

Kinesiology Department Learning Outcomes

1. Speak and write effectively to a target audience on essential information in their discipline.
2. Critically evaluate and integrate new information into professional practice to solve relevant health and fitness problems.
3. Assess human movement to determine risk for injury and improve human performance.
4. Describe the mechanisms (i.e. metabolic, physiologic, biomechanical, and developmental) by which physical activity aids in health promotion, performance enhancement and disease prevention.
5. Serve others in clinical, educational or athletic settings by pursuing their vocation & calling.