

# Course Syllabus



## Basic Course Information

	<b>Department of Psychology</b> <b>PSY 4000-1: History and Contemporary Issues in Psychology</b> <b>2 Units</b>
<b>Fall 2023</b> <b>Thursdays 1:30-3:10pm @ Taylor Hall 314</b>	

## Basic Professor Information

<b>Instructor: Rosemond T. Lorona, Ph.D.</b>
<b>Phone: 619.849. 3305</b>
<b>Email (preferred): <a href="mailto:rlorona@pointloma.edu">rlorona@pointloma.edu</a> (<a href="mailto:rlorona@pointloma.edu">mailto:rlorona@pointloma.edu</a>)</b> I welcome your questions and would enjoy hearing from you throughout the semester. I will give prompt email replies as I am able during the work day, but there may be times when I am not available for a quick response, such as weekends and evenings.
<b>Office Hours are times that students can ask the professor questions, get help on assignments, review past work, or seek advice. You can drop by my office without an appointment during these times in Culbertson 214.</b> <b>Mon/Wed/Thurs/Fri 8:30-9:30am</b> <b>Additional office hours available by appointment. Use my calendar to book a time with me:</b> <a href="https://calendar.google.com/calendar/u/0/selfsched?sstoken=UUZENFhVN29pR1BzfGRlZmF1bHR8ZTQ2NWNhMmVlYTkzYzU2NDQyZml1ZTcxN2JhZDAwNTE">https://calendar.google.com/calendar/u/0/selfsched?sstoken=UUZENFhVN29pR1BzfGRlZmF1bHR8ZTQ2NWNhMmVlYTkzYzU2NDQyZml1ZTcxN2JhZDAwNTE</a> ( <a href="https://calendar.google.com/calendar/u/0/selfsched?sstoken=UUZENFhVN29pR1BzfGRlZmF1bHR8ZTQ2NWNhMmVlYTkzYzU2NDQyZml1ZTcxN2JhZDAwNTE">https://calendar.google.com/calendar/u/0/selfsched?sstoken=UUZENFhVN29pR1BzfGRlZmF1bHR8ZTQ2NWNhMmVlYTkzYzU2NDQyZml1ZTcxN2JhZDAwNTE</a> )
TA: Kat Ryan, <a href="mailto:kryan0020@pointloma.edu">kryan0020@pointloma.edu</a> ( <a href="mailto:kryan0020@pointloma.edu">mailto:kryan0020@pointloma.edu</a> ) TA office hours: Thursday 3:30-4:30pm, drop in using <a href="https://meet.google.com/agn-nfdu-rwn">this Google Meet link</a> (no appointment necessary)

## PLNU Mission

### To Teach ~ To Shape ~ To Send

Point Loma Nazarene University exists to provide higher education in a vital Christian community where minds are engaged and challenged, character is modeled and formed, and service is an expression of faith. Being of Wesleyan heritage, we strive to be a learning community where grace is foundational, truth is pursued, and holiness is a way of life.



## COURSE DESCRIPTION

This course is also designed as an introduction to the psychology major and to the different career opportunities available to those who study psychology. Topics of exploration include an overview of the undergraduate psychology major, steps for vocational and career development, career options for psychology majors, and the process of preparing and applying for jobs and/or graduate school following the completion of a bachelor's degree.

Catalog Description: A study of important ideas and debates in the history of psychology as they reappear in contemporary theory and research (e.g., the mind-body problem; nature-nurture). This course also provides a comprehensive review of important theories and findings in psychology in preparation for the GRE Subject Exam. An overview of the graduate school application process is offered.

## COURSE LEARNING OUTCOMES

1. Examine the nature of the undergraduate psychology degree (i.e., its requirements, opportunities, and strategies for success) and apply this information for the purpose of educational planning.
2. Explore the relationship between vocation and spirituality
3. Identify the different concentrations/specialties in the field of psychology
4. Explore various career paths within and related to psychology, including those at the undergraduate and graduate levels, and apply this information for the purpose of career planning.
5. Understand how to prepare and apply for jobs and graduate school following the completion of a bachelor's degree in psychology

## REQUIRED RESOURCES

- **Textbook:** Helms, J. L., & Rogers, D. T. (2022). *Majoring in Psychology: Achieving Your Educational and Career Goals* (3rd edition). Oxford: Wiley-Blackwell Publishers. ISBN: 978-1-119-72382-0
- **Folder/binder:** Any paper or plastic folder for paper handouts/worksheets. Worksheets will be frequently provided in class and should be kept for future reference. Additional copies of in-class worksheets will not be provided.
- **Computer (recommended):** Reading Checks (quizzes), Learning Demonstrations (exams) and Assignments will be submitted through Canvas, so each student will need access to a computer. Students can utilize computers in the library for assignments; paper versions of in-class exams will be provided upon request.

## COURSE ASSIGNMENTS

**Reading Checks (25% of final grade):** Reading Checks (quizzes) are opportunities to demonstrate your understanding of the reading. Each reading check may be attempted up to 3 times and the highest score for each will be kept. These are due before class each week (see Canvas Modules for weekly schedules).

**Assignments (50% of final grade):** You will create full application materials for a psychology-related job and a graduate school program. Detailed directions for each assignment are on Canvas. Assignments are individual work unless otherwise specified.

**Final Learning Demonstration (25%):** The learning demonstration (LD; final exam) will be multiple choice and cumulative. You may be required to interpret and apply information based on assigned readings, lectures, and learning activities. On test day, each student can bring a laptop to take their LD using Canvas (laptop recommended; phone or tablet is NOT recommended) or may request a paper copy. The LD is not open-internet or open-book. However, you may bring one 3"x 5" index card with any notes on it to use. At the beginning of an LD, you can exchange a filled-in index card for extra credit (2% increase on the final exam). In other words, you can either have the extra credit OR use the index card for the LD. If you decide during the LD that you would like to use your index card, you can exchange it back.

The final exam is scheduled for Tuesday, December 12th from 1:30-4pm. Successful completion of this class requires taking the final examination on its scheduled day. If you find yourself scheduled for three (3) or more final examinations on the same day, you are authorized to contact each professor to arrange a different time for one of those exams. However, unless you have three (3) or more exams on the same day, no requests for alternative final examinations will be granted.

## GRADING

Student grades will be posted in the Canvas grade book. It is important to read the comments posted in the grade book as these comments are intended to help students improve their work. Final grades will be posted within one week of the end of the class. Grades will be weighted as listed above and determined based on the following:

A	=	93-100%
A-	=	90-92.9%
B+	=	87-89.9%
B	=	83-86.9%
B-	=	80-82.9%
C+	=	77-79.9%
C	=	73-76.9%
C-	=	70-72.9%
D+	=	67-69.9%
D	=	63-66.9%
D-	=	60-62.9%
F	=	59.9% or less

## Course Policies and Expectations

### General

- Any changes to the syllabus (including course expectations and assignments) are possible. Changes will be announced in class and/or as a Canvas announcement. Students are responsible for actively monitoring Canvas updates.
- Students are responsible for all content/material that is found within the Canvas course.
- Students should complete the assigned reading or assigned activities prior to class. Such practices will enable you fully participate in class activities.

### Attendance

- Regular and punctual attendance at all class sessions is considered essential to optimum academic achievement. Attendance will be taken during class. Students who are 15+ minutes late or who leave 15+ minutes early may be counted absent. If the student is absent for more than 10 percent of class sessions, the faculty member will issue a written warning of de-enrollment. If the absences exceed 20 percent, the student may be de-enrolled without notice until the university withdrawal date or, after that date, receive an "F" grade. See Academic Policies in the Undergraduate Academic Catalog. If absences exceed these limits but are due to university-excused health issues, an exception will be granted.
- Out of respect and care for one another, please do not attend class if you are feeling ill in any way. You **do not** need to obtain a doctor's note or email the professor. You will not miss points for being absent (just follow overall attendance policy above).
- **What if a student misses class for any reason?**
  - If you miss class, you are responsible for obtaining [from a classmate] lecture material, class exercises, and all in-class announcements AND submit any assignments on time, if applicable. Students may then see me during office hours to clarify any material as desired.
  - I do not send notes to students who are absent, Zoom students into class, nor record in-person lectures to post online.
- **What if a student misses the final learning demonstration (final exam)?**
  - A make-up option is not available for the final exam. The final exam is a requirement for this course. Missing the final exam will result in the student earning an F grade. A grade of "Incomplete" will only be offered in extremely rare and unusual circumstances and with the approval of the Vice Provost of Academic Administration.
  - Students who arrive late to the final exam will not be admitted once one or more students have already completed their final exam and left the room. Some students finish their tests very quickly, so even being 15 minutes late may prevent you from being able to take the final exam. Make every effort to arrive on time. Students who begin their exams late will not be offered additional time to complete the exam.

### Submitting Assignments and Late Work

- All due dates are posted in advance on Canvas. You may submit assignments early.
- Work submitted on Canvas must be in .doc, .docx, or .pdf file types only. The student is responsible for making sure Canvas files work and go through Turnitin. Files that do not open, are in the wrong file type, and/or can't go through Turnitin will be considered late until the problem is rectified.
- **What if a student needs to turn in an assignment or reading check late? What if a file didn't upload correctly on Canvas and now it's late? What if there was a personal emergency and more time is needed?**
  - Late work is accepted for 10 days, including weekend days, after the original due date. Canvas will automatically deduct 10% from the grade for each late day. For example, an assignment submitted 3 days late can earn up to 70% of the available points. End-of-semester assignments may not be submitted late after the last day of regular class (to accommodate faculty grading deadlines). In other words, no coursework will be accepted after Friday, December 8th, 2023. Work submitted late may also be graded later.
  - **Freebee** – students can exchange one no-questions-asked freebee to turn in one late assignment or reading check up to 10 days after initial deadline *at no deduction*. The freebee does **not** apply to the final learning demonstration. The freebee does not allow students to submit end-of-semester assignments after the last day of regular class. No coursework, including freebee work, will be accepted after Friday, December 8th, 2023.
    - To use your freebee, submit your late work on Canvas and include a Canvas submission comment saying that you are using the freebee (do not email the professor). The freebee must be used at the time of submitting the work, not retroactively.

## COURSE CREDIT HOUR INFORMATION

In the interest of providing sufficient time to accomplish the stated Course Learning Outcomes, this class meets the PLNU credit hour policy for a 2 unit class delivered over 15 weeks. It is anticipated that students will spend a minimum of 37.5 participation hours per credit hour on their coursework. For this course, students will spend an estimated 75 total hours meeting the course learning outcomes. Dedicating adequate time to your learning will help you succeed and is especially important if you want an A in the course because deep learning takes time! Specific details about how the class meets the credit hour requirement can be provided upon request.

## PLNU COPYRIGHT POLICY

Point Loma Nazarene University, as a non-profit educational institution, is entitled by law to use materials protected by the US Copyright Act for classroom education. Any use of those materials outside the class may violate the law.

## STATE AUTHORIZATION

State authorization is a formal determination by a state that Point Loma Nazarene University is approved to conduct activities regulated by that state. In certain states outside California, Point Loma Nazarene University is not authorized to enroll online (distance education) students. If a student moves to another state after admission to the program and/or enrollment in an online course, continuation within the program and/or course will depend on whether Point Loma Nazarene University is authorized to offer distance education courses in that state. It is the student's responsibility to notify the institution of any change in his or her physical location. Refer to the map on [State Authorization \(https://www.pointloma.edu/offices/office-educational-effectiveness/disclosures\)](https://www.pointloma.edu/offices/office-educational-effectiveness/disclosures) to view which states allow online (distance education) outside of California.

## PLNU ACADEMIC HONESTY POLICY

Students should demonstrate academic honesty by doing original work and by giving appropriate credit to the ideas of others. Academic dishonesty is the act of presenting information, ideas, and/or concepts as one's own when in reality they are the results of another person's creativity and effort. A faculty member who believes a situation involving academic dishonesty has been detected may assign a failing grade for that assignment or examination, or, depending on the seriousness of the offense, for the course. Faculty should follow and students may appeal using the procedure in the university Catalog. See Academic Policies (<https://catalog.pointloma.edu/index.php>) for definitions of kinds of academic dishonesty and for further information.

Use of Artificial Intelligence (AI) tools (e.g. ChatGPT, iA Writer, Marmot, Botowski) is not permitted, and use of these tools will be treated as plagiarism.

## PLNU ACADEMIC ACCOMMODATIONS POLICY

PLNU is committed to providing equal opportunity for participation in all its programs, services, and activities. Students with disabilities may request course-related accommodations by contacting the Educational Access Center (EAC), located in the Bond Academic Center ([EAC@pointloma.edu](mailto:EAC@pointloma.edu) or 619-849-2486). Once a student's eligibility for an accommodation has been determined, the EAC will issue an academic accommodation plan ("AP") to all faculty who teach courses in which the student is enrolled each semester. PLNU highly recommends that students speak with their professors during the first two weeks of each semester/term about the implementation of their AP in that particular course and/or if they do not wish to utilize some or all of the elements of their AP in that course. Students who need accommodations for a disability should contact the EAC as early as possible (i.e., ideally before the beginning of the semester) to assure appropriate accommodations can be provided. It is the student's responsibility to make the first contact with the EAC.

## SPIRITUAL CARE

Please be aware PLNU strives to be a place where you grow as whole persons. To this end, we provide resources for our students to encounter God and grow in their Christian faith. If students have questions, a desire to meet with the chaplain or have prayer requests you can contact the [Office of Spiritual Development \(https://www.pointloma.edu/offices/spiritual-development\)](https://www.pointloma.edu/offices/spiritual-development)

## USE OF TECHNOLOGY

In order to be successful in the online environment, you'll need to meet the minimum technology and system requirements; please refer to the [Technology and System Requirements \(https://help.pointloma.edu/TDCClient/1808/Portal/KB/ArticleDet?ID=108349\)](https://help.pointloma.edu/TDCClient/1808/Portal/KB/ArticleDet?ID=108349) information. Additionally, students are required to have headphone speakers compatible with their computer available to use. If a student is in need of technological resources please contact [student-tech-request@pointloma.edu](mailto:student-tech-request@pointloma.edu) (<mailto:student-tech-request@pointloma.edu>). Problems with technology do not relieve you of the responsibility of turning in assignments or completing your class work.

## TITLE IX OFFICE

If you or someone you know would like help related to an experience of sexual violence including sexual assault, harassment, domestic violence, dating violence, stalking, or other type of non-consensual sexual conduct, please contact the Title IX Coordinator at PLNU, Danielle Brown Friberg (619-849-2313). Reporting is also available on the Title IX website. The Title IX office understands the sensitive nature of these situations and can provide information about available on- and off-campus resources. Staff members at the office will also explain your rights and the judicial process options, if you choose to file a complaint. If you or someone you know feels unsafe or may be in imminent danger, please call the PLNU Department of Public Safety (619-849-2525) or local police department (9-1-1) immediately.

## STUDENT SUCCESS & WELLNESS

If you or someone you know would like assistance related to a physical or mental health problem, (e.g., depression, anxiety, difficulty focusing on school or managing daily needs, grief, trauma resolution, sleep or eating changes, etc.), and/or would like academic assistance, please contact the appropriate office using the following information.

- Counseling Services (619) 849-3020; [counselingservices@pointloma.edu](mailto:counselingservices@pointloma.edu) (<mailto:counselingservices@pointloma.edu>)
- Educational Access Center 619-849-2533; [eac@pointloma.edu](mailto:eac@pointloma.edu) (<mailto:eac@pointloma.edu>)
- Medical Services 619-849-2280; [sdwellnesscenter@pointloma.edu](mailto:sdwellnesscenter@pointloma.edu) (<mailto:sdwellnesscenter@pointloma.edu>)
- Tutorial Services 619-849-2953; [tutorialservices@pointloma.edu](mailto:tutorialservices@pointloma.edu) (<mailto:tutorialservices@pointloma.edu>)



## ASSIGNMENTS AT-A-GLANCE

Please see the weekly Modules for assignments due each week. Assignments and due dates will always be posted and available in advance.

Course Schedule

Week	Content & Textbook Readings (read prior to class)	Assignments and Learning Demonstrations
Week 1: August 28 - September 1	Why Psychology?; Ch. 1	Quiz: Chapter 1 Reading Check
Week 2: September 2 - 8	Succeeding in the Psychology Major; Ch. 3	Quiz: Chapter 3 Reading Check
Week 3: September 9 - 15	Assessing and Developing Career Goals; Ch. 4	Quiz: Chapter 4 Reading Check
Week 4: September 16 - 22	Using Your Bachelors Degree; Ch. 5	Quiz: Chapter 5 Reading Check
Week 5: September 23 - 29	Is Graduate School the Right Route?; Ch. 6	Assignment: Job Application Package Quiz: Chapter 6 Reading Check
Week 6: September 30 - October 6	Applying to Graduate School; Ch. 7	Quiz: Chapter 7 Reading Check
Week 7: October 7 - 13	Subfields: Research; Ch. 8	Quiz: Chapter 8 Reading Check

Week 8: October 14 - 20 No Thursday Class (Fall Break)	Graduate Student Panel Department Advising	
Week 9: October 21 - 27	Subfields: I-O; Ch. 9	Quiz: Chapter 9 Reading Check
Week 10: October 28 - November 3	Subfields: Clinical and Counseling; Ch. 10	Quiz: Chapter 10 Reading Check
Week 11: November 4 - 10	Subfields: School and Education; Ch. 11	Quiz: Chapter 11 Reading Check
Week 12: November 11 - 17	Subfields: Forensics; Ch. 15	Quiz: Chapter 15 Reading Check
Week 13: November 18 - 24 No Thursday Class (Thanksgiving)		
Week 14: November 4 - December 1	Subfields: Sport, Exercise, Health; Ch. 12 & 13	Quiz: Chapter 12-13 Reading Check
Week 15: December 2 - 8	Wrap Up	Assignment: Graduate School Application Package
<b>Final Exam Time : Tuesday, December 12 @1:30-4pm</b>		Final Learning Demonstration

