

**General Psychology
PSY 103(3): Section 1
Fall Semester 2018**

Tu Th 1:30-2:45 Final:

Th 1:30-4:00

Location: T312

Instructor: Kim W. Schaeffer, Ph.D.

Office Location: Culbertson 212 (between The Greek and Colt)

Office Hours: M: 7:00-9:45, 2:45-3:30; TU & TH: 12-1, 2:30-3:30; W: 7:00-9:45

Email: kimschaeffer@pointloma.edu (on average will check 2-3 times per work day)

Phone: (619) 849-2466 (prefer email)

Course Description

A survey of psychology as an empirical/behavior science. Topics include biological correlates of behavior, learning, cognition, emotion, motivation, personality, assessment, development, psychopathology, psychotherapy, and social psychology.

Course Learning Outcomes in PSY 103: Upon completion of this course you will be able to:

- Recall at least a 70% of the information on textbook bank questions from the general psychology textbook used in class.
- Identify four theories of psychology
- Appreciate the history of psychological thought
- Describe practical applications for the following content areas: neuroscience, addiction, learning, memory, personality (including disorders), intelligence (including assessment), emotion, stress, health, sleep (including dreams), hypnosis, developmental psychology, psychological disorders and treatment
- Use the library search tools to find appropriate research articles
- Work effectively in teams

Reading in PSY 103

Employers want employees who are good critical thinkers. According to Diane Halpern (2003), there are 4 aspects to critical thinking: (a) a critical thinking attitude, e.g., not accepting claims at face value; (b) the capacity to implement specific critical thinking skills, e.g., deductive reasoning, hypothesis testing, understanding probability; (c) the facility to apply these critical thinking skills to new situations; and (d) the skill to think about one's own thinking, or metacognition. We will use a significant portion of our class time for activities that will enhance your critical thinking skills. It is imperative that you read and study the reading assignment before coming to class.

Working in Teams in PSY 103

Employers want employees who work well in teams. In order for us to improve our critical thinking and become even better team members, in-class peer collaboration will be a major portion of our course. (Please note: you will not be assigned any team activities that will require you to meet with your peers outside of class.) In-class teamwork includes analysis of case studies, quizzes, and a variety of critical thinking activities that relate to psychology. Toward the end of the semester you evaluate the "helpfulness" of your team members and assign them a grade that will contribute to their final grade.

Required Textbook

Myers, D. G. (2013). *Exploring psychology* (9th ed.). New York, NY: Worth.

How Grades Will Be Earned (A = 93-100; A- = 90-92.99; B+ = 88-89.99; B = 84-87.99; B- = 80-83.99; C+ = 77-79.99; C = 70-76.99; C- = 65-69.99; D+ = 62-64.99; D = 55-61.99; D- = 50-54.99; F ≤ 49.99%)

12.5%	Readiness Assurance Tests (iRAT, and tRAT)
12.5%	Team Application Exercises
5%	<u>Team Member Helpfulness (peer-graded)</u>
40%	Test 1-4
20%	Comprehensive Final
10%	Psychology and You

Managing Your Life and This Course

If you cannot take a major test due to extreme circumstances, please ask me for permission to take the test at another time before the exam.

Most people need to miss a class due to illness, flight delays, and so on. Therefore, a safety valve is built into the course. For the safety valve to become effective, 90% or more of the class must complete the IDEA course evaluation during the first week it is posted.

Safety Valve: Best practices for employees allow personal cell phone usage only during mandatory breaks. Therefore, if throughout the semester I suspect no one is using their cell phone or computer for non-class activities, the four lowest Team Application Exercises, the four lowest iRATs or tRATs will be dropped. Two absent minded faux pas are allowed for the entire class throughout the semester.

Second Half of Syllabus Posted on Canvas

I am required to include additional material to the syllabus. This is posted in Canvas under Syllabus (Part II).



PLNU Mission

To Teach ~ To Shape ~ To Send

Point Loma Nazarene University exists to provide higher education in a vital Christian community where minds are engaged and challenged, character is modeled and formed, and service becomes an expression of faith. Being of Wesleyan heritage, we aspire to be a learning community where grace is foundational, truth is pursued, and holiness is a way of life.

COURSE CREDIT HOUR INFORMATION

In the interest of providing sufficient time to accomplish the stated Course Learning Outcomes, this class meets the PLNU credit hour policy for a 3 or 4 unit class delivered over 15 weeks. Specific details about how the class meets the credit hour requirement can be provided upon request.

ATTENDANCE AND PARTICIPATION

Regular and punctual attendance at all classes is considered essential to optimum academic achievement. If the student is absent from more than 10 percent of class meetings, the faculty member has the option of filing a written report which may result in de-enrollment. If the absences exceed 20 percent, the student may be de-enrolled without notice. If the date of de-enrollment is past the last date to withdraw from a class, the student will be assigned a grade of W or WF consistent with university policy in the grading section of the catalog. See [Academic Policies](#) in the (undergrad/graduate as appropriate) academic catalog.

INCOMPLETES AND LATE ASSIGNMENTS

All assignments are to be submitted/turned in by the beginning of the class session when they are due—including assignments posted in Canvas. *It is Dr. Schaeffer's policy not to accept late assignments.*

ACADEMIC HONESTY

Students should demonstrate academic honesty by doing original work and by giving appropriate credit to the ideas of others. As explained in the university catalog, academic dishonesty is the act of presenting information, ideas, and/or concepts as one's own when in reality they are the results of another person's creativity and effort. Violations of university academic honesty include cheating, plagiarism, falsification, aiding the academic dishonesty of others, or malicious misuse of university resources. A faculty member who believes a situation involving academic dishonesty has been detected may assign a failing grade for a) that particular assignment or examination, and/or b) the course following the procedure in the university catalog. Students may appeal also using the procedure in the university catalog. See [Academic Policies](#) for further information.

ACADEMIC ACCOMMODATIONS

While all students are expected to meet the minimum academic standards for completion of this course as established by the instructor, students with disabilities may request academic accommodations. At Point Loma Nazarene University, students must request that academic accommodations by filing documentation with the [Disability Resource Center \(DRC\)](#), located in the Bond Academic Center. Once the student files documentation, the Disability Resource Center will contact the student's instructors and provide written recommendations for reasonable and appropriate accommodations to meet the individual needs of the student. See [Academic Policies](#) in the (undergrad/graduate as appropriate) academic catalog.

FERPA POLICY

In compliance with federal law, neither PLNU student ID nor social security number should be used in publicly posted grades or returned sets of assignments without student written permission. This class will meet the federal requirements by (Note: each faculty member should choose one strategy to use: distributing all grades and papers individually; requesting and filing written student permission; or assigning each student a unique class ID number not identifiable on the alphabetic roster.). Also in compliance with FERPA, you will be the only person given information about your progress in this class unless you have designated others to receive it in the "Information Release" section of the student portal. See [Policy Statements](#) in the (undergrad/ graduate as appropriate) academic catalog.

FINAL EXAMINATION POLICY

Successful completion of this class requires taking the final examination **on its scheduled day**. The final examination schedule is posted on the [Class Schedules](#) site. No requests for early examinations or alternative days will be approved.

COPYRIGHT POLICY

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Schedule Fall 2018

WEEK	TUESDAY	THURSDAY
1	<p>28-Aug</p> <p>Please note: All assignments should be completed the day they are listed in the syllabus.</p>	<p>30-Aug</p> <p>Group Formation</p>
2	<p>4-Sep Readiness Assurance Test</p> <p>Syllabus</p> <p>Myers: Chapter 1</p>	<p>6-Sep</p> <p>The Brain</p> <p>Myers: Chapter 2</p>
3	<p>11-Sep</p> <p>Myers: Chapter 2</p>	<p>13-Sep Readiness Assurance Test</p> <p>Drugs and Neurotransmitters</p> <p>Myers: chapter, pp. 100-112 (neurotransmitter, drugs)</p>
4	<p>18-Sep</p> <p>Myers: Chapter 2</p>	<p>20-Sep</p> <p style="text-align: center;">Test 1</p>
5	<p>25-Sep</p> <p>Learning</p> <p>Myers: Chapter 7</p>	<p>27-Sep</p> <p>Myers: Chapter 7</p>
6	<p>2-Oct Readiness Assurance Test</p> <p>Memory</p> <p>Myers: Chapter 8</p>	<p>4-Oct</p> <p>Myers: Chapter 8</p>
7	<p>9-Oct</p> <p style="text-align: center;">Test 2</p>	<p>11-Oct</p> <p>Personality and Personality Disorders</p> <p>Myers: Chapter 12</p> <p>Myers: Chapter 14, pp 537-539</p>
8	<p>16-Oct</p> <p>Myers: Chapter 12</p> <p>Myers: Chapter 14, pp 537-539</p>	<p>18-Oct Readiness Assurance Test</p> <p>Intelligence and Assessment</p> <p>Myers: Chapter 9 - pp 329 - 346</p>

9	23-Oct Emotion Myers: Chapter 10 (pp. 371-385)	25-Oct Readiness Assurance Test Stress, Health, and Flourishing Chapter 11
10	30-Oct Sleep, Dreams, and Hypnosis Myers: Chapter 3, pp 83-100	1-Nov Test 3
11	6-Nov Developmental Psychology Myers: Chapter 4	8-Nov Myers: Chapter 4
12	13-Nov Readiness Assurance Test Social Psychology Myers: Chapter 13	15-Nov Myers: Chapter 13
13	20-Nov Test 4	22-Nov Thanksgiving
14	27-Nov Readiness Assurance Test Psychological Disorders Myers: Chapter 14	29-Nov Myers: Chapter 14
15	4-Dec Therapy Myers: Chapter 15	6-Dec Myers: Chapter 15
15	11-Dec	13-Dec 1:30 - 4:00: Final Examination