

## PSY 3080.2 Calendar Spring 2024

### Section 1: Why Is the Family Important?

Week	Date	Topic	Reading	Do
1	1/8/24	Benefits of Marriage and Impact of Divorce	Canvas Article 1a: Healthy, Wealthy, and Wed: Amy Braverman Canvas 1b: Does Divorce Make People Happy? Canvas 1c: Just Whom Is This Divorce Good For?	
	1/10/24	Impact Divorce on Parents, Cohabitation	Canvas 1d: Marriage Promotes Flourishing Canvas 1e: Should We Live Together? Popenoe and Whitehead Canvas 1f: Father De Souza Lower Cost Increases Demand Canvas 1g: Dangers of Cohabitation Canvas 1h: How Good for the Children is the “Good Divorce?”	
	1/12/24	Impact Divorce on Parents, Cohabitation	Canvas 1i: How Successful are Marriages of People with Divorced Parents? Canvas 1j: Marriage Project 2011 Canvas 1k: Marry or Cohabit, the Brain Knows the Difference	
2	1/15/24	<b>Holiday Martin Luther King Jr Birthday</b>		
	1/17/24	Theology of Marriage	Optional: The Family: Balswick	
	1/19/24	Theology of Marriage	Optional: Marriage Builder: Crabb	
3	1/22/24			<b>Exam I</b>

### Section 2: Family Therapy Theories

Week	Date	Topic	Reading	Do
3	1/24/24	Foundations Family Therapy: Introduction	Introduction Nichols	
	1/26/24	Bowen Family Systems Theory: Chpt 4	Chpt 4 Nichols	
4	1/29/24	Bowen Family Systems Theory: Chpt 4	Canvas 2a: Genogram Symbols	
	1/31/24	Bowen Family Systems Theory: Chpt 4		
	2/2/24	Structural Family Therapy: Chpt 6	Chpt 6 Nichols Canvas 2b: Structural Chart Symbols	
5	2/5/24	Structural Family Therapy: Chpt 6	Canvas 2c: Adult Children of Alcoholics Optional: Shame, Boundaries, and Dissociation in Chemically Dependent, Abusive, and Incestuous Families	
	2/7/24	Structural Family Therapy: Chpt 6		
	2/9/24			<b>Exam II</b>
6	2/12/24	Experiential Family Therapy: Chpt 7	Chpt 7 Nichols	<b>*Family Genogram Due</b>
	2/14/24	Experiential Family Therapy: Chpt 7	Chpt 7 Nichols	
	2/16/24	Experiential Family Therapy: Chpt 7	Canvas 2d: Hold Me Tight Summary Optional: Hold Me Tight	
7	2/19/24	Strategic Family Therapy: Chpt 5	<ul style="list-style-type: none"> <li>Chpt 5 Nichols (remote)</li> </ul>	
	2/21/24	Strategic Family Therapy: Chpt 5	<ul style="list-style-type: none"> <li>Chpt 5 Nichols (remote)</li> </ul>	
	2/23/24			<b>Exam III (Canvas)</b>

8	2/26/24	Psychoanalytic Family Therapy: Chpt 8	<ul style="list-style-type: none"> <li>Chpt 8 Nichols (remote)</li> </ul> Canvas 2e: Freud Returns, Solms	
8	2/28/24	Psychoanalytic Family Therapy: Chpt 8	<ul style="list-style-type: none"> <li>Chpt 8 Nichols (remote)</li> </ul> Canvas 2e: Freud Returns, Solms	
	3/1/24	Psychoanalytic Family Therapy: Chpt 8	<ul style="list-style-type: none"> <li>Chpt 8 Nichols (remote)</li> </ul> Canvas 2f: What Price, Privilege? (Madeline Levine) Canvas 2fb: Quest for the Mythical Mate	
9	3/4/24 -3/8/24	Spring Break Week: Enjoy!		
10	3/11/24	No Class: office hours		Work on Family Paper and Gottman Journal
	3/13/24	Solution Focused Therapy: Chpt 11	Chpt 11 Nichols Canvas 2ga: It Takes One to Tango	
	3/15/24	Solution Focused Therapy: Chpt 11	Canvas 2gb: Divorce Remedy: Weiner Davis Canvas 2gc: Confessions Unabashed Marriage Saver Canvas 2gd: Bill O'Hanlon	In Class Movie: Getting Unstuck
11	3/18/24			Exam IV
	3/20/24	Cognitive Behavioral Family Therapy: Chpt 9	Chpt 9 Nichols Canvas 2h: Common Cognitive Distortions Canvas 2i: What Shamu taught me about a happy marriage (Amy Sutherland)	
	3/22/24	Cognitive Behavioral Family Therapy: Chpt 9	Optional: Kazdin Parenting the Defiant Child	
12	3/25/24	Cognitive Behavioral Family Therapy: Chpt 9	In Class Movie: Angry Couple	
	3/27/24	Cognitive Behavioral Family Therapy: Chpt 9	Canvas 2j: Damage of Sexual Promiscuity Canvas 2k: Hook up Culture is Bad for Women Canvas 2l: Sex Partners and Marriage Satisfaction	
	3/29/24	Easter Break: No Class		
13	4/1/24	Easter Break: No Class		
	4/3/24	Cognitive Behavioral Family Therapy: Chpt 9	In Class Movie: Love, Sex, Marriage Listen Podcast: Canvas, Sex, Love, and God	
	4/5/24			Exam V
14	4/8/24	Marriage Education	Read Canvas 3a : Ten Findings Choosing Mate Canvas 3b: Finding the Love of Your Life Gottman	*Family Analysis Paper Due
	4/10/24	Marriage Education	Canvas 3c: Smart Enough for Smart Marriage? Canvas 3d: Therapy Hazardous to your Marital Health	

	4/12/24	Marriage Education	Canvas 3e: How to Lower Your Risk of Divorce: Advice to Singles Canvas 3f: Message to Young Women Canvas 3g: Say Yes, What Waiting For? Canvas 3H: It Matters Who You Marry	
15	4/15/24	Mate Selection	Canvas : 3I: Gottman 7 Principles Poster Canvas 3J: Masters of Love Canvas 3K: Mend it don't end it Canvas 3L: Before You I Do (skim) Canvas 3M: Five Rules for Dating	

**Section 3: Community Consultation – Marriage Education**

Week	Date	Topic	Reading	Do
15	4/17/24	Marriage Education	Gottman	In class movie: SofU <b>*Gottman Book Journal Due</b>
	4/19/24	Marriage Education	Gottman	In class movie: SofU
16	4/22/24	Final Review	Canvas: “Anyone She Wishes”	
	4/24/24	No Class: Conference		
	4/26/24	No Class: Conference		Yoyo Dad journal extra credit due
17	5/3/24	Friday 10:30 AM – 1 PM		Final Exam