

Transitions to Democracy: The Czech Experience
POL 1001 and POL 3001



Spring 2026 (with Summer 2026 travel)	Dr. Lindsey Lupo (PLNU in San Diego) and Dr. Lenka Vystrčilová (CEA CAPA in Prague)
On campus course days: Mondays from 7:00-8:15pm	Email: lindseylupo@pointloma.edu and lvystrcilova@ceacapa.com
Travel dates: May 24-June 13, 2026 (Arrive May 25 / Depart June 12)	Course Location: PLNU main campus and CEA CAPA Study Center in Prague

PLNU Mission

Point Loma Nazarene University exists to provide higher education in a vital Christian community where minds are engaged and challenged, character is modeled and formed, and service is an expression of faith.

Department of History and Political Science Mission

As followers of Christ, the Department of History and Political Science promotes wisdom and scholarship about historical contexts and political systems, so that graduates can become local and global leaders in the service of Christ and humanity.

Course Description

This course analyzes the democratization process and explores all its phases, from the initial cracks in the authoritarian regime to consolidation to issues of transitional justice to the potential of move back to authoritarianism. A transition to democracy can be long and full of challenges and may not be a linear process - this course will deconstruct the process and will have us asking questions about favorable conditions for democracy, different paths toward democracy (and potential detours), and the ways in which democracy is never fully consolidated and “safe.” Toward the end of the course, we will study the “fourth wave” of democratization (1989-1991) and the current reverse wave of democratization (2014-present). The setting of Prague, Czech Republic will allow us to study in-depth one of these “fourth wave” democracies. We will explore the inception of Czech democracy, the country’s totalitarian experiences, liberalization,

democratic transition and consolidation as well as its more recent democratic backsliding. The discussion of the Czech case will be rooted in foundational readings on democracy and democratization.

Course Learning Outcomes

Students will...

1. Identify the different stages of democratization and de-democratization (e.g. “liberalization,” “transition,” “consolidation,” and “decline/backsliding”).
2. Compare the current status of democracy in different countries around the world, both historically and currently.
3. Analyze the constitutive and causal factors for democratization and democratic declines in different contexts.
4. Apply empirical observations from their time in the Czech Republic to theories of democratization and democratic breakdown.

Course Readings

1. Agnew, Hugh. 2004. *The Czechs and the Lands of the Bohemian Crown*. Stanford: Hoover Institution Press.
2. Dahl, Robert. 1998. *On Democracy*. New Haven: Yale University Press
3. Sorensen, Georg. 2008 (third edition). *Democracy and Democratization: Processes and Prospects in a Changing World*. Boulder, CO: Westview Press.
4. Various digital articles and chapters on Canvas (full citations appear below).

LomaBooks:

This course is part of our course material delivery program, LomaBooks. The bookstore will provide each student with a convenient package containing all required physical materials; all digitally delivered materials will be integrated into Canvas.

You should have received an email from the bookstore confirming the list of materials that will be provided for each of your courses and asking you to select how you would like to receive any printed components (in-store pick up or home delivery). If you have not done so already, please confirm your fulfillment preference so the bookstore can prepare your materials.

For more information about LomaBooks, please [see here](#).

Course Format:

Spring 2026

- This course will meet on the main PLNU campus on Mondays from 7:00-8:15pm.

Summer 2026

- This course will generally meet Monday-Thursday from 9:30-11:00am between May 27 and June 11. Class days/times/frequency/location will be confirmed as we get closer to the time we are in Prague. “Class time” will be a combination of lecture, discussion, and group work in the CEA CAPA Study Center, and will also include activities and excursions throughout Prague and the surrounding area.

Assessment Requirements and Grading:

Discussion Board Posts –

Each week of the spring semester, you should offer one Discussion Board post answering a prompt that I provide, with each one focusing on the readings and our developing understanding of democracy in the Czech Republic. These prompts and your responses will all be on Canvas.

Short Papers –

You will have two (students enrolled in POL 1001) or three (students enrolled in POL 3001) short papers (2-4 pages, double-spaced) due throughout the course. These papers will answer a question that we will pose based on our recent readings and discussions. We will post this question on Canvas at least five days before they are due (see exact due dates below under “schedule”). For the grading rubric, please see the assignment on Canvas.

Journal Entries –

Each student will be provided with a paper travel journal before we leave for Prague. We encourage you to use this journal to write and/or draw your thoughts and emotions as you embark on this journey. What you put in this journal is private and is for your eyes only (unless you choose to share with others), but there are five journal entries that we will be reviewing. In other words, these five journal entries will be graded but everything else in the journal is private. For these five journal entries, we will be providing a prompt and a grading rubric. You should then respond to the prompt in your journal with a handwritten entry, take a picture of your journaled response, and upload it to Canvas.

Midterm Exam –

The midterm exam will consist of five short answer questions, of which you will answer three. The exam will be handwritten during class time and will be based on the course readings, lectures, discussions, and activities.

Final Exam –

The exam will be in essay format, and it will be cumulative. You will be presented with three essay prompts, of which you will answer two. The exam will be handwritten during class time and will be based on course readings, lectures, discussions, and activities.

Participation –

This assessment will include, but not be limited to, your contributions to whole class and small group discussions, arriving on time and prepared, and generally having an engaging, adaptable, and positive attitude regarding elements of the course, your classmates, and the travel experience.

POL 1001 (Lower Division)	POL 3001 (Upper Division)
Discussion board entries (10 total) – 20 points (2 points each)	Discussion board entries (10 total) – 20 points (2 points each)
Short papers (2 total) – 50 points (25 points each)	Short papers (3 total) – 75 points (25 points each)
Journal Entries (5 total) – 25 points (5 points each)	Journal Entries (5 total) – 25 points (5 points each)
Midterm exam – 60 points	Midterm exam – 60 points

Final exam – 60 points	Final exam – 60 points
Participation – 40 points	Participation – 40 points
TOTAL – 255 points	TOTAL – 315 points

Schedule – Please complete the reading assignment before we meet for that day’s class session.

Highlighting indicates that this is when we did this activity/guest lecture in 2023 – I’m leaving them as-is to serve as placeholders.

Date	Classroom Topics and Excursions	Reading and Assignments
	Part I: Foundations of Democratic Theory	
Monday, January 12th For the exact times that assignments are due throughout the course, please check Canvas.	No in-person class session (Watch short intro video on Canvas)	No reading All students: Discussion board entry #1 (due Tuesday, January 13 th)
Monday, January 19th	No class – Celebrate the legacy of Martin Luther King, Jr.	All students: Read Dahl, chapters 1, 4, and 5 All students: Discussion board entry #2 (due Tuesday, January 20 th)
Monday, January 26th	Democracy: What and Why? Part I (Dr. Lupo)	All students: Read Dahl, chapters 6-8 All students: Discussion board entry #3
Monday, February 2nd	Democracy: What and Why? Part II (Dr. Lupo)	All students: Read Sorensen, chapter 1; Explore the entry for Czechia on the CIA World Factbook website POL 3001 students only: Read the Przeworski article; Read the Slater article All students: Discussion board entry #4
Monday, February 9th	Planning Meeting #1 (Dr. Lupo)	All students: Read Linz and Stepan, chapter 1 and pages 316-333

		All students: Short paper #1 due
Monday, February 16th	Top-Down versus Bottom-Up Transitions (Dr. Lupo)	All students: Read Sorensen, chapter 2; Read the Burns piece POL 3001 students only: Read Linz and Stepan, pages 38-54 All students: Discussion board entry #5
Part II: Transitioning to Democracy		
Monday, February 23rd	Transition of Elites and Institutions (Dr. Lupo)	All students: Read Dahl, pages 119-141 All students: Discussion board entry #6
Monday, March 2nd	Midterm Exam	All students: No reading – just study! All students: Midterm exam in class today
Monday, March 9th	No class – Spring Break!	All students: No reading – rest and relax!
Monday, March 16th	No in-person class session - Planning Meeting #2 (CEA/CAPA Meeting) will occur this week (day/time TBD)	All students: Read the Schedler article; Read the Haggard and Kaufman article All students: Discussion board entry #7
Part III: Consolidating Democracy and Seeking Justice		
Monday, March 23rd	Conceptions of Consolidation; Elections, Constitutions, and Institutions (Dr. Lupo)	All students: Read the McFaul article POL 3001 students only: Read Sorensen, chapter 3 All students: Discussion board entry #8
Monday, March 30th	Justice: Truth Commissions and Reconciliation Part I (Dr. Lupo)	All students: Read Hayner, pages 1-49; Read the Rohac article All students: Discussion board entry #9
Monday, April 6th	No class – Celebrate Easter!	All students: no reading
Monday, April 13th	Justice: Truth Commissions and Reconciliation Part II (Dr. Lupo)	All students: Read Sorensen, chapter 5; Read the Jeffrey article All students: Discussion board entry #10

Monday, April 20th	Planning Meeting #3 (OSA Pre-Departure Meeting)	All students: Read the <i>Economist</i> article; Read the Levitsky and Way article All students: Journal entry #1 due
Monday, April 27th	Democracy in the Czech Republic (and Europe) and America today <i>and</i> Planning Meeting #4 (Dr. Lupo)	All students: Read the Sides piece; Read the Pehe article POL 3001 students only: Read the Shavit and Konrádová chapter; Read one high-quality news article from the last two (2) weeks that in some way touches on democracy in Europe (e.g. politics in a specific European country). Please come ready to discuss this article.
Monday, May 4th	No in-person class session	POL 3001 students only: Short paper #2 due
	Part IV: Our Own Transition (Point Loma → Prague)	
Sometime between April 29- May 23	Keep reading (see next column)! Please also continue to stay up to date on current political events, particularly in the Czech Republic, the U.S., and Europe, by reading high-quality newspapers or listening to podcasts (see Canvas for suggestions).	All students: Read the Bernhard article; Read the Havel piece POL 3001 students: Read the Foa and Mounk article Optional for all: Watch <i>Kolya</i> (Academy Award winner for Best Foreign Language Film)
	Part V: And We're Off!	
<i>Week 1 in Prague</i>		
Sunday, May 24	Depart for Prague, Czech Republic	All students: No reading – explore!
Monday, May 25	Arrive in Prague – Get settled!	All students: No reading – explore!
Tuesday, May 26	CEA CAPA Orientation, Welcome Lunch, and Prague City Tour	All students: No reading – explore!
	Part VI: Democratization in the Czech Republic	
Wednesday, May 27	Classroom Meeting – First Czechoslovak State: Political Agents, Institutions & Principles (Dr. Vystrčilová)	All students: Read Agnew, chapter 11

Thursday, May 28	Classroom Meeting from XXX to XXX – Bohemia under the Habsburgs (Guest lecture with Dr. Gaelle Vassogne)	All students: No reading – explore!
Friday, May 29	Activity from 9:30am-1:00pm – Prague Castle Guided Tour	All students: Journal entry #2 due (Awe Walk #1)
Saturday, May 30	See CEA CAPA list of suggested activities	All students: No reading – explore!
Sunday, May 31	See CEA CAPA list of suggested activities	All students: No reading – explore!
<i>Week 2 in Prague</i>		
Monday, June 1	Excursion from 9:00am-6:00pm – Terezin and Lidice	All students: Read Agnew, chapter 12; Read Keene College piece
Tuesday, June 2	Classroom Meeting – Totalitarian Legacies of Fascism & Communism, Liberalization & Prague Spring (1948-1968) (Dr. Vystrčilová)	All students: Read Agnew, chapter 13
Wednesday, June 3	Classroom Meeting – Fascism, Communism, and Democracy Today (Dr. Lupo) Possible: Jewish Quarter tour	All students: Read the Sumption article; Read the Levitsky, Way, and Zibblatt article; Read the Bustikova & Guasti (2017) article
Thursday, June 4	Classroom Meeting – Dissent, Normalization, Velvet Revolution & Velvet Divorce (Dr. Vystrčilová) Activity from 1:30-3:30pm: Museum of Communism	All students; Read Agnew, chapters 14 and 15 All students: Journal entry #3 due
Friday, June 5	See CEA CAPA list of suggested activities	All students: No reading - explore! (Or catch up on reading 😊)
Saturday, June 6	See CEA CAPA list of suggested activities	All students: No reading – explore! (Or catch up on reading 😊)
Sunday, June 7	See CEA CAPA list of suggested activities	All students: Journal entry #4 due
<i>Week 3 in Prague</i>		
Monday, June 8	From Velvet Revolution to EU Membership (1989-2004) (Dr. Vystrčilová) Classroom Meeting from 1:00-2:30 – Minorities and Minority Protection in the	All students: Read the Schultheis article; Read Agnew, chapter 16 POL 3001 students only: Read the Way and Levitsky article

	Czech Republic (Guest Lecture with Dr. Salim Murad)	
	Part IV: The Current State of Democracy	
Tuesday, June 9	Classroom Meeting – The Global Decline of Democracy? (Part I) (Dr. Vystrčilová and Dr. Lupo)	All students: Read the Bustikova & Guasti (2019) article; Read the Kertesz article; Read the Wehner piece POL 1001 students only: Short paper #2 POL 3001 students only: Short paper #3
Wednesday, June 10	Classroom Meeting – The Global Decline of Democracy? (Part II) (Dr. Vystrčilová and Dr. Lupo) Visit to parliament?	All students: Read the Freedom House 2026 Report; Read the Ekiert article All students: Journal entry #5 due
Thursday, June 11	Classroom Meeting – Final Exam (Dr. Vystrčilová and Dr. Lupo) Farewell Lunch at 1:00pm	All students: No reading – study! 😊
Friday, June 12	Students depart Prague - Na shledanou!	

Full Citations for Assigned Readings

Bernhard, Michael. 2021. “Backsliding in Poland and Hungary.” *Slavic Review* 80(3): 585-607.

Bustikova, Lenka and Petra Guasti. 2017. “The Illiberal Turn of Swerve in Central Europe?” *Politics and Governance* 5(4):166-176.

Bustikova, Lenka and Petra Guasti. 2019. “The State as a Firm: Understanding the Autocratic Roots of Technocratic Populism.” *East European Politics and Societies and Cultures*. 33(2):302-330.

Burns, Tracey A. “Life During the Communist Era in Czechoslovakia.” Private Prague Guide. Available at: <https://www.private-prague-guide.com/article/life-during-the-communist-era-in-czechoslovakia/>

The Economist. 2019. “How Victor Orban Hollowed Out Hungary’s Democracy.” *The Economist*, August 29. Available at <https://www.economist.com/briefing/2019/08/29/how-viktor-orban-hollowed-out-hungarys-democracy>.

Ekiert, Grzegorz. 2023. “Democracy and Authoritarianism in the 21st Century: A Sketch.” Ash Center for Democratic Governance and Innovation. Available at <https://ash.harvard.edu/>.

Foa, Roberto Stefan and Yascha Mounk. 2017. "The Signs of Deconsolidation." *Journal of Democracy* 28(1): 5-15.

Haggard, Stephen and Robert Kaufman. 2021. "Anatomy of Democratic Backsliding." *Journal of Democracy* 32(4): 27-41.

Havel, Václav. 1978. "The Power of the Powerless." Vintage Books, 2018, pp. 176.

Hayner, Priscilla B. 2001. *Unspeakable truths: Confronting state terror and atrocity*. New York: Routledge.

Jeffrey, Reneé. 2021. "Truth Commissions and Democratic Transitions: Neither Truth and Reconciliation nor Democratization in Nepal." *Journal of Human Rights* 20(3): 318-338.

Keene State College. "Characteristics of Fascism."

Kertesz, Joshua. November 8, 2025. "With the Return of Babiš, ANO's Flexible Populism Moves Back to the Forefront of Czech Politics." *The McGill International Review*. Available at: <https://www.mironline.ca/with-the-return-of-babis-anos-flexible-populism-moves-back-to-the-forefront-of-czech-politics/>.

Lazarová, Daniela. February 24, 2022. "Sharp Rise in Pro-Russian Disinformation Campaigns on Czech Social Media." *Radio Prague International*. Available at <https://english.radio.cz/sharp-rise-pro-russian-disinformation-campaigns-czech-social-media-8742912>.

Levitsky, Steven and Lucan Way. January 2020. "The New Competitive Authoritarianism." *Journal of Democracy* 31(1): 51-65.

Levitsky, Steven, Lucan Way, and Daniel Ziblatt. May 8, 2025. "How Will We Know When We Have Lost Our Democracy?" *New York Times*. Available at: <https://www.nytimes.com/2025/05/08/opinion/trump-authoritarianism-democracy.html>.

Linz, Juan and Alfred Stepan. 1996. *Problems of Democratic Transition and Consolidation: Southern Europe, South America, and Post-communist Europe*. Baltimore: The Johns Hopkins University Press.

McFaul, Michael. 2021. "Russia's Road to Autocracy." *Journal of Democracy* 32(4): 11-26.

Pehe, Jiri. 2014. Judging Prague's Democratic Difficulties: The Quality of Czech Democracy. *Index on Censorship*, 43(2), 28-32. <https://doi.org/10.1177/0306422014538156>

Przeworski, Adam. July 2024. "Who Decides What is Democratic?" *Journal of Democracy* 35(3): 5-16.

Rohac, Dalibor. 2021. "Transitions, Populism, and Democratic Decline: Evidence from Hungary and the Czech Republic." *European Politics and Society*. <https://doi.org/10.1080/23745118.2021.1973213>.

Schedler, Andreas. 1998. "What is Democratic Consolidation?" *Journal of Democracy* 9(2): 91-114.

Schultheis, Emily. October 21, 2017. "The Czech Republic's Fake News Problem." *The Atlantic*. Available at <https://www.theatlantic.com/international/archive/2017/10/fake-news-in-the-czech-republic/543591/>.

Shavit, Anna and Marcela Konrádová. 2025. "The Unfortunate Metamorphosis of Andrej Babis" in *Machiavelli, Marketing, and Management*, edited by Phil Harris, Andrew Lock, and Patricia Rees. Routledge: 13-23.

Sides, John. August 29, 2025. "Democracy or Authoritarianism? More and More People are Ambivalent." Good Authority. Available at: <https://goodauthority.org/>.

Slater, Dan. April 2025. "The Authoritarian Origins of the Third Wave." *Journal of Democracy* 36(2): 118-129.

Sumption, Jonathan. June 2, 2025. "Why Cultural Decline in the U.S. is a Threat to Democracy." *New York Times*. Available at: <https://www.nytimes.com/2025/06/02/opinion/united-states-democracy-culture.html>.

Way, Lucan A. and Steven Levitsky. 2007. "Linkage, Leverage, and the Post-Communist Divide." *East European Politics and Societies* 21(1): 48-66.

Wehner, Peter. October 31, 2025. "Trump's Plan is Now Out in the Open." *The Atlantic*. Available at: <https://www.theatlantic.com/politics/archive/2025/10/trump-authoritarianism/684773/>.

Late Assignments:

All assignments are to be submitted when they are due, both in class and on Canvas. Late assignments will have points deducted. If you anticipate needing to turn something in late, please contact me as soon as possible to discuss options.

Artificial Intelligence (AI) Policy:

You are allowed to use Artificial Intelligence (AI) tools (e.g, ChatGPT, iA Writer, Grammarly, Marmot, Botowski) to generate ideas, but you are not allowed to use AI tools to generate content (text, video, audio, images) that will end up in any work submitted to be graded for this course. If you have any doubts about using AI, please gain permission from the instructor.

Trigger Warning (TW):

I acknowledge that each of you comes to PLNU with your own unique life experiences. This contributes to the way you perceive several types of information. In this class, you may encounter topics that you find triggering, including violence and sexual assault. Each time this topic appears in a reading or unit, it is marked on the syllabus with a "TW."

PLNU Copyright Policy:

Point Loma Nazarene University, as a non-profit educational institution, is entitled by law to use materials protected by the US Copyright Act for classroom education. Any use of those materials outside the class may violate the law.

PLNU Academic Honesty Policy:

Students should demonstrate academic honesty by doing original work and by giving appropriate credit to the ideas of others. Academic dishonesty is the act of presenting information, ideas, and/or concepts as one's own when in reality they are the results of another person's creativity and effort. A faculty member who believes a situation involving academic dishonesty has been detected may assign a failing grade for that assignment or examination, or, depending on the seriousness of the offense, for the course. Faculty should follow and students may appeal using the procedure in the university Catalog. See Academic Policies for definitions of kinds of academic dishonesty and for further policy information.

PLNU Academic Accommodations Policy

PLNU is committed to providing equal opportunity for participation in all its programs, services, and activities in accordance with the Americans with Disabilities Act (ADA). Students with disabilities may request course-related accommodations by contacting the Educational Access Center (EAC), located in the Bond Academic Center (EAC@pointloma.edu or 619-849-2533). Once a student's eligibility for an accommodation has been determined, the EAC will work with the student to create an Accommodation Plan (AP) that outlines allowed accommodations. Professors are able to view a student's approved accommodations through Accommodate.

PLNU highly recommends that students speak with their professors during the first two weeks of each semester/term about the implementation of their AP in that particular course. Accommodations are not retroactive so clarifying with the professor at the outset is one of the best ways to promote positive academic outcomes.

Students who need accommodations for a disability should contact the EAC as early as possible (i.e., ideally before the beginning of the semester) to assure appropriate accommodations can be provided. It is the student's responsibility to make the first contact with the EAC. Students cannot assume that because they had accommodations in the past, their eligibility at PLNU is automatic. All determinations at PLNU must go through the EAC process. This is to protect the privacy of students with disabilities who may not want to disclose this information and are not asking for any accommodations.

Language and Belonging

Point Loma Nazarene University faculty are committed to helping create a safe and hospitable learning environment for all students. As Christian scholars we are keenly aware of the power of language and believe in treating others with dignity. As such, it is important that our language be equitable, inclusive, and prejudice free. Inclusive/Bias-free language is the standard outlined by all major academic style guides, including MLA, APA, and Chicago, and it is the expected norm in university-level work. Good writing and speaking do not use unsubstantiated or irrelevant generalizations about personal qualities such as age, disability, economic class, ethnicity, marital status, parentage, political or religious beliefs, race, gender, sex, or sexual orientation. Inclusive language also avoids using stereotypes or terminology that demeans persons or groups based on age, disability, class, ethnicity, gender, race, language, or national origin. Respectful use of language is particularly important when referring to those outside of the religious and lifestyle commitments of those in the PLNU community. By working toward precision and clarity of language, we mark ourselves as serious and respectful scholars, and we model the Christ-like quality of hospitality.

If you (or someone you know) have experienced other forms of discrimination, you can find more information on reporting and resources at www.pointloma.edu/nondiscrimination.

PLNU Attendance and Participation Policy:

Regular and punctual attendance at all class sessions is considered essential to optimum academic achievement. If the student is absent for more than 10 percent of class sessions, the faculty member will issue a written warning of de-enrollment. If the absences exceed 20 percent, the student may be de-enrolled without notice until the university withdrawal date or, after that date, receive the appropriate grade for their work and participation.

Sexual Misconduct and Discrimination:

In support of a safe learning environment, if you (or someone you know) have experienced any form of sexual discrimination or misconduct, including sexual assault, dating or domestic violence, or stalking, know that accommodations and resources are available through the Title IX Office at pointloma.edu/Title-IX. Please be aware that under Title IX of the Education Amendments of 1972, faculty and staff are required to disclose information about such misconduct to the Title IX Office. If you wish to speak to a confidential employee who does not have this reporting responsibility, you can contact Counseling Services at counselingservices@pointloma.edu or find a list of campus pastors at pointloma.edu/title-ix.

Spiritual Care:

Please be aware PLNU strives to be a place where you grow as whole persons. To this end, we provide resources for our students to encounter God and grow in their Christian faith. If students have questions, a desire to meet with the chaplain or have prayer requests you can contact the Office of Student Life and Formation.

Campus Resources:

Research librarians are available to help you in the Ryan Library. You can reach them by phone at (619) 849-2337, by text at (619) 592-8884, or by email at reflib@pointloma.edu. To search the library for books and articles, please click here to visit their main website.

The Wellness Center is available for medical, counseling and nutrition services to students. Many college students experience strained relationships, stress, anxiety, depression, physical health challenges, and other barriers to learning. The Wellness Center offers help and resources to deal with these kinds of issues. The Wellness Center is located on the first floor of Nicholson Commons and is open Monday-Friday, 8 am-12:30 pm and 1:30-4 pm. They can be reached at sdwellnesscenter@pointloma.edu or at (619) 849-2574. In an emergency after hours, call 911 and PLNU Public Safety at (619) 849-2525.

Any student who has difficulty affording groceries or accessing sufficient food to eat every day, or who lacks a safe and stable place to live and believes this may affect their performance in the course is urged to contact *PLNU's Student Care Case Manager*, Rachel Martinez (rmarintine@pointloma.edu). Additionally, if you struggle with food insecurity or unstable housing, please let me know if you are comfortable in doing so. This will enable me to better understand the hardships you are navigating and to help connect you to available resources. Finally, please note that PLNU offers a Swipe Out Hunger program that allows students that are experiencing food insecurity to request free meal swipes (contact Rachel at the email above).

Title IX of the Education Amendments (1972) protects your right to an educational experience that is free from sexual discrimination, sexual harassment, and sexual violence. As an instructor, one of my responsibilities is to help create a safe learning environment on our campus. It is my goal that you feel able to share information related to your life experiences in classroom discussions, in your written work, and in our one-on-one meetings. I will seek to keep any information you share private to the greatest extent possible. You should know that I have a mandatory reporting responsibility under PLNU policy and federal law, and am required to share any information I receive regarding sexual harassment, discrimination, and related conduct with PLNU's Title IX Coordinator.

PLNU strives to provide a learning and living environment that promotes safety, transparency, personal integrity, civility, mutual respect, and freedom from unlawful discrimination or sexual harassment. Detailed information on discrimination, harassment, and sexual assault policies and processes for getting help and for reporting are available on the PLNU website. PLNU's Title IX Coordinator is Danielle Brown Friberg and she can be reached at titleix@pointloma.edu or (619) 849-2313. The Title IX office will seek to maintain your privacy to the greatest extent possible, but cannot guarantee absolute confidentiality. Students can receive confidential support (with the exception of a few critical situations) from the Wellness Center (619-849-2574) or campus pastors in the Office of Student Life and Formation (619-849-2655).

Finally, you may also report an incident(s) of discrimination or bias using the [Bias Incident Reporting Form](#).

PLNU Recording Notification

In order to enhance the learning experience, please be advised that this course may be recorded by the professor for educational purposes, and access to these recordings will be limited to enrolled students and authorized personnel.

Note that all recordings are subject to copyright protection. Any unauthorized distribution or publication of these recordings without written approval from the University (refer to the Dean) is strictly prohibited.

Movies suggestions from the CEA CAPA Prague staff:

- Kolya (1996 Oscars; Best Foreign Film)
- Horici Ker (Burning Bush)
- Pelisky (Cozy Dens)
- Lidice

Additional Suggested Activities:

Historical Sites

- Prague Castle
- Strahov Monastery
- Strahov Library
- Charles Bridge & Town
- Clementinum (baroque library or classical music concerts)
- Old Town Square/Old Town Hall/Astronomical Clock

- Josefov (Jewish Quarter)
- Municipal House
- Wenceslas' Square
- Petřín Tower
- Vyšehrad fortress
- Vítkov hill
- Mala strana (Lennon's wall, Kampa, St. Nicholas Church, etc.)
- Dancing House

Museums, Galleries, Theaters

- National Museum
- National Technical Museum
- National Gallery
- National Theater
- State Opera
- Museum of Communism
- Alfons Mucha Museum
- Franz Kafka Museum
- DOX Centre for Contemporary Art
- Museum Kampa
- David Černý public statues and art work
- Rudolfinum
- Laterna Magika

Talks and Events

- Václav Havel Library (Knihovna Vaclava Havla) – program can be found: <https://www.vaclavhavel.cz/en/>

Parks & Outdoors

- Kampa park
- Petřín park
- Botanical Garden
- Prague Zoo
- Náplavka
- Letná park
- Stromovka park
- St Wenceslas Vineyard
- Wallenstein Garden
- Riegrovy Sady

Cinemas

- Svetozor Cinema
- Bio Oko
- Kino Aero
- Kino Lucerna
- Žluté Lázně – open-air cinema

Farmers' Markets

All Saturdays 8AM - 1PM

- Jiřího z Poděbrad (Prague 2)
- Dejvická/kulařák (Prague 6)
- Náplavka (Prague 1)

Further recommendations and information in English can be found at: www.prague.eu/en