

**General Psychology**  
**PSY 103(3): Section 1**  
**Spring Semester 2019**  
Tu Th 1:30-2:45  
Location: T312

**Instructor: Kim W. Schaeffer, Ph.D.**

Office Location: Culbertson 212 (between The Greek and Colt)

Office Hours: M: 7:00-9:45, 2:45-3:30; TU & TH: 12-1, 2:30-3:30; W: 7:00-9:45

Email: [kimschaeffer@pointloma.edu](mailto:kimschaeffer@pointloma.edu) (on average will check 2-3 times per work day)

Phone: (619) 849-2466 (prefer email)

**Teaching Assistant: Yixin (Ee-Sheen) Shi**

Office Location: Culbertson Hall

Office Hours: MWF: 8:30-9:30; 11-11:40

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**Course Description**

A survey of psychology as an empirical/behavior science. Topics include biological correlates of behavior, learning, cognition, emotion, motivation, personality, assessment, development, psychopathology, psychotherapy, and social psychology.

**Course Learning Outcomes in PSY 103:** Upon completion of this course you will be able to:

- Recall at least a 70% of the information on textbook bank questions from the general psychology textbook used in class.
- Identify four theories of psychology
- Appreciate the history of psychological thought
- Describe practical applications for the following content areas: neuroscience, addiction, learning, memory, personality (including disorders), intelligence (including assessment), emotion, stress, health, sleep (including dreams), hypnosis, developmental psychology, psychological disorders and treatment
- Use the library search tools to find appropriate research articles
- Work effectively in teams

**Reading in PSY 103**

Employers want employees who are good critical thinkers. According to Diane Halpern (2003), there are 4 aspects to critical thinking: (a) a critical thinking attitude, e.g., not accepting claims at face value; (b) the capacity to implement specific critical thinking skills, e.g., deductive reasoning, hypothesis testing, understanding probability; (c) the facility to apply these critical thinking skills to new situations; and (d) the skill to think about one's own thinking, or metacognition. We will use a significant portion of our class time for activities that will enhance your critical thinking skills. It is imperative that you read and study the reading assignment before coming to class.

**Working in Teams in PSY 103**

Employers want employees who work well in teams. In order for us to improve our critical thinking and become even better team members, in-class peer collaboration will be a major portion of our course. (Please note: you will not be assigned any team activities that will require you to meet with your peers outside of class.) In-class teamwork includes analysis of case studies, quizzes, and a variety of critical thinking activities that relate to psychology. Toward the end of the semester you evaluate the "helpfulness" of your team members and assign them a grade that will contribute to their final grade.

## Required Textbook

Myers, D. G. (2013). *Exploring psychology* (9th ed.). New York, NY: Worth.

**How Grades Will Be Earned (A = 93-100; A- = 90-92.99; B+ = 88-89.99; B = 84-87.99; B- = 80-83.99; C+ = 77-79.99; C = 70-76.99; C- = 65-69.99; D+ = 62-64.99; D = 55-61.99; D- = 50-54.99; F ≤ 49.99%)**

- 12.5% Readiness Assurance Tests (iRAT, and tRAT)
- 12.5% Team Application Exercises
- 5% Team Member Helpfulness (peer-graded)
- 40% Test 1-4
- 20% Comprehensive Final
- 10% Psychology and You

## Managing Your Life and This Course

If you cannot take a major test due to extreme circumstances, please ask me for permission to take the test at another time before the exam.

Most people need to miss a class due to illness, flight delays, and so on. Therefore, a safety valve is built into the course. For the safety valve to become effective, 90% or more of the class must complete the IDEA course evaluation during the first week it is posted.

*Safety Valve:* Best practices for employees allow personal cell phone usage only during mandatory breaks. Therefore, if throughout the semester I suspect no one is using their cell phone or computer for non-class activities, the four lowest Team Application Exercises, the three lowest iRATs or tRATs will be dropped. Two absent minded faux pas are allowed for the entire class throughout the semester.

## PLNU Mission

To Teach ~ To Shape ~ To Send

Point Loma Nazarene University exists to provide higher education in a vital Christian community where minds are engaged and challenged, character is modeled and formed, and service is an expression of faith. Being of Wesleyan heritage, we strive to be a learning community where grace is foundational, truth is pursued, and holiness is a way of life.

## FINAL EXAMINATION POLICY

Successful completion of this class requires taking the final examination on its scheduled day. The final examination schedule is posted on the Class Schedules site. No requests for early examinations or alternative days will be approved.

*The Final will be on Wednesday, May 1 from 4:30-6:00pm*

## PLNU COPYRIGHT POLICY

Point Loma Nazarene University, as a non-profit educational institution, is entitled by law to use materials protected by the US Copyright Act for classroom education. Any use of those materials outside the class may violate the law.

## PLNU ACADEMIC HONESTY POLICY

Students should demonstrate academic honesty by doing original work and by giving appropriate credit to the ideas of others. Academic dishonesty is the act of presenting information, ideas, and/or concepts as one's own when in reality they are the results of another person's creativity and effort. A faculty member who believes a situation involving academic dishonesty has been detected may assign a failing grade for that assignment or examination, or, depending on the seriousness of the offense, for the course. Faculty should follow and students may appeal using the procedure in the university Catalog. See Academic Policies for definitions of kinds of academic dishonesty and for further policy information.

# Schedule

WEEK	TUESDAY	THURSDAY
1	<p>8-Jan</p> <p>Please note: All assignments should be completed the day they are listed in the syllabus.</p>	<p>10-Jan</p> <p>Group Formation</p>
2	<p>15-Jan      <b>Readiness Assurance Test</b></p> <p>Syllabus</p> <p>Myers: Chapter 1</p>	<p>17-Jan</p> <p>The Brain</p> <p>Myers: Chapter 2</p>
3	<p>22-Jan</p> <p>Myers: Chapter 2</p>	<p>24-Jan      <b>Readiness Assurance Test</b></p> <p>Drugs and Neurotransmitters</p> <p>Myers: chapter, pp. 100-112 (neurotransmitter, drugs)</p>
4	<p>29-Jan</p> <p>Myers: Chapter 2</p>	<p>31-Jan</p> <p><b>Test 1</b></p>
5	<p>5-Feb</p> <p>Learning</p> <p>Myers: Chapter 7</p>	<p>7-Feb</p> <p>Myers: Chapter 7</p>
6	<p>12-Feb      <b>Readiness Assurance Test</b></p> <p>Memory</p> <p>Myers: Chapter 8</p>	<p>14-Feb</p> <p>Myers: Chapter 8</p>
7	<p>19-Feb</p> <p><b>Test 2</b></p>	<p>21-Feb</p> <p>Personality and Personality Disorders</p> <p>Myers: Chapter 12</p> <p>Myers: Chapter 14, pp 537-539</p>
8	<p>26-Feb</p> <p>Myers: Chapter 12</p> <p>Myers: Chapter 14, pp 537-539</p>	<p>28-Feb      <b>Readiness Assurance Test</b></p> <p>Intelligence and Assessment</p> <p>Myers: Chapter 9 - pp 329 - 346</p>

9	12-Mar Emotion Myers: Chapter 10 (pp. 371-385)	14-Mar <b>Readiness Assurance Test</b> Stress, Health, and Flourishing Chapter 11
10	19-Mar Sleep, Dreams, and Hypnosis Myers: Chapter 3, pp 83-100	21-Mar <b>Test 3</b>
11	26-Mar Developmental Psychology Myers: Chapter 4	28-Mar Myers: Chapter 4
12	2-Apr <b>Readiness Assurance Test</b> Social Psychology Myers: Chapter 13	4-Apr Myers: Chapter 13
13	9-Apr <b>Test 4</b>	11-Apr <b>Readiness Assurance Test</b> Psychological Disorders Myers: Chapter 14
14	16-Apr Psychological Disorders Myers: Chapter 14	18-Apr Easter
15	23-Apr Therapy Myers: Chapter 15	25-Apr Therapy Myers: Chapter 15
16	30-Apr <b>1:30 - 4:00: Final Examination</b>	2-May

#### PLNU ACADEMIC ACCOMMODATIONS POLICY

If you have a diagnosed disability, please contact PLNU's Disability Resource Center (DRC) to demonstrate need and to register for accommodation by phone at 619-849-2486 or by e-mail at [DRC@pointloma.edu](mailto:DRC@pointloma.edu). See Disability Resource Center for additional information.

#### PLNU ATTENDANCE AND PARTICIPATION POLICY

Regular and punctual attendance at all classes is considered essential to optimum academic achievement. If the student is absent from more than 10 percent of class meetings, the faculty member can file a written report which may result in de-enrollment. If the absences exceed 20 percent, the student may be de-enrolled without notice until the university drop date or, after that date, receive the appropriate grade for their work and participation. See Academic Policies in the Undergraduate Academic Catalog.