

Alignment of Kinesiology & Exercise Science Learning Outcomes to PLNU Institutional Learning Outcomes (ILOs)

ILO1. Learning, Informed by our Faith in Christ

Members of the PLNU community will

ILO1.a display openness to new knowledge and perspectives;

Kinesiology Learning Outcome: Students will engage and demonstrate competence in current knowledge in human movement, physical fitness and allied healthcare

Exercise Science Learning Outcome: Students will demonstrate cognitive and psychomotor competence in the assessment of functional strength and neuromuscular efficiency of the human body in healthy and pathological states.

ILO1.b think critically, analytically, and creatively; and

Kinesiology Learning Outcome: Students will critically evaluate, creatively apply and effectively communicate essential information in their discipline

Exercise Science Learning Outcome: Assess pathologies of injury and illness with competence and confidence and communicate with peers and the public about evidence-based practices of prevention and care of those pathologies.

ILO 1.c communicate effectively.

Kinesiology Learning Outcome: Students will critically evaluate, creatively apply and effectively communicate essential information in their discipline

Exercise Science Learning Outcome: Students will write and speak technically and ethically in the reporting of the neuromusculoskeletal and kinesiological analyses of movement and review of professional literature.

ILO2. Growing, In a Christ-centered Faith Community

Members of the PLNU community will

2.a demonstrate God-inspired development and understanding of others,

Kinesiology Learning Outcome: Students will demonstrate an appreciation for the beauty and gift of the human body—and the benefits of optimal health and physical fitness—by actively pursuing a healthy lifestyle.

Exercise Science Learning Outcome: Create and teach concepts reflecting the safety, effectiveness, efficiency and beauty of human movement.

2.b living gracefully within complex environmental and social contexts.

Kinesiology Learning Outcome: Students will apply their emerging knowledge for the benefit of their clients, patients and the community.

Exercise Science Learning Outcome: Students will promote the health of peers and the public through integration of the teachings of Jesus Christ into the practice of life.

ILO3. Serving, In a Context of Christian Faith

Members of the PLNU community will

3.a engage in actions that reflect Christian discipleship in a context of communal service and collective responsibility,

Kinesiology Learning Outcome: Undergraduates and alumni through volunteer or professional settings will live ethically and treat others as the wish to be treated as per the example of Jesus Christ

3.b serving both locally and globally.

Exercise Science Learning Outcome: Articulate their post graduate educational and career callings in light of their life purpose.