, behavioral, cognitive, humanistic/existential, and biological perspectives.
3. Identify the various empirically supported therapeutic treatments for different psychological disorders.
4. Explain some of the cultural, ethical, and legal issues regarding diagnosis in the field of psychology.
5. Formulate an opinion regarding the value of diagnosing mental illnesses when taking into consideration the benefits, limitations, critiques, and implications of diagnosis and classification.

*The instructor reserves the right to make changes in any of the requirements during the course of the semester in order to respond to the unique learning needs of the students in the class.*

**Course Texts (Required):**

Comer, R.J. (2016). *Fundamentals of Abnormal Psychology – 8<sup>th</sup> edition*. New York: Worth Publishers.

American Psychiatric Association. (2013). *Desk Reference to the Diagnostic and Statistical Manual of Mental Disorders - 5<sup>th</sup> edition*. Arlington, VA: American Psychiatric Publishing.

**Course Texts (Recommended):**

American Psychiatric Association (2014). *DSM-5 Clinical Cases*. Arlington, VA: American Psychiatric Publishing.

**Course Requirements:**

1. Participation: In-class participation is required and is figured into your final grade.
2. Reading Quizzes: Students are expected to read the assigned texts before class. There will be a total of 11 multiple-choice quizzes throughout the semester. Each quiz will consist of 10 multiple-choice questions. Students are allowed to drop 1 quiz score.
3. Case Studies: There will be a total of 7 case studies due throughout the semester. Descriptions of all case studies and grading rubrics are listed online.
4. Response Papers: There will be a total of 3 one-page response papers due throughout the semester. Descriptions of all response papers and grading rubrics are listed online.
5. Exams: There are a total of three exams throughout the semester. Exam 1 and Exam 2 will each consist of 50 questions. The final exam will be cumulative and will consist of 90 multiple choice questions as well as a final case study.

**Grading:**

Participation: (100 pts) 20%	Exams 1 & 2: (100 pts) 20%
Quizzes: (100 pts) 20%	Final Exam: (100 pts) 20%
Response Papers & Case Studies: (100 pts) 20%	<b>Total: (500 pts) 100%</b>

**Percentage Score**

A = 93-100%	B+ = 88-89%	C+ = 77-79%	D+ = 62-64%
A- = 90-92%	B = 84-87%	C = 70-76%	D = 55-61%
	B- = 80-83%	C- = 65-69%	D- = 50-54%
			F = Below 50%

**Z Score**

A = 1.33	B+ = 0.67	C+ = -0.33	D+ = -1.67
A- = 1	B = 0.33	C = -1	D = -2
	B- = 0	C- = -1.33	D- = -2.33
			F = Below -2.33

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## **Course Policies:**

1. Attendance: Students may choose to miss a total of 3 classes for any reason throughout the semester. However, students risk being de-enrolled in the event that they miss 4 classes or more (i.e., if absences exceed 20 percent of class meetings).
2. Exams and Quizzes: There will be no make-ups for any exam or quiz without prior permission from the instructor.
3. Papers: All papers are to be computer generated, 10-12 font, double or single spaced, referenced using APA style.

## **Final Examination Policy:**

Successful completion of this class requires taking the final examination on its scheduled day. The [Final Exam Schedule](#) is available online.

## **Attendance and Participation Policy:**

Regular and punctual attendance at all classes is considered essential to optimum academic achievement. Faculty members may file a written report which may result in de-enrollment in the event that a student is absent for more than 10 percent of class meetings. If the absences exceed 20 percent, students may be de-enrolled without notice until the university drop date or, after that date, receive the appropriate grade for their work and participation. A complete description of the [PLNU Attendance and Participation Policy](#) can be found online.

## **Course Credit Hour Information:**

Following the [PLNU Credit Hour Policy](#), to meet the identified student learning outcomes of this course, the expectations are that this 3 unit course, delivered over a 15 week semester will approximate 3 hours/week classroom or direct faculty instruction. In addition, out of class student work will approximate a minimum of 6 hours each week. Specific details about how the class meets the credit hour requirement can be provided upon request.

## **Copyright Policy:**

Point Loma Nazarene University, as a non-profit educational institution, is entitled by law to use materials protected by US Copyright Act for classroom education. Any use of those materials outside of the class may violate the law. More information on the [PLNU Copyright Policy](#) can be found online.

## **Academic Integrity and Dishonesty Policy:**

Academic dishonesty is the act of presenting information, ideas, and/or concepts as one's own when in reality they are the results of another person's creativity and effort. A faculty member who believes a situation involving academic dishonesty has been detected may assign a failing grade for that assignment or examination, or, depending on the seriousness of the offense, for the course. Faculty will follow and students may appeal using the procedures in the University Catalog. A complete copy of the [Academic Honesty Policy](#) is available online.

## **FERPA Policy:**

In compliance with federal law, neither your PLNU student ID nor your social security number will be used in publically posted grades or returned sets of assignments without your written permission. In addition, in compliance with [FERPA policy](#), you will be the only person given information about your progress in this class unless you have designated others to receive it in the "Information Release" section of the student portal.

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## **Academic Accommodations:**

Any student in this course who has a disability that might prevent him or her from fully demonstrating his or her abilities should meet with an advisor in the [Disability Resource Center](#) within the first two weeks of class to initiate disability verification and discuss accommodation that may be necessary to ensure full participation in the successful completion of course requirements. The [Disability Resource Center](#) can be contacted by phone at 619-849-2486 or by e-mail at [DRC@pointloma.edu](mailto:DRC@pointloma.edu). Students may find additional support through other campus offices as well including the [Office of Spiritual Development](#), the [Tutorial Center](#), and/or the [Wellness Center](#).

## **Information Literacy**

Information literacy is defined as “a set of abilities requiring individuals to recognize when information is needed and have the ability to locate, evaluate, and use effectively the needed information” (American Library Association, 1989). In this course, teaching and learning processes will employ the following information literacy standards, as endorsed by the American Association for Higher Education (1999), the Association of College and Research Libraries (2000), and the Council of Independent Colleges (2004). The students in this course will:

1. Determine the nature and extent of the information needed.
2. Access needed information effectively and efficiently.
3. Evaluate information and its sources critically and incorporates selected information into his or her knowledge base and value system.
4. Individually or as a member of a group, use information effectively to accomplish a specific purpose.
5. Understand many of the economic, legal, and social issues surrounding the use of information and accesses and uses information ethically and legally.

## **Use of Library:**

This course may require students to complete course assignments using resources available from the University Libraries. [Research Guides](#) and assistance for this course are available online.

## **Expectations for Psychology 321 regarding academic integrity in this class:**

- Expectations are consistent with those outlined in the academic policy.
- Collaboration is permitted in preparing for examinations.
- Any material (including but not restricted to textbook, other texts, journals, magazines, websites) incorporated into writing assignments (reaction papers, term paper, other non-examination writing assignments) must be properly cited. Plagiarism will not be tolerated.

## **Consequences for violations of academic integrity in this class:**

- Consequences are consistent with those outlined in the academic integrity policy.
- Any type of plagiarism will result in an “F” for the particular assignment in question.
- Cheating during an examination will result in an “F” grade for the particular examination in question.
- The instructor reserves the right to issue a grade of “F” in the class for violations of the Academic Integrity Policy. This includes, but is not limited to: repeated violations of the Academic Integrity Policy, cheating of any sort during examinations and quizzes, turning in assignments not written by the student, among other violations.

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## **Psychology 321 Tentative Schedule**

Aug 30 – Introduction

Sep 4 – Views of Psychopathology

*Reading Quiz 1 – Ch. 2 Models of Abnormality*

Sep 6 – Views of Psychopathology

*Critical Response Paper 1 – Evaluating the Practice of Diagnosing Psychopathology*

Sep 11 – Stress and Trauma

*Reading Quiz 2 – Ch. 5 Disorders of Trauma and Stress*

Sep 13 – Stress and Trauma

*Critical Response Paper 2 – Personal Reflection on Mental Illness*

Sep 18 – Somatic Symptoms and Related Disorders

*Reading Quiz 3 – Ch. 8 Disorders Featuring Somatic Symptoms*

Sep 20 – Personality Disorders

*Case Study 1 – The Case of Karen*

Sep 25 – Personality Disorders

*Reading Quiz 4 – Ch. 13 Personality Disorders*

Sep 27 – Personality Disorders

*Case Study 2 – The Case of Paulina*

Oct 2 – Exam 1 Review Session

Oct 4 – Exam 1

Oct 9 – Anxiety, Obsessive-Compulsive, and Related Disorders

*Reading Quiz 5 – Ch. 4 Anxiety, Obsessive-Compulsive, and Related Disorders*

Oct 11 – Anxiety, Obsessive-Compulsive, and Related Disorders

*Case Study 3 – The Case of Ike*

Oct 16 – Mood Disorders

*Reading Quiz 6 – Ch. 6 Depressive and Bipolar Disorders*

Oct 18 – Mood Disorders

*Case Study 4 – The Case of Maria*

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Oct 23 – Schizophrenia

*Reading Quiz 7 – Ch. 12 Schizophrenia*

Oct 25 – Schizophrenia

*Case Study 5 – The Case of Diane*

Oct 30 – Eating Disorders

*Reading Quiz 8 – Ch. 9 Eating Disorders*

Nov 1 – Eating Disorders

*Case Study 6 – The Case of Lara*

Nov 6 – Exam 2 Review Session

Nov 8 – Exam 2

Nov 13 – Disorders Common Among Children and Adolescents

*Reading Quiz 9 – Ch. 14 Disorders Common Among Children and Adolescents*

Nov 15 – Disorders Common Among Children and Adolescents

*Case Study 7 – The Case of Valerie*

Nov 20 – Substance Use and Addictive Disorders

*Reading Quiz 10 – Ch. 10 Substance Use and Addictive Disorders*

Nov 22 – Thanksgiving Break (No Class)

Nov 27 – Disorders of Sex and Gender

*Reading Quiz 11 – Ch. 11 Disorders of Sex and Gender*

Nov 29 – Disorders of Sex and Gender

*Critical Response Paper 3 – Ethics and Culture in Mental Health Care*

Dec 4 – Final Review Session

Dec 6 – Final Review Session

Dec 13 – Final Exam (Thursday 10:30pm-1:00pm)

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