

Sport Science Assessment Plan

Multi-Year Assessment Plan 3-Year Cycle			
Program Learning Outcomes	2026-2027 Courses Assessed	2027-2028 Courses Assessed	2028-2029 Courses Assessed
Demonstrate the ability to speak to diverse audiences on foundational concepts in sport science, fitness assessment, and exercise prescription.	KIN 4095	KIN 4095	KIN4095
Apply evidence-based research and informatics to improve athletic performance, exercise programming, and health outcomes.	KIN 3040L	KIN 3040L	KIN 3040
Assess physical fitness to inform risk management and tailor exercise prescriptions for enhanced performance and improve health outcomes.	KIN 3027	KIN 3027	KIN 3027
Apply physiological and nutritional mechanisms that support health promotion, optimize athletic performance, and enhance physical conditioning.	KIN 3040	KIN 3040	KIN 3040
Demonstrate preparedness to serve others in various healthcare settings through their selected vocation or calling.	KIN 4095	KIN 4095 Alumni Survey	KIN 4095