

Point Loma Nazarene University
Department of Family and Consumer Sciences
Program Student Learning Outcomes

Nutrition and Health

| Institutional Learning Outcomes | Department Student Learning Outcomes | Program Student Learning Outcomes |
|---|---|--|
| <p>1. Members of the PLNU community will display openness to and mastery of foundational knowledge and perspectives, think critically, analytically, and creatively, and communicate effectively.</p> <p>2. Members of the PLNU community will demonstrate God-inspired development and understanding of self and others; live gracefully within complex professional, environmental and social contexts.</p> | <p>1. Students will demonstrate an understanding of the multiple factors that influence the development and quality of life of individuals, families and communities throughout the lifespan. (Learning)</p> | <p>1. Demonstrate content knowledge of food and nutrition as well as concepts and theories of nutrition across a broad range of populations including: lifecycle stages, food and food systems; development, modification, and evaluation of recipes, menus and food products.</p> |
| <p>1. Members of the PLNU community will display openness to and mastery of foundational knowledge and perspectives, think critically, analytically, and creatively, and communicate effectively.</p> | <p>2. Students will demonstrate their ability to research, interpret information and use critical thinking skills to analyze societal issues, make complex decisions, solve problems and evaluate results. (Learning)</p> | <p>2. Demonstrate basic skills in food preparation, sanitation and safety in working with a variety of food products.</p> |
| <p>1. Members of the PLNU community will display openness to and mastery of foundational knowledge and perspectives, think critically, analytically, and creatively, and communicate effectively.</p> | <p>3. Students will analyze research data or original published works, and use critical thinking skills for evaluating products, research, or theories.</p> | <p>3. Identify and assess scientific literature to evaluate current evidence-based research related to nutrition/health topics.</p> |
| <p>2. Members of the PLNU community will demonstrate God-inspired development and understanding of self and others; live gracefully within complex professional, environmental and social contexts.</p> <p>3. Members of the PLNU community will engage in actions that reflect Christian discipleship in a context of communal service and collective responsibility, serve both locally and globally.</p> | <p>4. Students will examine the value of societal diversity and ethical treatment of others as a result of their Christian faith. (Growing)</p> | <p>4. Evaluate the effects of societal, cultural, ethical and financial dynamics upon diet trends, dietary choices, and food preparation methods among families and societies.</p> |
| <p>2. Members of the PLNU community will demonstrate God-inspired development and understanding of self and others; live gracefully within complex professional, environmental and social contexts.</p> | <p>5. Graduates will contribute to the community as professionals in service agencies, education, business, industry, healthcare, and non-profit organizations. (Serving)</p> | <p>5. Identify career paths and faith integration within nutrition/health professions.</p> |

