



Fall 2018—Quad II

Meeting days: MW 6-8:30pm	Instructor title and name: Professor Rebecca Laird
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PLNU Mission

To Teach ~ To Shape ~ To Send

Point Loma Nazarene University exists to provide higher education in a vital Christian community where minds are engaged and challenged, character is modeled and formed, and service is an expression of faith. Being of Wesleyan heritage, we strive to be a learning community where grace is foundational, truth is pursued, and holiness is a way of life.

COURSE DESCRIPTION

What is Christian Care? What did the early church mean by the “care of souls”? This course will explore the intersection between discipleship and pastoral care and its relation to and divergence from psychological counseling. Special attention will be given to spiritual direction and lay-led ministries of one’s peers.

COURSE LEARNING OUTCOMES

Student will:

1. Discover a historic understanding of the “care of souls”
2. Examine congregational formation and practices that foster discipleship through pastoral care.
3. Compare the aims of pastoral care and psychological counseling
4. Research a specific topic of interest relating to Christian care of souls and the contemporary church

REQUIRED TEXTS AND RECOMMENDED STUDY RESOURCES

Benner, David G. *Strategic Pastoral Counseling: A Short-Term Structured Model*, 2nd ed. Grand Rapids: Baker Academic, 2003. 978-0-8010-2631-8

Lampe, Karen. *The Caring Congregation*. Nashville: Abingdon, 2011. 978-1-4267-2733-7.

Nouwen, Henri, Michael Christensen and Rebecca Laird. *Spiritual Direction*, San Francisco: *Wisdom for the Long Walk of Faith*. HarperOne, 2006. 978-0-0608-7274-8.

Whipp, Margaret. *SCM Study Guide Pastoral Theology*. London: SCM Press, 2013. 9780334045519

ASSESSMENT AND GRADING

Assignments	Grading Scale
Whipp text written responses (2x) 50 each 100	A=93-100 C=73-76
Wedding/Funeral summary response 50	A-=92-90 C-=70-72
Personal Self-care Inventory and Rule of Life 50	B+=87-89 D+=67-69
Mid-term online exam 100	B=83-86 D=63-66
Spiritual Direction Journals (2x) 50 each 100	B-=80-82 D-=60-62
*In class triad evaluations (2x) 25 each 50	C+=77-79 F=0-59
*In class quizzes (2x) 25 each 50	
Pastoral Counseling Verbatim 100	
Care Concern in-class presentation 100	
One on one consultation with Dr. Laird 50	
Attendance (20 points deducted for each absence beyond 1. After 3 absences you will be de-enrolled.) 50	
Final paper 200	
Total points possible 1000	
*These may not completed after absences unless a provost excused absence.	

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PLNU ACADEMIC HONESTY POLICY

Students should demonstrate academic honesty by doing original work and by giving appropriate credit to the ideas of others. Academic dishonesty is the act of presenting information, ideas, and/or concepts as one’s own when in reality they are the results of another person’s creativity and effort. A faculty member who believes a situation involving academic dishonesty has been detected may assign a failing grade for that assignment or examination, or, depending on the seriousness of the offense, for the course. Faculty should follow and students may appeal using the procedure in the university Catalog. See [Academic Policies](#) for definitions of kinds of academic dishonesty and for further policy information.

PLNU ACADEMIC ACCOMMODATIONS POLICY

If you have a diagnosed disability, please contact PLNU’s Disability Resource Center (DRC) within the first two weeks of class to demonstrate need and to register for accommodation by phone at 619-849-2486 or by e-mail at DRC@pointloma.edu. See [Disability Resource Center](#) for additional information.

INCLUSIVE LANGUAGE POLICY

The School of Theology and Christian Ministry is committed to the equality of women and men. Recognizing that people have often used the English language to imply the exclusion of women, the department urges students, faculty, and staff to avoid sexist language in public discourse, in classroom discussion, and in their writings.

Week	Date and Topic	Pre-reading	Assignments Due before class starts
1	10/17 Wednesday What is Christian Care?	Whipp, Chapter 1 “Soul Care and Spiritual Formation” Barber and Baker, <i>Journal of Spiritual Formation</i> , vol.7, no. 2 Fall 2014. 270-283. Found on Canvas	Sign up for one-on-one with Dr. Laird during the semester
2	10/22 Monday The Call to Be Fully Human	Whipp, Chapters 2-4 “Psychological Implication of the Doctrine of Christian Perfection with Special Reference to John Wesley’s View.” <i>The Journal of Pastoral Care & Counseling</i> , Fall 2006, Vo. 60, No 3, 275-286. Found on Canvas	Turn in written paragraph responses to these questions after reading the assigned material. Integrate what you read in your answers. 1. What does it mean to you to be fully alive and how is the church called to be fully life affirming in our society? 2. What might you

			<p>need to learn or develop to accompany people of various ages and situations in life on their faith journeys?</p> <p>3. In your own experience of the church's pastoral care how has human sexuality been affirmed and blessed and repressed or marginalized? 4. How does the doctrine of Christian perfection intersect with the call to be fully human and whole?</p>
2	<p>10/24 Wednesday</p> <p>Love, Vulnerability and Listening</p>	<p>Whipp Chapter 5 and 8</p> <p>Watch John Vanier interview with Krista Tippett on The Wisdom of Tenderness</p> <p>https://vimeo.com/462130</p>	<p>Write a one-page pastoral story from your life or the life of someone you know that describes the interaction of a person experiencing vulnerability and a faith-based care giver. See p. 76, 84 of Whipp for examples.</p>
3	<p>10/29 Monday</p> <p>Relationships and Rituals</p>	<p>Whipp, Chapter 6-7</p> <p>Read the excerpts from <i>Accompany them with Singing</i> and <i>The Wedding Ceremony</i> on Canvas.</p>	<p>In a two-page paper summarize how the ritual acts in the wedding and funeral liturgies illustrate Ramshaw's five aspects of the role of ritual in a community.</p>
3	<p>10/31 Wednesday</p> <p>Healthy Boundaries and</p>	<p>Whipp Chapter 9-12</p> <p>Excerpt from <i>Is Nothing Sacred</i> by Marie Fortune found on Canvas</p>	<p>Complete the Personal Self Care sheet and Rule of</p>

	Self-Care for the messiness of Ministry		Life exercise found on Canvas.
4	11/5 Monday Lay Ministry Special Guest	Lampe, Introduction, Chps 1-2	On-line midterm exam. You will also submit your topic and paragraph description for your "Special Care Concern" Presentation and Final Paper.
4	11/7 Wednesday Aligning ministries of care and the mission of the local church	Lampe, Chps 3-4 Scan Appendices.	Pick a local church with a good website and write a 2 page summary of the mission of the church and how the ministries of care (list them) are an outgrowth of the mission.
5	11/12 Monday Spiritual Direction Core Practices for Pastoral Care	Nouwen, Intro and Part 1	Journal 1 question from the end of each chapter, page 15, 25,36
5	11/14 Wednesday Pastoral Care or Psychotherapy?	Nouwen, Parts 2-3, Epilogue, Read this blog: https://fulleryouthinstitute.org/blog/distorted-images-of-god	Read the chapters in Nouwen and the assigned blog before journaling the first question (image of God) on page 84, the second (love letter) on page 105.
6	11/19 Monday Strategic Pastoral Counseling	Benner, Chapters 1-4	Prepare for in-class quiz on the role, aims, resources and limits of pastoral counseling
6	11/21 Wednesday	On-line Class—Travel safe for Thanksgiving!	Watch on-line lecture and take the

	Family-based care		on-line quiz on Canvas
7	11/26 Monday Verbatims and Supervision	Benner Chapters 5-6	Verbatims due
7	11/28 Wednesday Special Care Concern Presentations		Work on final paper
8	12/3 Monday Special Care Concern Presentations		Work on final paper
8	12/5 Wednesday Special Care Concern Presentation		Work on final paper
FINALS WEEK	Final Paper Due by midnight on 12/12		Final paper due