



**School of Theology and Christian Ministry**  
**CMI 330 PASTORAL CARE & COUNSELING**

**FALL 2014**

<b>Meeting days:</b> Wednesday	<b>Instructor:</b> Dr. Rebecca Laird
<b>Meeting times:</b> 7:45-9:30am	<b>Phone:</b> 619 849 2993
<b>Meeting location:</b> Taylor 313	<b>E-mail:</b> rlaird@pointloma.edu
<b>Additional info:</b>	<b>Office hours:</b> M, 10am-noon, W 10am-noon, 1-3pm
<b>Final Exam:</b> 12/15 Monday 7:45am	<b>Additional info:</b>

**PLNU Mission**  
**To Teach ~ To Shape ~ To Send**

Point Loma Nazarene University exists to provide higher education in a vital Christian community where minds are engaged and challenged, character is modeled and formed, and service becomes an expression of faith. Being of Wesleyan heritage, we aspire to be a learning community where grace is foundational, truth is pursued, and holiness is a way of life.

**COURSE DESCRIPTION**

A study of pastoral care and leadership and their biblical, historical and theological foundations in relation to their contemporary expressions.

**STUDENT LEARNING OUTCOMES**

Students will:

1. Develop a biblical, historical and theological understanding of pastoral care approaches.
2. Identify congregational practices to foster holistic care within the church.
3. Apply short term pastoral counseling skills.
4. Assess when a counseling referral needs to be made.
5. Identify strategies that safeguard personal integrity and personal and spiritual health in the midst of overwhelming needs.

**REQUIRED TEXTS AND RECOMMENDED RESOURCES**

Benner, David G. *Care of Souls: Revisioning Christian Nurture and Counsel*. Grand Rapids: Baker Books, 1998. ISBN 978-0-8010-9063-9 paperback

Nouwen, Henri, Michael Christensen, Rebecca Laird. *Spiritual Direction: Wisdom for the Long Walk of Faith*. San Francisco: Harper One, 2006. ISBN 978-0-06-07573-0 hardcover

Additional Readings found on Canvas.

## ATTENDANCE AND PARTICIPATION

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Regular and punctual attendance at all classes is considered essential to optimum academic achievement. If the student is absent from more than 10 percent of class meetings, the faculty member has the option of filing a written report which may result in de-enrollment. If the absences exceed 20 percent, the student may be de-enrolled without notice. If the date of de-enrollment is past the last date to withdraw from a class, the student will be assigned a grade of W or WF consistent with university policy in the grading section of the catalog. See [Academic Policies](#) in the undergrad student catalog.

**2 absences exceed 10% of the course. Final grades will be reduced by ½ grade point at the 3<sup>rd</sup> absence. Students will be de-enrolled if a 4<sup>th</sup> absence occurs. Two tardies or leaving early will be counted as an absence.**

## INCOMPLETES AND LATE ASSIGNMENTS

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All assignments are to be submitted/turned in by the beginning of the class session when they are due—including assignments posted in Canvas.

## ACADEMIC DISHONESTY

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Students should demonstrate academic honesty by doing original work and by giving appropriate credit to the ideas of others. As stated in the university catalog, “Academic dishonesty is the act of presenting information, ideas, and/or concepts as one’s own when in reality they are the results of another person’s creativity and effort. Such acts include plagiarism, copying of class assignments, and copying or other fraudulent behavior on examinations. A faculty member who believes a situation involving academic dishonesty has been detected may assign a failing grade for a) that particular assignment or examination, and/or b) the course.” See [Academic Policies](#) in the undergrad student catalog.

## ACADEMIC ACCOMMODATIONS

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While all students are expected to meet the minimum academic standards for completion of this course as established by the instructor, students with disabilities may require academic accommodations. At Point Loma Nazarene University, students requesting academic accommodations must file documentation with the [Disability Resource Center](#) (DRC), located in the Bond Academic Center. Once the student files documentation, the Disability Resource Center will contact the student’s instructors and provide written recommendations for reasonable and appropriate accommodations to meet the individual needs of the student. See [Academic Policies](#) in the undergrad student catalog.

## FERPA POLICY

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In compliance with federal law, neither PLNU student ID nor social security number should be used in publically posted grades or returned sets of assignments without student written permission. This class will meet the federal requirements by (each faculty member choose one strategy to use: distributing all grades and papers individually; requesting and filing written student permission; or assigning each student a unique class ID number not identifiable on the alphabetic roster.). Also in compliance with FERPA, you will be the only person given information about your progress in this class unless you have designated others to receive it in the “Information Release” section of the student portal. See [Policy Statements](#) in the undergrad student catalog.

## FINAL EXAMINATION POLICY

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Successful completion of this class requires taking the final examination **on its scheduled day**. The final examination schedule is posted on the [Class Schedules](#) site. No requests for early examinations or alternative days will be approved.

## USE OF TECHNOLOGY

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Point Loma Nazarene University encourages the use of technology for learning, communication, and collaboration. It is the responsibility of the student to check Canvas in advance of each class and submit work as instructed.

## USE OF INCLUSIVE LANGUAGE

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The School of Theology and Christian Ministry is committed to the equality of women and men. Recognizing that people have often used the English language in ways that imply the exclusion or inferiority of women, the SoTCM urges students, faculty and staff to avoid sexist language in public discourse, in classroom discussion, and in their writings.

## ASSESSMENT

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ASSIGNMENT	POINTS	DESCRIPTION
DEVOTIONAL LEADERSHIP	25	Lead opening devotional on key scripture text for the day
D-BOARD POSTS (10)	100	Post by 5pm the day before class informed by class readings and lectures.
SELF-CARE AND RULE OF LIFE	25	See form on Canvas. This will be filled out at beginning of semester and revised at the end.
RETREAT LEADERSHIP	50	Each student will have a leadership role at the Nov 1 Saturday retreat
RETREAT ASSESSMENT	25	See form on Canvas.
JOURNAL ARTICLE SUMMARY AND PRESENTATION	50	Two page summary with bibliography turned in via Canvas. Presentation must include material from articles and internet research posted to class Wiki
CARE GROUP LEADERSHIP FOR CMI STUDENTS (5)	50	Each student will lead a small group of CMI 160 students.

		You will meet or check in with each person 5 times during the semester (retreat counts as 1 time)
PASTORAL PRAYER	25	Write a pastoral prayer according to instructions on Canvas
VERBATIM	25	Write up a verbatim of a conversation with someone on image of God. Instructions on Canvas
MIDTERM EXAM	100	Take home exam
FINAL EXAM	100	Oral exam
<b>TOTAL POSSIBLE</b>	575	

## GRADING

Grading scale: 94-100% A; 90-93, A-; 87-89, B+; 83-86, B; 80-82, B-; 77-79, C+; 73-76, C; 69-72, C-; 66-68, D+; 62-66, D; 58-61, D-; below 57.5% F.

## COURSE SCHEDULE AND ASSIGNMENTS

DATE	IN CLASS	WORK DUE PRIOR TO CLASS
9/3	Course Overview and Introduction: What is Pastoral Care? Biblical Foundations, <u>Ezekiel 34</u> , <u>Ps. 23</u> and <u>John 10</u>	BUY BOOKS <b>PUT SAT OCT 4</b> <b>9am-2pm on your calendars—required class retreat</b>
9/10	Care of the Soul, Historical Understanding and Modern Challenges <u>John 3:16-17; 14:1-2</u>	Read Benner, Chapters 1-3 <b>Post to D-board prior to class</b>
9/17	Psychology and Spirituality: Caring for Mind, Body and Spirit <u>2 Cor. 5:1-5</u> Form CMI 160 groups	Read Benner, Chapters 4-6 <b>Personal Self-Care/Rule of Life DUE</b>
9/24	Giving and Receiving Soul Care Initial Retreat Planning In Class <u>Gal. 5:22-28</u>	Read Benner, Chapters 7-8 <b>Post to D-Board prior to class</b> <b>Meet with your CMI 160 students</b>
10/1	Forms of Christian Soul Care	Read Benner, Chapters 9-11 <b>Post to D-board prior to class</b>

		<b>LEAD THE RETREAT FOR CMI 150 Students</b>
10/8	Library Day	<b>Post to D-board prior to class</b> <b>Meet with your CMI 160 students</b>
10/15	<b>(Midterm to be done out of class time available on Canvas at 5pm )</b>	Attend the Wiley Lectures <b>Post to D-Board prior to class</b> <b>Journal article summaries DUE</b> <b>Retreat Feedback DUE</b>
10/22	Short-term Pastoral Care Processes and the Referral <u>Gal. 6:1-5</u>	<b>Take Home Midterm DUE TO Canvas</b>
10/29	Spiritual Direction: Persistent Questions and Scripture Student Presentation <u>Mt. 3:35-42</u>	Read Nouwen Chapters 1-2, 7 <b>Post to D-Board prior to class</b>
11/5	Identity in Christ Student Presentation <u>Eph. 2: 8-10</u>	Read Nouwen, Chapter 3 <b>Post to D-Board prior to class</b>
11/12	Prayer and Pastoral Care, Visiting the Sick Student Presentation <u>Phil. 1:3-5; Eph. 4:14-20</u>	Read Nouwen Chapters 4-5 <b>Post to D-board prior to class</b> <b>Pastoral Prayer DUE</b> <b>Meet with your CMI 160 students</b>
11/19	Spiritual Direction: Image of God Spiritual Care of Children: Baptism, Formation and Grief Student Presentation <u>Mt. 5:3-5</u>	Read Nouwen, Chapter 6 <b>Post to D-Board prior to class</b>
11/26	Thanksgiving Break NO CLASS	
12/3	The Christian Wedding and Funeral Student Presentation <u>1 Thess. 4:13-18</u>	<b>Meet with your CMI 160 Students</b> <b>Self-Care, Rule of Life Assessment DUE</b>
12/10	The Ethics of Care Student Presentation <u>Rom. 12:1-2</u>	Read material on Canvas <b>Post to D-board prior to class</b>
12/15 FINAL	Exam 7:45am	Oral Final exam

Wiley Lecture Series: Dr. Thomas Thangaraj: Crossing Boundaries as Spiritual Practice

--Lecture #1: "Boundaries and Spirituality" – Mon. Oct. 13, 2014 11:00-11:50am in Crill

\*Brewed Awakening Conversation (sponsored by the Center for Justice and Reconciliation and Center for International Development): Mon. Oct. 13, 2014 3:00-4:30pm Fermanian Business Center

--Lecture #2: "Crossing Cultural Boundaries"—Tues. Oct. 14, 2014 9:30-10:20am in Crill

--Lecture #3: "Crossing Musical Boundaries"—Tues. Oct. 14, 2014 1:30-2:20pm in Crill

--Lecture #4: "Crossing Religious Boundaries"—Wed. Oct. 15, 2014 1:30-2:20pm in Crill