

GNSG 620- Guided Reflective Journals

The School of Nursing has proposed that by completion of coursework, all graduates during your classes at PLNU will be able to communicate your ability to address the following Program Learning Objectives:

Inquiring Faithfully - You will demonstrate knowledge, skill and behavior of the evidence-based practice of nursing which integrates growth in reasoning, analysis, decision-making and the application of theory with the goal of advocating for others and/or self. This includes holistic nursing skills and the nursing process.

Caring Faithfully – You will embrace a calling to the ministry of compassionate care for all people in response to God’s grace, which aims to foster optimal health and bring comfort in suffering and death.

Communicating Faithfully – You will actively engage in the dynamic interactive process that is intrapersonal and interpersonal with the goal of advocating for others and/or self. This includes effective, culturally appropriate communication conveys information, thoughts, actions and feelings through the use of verbal and nonverbal skills.

Following Faithfully – Defined as claiming the challenge from Florence Nightingale that nursing is a “divine imposed duty of ordinary work.” You will integrate the ordinary work by complying with and adhering to regulatory and professional standards (e.g. ANA Code of Ethics, the California Board of Registered Nursing, Scope of Nursing Practice, SON Handbook). This includes taking responsibility, being accountable for all actions and treating others with respect and dignity.

Leading Faithfully – You will incorporate a foundational relationship with Christ and others and embrace a willingness to serve others in the midst of life circumstances (e.g., illness, injustice, poverty). The student will role-model the need for “Sabbath Rest” as a means of personal renewal, and true care of the self, so that service to others is optimally achieved. The student will incorporate the characteristics of a servant leader including: humility, courage, forgiveness, discernment.

GNSG 620- Guided Reflective Journals

To begin addressing the Program Learning Objectives (PLOs) in GNSG 620 communicate your responses to the following prompts as you answer the Inquiring Faithfully and Caring Faithfully PLOs

- 1. Before the end of week 2 of the class answer at least 2 of these questions and be prepared to post your reflections in your portfolio under the Reflections tab for this class.**
 - a. What are some personal perceptions that you have coming into this class?
 - b. What are some of your perceptions or beliefs about how the topic of the class can impact the population you will be serving?
 - c. What are identified problem/community needs that can be impacted with knowledge gained from this class?

- 2. As you go through the semester reflect upon these questions. Document your answers to at least 3 of these in your ePortfolio**
 - a. What have you done this week (any week you choose) to make a difference? What happened?
 - b. What did you observe/feel/think differently related to something in one of the classes?
 - c. How is your experience different from what you expected?
 - d. Identify three strengths you demonstrated in this class/clinical.
 - e. How does an assignment or idea learned in this class help you to better understand the nature of the circumstances facing the population you serve as a nurse?
 - f. How have you been challenged?
 - g. What new questions do you have?
 - h. What have you done differently at your agency since the beginning of this class?
 - i. What did you observe or learn that had an impact upon you
 - j. What did you learn from one assignment that impacted you most?

- 3. By the end of semester post your reflections to the following in your ePortfolio**
 - a. Describe what you have learned about yourself as a result of this class.
 - b. What have you learned about yourself?
 - c. What values, opinions, beliefs have changed?
 - d. What was the most important lesson learned
 - e. What impact did you have on the community?
 - f. Do you have a different picture of your community than you had before you began your project?
 - g. Did you learn a new skill or clarify an interest?
 - h. What learning occurred for you in this experience? How can you apply this learning?
 - i. Complete this sentence: Because of this class, I am....

4. **Address your work on program competences as you finish this class**

Inquiring Faithfully

How have you demonstrated knowledge, skill and behavior of the evidence-based practice of nursing which integrates growth in reasoning, analysis, decision-making and the application of theory with the goal of advocating for others and/or self?

Caring Faithfully

What have you completed, that evidences your willingness to embrace a calling to the ministry of compassionate care for all people in response to God's grace, which aims to foster optimal health and bring comfort in suffering and death?

Communicating Faithfully

- a. What evidence is in this Portfolio that shows your active engagement in the dynamic interactive process that is intrapersonal and interpersonal with the goal of advocating for others and/or self? This can include effective, culturally appropriate communication which conveys information, thoughts, actions and feelings through the use of verbal and nonverbal skills.

Following Faithfully

What artifacts show your integration of the "ordinary work" (e.g. ANA Code of Ethics, the California Board of Registered Nursing, Scope of Nursing Practice, SON Handbook), including taking responsibility, being accountable for all actions and treating others with respect and dignity?

Leading Faithfully

How do you perceive that you have/can incorporate a foundational relationship with Christ and others/ and/or embracing a willingness to serve others in the midst of life circumstances (*e.g., illness, injustice, poverty*)? How have you role-modeled the need for "Sabbath Rest" as a means of personal renewal, and true care of the self, so that service to others is optimally achieved? Give some examples here that incorporate the characteristics of a servant leader including: *humility, courage, forgiveness, discernment.*