

Course Syllabus

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 **Edit**

 <p>POINT LOMA NAZARENE UNIVERSITY</p>	<p>College of Extended Learning</p> <p>MA in Clinical Counseling</p> <p>PSY6095: Supervised Practicum I</p> <p>2 Units</p>
<p>Fall 2023</p> <p>8/28/23 - 12/17/23</p>	
<p>Meeting days/times:</p> <p>Fridays, 8:00 a.m. - 10:00 a.m.</p>	<p>Instructor: Dr. Rebecca Kenyon; rkenyon@pointloma.edu _ (mailto:rkenyon@pointloma.edu)_</p>
<p>Meeting location: Mission Valley Campus</p>	<p>Phone: (858) 229-3420</p>

PLNU MISSION

To Teach ~ To Shape ~ To Send

Point Loma Nazarene University exists to provide higher education in a vital Christian community where minds are engaged and challenged, character is modeled and formed, and service becomes an expression of faith. Being of Wesleyan heritage, we aspire to be a learning community where grace is foundational, truth is pursued, and holiness is a way of life.

COURSE DESCRIPTION

Supervised therapy experience in applied psychotherapeutic techniques at an external agency. This course provides support, supervision, and consultation for students' training at their practicum site. A total of 700 hours, 300 of which are face-to-face direct service, must be accrued throughout the practicum course sequence. Students must be training at an approved site to be enrolled in this course. Credit/No Credit. Prerequisite(s): [PSY 6011 \(https://catalog.pointloma.edu/preview_course_nopop.php?catoid=48&coid=38003\)](https://catalog.pointloma.edu/preview_course_nopop.php?catoid=48&coid=38003), [PSY 6021 \(https://catalog.pointloma.edu/preview_course_nopop.php?catoid=48&coid=38004\)](https://catalog.pointloma.edu/preview_course_nopop.php?catoid=48&coid=38004), [PSY 6025 \(https://catalog.pointloma.edu/preview_course_nopop.php?catoid=48&coid=38005\)](https://catalog.pointloma.edu/preview_course_nopop.php?catoid=48&coid=38005), [PSY 6029 \(https://catalog.pointloma.edu/preview_course_nopop.php?catoid=48&coid=38008\)](https://catalog.pointloma.edu/preview_course_nopop.php?catoid=48&coid=38008), [PSY 6045 \(https://catalog.pointloma.edu/preview_course_nopop.php?catoid=48&coid=38008\)](https://catalog.pointloma.edu/preview_course_nopop.php?catoid=48&coid=38008)



[catoid=48&coid=38011](https://catalog.pointloma.edu/preview_course_nopop.php?catoid=48&coid=38011)), [PSY 6094 \(https://catalog.pointloma.edu/preview_course_nopop.php?catoid=48&coid=38142\)](https://catalog.pointloma.edu/preview_course_nopop.php?catoid=48&coid=38142)

GROUND RULES OF THE COURSE

Together we will create a dynamic learning environment where:

1. Learning is challenging but safe
2. Learning is experiential and active
3. Communication is open . . . opposing viewpoints are welcomed
4. All are learners and all are teachers . . . we will learn from each other
5. Mistakes are okay . . . this is a no-guilt, no-blame zone
6. The point is to learn and grow ... grades are a by-product and not the goal
7. Integrity and honesty are expected

Please jot down some of your expectations for this course.

INSTITUTIONAL LEARNING OUTCOMES (ILO)

1. Learning, Informed by our Faith in Christ

Students will acquire knowledge of human cultures and the physical and natural world while developing skills and habits of the mind that foster lifelong learning.

2. Growing, In a Christ-Centered Faith Community

Students will develop a deeper and more informed understanding of others as they negotiate complex professional, environmental and social contexts.

3. Serving, In a Context of Christian Faith

Students will serve locally and/or globally in vocational and social settings.

PROGRAM LEARNING OUTCOMES (PLO)

The educational goals of Point Loma Nazarene University's *Masters of Arts in Clinical Counseling (MACC)* are to develop graduate students and psychotherapists who are:

1. competent clinicians and professionals that practice from a wide-range of clinically valuable and research-based approaches, particularly depending on attachment-based models of human functioning (minds);
2. able to evaluate and apply personal and professional values and ethics to the practice of psychotherapy (character); and,
3. providing services that are respectful of individuals and families as well as the cultural contexts that shape them, particularly focusing on those who are underserved (service).

The program's student learning outcomes (SLOs) are to:

SLO 1: Demonstrate competent application of theoretical models and research based clinical interventions to therapeutic work with individuals, couples, groups and/or families (minds).



SLO 2: Demonstrate competent application of personal and professional values into an ethical practice of psychotherapy (character).

SLO 3: Demonstrate competence in working with clients from diverse backgrounds, particularly in settings where sociocultural factors influence treatment and there is limited access to care (service).

COURSE COMPETENCIES DEMONSTRATED BY STUDENTS:

1. Competently demonstrate basic attending skills. (SLO 1)
2. Describe qualities related to an effective therapeutic relationship. (SLO 1)
3. Write an ethically and legally appropriate *Informed Consent Form*, identifying yourself professionally. (SLO 2)
4. Identify several self of the therapist issues as they emerge in clinical work. (SLO 2)
5. Identify key domains of diversity in the clinical populations where you are serving (e.g. socioeconomic status, race, ethnicity, gender, spirituality, sexual orientation). (SLO 3)

You will be required to maintain a pace of required experience to complete 700 total hours in order to graduate.

COURSE CREDIT HOUR INFORMATION

This course meets PLNU and WASC credit hour policy requirements for contact hours as evidenced by the table below (2 credit units):

Distribution of Course Hours

Assignments	Course Hours
Face-to-face Class Sessions Attendance	30
Participation and Assignments	70
TOTAL HOURS	100

COURSE SCHEDULE AND ASSIGNMENTS

Several of the requirements from this class along with projects in Clinical Practicum 2 and 3 will be integrated into a ***Clinical Portfolio project*** which will be presented at the end of the program.

1. **Attending Skills** -- Students will role-play and receive feedback from group on basic attending skills (Ivey et al).
2. **"Self of the Therapist" Reflection Paper.** Students will write a reflection paper on Self of the Therapist prompts to be submitted via Canvas in Week 12. This paper includes descriptions of self of therapist experiences from early clinical encounters and examples of diversity issues noted from



the practicum experience.

3. **Informed Consent.** Students will bring examples from their internship sites regarding their *Informed Consent Form* paperwork that clients fill out before receiving services. Students will write and develop their own *Informed Consent Form* and discuss it with their group during the last weeks of class, along with a self-evaluation of their attending skills, self of therapist awareness, and examples of diversity issues noted in their internship.

4. **Video and Case Presentations**

Students will be required to show one video recording of a session during the term. The video should include demonstration of the attending skills learned in class. Instructors will pass around a sign up sheet and students will sign up for a day to show their video and talk through the case, typically in the second half of the semester.

5. **Participation**

Class participation is necessary to demonstrate familiarity with the assignments and the ability to transfer theory into practice, especially during your practicum. The following criteria will be used to evaluate participation.

Participation in discussions and Practicum

- Appropriateness of comments
- Comments useful for clarification or meaningful contribution to the class
- Willingness to participate in exercises and simulations
- Sensitivity to participation of others in the class; avoids dominating discussions
- Class participation demonstrates understanding of concepts reviewed

6. **Attendance**

PLNU Attendance and Participation Policy: Regular and punctual attendance at all **synchronous** class sessions is considered essential to optimum academic achievement. If the student is absent for more than 10 percent of class sessions (virtual or face-to-face), the faculty member will issue a written warning of de-enrollment. If the absences exceed 20 percent, the student may be de-enrolled without notice until the university drop date or, after that date, receive the appropriate grade for their work and participation. In some courses, a portion of the credit hour content will be delivered **asynchronously** and attendance will be determined by submitting the assignments by the posted due dates. See Academic Policies in the Graduate and Professional Studies Catalog. If absences exceed these limits but are due to university excused health issues, an exception will be granted.

Asynchronous Attendance/Participation Definition: A day of attendance in asynchronous content is determined as contributing a substantive note, assignment, discussion, or submission by th



posted due date. Failure to meet these standards will result in an absence for that day. Instructors will determine how many asynchronous attendance days are required each week.

7. Training Paperwork

Students will submit training paperwork, including the initial BBS Supervisor Agreement and Student Training Agreement (both at the beginning of the course) and Hours Logs and Supervisor Evaluation of Student (at the conclusion of the course). **All paperwork must be completed and submitted to receive a CR. This is very important!**

REQUIRED TEXTS AND RECOMMENDED RESOURCES

Ivey et al. *Basic attending skills* (5th or 6th edition).

Patterson, Williams, Edwards, Chamow & Grauf-Grounds. (2018). *Essential skills in family therapy*.

ADDITIONAL READINGS

American Psychological Association. (2020). *Publication manual of the American Psychological Association* (7th ed.). American Psychological Association.

APA Papers

All papers written in the Graduate Counseling program should be in APA style. Here are some helpful websites to help you write and format your paper:

- [APA 7th Edition Help File \(https://canvas.pointloma.edu/courses/70838/pages/apa-7th-edition-help-file\)](https://canvas.pointloma.edu/courses/70838/pages/apa-7th-edition-help-file)
- [The OWL at Purdue: APA Style ↗ \(https://owl.english.purdue.edu/owl/section/2/10/\)](https://owl.english.purdue.edu/owl/section/2/10/)

All papers should include the following sections unless indicated otherwise:

1. Title page
2. Abstract
3. Main body with headings
4. Reference page

Please check the *APA Manual* or the websites for further formatting helps.

ASSESSMENT AND GRADING

Grading is on a CR/NC basis. To pass the class, you must attend and participate. Assignments will be evaluated based on competency level and must meet minimum standards to achieve a passing grade (CR). If the submitted assignment is deemed to be below minimum competency level, the student may resubmit the assignment. All assignments must meet minimum standards to receive a CR for the final course grade. You must be engaged, participate in discussion, complete any assigned readings, and be ready to give feedback and support to your classmates.

Grade Breakdown



Assignments	Points
Academic Honesty Statement	5
Introductions Discussion	5
Training Paperwork (5 @10 points each)	50
Attending Skills	20
Self of the Therapist Reflection Paper	40
Informed Consent Paper	15
Attendance and Participation	25
Video	25
Total	185 points

Students must achieve a minimum grade of B- (80% of total points) to pass this class.

NOTE: It is your responsibility to maintain your class schedule. Should the need arise to drop this course (personal emergencies, poor performance, etc.); you have the responsibility to first contact the professor. Then if no accommodations can be made, you are responsible to follow through (provided the drop date meets the stated calendar deadline established by the University).

GUIDELINES FOR TRAINING

Please refer to the PLNU MACC Clinical Training Manual for guidance about specific issues in your external practicum training. This handbook provides information on policies and procedures to address any concerns that may be raised by an instructor or student. It can be accessed in the MACC Practicum Resource Portal.

ACADEMIC ACCOMMODATIONS

PLNU is committed to providing equal opportunity for participation in all its programs, services, and activities. Students with disabilities may request course-related accommodations by contacting the Educational Access Center (EAC), located in the Bond Academic Center (EAC@pointloma.edu (<mailto:EAC@pointloma.edu>) or 619-849-2486). Once a student's eligibility for an accommodation has been determined, the EAC will issue an academic accommodation plan ("AP") to all faculty who teach courses in which the student is enrolled each semester.

PLNU highly recommends that students speak with their professors during the first two weeks of each semester/term about the implementation of their AP in that particular course and/or if they do not wish to utilize some or all of the elements of their AP in that course.

Students who need accommodations for a disability should contact the EAC as early as possible (i.e., ideally before the beginning of the semester) to assure appropriate accommodations can be provided. It is the student's responsibility to make the first contact with the EAC.



USE OF TECHNOLOGY

Point Loma Nazarene University encourages the use of technology for learning, communication, and collaboration. In this course, we will rely on Canvas for accessing course materials, submitting assignments, and collaborating in discussion boards and blogs. We will also use cell phone polling when it enhances our in-class activities. You'll want to make sure you are comfortable with these tools, so take advantage of our computer LabTechs to answer questions and help you with any technology issues. You may also call the Help Desk at x2222.

You are welcome to bring your laptop, iPad, and/or cell phone to class, which we will utilize during many class sessions—but please make sure you use them appropriately and responsibly. ***If a tech tool becomes a distraction or disruption while class is in session, I will simply invite you to no longer bring it to class.***

PLNU ACADEMIC HONESTY POLICY

Students should demonstrate academic honesty by doing original work and by giving appropriate credit to the ideas of others. As stated in the university catalog, "Academic dishonesty is the act of presenting information, ideas, and/or concepts as one's own when in reality they are the results of another person's creativity and effort. Such acts include plagiarism, copying of class assignments, and copying or other fraudulent behavior on examinations. A faculty member who believes a situation involving academic dishonesty has been detected may assign a failing grade for a) that particular assignment or examination, and/or b) the course." See [Academic Policies](http://www.pointloma.edu/experience/academics/catalogs/undergraduate-catalog/point-loma-education/academic-policies) (<http://www.pointloma.edu/experience/academics/catalogs/undergraduate-catalog/point-loma-education/academic-policies>) for full text.

SPIRITUAL CARE

PLNU strives to be a place where you grow as a whole person. To this end we provide resources for our Graduate and Adult Degree Completion students to encounter God and grow in their Christian faith. At the Mission Valley (MV) campus we have an onsite chaplain, Rev. Gordon Wong, who is available during class break times across the week. If you have questions for, desire to meet or share a prayer request with Rev. Wong you can contact him directly at mvchaplain@pointloma.edu (<mailto:mvchaplain@pointloma.edu>) or gordonwong@pointloma.edu (<mailto:gordonwong@pointloma.edu>). Rev. Wong's cell number is 808-429-1129 if you need a more immediate response.

In addition, on the MV campus there is a prayer chapel on the third floor which is open for use as a space set apart for quiet reflection and prayer.

PLNU COPYRIGHT POLICY

Point Loma Nazarene University, as a non-profit educational institution, is entitled by law to use materials protected by the US Copyright Act for classroom education. Any use of those materials by the class may violate the law.



COURSE SCHEDULE

See the [Course Schedule \(https://canvas.pointloma.edu/courses/70838/pages/course-schedule\)](https://canvas.pointloma.edu/courses/70838/pages/course-schedule) page.

ASSIGNMENTS AT A GLANCE

Course Summary:

Date	Details	Due
Tue Aug 29, 2023	 Introductions Discussion (https://canvas.pointloma.edu/courses/70838/assignments/934781)	due by 11:59pm
Sun Sep 3, 2023	 Academic Honesty Verification Statement (https://canvas.pointloma.edu/courses/70838/assignments/934779)	due by 11:59pm
Sat Oct 28, 2023	 Mid-Course Survey (https://canvas.pointloma.edu/courses/70838/assignments/934780)	due by 11:59pm
Sun Nov 19, 2023	 Self of the Therapist Reflection Paper (https://canvas.pointloma.edu/courses/70838/assignments/934790)	due by 11:59pm
Sun Dec 17, 2023	 Attendance and Participation (https://canvas.pointloma.edu/courses/70838/assignments/934782)	due by 11:59pm
	 Attending Skills (https://canvas.pointloma.edu/courses/70838/assignments/934783)	due by 11:59pm
	 BBS Supervisor Agreement (https://canvas.pointloma.edu/courses/70838/assignments/934785)	due by 11:59pm
	 Certificate of Liability Insurance	due by 11:59pm



Date	Details	Due
	(https://canvas.pointloma.edu/courses/70838/assignments/934786) 	
	 End-of-Course Evaluation (https://canvas.pointloma.edu/courses/70838/assignments/934787)	due by 11:59pm 
	 Informed Consent (https://canvas.pointloma.edu/courses/70838/assignments/934788)	due by 11:59pm 
	 Practicum Hour Logs for Term 1 (https://canvas.pointloma.edu/courses/70838/assignments/934789)	due by 11:59pm 
	 Student Training Agreement (https://canvas.pointloma.edu/courses/70838/assignments/934781)	due by 11:59pm 
	 Supervisor Evaluation Form (https://canvas.pointloma.edu/courses/70838/assignments/934782)	due by 11:59pm 
	 Attending Skills Video (https://canvas.pointloma.edu/courses/70838/assignments/934784)	
	 Test Tevera (https://canvas.pointloma.edu/courses/70838/assignments/962528)	

