

Point Loma Nazarene University
Department of Family and Consumer Sciences
Program Student Learning Outcomes

Nutrition and Health

| Institutional Learning Outcomes | Department Student Learning Outcomes | Program Student Learning Outcomes |
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| <p>1. Members of the PLNU community will display openness to and mastery of foundational knowledge and perspectives, think critically, analytically, and creatively, and communicate effectively.</p> <p>2. Members of the PLNU community will demonstrate God-inspired development and understanding of self and others; live gracefully within complex professional, environmental and social contexts.</p> | <p>1. Students will demonstrate an understanding of the multiple factors that influence the development and quality of life of individuals, families and communities throughout the lifespan. (Learning)</p> | <p>1.1 State the influence of growth and development on nutrient needs during the lifecycle stages of prenatal through elderly.</p> |
| <p>1. Members of the PLNU community will display openness to and mastery of foundational knowledge and perspectives, think critically, analytically, and creatively, and communicate effectively.</p> | <p>2. Students will demonstrate their ability to research, interpret information and use critical thinking skills to analyze societal issues, make complex decisions, solve problems and evaluate results. (Learning)</p> | <p>2.1 Understand techniques of food preparation, food safety and sanitation and menu development acceptable for diverse groups.</p> <p>2.2 Locate, analyze, interpret and evaluate current scientific research related to nutrition topics.</p> |

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| <p>1. Members of the PLNU community will display openness to and mastery of foundational knowledge and perspectives, think critically, analytically, and creatively, and communicate effectively.</p> | <p>3. Students will analyze research data or original published works, and use critical thinking skills for evaluating products, research, or theories.</p> | <p>3.1</p> |
| <p>2. Members of the PLNU community will demonstrate God-inspired development and understanding of self and others; live gracefully within complex professional, environmental and social contexts.</p> <p>3. Members of the PLNU community will engage in actions that reflect Christian discipleship in a context of communal service and collective responsibility, serve both locally and globally.</p> | <p>4. Students will examine the value of societal diversity and ethical treatment of others as a result of their Christian faith. (Growing)</p> | <p>4.1 Examine cultural differences in food choices and ethics when working with peoples of diverse ethnic, religious and financial backgrounds.</p> <p>4.2 Evaluate the effects of society and culture upon diet trends, dietary choices and food preparation methods among families, and societies.</p> |
| <p>2. Members of the PLNU community will demonstrate God-inspired development and understanding of self and others; live gracefully within complex professional, environmental and social contexts.</p> | <p>5. Graduates will contribute to the community as professionals in service agencies, education, business, industry, healthcare, and non-profit organizations. (Serving)</p> | <p>5.1 Students will have opportunities to meet and network with professionals currently working in the nutrition and health fields.</p> |