



Point Loma Nazarene University
Department of Undergraduate Psychology

Psychology 321 (Fall 2019)
Abnormal Psychology (3 units)

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| Instructor: Joel T. Sagawa, Ph.D. | Meeting Days: Tuesdays and Thursdays |
| Phone: 619-849-2381 | Meeting Times: 9:30am-10:45pm |
| Email: jsagawa@pointloma.edu | Meeting Location: Ryan Learning Center 108 |
| Office Location: Culbertson Hall 106 | Final Exam: December 17 th from 10:30pm-1pm |
| Office Hours: Wednesdays 8:30am-4:30pm and by appointment. | |

University Mission Statement: *Point Loma Nazarene University exists to provide higher education in a vital Christian community where minds are engaged and challenged, character is modeled and formed, and service becomes an expression of faith. Being of Wesleyan heritage, we aspire to be a learning community where grace is foundational, truth is pursued, and holiness is a way of life.*

Course Description:

This course is designed as an introduction to psychopathology and the study of abnormal psychology. Topics of exploration include the assessment, classification, etiology, and treatment of the major psychological disorders.

Catalog Description:

Study of etiology, assessment, diagnosis, and treatment of various forms of abnormal behavior from various psychological perspectives.

Student Learning Outcomes:

1. Analyze several case studies and accurately define the key diagnostic features of relevant psychological disorders as listed in the Diagnostic and Statistical Manual of Mental Disorders (DSM-5).
2. Outline the possible causes of mental disorders from different psychological paradigms including but not limited to psychodynamic, behavioral, cognitive, humanistic/existential, and biological perspectives.
3. Identify the various empirically supported therapeutic treatments for different psychological disorders.
4. Explain some of the cultural, ethical, and legal issues regarding diagnosis in the field of psychology.
5. Formulate an opinion regarding the value of diagnosing mental illnesses when taking into consideration the benefits, limitations, critiques, and implications of diagnosis and classification.

Course Texts (Required):

Comer, R.J. (2016). *Fundamentals of Abnormal Psychology – 8th edition*. New York: Worth Publishers.

American Psychiatric Association. (2013). *Desk Reference to the Diagnostic and Statistical Manual of Mental Disorders - 5th edition*. Arlington, VA: American Psychiatric Publishing.

Course Texts (Recommended):

American Psychiatric Association (2014). *DSM-5 Clinical Cases*. Arlington, VA: American Psychiatric Publishing.

Course Requirements:

1. Participation: In-class participation is required and is figured into your final grade.
2. Reading Quizzes: Students are expected to read the assigned texts before class. There will be a total of 11 multiple-choice quizzes throughout the semester. Each quiz will consist of 10 multiple-choice questions. Students are allowed to drop 1 quiz score.
3. Case Studies: There will be a total of 7 case studies due throughout the semester. Descriptions of all case studies and grading rubrics are listed online.
4. Response Papers: There will be a total of 3 one-page response papers due throughout the semester. Descriptions of all response papers and grading rubrics are listed online.
5. Exams: There are a total of three exams throughout the semester. Exam 1 and Exam 2 will each consist of 50 questions. The final exam will be cumulative and will consist of 90 multiple choice questions as well as a final case study.

Grading:

Participation: (100 pts) 20%

Quizzes: (100 pts) 20%

Response Papers & Case Studies: (100 pts) 20%

Exams 1 & 2: (100 pts) 20%

Final Exam: (100 pts) 20%

Total: (500 pts) 100%

Percentage Score

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|-------------|-------------|-------------|---------------|
| A = 93-100% | B+ = 88-89% | C+ = 77-79% | D+ = 62-64% |
| A- = 90-92% | B = 84-87% | C = 70-76% | D = 55-61% |
| | B- = 80-83% | C- = 65-69% | D- = 50-54% |
| | | | F = Below 50% |

Z Score

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|----------|-----------|------------|-----------------|
| A = 1.33 | B+ = 0.67 | C+ = -0.33 | D+ = -1.67 |
| A- = 1 | B = 0.33 | C = -1 | D = -2 |
| | B- = 0 | C- = -1.33 | D- = -2.33 |
| | | | F = Below -2.33 |

Course Policies:

1. Attendance: Students may choose to miss a total of 3 classes for any reason throughout the semester. However, students risk being de-enrolled in the event that they miss 4 classes or more (i.e., if absences exceed 20 percent of class meetings).
2. Exams and Quizzes: There will be no make-ups for any exam or quiz without prior permission from the instructor.
3. Papers: All papers are to be computer generated, 10-12 font, double or single spaced, referenced using APA style.

Final Examination Policy:

Successful completion of this class requires taking the final examination on its scheduled day. The [Final Exam Schedule](#) is available online.

Attendance and Participation Policy:

Regular and punctual attendance at all classes is considered essential to optimum academic achievement. If the student is absent for more than 10 percent of class meetings, the faculty member can file a written report which may result in de-enrollment. If the absences exceed 20 percent, the student may be de-enrolled without notice until the university drop date or, after that date, receive the appropriate grade for their work and participation. A complete description of the [Academic Policies](#) can be found in the Undergraduate Academic Catalog.

Course Credit Hour Information:

Following the [PLNU Credit Hour Policy](#), to meet the identified student learning outcomes of this course, the expectations are that this 3 unit course, delivered over a 15 week semester will approximate 3 hours/week classroom or direct faculty instruction. In addition, out of class student work will approximate a minimum of 6 hours each week. Specific details about how the class meets the credit hour requirement can be provided upon request.

FERPA Policy:

In compliance with federal law, neither your PLNU student ID nor your social security number will be used in publicly posted grades or returned sets of assignments without your written permission. In addition, in compliance with [FERPA policy](#), you will be the only person given information about your progress in this class unless you have designated others to receive it in the “Information Release” section of the student portal.

Academic Honesty Policy:

Students should demonstrate academic honesty by doing original work and by giving appropriate credit to the ideas of others. Academic dishonesty is the act of presenting information, ideas, and/or concepts as one’s own when in reality they are the results of another person’s creativity and effort. A faculty member who believes a situation involving academic dishonesty has been detected may assign a failing grade for that assignment or examination, or, depending on the seriousness of the offense, for the course. Faculty will follow and students may appeal using the procedures in the University Catalog. See the [Academic Policies](#) for definitions of kinds of academic dishonesty and for further policy information.

Copyright Policy:

Point Loma Nazarene University, as a non-profit educational institution, is entitled by law to use materials protected by US Copyright Act for classroom education. Any use of those materials outside of the class may violate the law. More information on the [PLNU Copyright Policy](#) can be found online.

Use of Library:

This course may require students to complete course assignments using resources available from the University Libraries. [Research Guides](#) and assistance for this course are available online.

Academic Accommodations:

While all students are expected to meet the minimum standards for completion of this course as established by the instructor, students with disabilities may require academic adjustments, modifications, or auxiliary aids/services. At Point Loma Nazarene University (PLNU), these students are requested to register with the [Disability Resource Center \(DRC\)](#), located in the Bond Academic Center (DRC@pointloma.edu or 619-849-2381). The DRC's policies and procedures for assisting such students in the development of an appropriate academic adjustment plan (AP) allows PLNU to comply with Section 504 of the Rehabilitation Act and the Americans with Disabilities Act. Section 504(a) prohibits discrimination against students with special needs and guarantees all qualified students equal access to and benefits of PLNU programs and activities. After the student files the required documentation, the DRC, in conjunction with the student, will develop an AP to meet that student's specific learning needs. The DRC will thereafter email the student's AP to all faculty who teach course in which the student is enrolled each semester. The AP must be implemented in all such courses. If students do not wish to avail themselves of some or all of the elements of their AP in a particular course, it is the responsibility of those students to notify their professor in that course. PLNU highly recommends that DRC students speak with their professors during the first two weeks of each semester about the applicability of their AP in that particular course and/or if they do not desire to take advantage of some or all of the elements of their AP in that course. Students may find additional support through other campus offices as well including the [Office of Spiritual Development](#), the [Tutorial Center](#), and/or the [Wellness Center](#).

Expectations for Psychology 321 regarding academic integrity in this class:

- Expectations are consistent with those outlined in the academic policy.
- Collaboration is permitted in preparing for examinations.
- Any material (including but not restricted to textbook, other texts, journals, magazines, websites) incorporated into writing assignments (reaction papers, term paper, other non-examination writing assignments) must be properly cited. Plagiarism will not be tolerated.

Consequences for violations of academic integrity in this class:

- Consequences are consistent with those outlined in the academic integrity policy.
- Any type of plagiarism will result in an "F" for the particular assignment in question.
- Cheating during an examination will result in an "F" grade for the particular examination in question.
- The instructor reserves the right to issue a grade of "F" in the class for violations of the Academic Integrity Policy. This includes, but is not limited to: repeated violations of the Academic Integrity Policy, cheating of any sort during examinations and quizzes, turning in assignments not written by the student, among other violations.

Psychology 321 Tentative Schedule

Introduction to Psychopathology

Sep 5 – Introduction

Sep 10 – Views of Psychopathology

Reading Quiz 1 – Ch. 2 Models of Abnormality

Sep 12 – Views of Psychopathology

Critical Response Paper 1 – Evaluating the Practice of Diagnosing Psychopathology

Unit 1 – Disorders Related to Stress and Trauma

Sep 17 – Stress and Trauma

Reading Quiz 2 – Ch. 5 Disorders of Trauma and Stress

Sep 19 – Stress and Trauma

Critical Response Paper 2 – Personal Reflection on Mental Illness

Sep 24 – Somatic Symptoms and Related Disorders

Reading Quiz 3 – Ch. 8 Disorders Featuring Somatic Symptoms

Sep 26 – Personality Disorders

Case Study 1 – The Case of Karen

Oct 1 – Personality Disorders

Reading Quiz 4 – Ch. 13 Personality Disorders

Oct 3 – Personality Disorders

Case Study 2 – The Case of Paulina

Oct 8 – Exam 1 Review Session

Oct 10 – Exam 1

Unit 2 – Disorders Related to Cognition and Mood

Oct 15 – Anxiety, Obsessive-Compulsive, and Related Disorders

Reading Quiz 5 – Ch. 4 Anxiety, Obsessive-Compulsive, and Related Disorders

Oct 17 – Anxiety, Obsessive-Compulsive, and Related Disorders

Case Study 3 – The Case of Ike

Oct 22 – Mood Disorders

Reading Quiz 6 – Ch. 6 Depressive and Bipolar Disorders

Oct 24 – Mood Disorders

Case Study 4 – The Case of Maria

Oct 29 – Schizophrenia

Reading Quiz 7 – Ch. 12 Schizophrenia

Oct 31 – Schizophrenia

Case Study 5 – The Case of Diane

Nov 5 – Eating Disorders

Reading Quiz 8 – Ch. 9 Eating Disorders

Nov 7 – Eating Disorders

Case Study 6 – The Case of Lara

Nov 12 – Exam 2 Review Session

Nov 14 – Exam 2

Unit 3 – Disorders Related to Childhood, Adolescence, and Young Adulthood

Nov 19 – Disorders Common Among Children and Adolescents

Reading Quiz 9 – Ch. 14 Disorders Common Among Children and Adolescents

Nov 21 – Disorders Common Among Children and Adolescents

Case Study 7 – The Case of Valerie

Nov 26 – Substance Use and Addictive Disorders

Reading Quiz 10 – Ch. 10 Substance Use and Addictive Disorders

Nov 28 – Thanksgiving Break (No Class)

Dec 3 – Disorders of Sex and Gender

Reading Quiz 11 – Ch. 11 Disorders of Sex and Gender

Dec 5 – Disorders of Sex and Gender

Critical Response Paper 3 – Ethics and Culture in Mental Health Care

Dec 10 – Final Review Session

Dec 12 – Final Review Session

Dec 17 – Final Exam (Tuesday 10:30pm-1:00pm)