



School of Nursing
NRS 440 Capstone Inquiring Faithfully II: Evidence Based Practice (4 Units)
Fall 2018

<p>Meeting days: Wednesdays Week 1 F2F October 24 Week 2 F2F October 31 Week 3 F2F November 7 Week 4 F2F November 14 <i>HOLIDAY NO CLASS November 21</i> Week 5 F2F November 28 Week 6 F2F December 5 Week 7 Online December 12</p>	<p>Instructor contact information: Rachel K. Hyden MS, RN, AGPCNP-BC, CNS rhyden@pointloma.edu 619-203-5695- Telephone calls only please (NO texting)</p>
<p>Meeting times: 1800-2200</p>	
<p>Meeting location: San Diego City College Room V308</p>	
<p>Placement: RN to BSN Term 4, Quad 2</p>	<p>Office location and hours: *Office hours by appointment. To make an appointment, please email instructor with at least 2 possible dates/times. The instructor will respond with confirmation of a specific appointment date/time.</p>
<p>Final Exam: n/a</p>	

PLNU Mission

To Teach ~ To Shape ~ To Send

Point Loma Nazarene University exists to provide higher education in a vital Christian community where minds are engaged and challenged, character is modeled and formed, and service becomes an expression of faith. Being of Wesleyan heritage, we aspire to be a learning community where grace is foundational, truth is pursued, and holiness is a way of life.

SON Vision Statement

The School of Nursing at Point Loma Nazarene University embraces, as a covenant, the commitment to excellence within a dynamic Christian environment in which each one will engage in the sacred work of nursing. This sacred work involves symbolically removing one's shoes in service of others.

Take off your sandals for the place you are standing is holy ground. Exodus 3:5 NIV

SON Mission Statement

The School of Nursing at Point Loma Nazarene University exists to support the university Wesleyan mission and to provide an interdisciplinary learning program of excellence. Graduates of the SON are distinctly identified by grace, truth and holiness, serving others after the example of Christ, as they are sent to fulfill their calling as professional nurses

So He got up from the meal, took off His outer clothing, and wrapped a towel around His waist. After that, He poured water into a basin and began to wash His disciple's feet, drying them with a towel that was wrapped around Him. John 13: 4-5 NIV

Now that I, your Lord and Teacher, have washed your feet, you also should wash one another's feet. I have set you an example that you should do as I have done for you. John 13: 14-15 NIV

Faculty reserves the right to make necessary schedule changes to this syllabus as the semester progresses.

Every attempt will be made to minimize the inconvenience to the student in the event of a change to the syllabus. Students will be notified of changes via Canvas announcement section, with accompanying email notification, in a timely manner.

COURSE DESCRIPTION

NRS 440 Capstone Inquiring Faithfully II: Evidence Based Practice (4 units)

This culminating course will provide the learner with the opportunity to apply evidence-based principles to the work place. A project will demonstrate successful completion of learning outcomes for the university and School of Nursing. This course will apply the process of Evidence-Based Practice (EBP) and theoretical foundations. The EBP content will center on the development of clinical practice questions and review of the literature. Students will gain knowledge and develop skills to determine the quality of research evidence. Research evidence will also be explored for the proposed application to improve clinical practice.

PROGRAM VALUES & COURSE LEARNING OUTCOMES (PLOs & CLOs)

Upon completion of this program, students will be able to achieve

- Program Learning Outcomes (blue)
- 2008 American Association of Colleges of Nursing: The Essentials of Baccalaureate Education for Professional Nursing Practice (BSN Essentials)
- Public Health California Code of Regulations: Qualifications and Requirements (PHCCR)

**School of Nursing - BSN Program
Program Learning Outcomes**

NSG 440 – NRS 440 Capstone Inquiring Faithfully II

I. INQUIRING Faithfully: Student will demonstrate knowledge, skill and behavior of the evidence-based practice of nursing which integrates growth in reasoning, analysis, decision-making and the application of theory with the goal of advocating for others and/or self. This includes holistic nursing skills and the nursing process.

- A. Initiate dialogue regarding current practice to improve healthcare
BSN Essentials II, III, IV, VI, IX
- B. Demonstrate use of evidence-based practices as an advocate for self and others
BSN Essentials III, IV, VI, IX
- C. Promotes positive client outcomes using evidence-based data
BSN Essentials II, III, IV, VI, IX
- D. Provide holistic care by considering all of the client needs (e.g. physical, psychosocial, spiritual, environmental) including family in a multicultural community
BSN Essentials I, III, IV, VI, VII, VIII, IX
- E. Engage in self-care practices that facilitates optimal care of clients
BSN Essentials I, V, VI, IX

**School of Nursing - BSN Program
Program Learning Outcomes**

NSG 440 – NRS 440 Capstone Inquiring Faithfully II

II. CARING Faithfully: The student will embrace a calling to the ministry of compassionate care for all people in response to God’s grace, which aims to foster optimal health and bring comfort in suffering and death.

- A. Demonstrate compassionate care to all people while mirroring Christ’s love for all
BSN Essentials IV, VI, VII, IX
- B. Partner with the community to establish a trusting relationship
BSN Essentials II, VI, VII, IX
- C. Demonstrate ethics and values consistent with the practice of professional nursing
BSN Essentials V, VI, VII, VIII, IX

**School of Nursing - BSN Program
Program Learning Outcomes**

NSG 440 – NRS 440 Capstone Inquiring Faithfully II

III. COMMUNICATING Faithfully: The student will actively engage in the dynamic interactive process that is intrapersonal and interpersonal with the goal of advocating for others and/or self. This includes effective, culturally appropriate communication conveys information, thoughts, actions and feelings through the use of verbal and nonverbal skills.

- A. Engage in active listening to promote therapeutic relationships
BSN Essentials II, III, IV, VI, VII, IX
- B. Demonstrate effective verbal and nonverbal communication skills to provide patient care
BSN Essentials II, III, IV, VI, VII, IX
- C. Dialogues with members of the healthcare team, including the patient to facilitate positive patient outcomes
BSN Essentials II, III, IV, VI, VII, IX
- D. Advocate for patients/families and self
BSN Essentials V, VI, VII

<p>E. Implements patient care while revering the diversity of patients, families and Communities BSN Essentials II, III, V, VI, VII, IX</p>	
<p>School of Nursing - BSN Program Program Learning Outcomes</p>	<p>NSG 440 – NRS 440 Capstone Inquiring Faithfully II</p>
<p>V. FOLLOWING Faithfully: Defined as claiming the challenge from Florence Nightingale that nursing is a “divine imposed duty of ordinary work.” The nursing student will integrate the ordinary work by complying with and adhering to regulatory and professional standards (e.g. ANA Code of Ethics, the California Board of Registered Nursing, Scope of Nursing Practice, SON Handbook). This includes taking responsibility, being accountable for all actions and treating others with respect and dignity.</p> <p>A. Engage in a professional practice environment that promotes nursing excellence BSN Essentials I, III, IV, V, VI, VII, VIII, IX</p> <p>B. Provides patient care within the boundaries designated by regulatory agencies, professional practices and ethical standards of a Christian nurse BSN Essentials II, VI, VI, VII, VIII, IX</p> <p>C. Avail self of learning opportunities to initiate the life-long learning process BSN Essentials III, IV, V, VI, VII, VIII, IX</p>	
<p>School of Nursing - BSN Program Program Learning Outcomes</p>	<p>NSG 440 – NRS 440 Capstone Inquiring Faithfully II</p>
<p>V. LEADING Faithfully: The student will incorporate a foundational relationship with Christ and others and embrace a willingness to serve others in the midst of life circumstances (e.g., illness, injustice, poverty). The student will role-model the need for “Sabbath Rest” as a means of personal renewal, and true care of the self, so that service to others is optimally achieved. The student will incorporate the characteristics of a servant leader including: humility, courage, forgiveness, discernment.</p> <p>A. Provide graceful service through compassionate response to others’ needs BSN Essentials II, IV, VI, VII, VIII, IX</p> <p>B. Demonstrate the principles of a servant leader as a reflection of Christ’s love BSN Essentials II, IV, V, VI, VII, VIII, IX</p> <p>C. Exhibits patient advocacy that reflects sensitivity to diversity in a holistic manner. BSN Essentials II, IV, V, VI, VII, VIII, IX</p>	

COURSE CREDIT HOUR INFORMATION

In the interest of providing sufficient time to accomplish the stated Course/Program Learning Outcomes this class meets the PLNU credit hour policy for a 4-unit class delivered over 8 weeks (7 class weeks, one holiday week). Specific details about how the class meets the credit hour requirement can be provided upon request.

Credit hour requirement includes 37.5 participation hours per credit hour on course work:

In-classroom, face to face (FTF) = 26 hours in classroom, group meetings

Online= 24 hours facilitated by faculty

Preparation= 100 hours reading, writing, researching, online discussion

COURSE Content Outline (Topic Outline)

WEEK	Format	Content
Week 1	F2F	Course introduction, Professional Growth Reflection, and EBP asking the question
Week 2	F2F	Personal/professional Growth, ethics, EBP Synthesizing the Evidence
Week 3	F2F	Personal/professional Growth, ethics, EBP Implementation Considerations
Week 4	F2F	Personal and Professional Growth, Change Theory, ETS testing
Week 5	F2F	Professional Growth Presentation S
Week 6	F2F	EBP Presentations
Week 7	Online	Creating Professional online eportfolio & Professional EBP paper

PLNU COPYRIGHT POLICY

Point Loma Nazarene University, as a non-profit educational institution, is entitled by law to use materials protected by the US Copyright Act for classroom education. Any use of those materials outside the class may violate the law.

PLNU ACADEMIC HONESTY POLICY

Students should demonstrate academic honesty by doing original work and by giving appropriate credit to the ideas of others. Academic dishonesty is the act of presenting information, ideas, and/or concepts as one's own when in reality they are the results of another person's creativity and effort. A faculty member who believes a situation involving academic dishonesty has been detected may assign a failing grade for that assignment or examination, or, depending on the seriousness of the offense, for the course. Faculty should follow and students may appeal using the procedure in the university Catalog. See [Academic Policies](#) for definitions of kinds of academic dishonesty and for further policy information.

PLNU ACADEMIC ACCOMMODATIONS POLICY

RN to BSN program only

While all students are expected to meet the minimum academic standards for completion of this course as established by the instructor, students with disabilities may request academic accommodations. If you have a diagnosed disability, please contact the Center for Student Success (CSS) within the first two weeks of class to demonstrate need and to register for accommodations

by phone at [\(619\) 563-2810](tel:6195632810). You may also ask your academic advisor or program director for any additional accommodation information.

PLNU ATTENDANCE AND PARTICIPATION POLICY

Regular and punctual attendance at all classes is considered essential to optimum academic achievement. If the student is absent from more than 10 percent of class meetings, the faculty member can file a written report which may result in de-enrollment. If the absences exceed 20 percent, the student may be de-enrolled without notice until the university drop date or, after that date, receive the appropriate grade for their work and participation. See [Academic Policies](#) in the Undergraduate Academic Catalog.

STATE AUTHORIZATION

State authorization is a formal determination by a state that Point Loma Nazarene University is approved to conduct activities regulated by that state. In certain states outside California, Point Loma Nazarene University is not authorized to enroll online (distance education) students. If a student moves to another state after admission to the program and/or enrollment in an online course, continuation within the program and/or course will depend on whether Point Loma Nazarene University is authorized to offer distance education courses in that state. It is the student's responsibility to notify the institution of any change in his or her physical location. Refer to the map using the below link to view which states allow online (distance education) outside of California. <https://www.pointloma.edu/offices/office-institutional-effectiveness-research/disclosures>

SCHOOL OF NURSING

PROFESSIONAL STANDARDS

Students are required to adhere to professional standards while students at PLNU. The nursing department had developed these standards to provide clarification of expected professional behaviors.

1. Presenting yourself professionally in interactions with all persons
2. Behaving with honesty and ethics
3. Respectful communication techniques
4. Being proactive versus reactive
5. Accepting accountability for one's own actions
6. Being prepared and punctual

Additional guidelines

Social networking sites are a great way to connect with many others. These sites can be used to your disadvantage and all persons are advised to employ professional standards on these sites. A general rule would be if what you have posted does not enhance your professional image then it probably needs to be reviewed.

The use of Laptops, cell phones and other electronic devices is at the discretion of the course instructor. Generally, it is considered inappropriate to use any device for alternate uses not related to the class being taught. Cell phones should be kept on vibrate or silent during class times unless arrangements have previously been made.

Speaking negatively, relating stories or presenting a biased viewpoint about any class, instructor or other student that is not supportive of the individual involved and can be perceived as incivility. Disagreements are a part of life- but should be worked through in a private manner. Questioning the integrity of a persons' character is disrespectful. Each person is responsible and accountable for their words and actions.

Plagiarism or cheating in any class (nursing or non-nursing) will have consequences within the School of Nursing. Disciplinary action will be at the discretion of the instructor, the guidance of the RN-BSN Director and/or Dean of the School of Nursing and may include assignment/class failure and possible dismissal from the program.

GRADING POLICIES

- **Grading Scale** to be used for all exams and final course grades:

93-100%	=	A
90 - 92%	=	A-
87 - 89%	=	B+
84 - 86%	=	B
81 - 83%	=	B-
78 - 80%	=	C+
<u>75 - 77%</u>	=	<u>C - Must have minimum of "75% to progress in the program"</u>
73 - 74%	=	C-
71 - 72%	=	D+
68 - 70%	=	D
Below 68%	=	F

- **All assigned course work must be completed to receive a final course grade**
- In order to receive a passing grade in the course, the student must achieve a cumulative average of 75% on all assignments. Grades/points will not be rounded. For example: 80.5% does not round to 81% resulting in a grade of C+ instead of a B-. A grade of less than a "C" (Below 75%) prohibits the student from continuing in the nursing program until the course is repeated with a satisfactory grade of \geq C.
- A grade of at least a "C" in each nursing theory, prerequisite, and/or co requisite course is required in order to progress to the next course or level. The nursing theory and related clinical courses must be taken concurrently and the student must receive a passing grade of "Credit" in the clinical course in order to progress to the next course or level.
- Throughout the curriculum (whether nursing or non-nursing) students may repeat one course. With the need for a second repeat of any nursing course the student will be dismissed from the nursing program.

COURSE-SPECIFIC POLICIES

- Class attendance and participation is vital to the learning process and success of the course; therefore, it is an expectation that all students will be present and participate in class discussion on a consistent basis. These discussions will be based on the assigned reading with integration of clinical examples from the student's practice.

- All assignments must be submitted per instructions on the due date and time. Ten percent (10%) will be deducted from total earned points for each 24-hour period, including weekends and holidays. Day 1 starts on specified due date/time. In the event of unforeseen circumstances, it is the responsibility of the student to proactively communicate directly with course faculty.
- All assignments must be turned in by the Friday of the last week of classes at midnight

LEARNING STRATEGIES

Lecture, online assignments, discussion boards, class discussions, case studies, student presentations, group work

METHODS OF ASSESSMENT & EVALUATION: Required Learning Activities

EXAMS: ETS College Exit Exam (ungraded)

COURSE OVERVIEW:

Week	Assignment(s)	Points
Week 1: Face to Face	WK1: Devotional	10
	Personal Manifesto	10
	Strengths Quest Collage and Reflection	10
	Elevator Speech Draft	10
	DB: EBP Clinical Problem/PICO	10
	DB: Being Mortal video response	10
	WK1: Weekly summary statement	5
Week 2: Face to Face	WK2: Devotional	10
	Personal Manifesto	10
	Being Mortal Chapter 1	10
	WK2: Weekly summary statement	5

Week 3: Face to Face	WK3: Devotional Personal Manifesto Being Mortal Chapter 2&3 Article Synthesis WK3: Weekly summary statement	10 10 10 15 5
Week 4: Face to Face	WK4: Devotional Personal Manifesto Being Mortal Chapter 4&5 EBP Implementation Plan WK4: Weekly summary statement	10 10 10 15 5
Week 5: Face to Face	WK5: Devotional Personal Manifesto EBP Change Theory Being Mortal Chapter 6 Creative Project Revisited Reflection (Part 1 of 3) Creative Project Revisited – Peer Reviewed Presentation (Part 2 of 3) Reflection DB: Skeleton EBP Presentation EBP Outcomes WK5: Weekly summary statement	10 10 10 10 6 12 10 5 5

Week 6: Face to Face	WK6: Devotional	10
	Personal Manifesto	10
	Being Mortal Chapter 7&8	10
	Creative Project Revisited Part 3 <u>and</u> final submission to Livetext	18
	Commit to Cultivate	10
	EBP Class Presentation <u>and</u> submit to Livetext	40
	WK6 Weekly summary statement	5
Week 7: Online	WK7: Devotional	10
	EBP Paper <u>and</u> submit to Livetext	105
	FINAL LIVETEXT Portfolio	15
	Academic Honesty	1
Total Points		512*

REQUIRED TEXTS & RECOMMENDED STUDY RESOURCES

American Psychological Association. (2010). *Publication manual of the American Psychological Association* (6th ed.). Washington, D.C.: Author.
ISBN: 978-1-4338-0561-5

Gawande, A. (2014). *Being mortal: Medicine and what matters in the end* (First edition.). New York: Metropolitan Books.

Tipton, D.J. (2015). *Personal and professional growth for healthcare professionals* (First edition.). Burlington, MA: Jones & Bartlett Learning.

ASSESSMENT OF LEARNING OUTCOMES & STUDENT PORTFOLIO

The School of Nursing (SON) uses LIVETEXT to conduct ongoing program assessment. All required courses in the SON use LIVETEXT to assess and grade the Signature Assignment(s). For this course, ***the following documents(s) MUST BE submitted to LIVETEXT™ for assessment and grading:***

1. Creative Project Revisited- All three portions in one document
2. EBP Phase III Presentation- Upload presentation slides
3. EBP – Phase III paper

Prior to the conclusion of each course, the student is required to update their LIVETEXT Portfolio. The portfolio demonstrates achievement of required program outcomes and supports professional development. For this course, the following document(s) MUST BE attached to the C:\Users\MacKenzie Daly\Downloads\Syllabus NRS 440 Fall 2018.doc

student's Professional Portfolio in the "Body of Work" section in LIVETEXT in order to pass the course.

Note: *Simply submitting an assignment into LIVETEXT for assessment/grading is NOT sufficient. The documents listed below must be attached to the LIVETEXT Professional Portfolio in the designated course area in the "Body of Work":*

1. Creative Project Revisited- All three portions in one document
2. EBP Phase III Presentation- Upload presentation slides
3. EBP – Phase III paper

The student may also create a separate section either within the "*Body of Work*" or within the general Professional Portfolio to document additional activities that contribute to their professional development (jobs, clubs, awards, volunteer experience, required leadership attendance, etc.). However, these items are not required.

IMPORTANT: Failure to update your LIVETEXT Professional Portfolio with the required signature assignments for the course will result in withholding of the final course grade and will affect progression in the program until the LIVETEXT Professional Portfolio is updated appropriately.