OUTCOME	COURSE	ACTIVITY	MEASURE	CRITERIA FOR SUCCESS*	WHEN
PLO1: Apply Evidence-based coaching skills and behavior change strategies to facilitate meaningful lifestyle changes and improved health outcomes.	WEL6067	**Final Practical Skills Assessment:** A final skills assessment designed to evaluate students' ability to apply coaching knowledge, skills, and professional practices in a practical coaching session in alignment with national standards and coaching competencies. Through a practical demonstration, students are assessed on their ability to conduct a structured, client-centered coaching session, applying appropriate coaching skills and behavior change techniques.	WEL 6067 Final Practical Skills Assessment Rubric	80% of students score at or above 90% (144/160 points)	Spring Q2
PLO2: Collaborate with colleagues in a wide variety of settings to provide a whole-person approach to healthcare, health education, and health promotion.	WEL6017	**Group White Paper:** An industry-style report designed to evaluate students' ability to work collaboratively with colleagues to effectively evaluate and synthesize the literature on a given topic and draw evidence-based conclusions about a whole person health-related topic of interest within the field of integrative wellness. Through the development of a white paper, the information is presented in a practical and compelling summary-style report that utilizes graphics and other design elements to effectively communicate science-supported information to the selected target audience, working in partnership with colleagues from across different professions and areas of academic training.	WEL6017 Assignment #2: Advocating for Whole-Person Health Rubric	90% of students score at or above 85% (85/100 points)	Fall Q2

PLO3: Evaluate the influence of social determinants on health, healing, and well-being to inform the design and delivery of lifestyle interventions to prevent and treat chronic diseases.	WEL6027	**Final Project:** A summative project designed to evaluate students' ability to analyze how health is constructed and understood, examining power dynamics and health inequalities through a critical sociological lens. Students develop a research-based paper grounded in a key theoretical concept, academic reading, or course lecture and reflect on how their research informs their future professional practice, career, or engagement with health-related issues.	WEL 6027 Final Project Rubric	90% of students score at or above 90% (27/30 points)	Fall Q2
Comprehensive Program Evaluation	WEL 6098	**End-of-Program Evaluation:** A comprehensive exit survey administered at the completion of the program to assess students' perceptions of their educational experience. The evaluation examines multiple aspects of the program, including the extent to which it fostered meaningful collaboration with colleagues and supported the development of interdisciplinary skills necessary to provide a whole-person approach to healthcare, health education, and health promotion.	WEL 6098 Program Exit Survey	Holistic program feedback (qualitative and quantitative)	Summer Q1