



COLLEGE OF HEALTH SCIENCES

ATR6090 - Clinical Internship I

Course Information

Tuesday

9:30am - 11:20am

Balboa Regional Center, Room TBD

Fall 2021

INSTRUCTOR INFORMATION



Instructor: Ryan Nokes, PhD, ATC, CNC

Email: rnokes@pointloma.edu

Office Hours: By appointment only.



Instructor: Nicole Cosby, PhD, ATC

Email: ncosby@pointloma.edu

Office Hours: By appointment only.

PLNU MISSION

To Teach ~ To Shape ~ To Send

Point Loma Nazarene University exists to provide higher education in a vital Christian community where minds are engaged and challenged, character is modeled and formed, and service is an expression of faith. Being of Wesleyan heritage, we strive to be a learning community where grace is foundational, truth is pursued, and holiness is a way of life.

COURSE DESCRIPTION

This is the first of five sequential clinical education courses. The aim of this course is to equip students who are pursuing a career in Athletic Training with the basic knowledge and skills required to begin the work of caring for the physical and mental needs of the physically-active. In the process, you will develop an emerging mastery of the Educational Competencies of the NATA's Educational Council. In addition, there will be instruction and supervision in the clinical aspects of Athletic Training by a

Certified Athletic Trainer/Clinical Preceptor in an off-campus setting. This course places an emphasis on emergency response.

PROGRAM LEARNING OUTCOMES

The Point Loma Nazarene University MS-AT graduate will be able to:

1. Demonstrate competency in interpreting evidence-based research and improving clinical standards and practice through clinical question development and research methodology.
2. Develop expertise in the athletic training domains through an integrative experiential clinical model.
3. Demonstrate the appropriate knowledge and educational foundation required for an entry-level Certified Athletic Trainer.
4. Establish and understand the importance of inter-professional relationships, while collaborating with other health care professionals to become effective communicators.
5. Demonstrate preparation, knowledge and skill in the delivery of comprehensive healthcare to a diverse set of patients with musculoskeletal injuries and conditions and illnesses in a distinctly moral and ethical manner, integrating Christian faith with clinical practice.

COURSE LEARNING OUTCOMES

The following learning outcomes will be achieved by students in this course:

1. Design and implement an emergency action plan during life-threatening or catastrophic injury situations.
2. Demonstrate the appropriate use of aseptic or sterile techniques, approved sanitation methods, and universal precautions for the cleansing and dressing of wounds.
3. Design and implement the recommended or required components of a pre-participation examination designed to assess for disqualifying conditions.
4. Uphold accepted guidelines, recommendations, and policy and position statements of applicable governing agencies related to activity during extreme weather conditions and environmental conditions.
5. Implement principles and concepts related to prophylactic taping, wrapping and bracing.
6. Apply the basic principles associated with the use of protective equipment in contact sport athletes.

REQUIRED TEXTS AND RECOMMENDED STUDY RESOURCES

This course, being a hands-on experience, will demand that the student use a wide base of resources for gathering needed information. The student should possess in their personal library such textbooks that will assist them in completing the courses objectives.

COURSE CREDIT HOUR INFORMATION

In the interest of providing sufficient time to accomplish the stated Course Learning Outcomes, this class meets the PLNU credit hour policy for a 3-unit clinical course delivered over 15 weeks. Specific details about how the class meets the credit hour requirement can be provided upon request.

CLINICAL COURSE CREDIT HOUR POLICY

Each clinical course within the athletic training program is worth 3 units of credit. See below for course credit hour and clinical hour expectations:

- 1 course credit hour = 75 - 149 hours of clinical experience
- 2 course credit hours = 150 - 224 hours of clinical experience
- 3 course credit hours = 225 - 299 hours of clinical experience
- 4 course credit hours = 300 - 375 hours of clinical experience

Each clinical course syllabi have specific clinical hour policies and expectations regarding the completion of these clinical hours. Please see course syllabus for more information. See clinical education progression for more details on clinical education hour requirements.

CLINICAL ROTATION REQUIREMENTS

Students will participate in a 16-week hands-on learning experience at various high schools, colleges, universities, and medical facilities throughout San Diego County under the supervision of a certified athletic trainer, physician, chiropractor, and/or physical therapist. Clinical hours will include covering clinic days, practice days, game days, and/or any other experiences that clinical preceptors deem beneficial to student learning. Students should expect to be scheduled at their clinical site 5-6 days per week. Students must have at least one day off in a seven day period and cannot be scheduled for more than 8 hours in a single day.

A total of 225-299 clinical hours for the entire semester is required of the athletic training student.

Transportation to the clinical site is the responsibility of the individual student as stipulate in the **university catalog** and the **MS-AT student handbook**. Consider organizing car pools. Transportation problems will not be seen as a reason for excused absences from clinical rotations.

All students are required to attend all assigned days. If a student misses a day, the student is required to make up those missed hours. Students are allowed a total of three miss/switch days a semester.

All students are required to follow the dress code established by the **MS-AT student handbook** and requirements set during the MS-AT clinical orientation at the beginning of the semester.

Clinical Hour Grading – 200 points

Clinical Hours	Points
225-249 hours	160
250-274	180
274-299	200

ASSESSMENT AND GRADING

Grade Scale (Percentage)

A	B	C	D	F
A 93-100	B+ 87-89	C+ 77-79	D+ 67-69	F ≤ 59
A- 90-92	B 83-86	C 73-76	D 63-66	
	B- 80-82	C- 70-72	D- 60-62	

Students must complete the required program hours in the major (program) from Point Loma Nazarene University with a minimum grade of “C” in each course and an overall 2.00 grade point average.

Grading System

Traditional letter grades (A, B, C, D, F) including plus and minus grades are used to indicate the level of scholarship earned for each course. Except for the correction of an error, all traditional letter grades are final at the conclusion of the academic term. Once the degree has been posted on the student’s official

transcript, no change of grade action is allowed for courses leading to the degree. The grade of C is the lowest grade acceptable for graduate credit.

SPIRITUAL CARE

PLNU strives to be a place where you grow as a whole person. To this end we provide resources for our Graduate students to encounter God and grow in their Christian faith. We have an onsite chaplain, Rev. Gordon Wong, at the Mission Valley (MV) campus to service Graduate students at the Mission Valley and Balboa Campuses. Rev. Gordon Wong is available during class break times across the week. If you have questions for, desire to meet or share a prayer request with Rev. Wong you can contact him directly at mvchaplain@pointloma.edu or gordonwong@pointloma.edu. Rev. Wong's cell number is 808-429-1129 if you need a more immediate response.

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ACADEMIC HONESTY

Students should demonstrate academic honesty by doing original work and by giving appropriate credit to the ideas of others. Academic dishonesty is the act of presenting information, ideas, and/or concepts as one's own when in reality they are the results of another person's creativity and effort. A faculty member who believes a situation involving academic dishonesty has been detected may assign a failing grade for that assignment or examination, or, depending on the seriousness of the offense, for the course. Faculty should follow and students may appeal using the procedure in the university Catalog. See the **Academic Honesty Policy** in the Graduate and Professional Studies Catalog for definitions of kinds of academic dishonesty and for further policy information.

PLNU ACADEMIC ACCOMMODATIONS POLICY

PLNU is committed to providing equal opportunity for participation in all its programs, services, and activities. Students with disabilities may request course-related accommodations by contacting the Educational Access Center (EAC), located in the Bond Academic Center (EAC@pointloma.edu or 619-849-2486). Once a student's eligibility for an accommodation has been determined, the EAC will issue an academic accommodation plan ("AP") to all faculty who teach courses in which the student is enrolled each semester.

PLNU highly recommends that students speak with their professors during the first two weeks of each semester/term about the implementation of their AP in that particular course and/or if they do not wish to utilize some or all of the elements of their AP in that course.

Students who need accommodations for a disability should contact the EAC as early as possible (i.e., ideally before the beginning of the semester) to assure appropriate accommodations can be provided. It is the student's responsibility to make the first contact with the EAC.

PLNU ATTENDANCE AND PARTICIPATION POLICY

Regular and punctual attendance at all **synchronous** class sessions is considered essential to optimum academic achievement. If the student is absent for more than 10 percent of class sessions (virtual or face-to-face), the faculty member will issue a written warning of de-enrollment. If the absences exceed 20 percent, the student may be de-enrolled without notice until the university drop date or, after that date, receive the appropriate grade for their work and participation. In some courses, a portion of the credit hour content will be delivered **asynchronously** and attendance will be determined by submitting the assignments by the posted due dates. See **Academic Policies** in the Graduate and Professional Studies Catalog. If absences exceed these limits but are due to university excused health issues, an exception will be granted.

Asynchronous Attendance/Participation Definition

A day of attendance in asynchronous content is determined as contributing a substantive note, assignment, discussion, or submission by the posted due date. Failure to meet these standards will result in an absence for that day. Instructors will determine how many asynchronous attendance days are required each week.

Face-to-Face Courses

Regular and punctual attendance at all classes is considered essential to optimum academic achievement. If the student is absent from more than 10 percent of class meetings, the faculty member can file a written report which may result in de-enrollment. If the absences exceed 20 percent, the student may be de-enrolled without notice until the university drop date or, after that date, receive the appropriate grade for their work and participation. See **Academic Policies** in the Graduate and Professional Studies Catalog for additional detail.

USE OF TECHNOLOGY

In order to be successful in the online or hybrid environment, you'll need to meet the minimum technology and system requirements; please refer to the **Technology and System Requirements** information. Additionally, students are required to have headphone speakers, microphone, or webcams compatible with their computer available to use. Please note that any course with online proctored exams require a computer with a camera (tablets are not compatible) to complete exams online.

Problems with technology do not relieve you of the responsibility of participating, turning in your assignments, or completing your class work.