

Spring 2023

Meeting days: Tuesdays	Instructor title and name: Heidi Lynch, PhD, RDN
Meeting times: 4:30-5:30 pm	Office phone: 619-849-3306
Meeting location: Balboa campus room 156	E-mail: hlynch@pointloma.edu
Final Exam: submitted online	Office location and hours: by appointment over Zoom or phone

PLNU Mission

To Teach ~ To Shape ~ To Send

Point Loma Nazarene University exists to provide higher education in a vital Christian community where minds are engaged and challenged, character is modeled and formed, and service becomes an expression of faith. Being of Wesleyan heritage, we aspire to be a learning community where grace is foundational, truth is pursued, and holiness is a way of life.

COURSE DESCRIPTION

This course provides advanced study in the essential research of a specific discipline in Kinesiology. Fundamental skills in reading and evaluating research will be acquired, including examining research paradigms, critically appraising study design and findings, and determining the practical relevance of the results.

COURSE LEARNING OUTCOMES

1. You will present and evaluate various research publications in a specific discipline in kinesiology and/or nutrition as it relates to health sciences.
2. You will expand and refine your paper for your culminating project (ex: thesis, capstone) or topic of interest (if you are doing comp exams), particularly the literature review.

TENTATIVE COURSE SCHEDULE AND ASSIGNMENTS

	DATE	CLASS CONTENT OR ASSIGNMENT	ASSIGNMENT/READING DUE
Week 1	1/10 In person	Course overview, first “journal club”	Read article on Canvas before class
Week 2	1/17 NOT in person	Meta-analysis about your project topic	Upload selected article and assignment to Canvas by 11:59 pm
Week 3	1/24 In person	Anita & Zoe lead journal club (each leads separately for one article)	Read articles on Canvas before class
Week 4	1/31 NOT in person	“Classic” article foundational to your project topic	Upload selected article and assignment to Canvas by 11:59 pm
Week 5	2/7 In person	Corey & Alli lead journal club	Read articles on Canvas before class
Week 6	2/14 NOT in person	Recent innovative article relevant to your project topic	Upload selected article and assignment to Canvas by 11:59 pm
Week 7	2/21 In person	Michael, Maddie, & Jason lead journal club	Read articles on Canvas before class
Week 8	2/28 NOT in person	Expanded literature review	Your revised and expanded literature is due by 11:59 pm on SUNDAY, MARCH 5TH (last day of the quad)

REQUIRED READINGS AND RECOMMENDED STUDY RESOURCES

1. Peer-reviewed journal articles posted on Canvas
2. Other material posted on Canvas

ASSESSMENT AND GRADING

<ul style="list-style-type: none"> • Article presentation 50 points • Participation in journal discussions (4 weeks @ 10 points each = 40 points) • Journal article summary and critique (3@50 points each= 150 points) • Literature review 100 points • Total points: 340 points 	Grade scale: A=93-100 A-=92-90 B+=87-89 B=83-86 B-=80-82 C+=77-79 C=73-76 C-=70-72 D+=67-69 D=63-66 D-=60-62 F=0-59
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Detailed instructions and rubrics for each assignment are posted on Canvas under the module “Assignments”.

INCOMPLETES AND LATE ASSIGNMENTS

All assignments are to be submitted/turned in by the beginning of the class session or on Canvas by when they are due. Incompletes will only be assigned under extremely unusual circumstances. Late assignments will incur a 50% deduction.

FINAL EXAMINATION POLICY

Successful completion of this class requires taking the final examination **on its scheduled day**. No requests for early examinations or alternative days will be approved. In lieu of a traditional final examination, you will be submitting an expanded and revised literature review on the day of the scheduled final exam.

SPIRITUAL CARE

PLNU Liberty Station Campus:

PLNU strives to be a place where you grow as whole persons. To this end we provide resources for our graduate students to encounter God and grow in their Christian faith. At the Liberty Station campus we have an onsite chaplain, Rev. Wil Ryland who is available during class break times across the week. If you have questions, desire to meet with Rev Ryland or prayer requests you can contact him directly at gradchaplainlibertystation@pointloma.edu. In addition there are resources for your Christian faith journey available at <http://www.pointloma.edu/experience/faith/graduate-student-spiritual-life>.

PLNU COPYRIGHT POLICY

Point Loma Nazarene University, as a non-profit educational institution, is entitled by law to use materials protected by the US Copyright Act for classroom education. Any use of those materials outside the class may violate the law.

PLNU ACADEMIC HONESTY POLICY

Students should demonstrate academic honesty by doing original work and by giving appropriate credit to the ideas of others. Academic dishonesty is the act of presenting information, ideas, and/or concepts as one's own when in reality they are the results of another person's creativity and effort. A faculty member who believes a situation involving academic dishonesty has been detected may assign a failing grade for that assignment or examination, or, depending on the seriousness of the offense, for the course. Faculty should follow and students may appeal using the procedure in the university Catalog. See Academic Policies in the Graduate and Professional Studies Catalog for definitions of kinds of academic dishonesty and for further policy information.

PLNU ACADEMIC ACCOMMODATIONS POLICY

If you have a diagnosed disability, please contact Jean Moncada in the Center for Student Success (CSS) within the first two weeks of class to demonstrate need and to register for accommodation by phone at (619) 563-2849 or by e-mail at jmoncada@pointloma.edu. Ask your academic advisor or program director for any additional accommodation information.

PLNU ATTENDANCE AND PARTICIPATION POLICY

Students taking hybrid/blended courses are expected to attend each week of the course. Attendance is defined as participating in an academic activity within the online classroom which includes posting in a graded activity in the course and attending face-to-face class meetings. (Note: Logging into the course does not qualify as participation and will not be counted as meeting the attendance requirement.)

See Academic Policies in the Graduate and Professional Studies Catalog for additional detail.

ACADEMIC STANDING

Graduate students at Point Loma must obtain a 3.0 GPA to remain in good standing in the MS Kinesiology program:

http://catalog.pointloma.edu/content.php?catoid=20&navoid=1403#Academic_Standing.

Additionally, all graduate students need to earn a C or higher in all graduate courses according to the catalog grading policy:

Grading System

Traditional letter grades (A, B, C, D, F) including plus and minus grades are used to indicate the level of scholarship earned for each course. Except for the correction of an error, all traditional letter grades are final at the conclusion of the academic term. Once the degree has been posted on the student's official transcript, no change of grade action is allowed for courses leading to the degree. The grade of C is the lowest grade acceptable for graduate credit.